



# HAYWARD AREA RECREATION AND PARK DISTRICT HAYWARD SHORELINE INTERPRETIVE CENTER

4901 Breakwater Avenue Hayward, CA 94545 510-670-7270 www.haywardrec.org



## Naturalist Programs for Fall 2018

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### SEPTEMBER

#### Hikes for Tikes (Graham)

Wednesdays, Sept. 5 & 12,  
10:00am-10:45am

Designed for children 2-5 years old, this program checks out a different HARD park both weeks.

Ages 2 thru 5. FEE: \$10 PER CHILD.

Sept. 5: PALOMARES HILLS PARK, #50259

Sept. 12: GORDON E. OLIVER EDEN SHORES PARK, #50264

#### TODDLER RAMBLE:

#### The Heat is On (Graham)

Fridays, Sept. 7 - 28, 10:30am-11:15am

The dog days of summer are upon us, and this month we will look for activities that will help us cool down a bit.

Ages 1 thru 3. FEE: \$6 PER CHILD.

Sept. 7, #50237

Sept. 14, #50238

Sept. 21, #50239

Sept. 28, #50240

#### NATURE DETECTIVES:

#### Salty September (Staff)

Saturday, Sept. 1, 11:00am-12:00pm

Fridays, Sept. 7, 14, 21, 28 1:00pm-1:45pm

No rain, lots of evaporation -- this is the salt marsh at its saltiest. We will explore adaptations that animals and plants use to survive the brine, and make some salty snacks. Out in the marsh, we will be on the lookout for scintillating salt crystals and we will interpret them through arts and crafts. Sensational "sea monkeys" included.

Ages 3 thru 5. FEE: \$8 PER CHILD.

Sept. 1, #50254

Sept. 7, #50255

Sept. 14, #50256

Sept. 21, #50257

Sept. 28, #50258

#### BIRD WALK: Out of the Corner of My Eye (Graham)

Saturday, Sept. 8, 9:30am-12:30pm

We meet at the Eden Landing Ecological Reserve parking lot today in search of a bird that has been around all summer. It is very well camouflaged, small and discreet, and is considered a threatened

species. If you guessed the Western Snowy Plover you were right. These tiny shorebirds forage by running and stopping on a dime. They often do not get seen until they move, and you spot them in your peripheral vision.

Ages 12+. FEE: \$8 PER PERSON. CLASS # 50397

#### Coastal Clean-Up Day

Saturday, Sept. 15, 9:00am-12:00pm

Coinciding with the end of the summer beach season, the 34th Annual California Coastal Cleanup Day is a great way for families, students and service groups to work together and care for our fragile marine environment. It is also a fun way to show community support and learn about the impacts of marine debris and how we can prevent it. Dress in layers and wear sunscreen. We will supply gloves and bags for trash pickup and non-native plant removal. Ages 12+. FREE.

#### How to Catch a Lizard (Cardosi)

Saturday, Sept. 15, 2:00pm-3:00pm

Get up close and personal with our resident Fence Lizard and Alligator Lizard. Learn about these and other remarkable reptiles who call the Shoreline home, before testing your speed with lizard catching.

Ages 8+. FEE: \$8 PER PERSON. CLASS #50273

#### BIRD WALK:

#### Bald As A Coot (Graham)

Saturday, Sept. 22, 2:00pm-5:00pm

Turkey vultures are so beloved there is even an International Vulture Awareness Day! We missed it on September 3, but we will do our best to honor them today at the W. Winton trailhead. Ages 12+. FEE: \$8 PER PERSON. CLASS # 51616

#### Salt Marsh Suds (Staff)

Sunday, Sept. 23, 10:00am-12:00pm

Join us as we "clean up our act" and make some wetland-friendly, all natural shampoo using special herbs that we gather right here at the shoreline!

Ages 18+. FEE: \$10 PER PERSON. CLASS #51613

### OCTOBER

#### Leopard Shark

#### Feeding Frenzy (Staff)

Sunday, Sept. 30, 2:00pm-3:00pm

Help the staff feed our resident leopard shark, surfperch, snakes and lizards. Learn more about them and our other aquatic and land inhabitants. Who will get to the food first? All ages. FREE.



#### TODDLER RAMBLE:

#### A Hop, Skip and Jump (Graham)

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Fridays, Oct. 5 - 26, 10:30am-11:15am

This month we will use our gross motor skills and move our bodies. We will do a little jumping, a little dancing and for sure some rambling.

Ages 1 thru 3. FEE: \$6 PER CHILD.

Oct. 5, #51479

Oct. 12, #51480

Oct. 19, #51481

Oct. 26, #51482

#### NATURE DETECTIVES:

#### Odd Organisms (Staff)

Saturday, Oct. 6, 11:00am-12:00pm

Fridays, Oct. 5, 12, 19, 26 1:00pm-1:45pm

Nature can be weird and wonderful, beautiful and bizarre! Come explore some spectacularly strange plants and animals and learn about the adaptations that make them special as we investigate odd organisms this month.

Ages 3 thru 5. FEE: \$8 PER CHILD.

Oct. 5, #51513

Oct. 6, #51525

Oct. 12, #51514

Oct. 19, #51515

Oct. 26, #51516

#### BIRD WALK:

#### Birding for Beginners (Lang)

Sunday, Oct. 7, 10:00am-11:30am

If you are new to birdwatching, you came to the right place because your Naturalist is too! Bring binoculars and bird books for this easy hike, starting at the Interpretive Center where we'll seek out our resident avian friends. Some binoculars available to loan!

Ages 12+. FEE: \$6 PER PERSON. CLASS # 51617



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### BIRD WALK:

#### **Population Explosion** (Graham)

Saturday, Oct. 13, 9:30am-12:30pm  
Many bird species are on the decline these days for a variety of reasons, but there are some birds whose populations are flourishing. The Eurasian Collared Dove is one such species. In the last five years they have become abundant in the trees along the trail by the Grant Avenue Trailhead, which is where we meet today.  
Ages 12+. FEE: \$8 PER PERSON. CLASS # 51618

#### **Sour Power** (Staff)

Sunday, Oct. 14, 10:00am-12:00pm  
Explore the art and science of vinegar-making. Taste some tangy samples and thank our microscopic friends who make it all possible -- bacteria! Includes a short hike highlighting unique bacterial habitats here in the salt marsh.  
Ages 18+. FEE: \$10 PER PERSON. CLASS #51614

#### **B-b-b-bones** (Cardosi)

Saturday, Oct. 20, 11:00am-12:00pm  
What better time than October to check out our bone collection. From tiny vole teeth to humongous whale vertebrae, get up close and personal with skulls, fibulas and tibulas before making a spooky skeleton of your own to take home.  
Ages 7 to 12. FEE: \$8 PER PERSON. CLASS #51624

#### **Environmental Writing at the Shoreline** (Lang)

Sunday, Oct. 21, 1:00pm-4:00pm  
Let your creative juices flow as we journey into the marsh! Whether it's poetry, prose or even a species focused essay, we will supply everything you need to make a difference through written word. Journals and writing utensils will be provided. Selected works will be published in our quarterly newsletter, Tidal Tales, and posted on our Facebook page.  
Ages 12+. FEE: \$8 PER PERSON. CLASS #51625

### BIRD WALK:

#### **Dive In Head First** (Graham)

Saturday, Oct. 27, 9:30am-12:30pm  
We meet at the Interpretive Center this morning and travel to the bay looking for one of the most exciting sights in the bird world: a Peregrine Falcon diving straight into a flock of sandpipers attempting to knock one away from the group to carry it away for a meal.  
Ages 12+. FEE: \$8 PER PERSON. CLASS # 51619

### TODDLER RAMBLE:

#### **Come Rain or Shine** (Graham)

Fridays, Nov. 2 - 30, 10:30am-11:15am  
This month we explore all kinds of weather, especially with winter right around the corner bringing wind and rain. We will make a weather chart to keep track of what's happening around us, and play some games.  
Ages 1 thru 3. FEE: \$6 PER CHILD.  
Nov. 2, #51483 Nov. 9, #51484 Nov. 16, #51485  
Nov. 30, #51486

### NATURE DETECTIVES:

#### **Nocturnal Neighbors** (Staff)

Saturday, Nov. 3, 11:00am-12:00pm  
Fridays, Nov. 2, 9, 16, 30 1:00pm-1:45pm  
What goes bump in the night? A whole other world of amazing nocturnal life, that's what! We'll investigate what goes on after dark through fun activities and crafts. Ages 3 thru 5. FEE: \$8 PER CHILD.  
Nov. 2, #51517 Nov. 3, #51518 Nov. 9, #51519  
Nov. 16, #51520 Nov. 30, #51521

#### **Jar Terraria** (Staff)

Sunday Nov. 4, 11:00am-1:00pm  
Instead of throwing away old jars, let's re-purpose them! We'll experience the raw beauty of the salt marsh landscape, and try to capture it in our own miniature versions. Jars and natural materials provided.  
Ages 7+. FEE: \$10 PER PERSON. CLASS #51626

### BIRD WALK:

#### **Strut Your Stuff** (Graham)

Saturday, Nov. 10, 9:30am-12:30pm  
American Pipits are comical songbirds

found along the shoreline. We gather this morning at the Interpretive Center to head out in search of these subtle, sparrow-like birds that are often seen busily exploring the ground in search of insects. As they walk they tend to bob and wave their tail feathers around, giving the impression that they are strutting around.  
Ages 12+. FEE: \$8 PER PERSON. CLASS # 51620

#### **Eden Landing History Hike**

(Cardosi)  
Saturday, Nov. 17, 10:30am-12:30pm  
Hike through the salt ponds at Eden Landing Ecological Reserve and discuss the rich history of the San Francisco Bay. View historical remnants and visit the salt production area known as the Oliver Salt Works, while discussing the past and present uses of the salt marsh. Meet at Eden Landing Ecological Reserve.  
Ages 18+. FEE: \$8 PER PERSON. CLASS #51615

### VOLUNTEER:

#### **Restoration Rangers** (Staff)

Sunday, Nov. 18, 1:00pm-4:00pm  
The Hayward shoreline is a vital part of the San Francisco Bay's ecosystem, and Restoration Rangers is a community service and citizen science program that promotes education and stewardship of the salt marsh.  
Ages 12+. FREE.

#### **Truffula Trees and Me** (Lang)

Saturday Nov. 24, 11:30am-12:30pm  
Come hear the story of the Lorax and his quest to save the Truffula Trees. Dr Seuss's charming tale will help you decide if you're a "Onceler," too. After the story we'll start a conservation project to benefit our local marsh.  
Ages 8+. FEE: \$8 PER PERSON. CLASS #51627

#### **Leopard Shark Feeding Frenzy** (Staff)

Saturday, Nov. 25, 2:00pm-3:00pm  
See Sept. 30th program description. All ages. FREE.

