



HAYWARD AREA RECREATION AND PARK DISTRICT

Arroyo Swim Center

Lap Swim/Water Walking Information

The new Health Order from the Alameda County Public Health Department allows for additional outdoor recreation including lap swimming and water walking. The Arroyo Swim Center located at 15701 Lorenzo Ave. San Lorenzo, CA 94580 will **open on Monday, September 14, at 8:30 am.**

Lap Swim and Water Walking

Monday – Thursday

8:30am – 12:15pm

(30 minute reservable time slots)

Fee: \$5 drop-in

\$60 – Adult Lap Swim Pass (15 swims)

\$45 – Senior Lap Swim Pass (15 swims)

(Current Lap Passes will be honored)

General Information

1. All lap swimmers are required to wear a face covering at all times while not in the water. Participants not wearing a mask will not be permitted to enter the facility.
2. All indoor amenities and water fountains remain closed except for restrooms and hand washing stations. Please come ready to swim and leave in your swim attire.
3. All personal belongings are to stay with you when not in the water and be stored in front of your designed lane while swimming.
4. The depth of all lap swim lanes are 3.5 ft.-12 ft.
5. The depth of all water walking and exercising lanes are 2 ft. -3.5 ft.
6. The water temperature in both the lap swim pool and water walking pool is 82-84 degrees.
7. The entrance, exit and screening area is located at the rolling gate on the south side of the property between Arroyo High School and the pool.

Lap Swim Program Rules

1. Recreation swim is not allowed during the lap swim and water walking hours.
2. Lap swimming is for those 13 years and over.
3. All swimmers will be assigned their own lane.
4. The lap swim pool depth goes from 3.5ft.-12ft so be aware of your swimming abilities. (Must be comfortable in deep water).
5. Lap swim reservations are scheduled in 30-minute sessions.
6. Please arrive 15 minutes prior to your sessions start time for health screening and payment.
7. Participants will be greeted by a staff member for a health screening upon entering the facility which includes a symptom and temperature check prior to entering the facility. Please do not come if you are feeling COVID symptoms.
8. There will be a 15-minute transition period between sessions. Please leave the facility promptly after your session is over through the designated exit gate. Staff will use this time to clean and disinfect high touch surfaces before the next group.
9. Please make sure you arrive dressed in your swimming attire; the locker rooms and showers will be closed in accordance with County Health Order. There will be limited restrooms available.
10. Please make sure you bring all your own lap swim and exercise equipment. (Kickboards and other shared equipment will not be provided by the District)
11. A whistle will be blown 5 minutes prior to the conclusion of each session. All swimmers must exit the pool upon a second whistle.
12. Please maintain social distancing of at least 6ft. at all times, even when in the water.
13. Spectators are not allowed in the facility.
14. The Hayward Area Recreation and Park District reserves the right to refuse service to anyone not following these rules.

Lap Swim and Water Walking Reservation Information

1. Reservations made by visiting: https://apm.activecommunities.com/haywardrec/Activity_Search and searching for either "Lap Swim" or "Water Walking"
2. Please limit your reservations to one time slot per day and no more than three times per week
3. Reservations will open each week and are made for the following week. For example, on Monday, September 7, reservations will open for the week of September 14.
Reservations are open to:
Residents – Every Monday at 8:00am
Non-Residents – Every Wednesday at 8:00am
4. Customers will pay at the entrance by scanning a current lap swim pass or pay via credit card.
 - Preferred method of payment is by lap pass as it provides a touchless process.
 - The Purchase of an original pass must be made in person
 - Customers can renew their lap passes online: <https://apm.activecommunities.com/haywardrec>
5. **Cancellation of reservations must be completed at least 48 hours prior to the scheduled lap swim session. On the day of your reservation, should you feel ill, please call 510-881-6720 before your scheduled swim time. Pass holders that do not show up to their lane reservation or call in prior to registered swim time, will have one swim deducted from their pass.**
6. **Hayward Area Recreation and Park District reserves the right to refuse future service of lap swimmers and water walkers who fail to attend reserved lap swim sessions or for cancellations received less than 48 hours prior to the start of your reservations. Please be courteous to your fellow lap swimmers so others can fill your spot.**

How to Register Online



To register online, you must use the Active Network registration website.

Go online to [HaywardRec.org/OnlineRegistration](https://www.haywardrec.org/OnlineRegistration).

This will take you to the Active Network Registration website.



Step 1 Create an Account

If you have not yet created an account, go online to the Active Network registration website at [HaywardRec.org/OnlineRegistration](https://www.haywardrec.org/OnlineRegistration) for direct access and to create an account.



Step 2 Login

After online registration opens, visit the Active Network registration website at [HaywardRec.org/OnlineRegistration](https://www.haywardrec.org/OnlineRegistration). Use your email address and password to login to your account to register, add family members, or make any changes to your account.



Step 3 Register

Register all your participants in their desired classes and activities.

For your health and safety, please -Follow the rules and staff directions. Thank You!
Enjoy your time with us!

Any questions or concerns please contact H.A.R.D Aquatics at (510) 881-6720 or email prut@haywardrec.org