



# HAYWARD AREA RECREATION AND PARK DISTRICT HAYWARD SHORELINE INTERPRETIVE CENTER



4901 Breakwater Avenue Hayward, CA 94545 510-670-7270 www.haywardrec.org

## Naturalist Programs for Winter 2020

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### DECEMBER

#### **Wetland Yoga**

Sunday, Dec. 1, 10:30am-11:30am  
Both kids and adults will enjoy fun and easy yoga poses imitating marshland wildlife. Bring water and a yoga mat or towel large enough to lay on. Afterwards, we will introduce you to our resident animals that we mimicked!

Ages 5+. FEE: \$6 per person.  
ACTIVE #11325

#### **TODDLER RAMBLE:**

##### **Crafty Like a Fox**

Fridays, Dec. 6 - 20, 10:30am-11:15am  
Let's get crafty and make some art to keep or give to a loved one. Activities change every week and relate to the theme of the month.

Ages 1 to 3. FEE: \$7 per child.

ACTIVE:

Dec. 6 #11369

Dec. 13, #11370

Dec. 20, #11371

#### **NATURE DETECTIVES:**

##### **Daring Detectives**

Saturday, Dec. 7, 11:00am-12:00pm  
Calling all Nature Detectives! Time to earn our detective badges by following curious creature clues, solving marsh mysteries, and hitting the trail with our gumshoes.

Ages 3 to 5. FEE: \$9 per child.

ACTIVE #11355

#### **Weekend Weed Warriors**

Sunday, Dec. 8, 1:00pm-4:00pm  
Join us in this community service activity to "pull together" and remove invasive plant species found in the salt marshes around the Interpretive Center. Bring your own gloves and trowel, or borrow ours. Please RSVP online.

Ages 12+. FREE ACTIVE #10866

#### **BIRD WALK:**

##### **You Just Never Know**

Saturday, Dec. 14, 9:30am-12:30pm  
We meet at the Interpretive Center today for our hike, and as we bird we just never know what unique species might be seen. This time last year, for example, we saw a Eurasian Wigeon, and birder excitement ensued!

Ages 12+. FEE: \$5 per person.

ACTIVE #11351

#### **Shoreline Trash Takers**

Sunday, Dec. 15, 10:30am-12:00pm  
Grab your work gloves and goodwill! The salt marsh needs your help getting rid of the litter that has accumulated since our last clean-up. We will provide trash bags, and have gloves to loan.

All ages. FREE ACTIVE #11404

#### **Feeding Frenzy**

Sunday, Dec. 22, 2:00pm-3:00pm  
Help a Naturalist feed our crabs, starry flounder and perch. Learn more about them and our other aquatic and land inhabitants while we investigate the Salt Marsh Food Web! Who will get to the food first?  
All ages. FREE ACTIVE #10870

### JANUARY

#### **TODDLER RAMBLE:**

##### **Is There a Storm Brewing?**

Fridays, Jan. 3 - 31, 10:30am-11:15am  
Do you remember last year all the rainy-day storms we had? This month we will learn about all kinds of weather including what we might expect in the winter through play and exploration. Activities change every week and relate to the theme of the month.

Ages 1 to 3. FEE: \$7 per child.

ACTIVE:

Jan. 3, #12174

Jan. 10, #12175

Jan. 17, #12176

Jan. 24, #12177

Jan. 31, #12178

#### **NATURE DETECTIVES:**

##### **Marshy Movement**

Saturday, Jan. 4, 11:00am-12:00pm  
Snakes slither, jackrabbits jump, and surfperch swim. How will our Nature Detectives move today? We'll investigate animal movement this month, and of course move our bodies down the trail!

Ages 3 to 5. FEE: \$9 per child.

ACTIVE #12130

#### **There's Treasure Everywhere**

Sunday, Jan. 5, 2:00pm-3:00pm  
Dip net the marsh channels to find treasure that lies beneath the water's surface. Then collect plankton samples and view these hidden gems with the help of microscopes.  
Ages 5 to 12. FEE: \$8 per child.  
ACTIVE #12183



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### **BIRD WALK:**

#### **Bird Photography Field Trip to Central Valley**

Saturday, Jan. 11, 1:00pm-6:00pm

Our annual bird walk to the Cosumnes River Preserve Visitor Center, northwest of Lodi, is not a trip to miss with Naturalists Tony Iwane and Ann Graham to guide the way! Along with Sandhill Cranes, we will relish the late afternoon fly-in of thousands of waterfowl. We are partnering with PhotoCentral to add a photographic component to this year's excursion. Frederick Watkins will come along to provide insight and maximize your photographs of this special event. You must pre-register to attend.

Ages 12+. FEE: \$30 per person.  
ACTIVE #12186

### **VOLUNTEER:**

#### **Weekend Weed Warriors**

Sunday, Jan. 12, 1:00pm-4:00pm

See description from December 8th  
All ages. FREE ACTIVE #12185

### **BIRD WALK:**

#### **On the Lookout for Petty Pilferers**

Sunday, Jan. 19, 10:00am-1:00pm

This time of year, coots swim in large gregarious groups, but did you know that they are kleptoparasitic? If inclined, they will steal food from other birds. We will start at the Interpretive Center and look for these thieves of the marsh. We will be on the lookout for other birds like common gallinules, egrets and willets too. Ages 12+. FEE: \$5 per person.

ACTIVE #12187

### **Fabulous Fishing Fun**

Saturday, Jan. 25, 9:30am-12:30pm

The tide today is opportune for fishing; hike out to the bay and learn the basics of rigging, casting, and possibly catching! No previous experience needed. Gear provided. Participants ages 16 years+ must have a fishing license available online by visiting ca.gov. Feel free to bring a zero waste (all reusable or compostable) lunch or snack.

Ages 6+. FEE: \$12 per angler.  
ACTIVE #12190

### **Feeding Frenzy**

Sunday, Jan. 26, 2:00pm-3:00pm

See description from December 22nd.

All ages. FREE ACTIVE #12192

## **FEBRUARY**

### **NATURE DETECTIVES:**

#### **Wonderful Watery Wetlands**

Saturday, Feb. 1, 11:00am-12:00pm

With World Wetland Day on February 2nd, now's the perfect time to explore all things water and what makes our local wetlands so wonderful. Splashing included!

Ages 3 to 5. FEE: \$9 per child.  
ACTIVE #12133

### **TODDLER RAMBLE:**

#### **Let's Stay in Touch**

Fridays, Feb. 7 - 28, 10:30am-11:15am

It's all about sensory play this month. We will use all our senses by exploring sensory bins and bags. If you don't know what those are, come and find out! Activities change every

week and relate to the theme of the month.

Ages 1 to 3. FEE: \$7 per child.

ACTIVE:

Feb. 7, #12179

Feb. 14, #12180

Feb. 21, #12181

Feb. 28, #12182

### **BIRD WALK:**

#### **Long Live The King**

Saturday, Feb. 9, 8:30am-11:30am

Meet at the West Winton trailhead where we will look for the king of wintering songbirds: the golden-crowned sparrow. With King Tides upon us it is only natural that we search for a group of golden-crowned sparrows know as a "reign." We will also look for red-winged blackbirds, western meadowlarks and flocks of sandpipers.

Ages 12+. FEE: \$5 per person.  
ACTIVE #12188

### **Shoreline Trash Takers**

Sunday, Feb. 16, 10:30am-12:00pm

See description from December 15th.  
All ages. FREE ACTIVE #12184

### **Fabulous Fishing Fun**

Saturday, Feb. 22, 11:00am-2:00pm

See description from January 25th.  
All ages. FREE ACTIVE #12191

### **Feeding Frenzy**

Sunday, Feb. 29, 2:00pm-3:00pm

See description from December 22nd.

All ages. FREE ACTIVE #12193