



HAYWARD AREA RECREATION AND PARK DISTRICT HAYWARD SHORELINE INTERPRETIVE CENTER

4901 Breakwater Avenue Hayward, CA 94545 510-670-7270 www.haywardrec.org



Naturalist Programs for Summer 2019

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JUNE

NATURE DETECTIVES: Science Sleuths

Saturday, Jun. 1, 11:00am-12:00pm

Let's put our senses and those scientific brains to use as we conduct science experiments at the salt marsh this month!

Ages 3 thru 5. FEE: \$9 PER CHILD. ACTIVE #8126

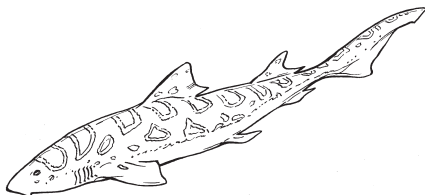


Family Fishing Fun

Sunday, Jun. 2, 11:00am-2:00pm

The tide today is opportune for fishing; hike out to the shoreline and learn the basics of rigging, casting, and possibly catching! No previous experience needed. Gear provided. Participants ages 16 years+ must have a fishing license, available online by visiting ca.gov. Feel free to bring a zero-waste (all reusable or compostable) lunch or snack.

Ages 6+. FEE: \$12 PER PERSON. ACTIVE #8135



BIRD WALK: It's a Partee!

Saturday, Jun. 8, 1:00pm-4:00pm

As we stroll from the Interpretive Center into the freshwater marsh, we should spot some young Canada geese. As they mature from goslings into teenagers they tend to hang out in large multi-family groups making it appear as if there is a big party going down!

Ages 12+. FEE: \$8 PER PERSON. ACTIVE #10092

Wetland Yoga

Sunday, Jun. 9, 10:30am-11:30am

Both kids and adults will enjoy fun and easy poses imitating marshland wildlife. Bring water and a yoga mat or a towel large enough to lay on. Afterwards, we'll go explore the trail to look for some of the animals we mimicked!

Ages 3 to 8. FEE: \$7 PER PERSON. ACTIVE #10101

Shark Talk

Sunday, Jun. 23, 10:30am-11:30am

Did you know that there are several shark species living in the San Francisco Bay? Explore the world through the eyes of a shark as we discover more about these interesting animals. Learn about the body, habitat, and lifestyle of sharks found in the Bay, make a shark craft, and feed our resident shark.

All ages. FEE: \$7 PER PERSON. ACTIVE #10090

Leopard Shark Feeding Frenzy

Sunday, Jun. 30, 2:00pm-3:00pm

Help the staff feed our resident leopard shark, surfperch, and lizard. Learn more about them and our other aquatic and land inhabitants. Who will get to the food first?

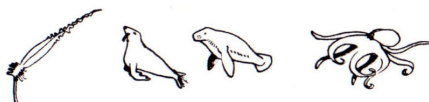
All ages. FREE. ACTIVE #8139

JULY

NATURE DETECTIVES: Have to Have a Habitat

Saturday, Jul. 6 11:00am-12:00pm

Which animals call the shoreline "home? What do their homes look like and where are they? This month we'll detect different signs of animal homes at the shoreline and make our own model habitats. Ages 3 thru 5. FEE: \$9 PER CHILD. ACTIVE #10079



Nifty Nests

Sunday, Jul. 7, 11:00am-12:00pm

The Barn swallows have returned from their migration to nest at the shoreline. Learn how birds build their nests and what they use to create them. Look for nests around the building and on the trail. Make your own nest to take home!

All ages. FEE: \$7 PER PERSON. ACTIVE #10100



Wetland Yoga

Sunday, Jul. 14, 10:30am-11:30am

Both kids and adults will enjoy fun and easy poses imitating marshland wildlife. Bring water and a yoga mat or a towel large enough to lay on. Afterwards, we'll go explore the trail to look for some of the animals we mimicked!

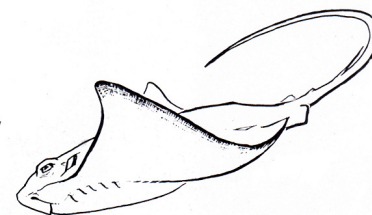
Ages 3 to 8. FEE: \$7 PER PERSON. ACTIVE #10102

Family Fishing Fun

Sunday, Jul. 21, 1:30pm-4:30pm

The tide today is opportune for fishing; hike out to the shoreline and learn the basics of rigging, casting, and possibly catching! No previous experience needed. Gear provided. Participants ages 16 years+ must have a fishing license, available online by visiting ca.gov. Feel free to bring a zero-waste (all reusable or compostable) lunch or snack.

Ages 6+. FEE: \$12 PER PERSON. ACTIVE #10088





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BIRD WALK:

Have the Last Laugh

Saturday, Jul. 27, 9:00am-12:00pm

The last two years we have had a rare visitor around the marsh causing a stir amongst birders. Laughing gulls are regulars on the east coast, but not in the Bay Area. If we are lucky enough to be in the right place at the right time we just might be able to hear its raucous laugh. We'll start at the Interpretive Center with our eyes towards the sky.

Ages 12+. FEE: \$8 PER PERSON. ACTIVE #10091

Leopard Shark Feeding Frenzy

Sunday, Jul. 28, 2:00pm-3:00pm

Help the staff feed our resident leopard shark, surfperch, and lizard. Learn more about them and our other aquatic and land inhabitants. Who will get to the food first? All ages. FREE. ACTIVE #10098

BIRD WALK:

It's Hard to be Macho When You're a Duck

Saturday, Aug. 10, 11:00am-2:00pm

The summer is winding down, but we should still see some ruddy duck males expressing their virility. They rapidly slap their beaks against their chest producing bubbles and ripples in the water. What female duck wouldn't love that? Meet at the Interpretive Center

Ages 12+. FEE: \$8 PER PERSON. ACTIVE #10093



10K on the Bay

Sunday, August 25, 8:30am

Run or walk along the spectacular habitat of the Hayward shoreline overlooking the San Francisco Bay-Estuary. The course starts at the Interpretive Center, heads out toward the shoreline and circles around Cogswell marsh along the San Francisco Bay Trail. This event is designed to promote environmental and health awareness. Proceeds received are earmarked for the renovation of the Center's 31-year-old "Habitat Room" exhibits. Track and Field Certified and chip timed.

PRE REGISTRATION FEE: \$35 PER PERSON

ON-SITE REGISTRATION FEE: \$40 PER PERSON

CHILDREN AGES 10 OR UNDER FREE

Register at www.10konthebay.org

Caterpillar Hunt

Sunday, Aug. 11, 11:00am-12:00pm

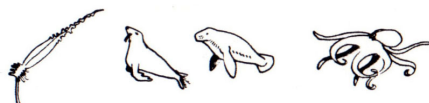
The marsh is home to many beautiful and wonderful insects like butterflies. Look for caterpillars and chrysalises near the Interpretive Center while learning about the butterfly life cycle. All ages. FEE: \$7 PER PERSON. ACTIVE #10103

Shoreline Trash Takers

Sunday, Aug. 18, 1:00pm-3:00pm

Grab your gloves and goodwill! The Hayward shoreline is a vital part of the San Francisco Bay-Estuary ecosystem and we need your help to maintain this important habitat. The salt marsh needs a little TLC to get rid of litter that has accumulated since our last clean-up. We provide trash bags and have gloves to loan. This is a great way to complete community service hours while enjoying the outdoors and helping your environment. For groups larger than 10 please contact the Interpretive Center at (510) 670-7270 or email shoreline@haywardrec.org to confirm participation.

Ages 12+. FREE. ACTIVE #10451



AUGUST

NATURE DETECTIVES:

Adventure at Eden Landing

Saturday, Aug. 3, 11:00am-12:00pm

Meet at the Eden Landing Ecological Reserve Trailhead to wander around a new area! Make sure to pack your sunscreen and water bottle as we will be spending the whole day outside. Bring a sense of adventure and get ready to explore. Ages 3 thru 5. FEE: \$9 PER CHILD. ACTIVE #10083

Family Fishing Fun

Sunday, Aug. 4, 1:30pm-4:30pm

The tide today is opportune for fishing; hike out to the shoreline and learn the basics of rigging, casting, and possibly catching! No previous experience needed. Gear provided. Participants ages 16 years+ must have a fishing license, available online by visiting ca.gov. Feel free to bring a zero-waste (all reusable or compostable) lunch or snack.

Ages 6+. FEE: \$12 PER PERSON. ACTIVE #10089