



# HAYWARD AREA RECREATION AND PARK DISTRICT HAYWARD SHORELINE INTERPRETIVE CENTER

4901 Breakwater Avenue Hayward, CA 94545 510-670-7270 www.haywardrec.org



## Naturalist Programs for Fall 2019

PAGE 1

### SEPTEMBER

#### Rowdy Runners

Saturday, Sept. 1, 3:00pm-4:00pm

Need motivation to get moving on the weekend? The temperatures are cooler so let's get out and run. This is the perfect opportunity to go outside and learn a little about our beautiful salt marsh in the process. We'll go for an easy 3-mile jog on our flat trails. See our beautiful views of the bay!

Ages 16+. FEE: \$6 PER PERSON. ACTIVE #11327

#### TODDLER RAMBLE: Some Like It Hot!

Fridays, Sept. 6 - 27, 10:30am-11:15am

Late summer heat usually hits us about now, and each week this month we will work to stay cool. Activities change every week and relate to the theme of the month.

Ages 1 thru 3. FEE: \$7 PER CHILD.  
ACTIVE: Sep. 6, #11304 Sep. 13, #11359  
Sep. 20, #11360 Sep. 27, #11361

#### NATURE DETECTIVES: Saltiness

Saturday, Sept. 7, 11:00am-12:00pm

No rain, lots of evaporation -- this is the salt marsh at its saltiest. We will be on the lookout for sparkling salt crystals and we will explore them through arts and crafts. Be prepared to get dirty!

Ages 3 thru 5. FEE: \$9 PER CHILD.  
ACTIVE #11352

#### Weekend Weed Warriors

Sunday, Sept. 8, 1:00pm-4:00pm

Join us in this community service activity to "pull together" and remove invasive plant species found in the salt marshes around the Interpretive Center. Bring your own gloves and trowel, or borrow ours. Please RSVP online.

Ages 12+. FREE. ACTIVE #10863

#### BIRD WALK: Just Passing On By

Saturday, Sept. 14, 9:00am-12:00pm

We meet at the West Winton trailhead in search of migrating birds. Elegant

terns, for example, are stopping along San Francisco bay to find food and respite before continuing their journey southward.

Ages 12+. FEE: \$5 PER PERSON. ACTIVE #11345

#### Leopard Shark Feeding Frenzy

Sunday, Sept. 15, 2:00pm-3:00pm

Help the staff feed our resident leopard shark, surfperch, and lizard. Learn more about them and our other aquatic and land inhabitants. Who will get to the food first?

All ages. FREE. ACTIVE #10867

#### Coastal CleanUp Day

Saturday, Sept. 21, 9:00am-12:00pm

Coinciding with the end of the summer beach season, Coastal CleanUp Day is a great way for families, students and service groups to work together and care for our fragile marine environment. It is also a fun way to show community support for our shared natural resources and learn about the impacts of marine debris and how we can prevent it. Dress in layers and wear sunscreen. We will supply gloves and bags for trash pickup and non-native plant removal. All ages. FREE

#### Birding by Bike

Sunday, Sept. 22, 9:00am-12:00pm

Come explore the shoreline by bike! The best way to see the 20 miles of trail at the shoreline! We'll look for migrating birds and full-time residents.

Ages 18+. FEE: \$7 PER PERSON. ACTIVE #11328

#### BIRD WALK: It's Cool To Be Small

Saturday, Sept. 28, 2:00pm-5:00pm

The least sandpiper gets to make the claim as the smallest shorebird in the world, and today as we head out to explore Eden Landing Ecological Reserve, we look for these tiny, winter arrivals. Meet at the parking lot at Arden Road and Clawiter Avenue.

Ages 12+. FEE: \$5 PER PERSON. ACTIVE #11346

#### Family Fishing Fun

Sunday, Sept. 29, 10:30am-1:30pm

The tide today is opportune for fishing; hike out to the shoreline and learn the basics of rigging, casting, and possibly catching! No previous experience needed. Gear provided. Participants ages 16 years+ must have a fishing license, available online by visiting ca.gov. Feel free to bring a zero-waste (all reusable or compostable) lunch or snack.

Ages 6+. FEE: \$12 PER PERSON. ACTIVE #11356

### OCTOBER

#### TODDLER RAMBLE: Where Do Those Animals Live?

Fridays, Oct. 4 - 25, 10:30am-11:15am

Each week this month we will look at a variety of habitats and explore where and how animals live in them. Activities change every week and relate to the theme of the month.

Ages 1 thru 3. FEE: \$7 PER CHILD.  
ACTIVE: Oct. 4, #11305 Oct. 11, #11362  
Oct. 18, #11363 Oct. 25, #11364

#### NATURE DETECTIVES: Odd Organisms

Saturday, Oct. 5, 11:00am-12:00pm

Nature can be weird and wonderful, beautiful and bizarre! Come explore some spectacularly strange plants and animals, and the adaptations that make them special as we investigate odd organisms this month. Ages 3 thru 5.

FEE: \$9 PER CHILD. ACTIVE #11353

#### Pleasant Picnic

Sunday, Oct. 6, 12pm-2:00pm

Take a nice walk along the shoreline with a naturalist, finishing with a pleasant picnic by the bay. We will bring locally sourced vegetarian foods and if you have something to share, bring it along.

All ages. FEE: \$10 PER PERSON. ACTIVE #11329



# HAYWARD AREA RECREATION AND PARK DISTRICT HAYWARD SHORELINE INTERPRETIVE CENTER

4901 Breakwater Avenue Hayward, CA 94545 510-670-7270 www.haywardrec.org



## Naturalist Programs for Fall 2019

PAGE 2

### **BIRD WALK: The Robber of the Shoreline**

**Saturday, Oct. 12, 1:00pm-4:00pm**

We head out today from the Grant Avenue trailhead looking for American wigeon, which are early migrating ducks. These dabblers hang out with diving ducks and often steal vegetation the divers haul up from deeper water, giving wigeon the moniker of "robber duck."

Ages 12+. FEE: \$5 PER PERSON. ACTIVE #11347

### **Weekend Weed Warriors**

**Sunday, Oct. 13, 1:00pm-4:00pm**

See 9/8/19 date for program description.

Ages 12+. FREE. ACTIVE #10864

### **Family Fishing Fun**

**Saturday, Oct. 19, 1:00pm-4:00pm**

See 9/29/2019 date for program description and requirements.

Ages 6+. FEE: \$12 PER PERSON. ACTIVE #11357

### **Ravenous Reptiles**

**Sunday, Oct. 20, 10:30am-11:30am**

October 21 is Reptile Awareness Day! Come down to the shoreline and learn what makes a reptile so fascinating and charismatic! We will introduce you to our resident reptiles: our two gopher snakes, alligator lizard, king snake and rosy boa. You will get a chance to handle them and watch them devour food in front of your eyes!

Ages 5 to 12. FEE: \$7 PER PERSON.

ACTIVE #11322

### **BIRD WALK: The Over 40+ Crowd**

**Saturday, Oct. 26, 10:00am-1:00pm**

Winter is a great time to go birding along the shoreline because the diversity of wildlife is so rich. We meet at the Interpretive Center today hoping to find over 40 species of birds ranging from song birds and shorebirds to waterfowl.

Ages 12+. FEE: \$5 PER PERSON. ACTIVE #11348

### **Feeding Frenzy**

**Sunday, Oct. 27, 2:00pm-3:00pm**

See 9/15/19 date for program description.

All ages. FREE. ACTIVE #10868

## NOVEMBER

### **TODDLER RAMBLE: Do the Loco-Motion**

**Fridays, Nov. 1 - 22, 10:30am-11:15am**

We are moving our bodies this month. We might hop, stomp or even slither like a snake. What could be more fun? Activities change every week and relate to the theme of the month.

Ages 1 thru 3. FEE: \$7 PER CHILD.

ACTIVE: Nov. 1, #11365 Nov. 8, #11366

Nov. 15, #11367 Nov. 22, #11577

### **NATURE DETECTIVES: Nocturnal Neighbors**

**Saturday, Nov. 2, 11:00am-12:00pm**

What goes bump in the night? A whole other world of amazing nocturnal life! We'll investigate what goes on after dark through fun activities and crafts.

Ages 3 thru 5. FEE: \$9 PER CHILD.

ACTIVE #11354

### **Jr. Nature Photographers!**

**Sunday, Nov. 3, 10:00am-11:30am**

Parents and kids take on the shoreline to photograph our fantastic birds, plants and views. No photography experience necessary! Bring a camera if you are able. We have extra to share!

Ages 6 to 12. FEE: \$7 PER PERSON.

ACTIVE #11323

### **BIRD WALK: Proud as a Peacock**

**Saturday, Nov. 9, 9:30am-12:30pm**

As we head out from the first parking lot at Coyote Hills today, we will look for one of our favorites: the great egret. During the breeding season these birds dramatically raise their wispy feathers making them look a bit like a peacock. There is a \$5 parking lot fee.

Ages 12+. FEE: \$5 PER PERSON. ACTIVE #11349

### **Weekend Weed Warriors**

**Sunday, Nov. 10, 1:00pm-4:00pm**

See 9/8/19 date for program description.

Ages 12+. FREE. ACTIVE #10865

### **Family Fishing Fun**

**Saturday, Nov. 16, 11:00am-2:00pm**

See 9/29/2019 date for program description and requirements.

Ages 6+. FEE: \$12 PER PERSON. ACTIVE #11358

### **Blossoming Birders**

**Sunday, Nov. 17, 11:00am-12:00pm**

Learn about our feathered friends through observation and interactive games. We'll also create bird feeders out of recycled materials

Ages 8 to 12. FEE: \$8 PER PERSON.

ACTIVE #11323

### **BIRD WALK: Young Bloods**

**Saturday, Nov. 23, 10:00am-1:00pm**

There are many immature birds making their way in the world independent of their parents now, and none are more fun to look at than raptors. We might see over five species of young hunters at Eden Landing Ecological Reserve on our walk. Meet at the parking lot at Arden Road and Clawiter Avenue.

Ages 12+. FEE: \$5 PER PERSON. ACTIVE #11350

### **Feeding Frenzy**

**Sunday, Nov. 24, 2:00pm-3:00pm**

See 9/15/19 date for program description.

All ages. FREE. ACTIVE #10869

### **Post-Turkeyday Trek**

**Saturday, Nov. 30, 9:00am-11:00am**

Bring a cup of coffee for a pleasant, post-Turkeyday walk along the marsh. The wind is usually calm, the birds are busy feeding and flying. We'll walk through parts of the shoreline not usually open to the public and discuss the different habitats and residents of this amazing place.

Ages 18+. FEE: \$7 PER PERSON. ACTIVE #11331