



# HAYWARD AREA RECREATION AND PARK DISTRICT HAYWARD SHORELINE INTERPRETIVE CENTER



4901 Breakwater Avenue Hayward, CA 94545 510-670-7270 www.haywardrec.org

## Naturalist Programs for Fall 2015

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### SEPTEMBER

#### **TODDLER RAMBLE: Let's Turn off the Heat!**

(Ann Graham/Aaron Aguilar)  
Fridays, Sep. 4, 11, 18, & 25,  
10:30am-11:15am and 2:30pm-3:15pm  
We are in the last part of the summer where the days are hot, so trying to stay cool is the name of the game. Ages 1 to 3. Fee: \$5 per child.

CLASS# SEP 4 - 10:30AM: #33468 | 2:30PM: #33469  
CLASS# SEP 11 - 10:30AM: #33470 | 2:30PM: #33471  
CLASS# SEP 18 - 10:30AM: #33472 | 2:30PM: #33473  
CLASS# SEP 25 - 10:30AM: #33474 | 2:30PM: #33475

#### **NATURE DETECTIVES: Salt, Salt Everywhere**

(Elena Frink)  
Saturday, Sep. 5, 11:00am-12:00pm  
It's in the water, in the plants, in the soil, and in...ice cream?! Discover the many ways salt is important to the shoreline and make ice cream with salt from our salt ponds. Ages 3 to 5.

FEE: \$7 PER CHILD. CLASS #33443

#### **BIRD WALK: Scooby Doo, Where Are You?**

(Ann Graham)  
Saturday, Sep. 12, 9:30am-12:30pm  
Fall is fun when early migrants like Elegant Terns begin to show. They have distinctive feathers giving a "shaggy" appearance. Meet at the first parking lot at the West Winton trailhead to look for clues for our bird among more common Forster's Terns. Ages

12+. FEE: \$5 PER PERSON. CLASS #33726

#### **Family Fishing Trip**

(Patti Workover)  
Sunday, Sep. 13, 11:00am-2:00pm  
Fishing is a great way to connect with the natural world and see what animals live under the water. Learn basic rigging, ethics, and ecology while hik-

ing and fishing in the bay. Equipment provided. Participants ages 16+ must have a fishing license. Ages 6+. Fee: \$12 per person. CLASS #35552

#### **VOLUNTEER: Coastal Clean Up Day**

Saturday, Sep. 19, 9:00am-12:00pm  
Families, students and service groups are invited to care for our marine environment. Learn about impacts of marine debris and how we can prevent its accumulation. Dress in layers and wear sunscreen. We will supply gloves and bags for trash pickup and non-native plant removal. All ages.

#### **Leopard Shark Feeding Frenzy**

(Staff)  
Sunday, Sep. 20, 2:00pm-3:00pm  
Help a naturalist feed our resident leopard shark, surfperch and gopher snakes. Learn more about them and our other wild inhabitants. Who will get to the food first? All Ages. Free.

#### **BIRD WALK: Guess Who's Coming to Dinner?**

(Ann Graham)  
Saturday, Sep. 26, 1:00pm-4:00pm  
Explore Eden Landing Ecological Reserve where dozens of species can forage in the mud. The weather should be nice, the location unbeatable, and the company jovial. Meet at the parking lot at the end of Eden Landing Rd. near Arden Rd. Ages 12+.

FEE: \$5 PER PERSON. CLASS #33727

#### **Supermoon Science Hike**

(Patti Workover)  
Sunday, Sep. 27, 6:30pm-7:45pm  
Take the rare opportunity to watch a sunset and a moonrise. But it's not an ordinary moon, it's a supermoon! This is when the moon has its closest rotation appearing larger than usual. Ages 8+. FEE: \$8 PER PERSON. CLASS #33447

### OCTOBER

#### **TODDLER RAMBLE: Animal Locomotion**

(Ann Graham/Aaron Aguilar)  
Fridays, Oct. 2, 9, 16, 23, & 30,  
10:30am-11:15am and 2:30pm-3:15pm  
Animals move their bodies in lots of ways. This month, explore how different animals fly, hop, swim, or slither. Ages 1 to 3. Fee: \$5 per child.

CLASS# OCT 2 - 10:30AM: #33476 | 2:30PM: #33477  
CLASS# OCT 9 - 10:30AM: #33478 | 2:30PM: #33479  
CLASS# OCT 16 - 10:30AM: #33480 | 2:30PM: #33481  
CLASS# OCT 23 - 10:30AM: #33500 | 2:30PM: #33501  
CLASS# OCT 30 - 10:30AM: #33502 | 2:30PM: #33515

#### **NATURE DETECTIVES: Into the Freshwater Marsh**

(Elena Frink)  
Saturday, Oct. 3, 11:00am-12:00pm  
Fall is a great time to explore the freshwater marsh, normally a closed habitat. Taste edible plants, find crabs, and use your detective skills to look for jackrabbits! Ages 3 to 5. FEE:

\$7 PER CHILD. CLASS #33444

#### **Fun with Plankton**

(Aaron Aguilar)  
Sunday, Oct. 4, 11:00am-12:00pm  
Although you may not see them, millions of microscopic creatures live in the water and mud of the salt marsh. Collect samples of these plankton and view them in microscopes. How many species can you identify? Ages 6+. FEE: \$5 PER CHILD. CLASS #33448

#### **BIRD WALK: Swimming Against the Current is a HARD Thing to Do**

(Ann Graham)  
Saturday, Oct. 10, 3:00pm-5:00pm  
Shorebirds are known as great walkers, but did you know that some, like Killdeer, are also strong swimmers who maneuver against the current?



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Meet at the Grant Ave. trailhead and search for these vocal birds. Ages 12+. FEE: \$5 PER PERSON. CLASS #33728

### **VOLUNTEER:**

#### **Weekend Weed Warriors**

Sunday, Oct. 11, 1:00pm-4:00pm  
Have a positive impact on the environment. We need your enthusiasm to remove non-native plants that threaten shoreline diversity. Refreshments provided. Bring gloves or borrow ours. Ages 12+. FREE

#### **Senior Tour of the Shore**

(Patti Workover)  
Sunday, Oct. 18, 11:00am-1:00pm  
Join a naturalist on a driving tour to bird-watch, taste edible plants, and learn about the history of the bay. This is a great way for people who have difficulty hiking to see more of this beautiful habitat. Ages 50+. FEE: \$8 PER PERSON. CLASS #34509

### **BIRD WALK:**

#### **Who is that Greyhound of the Air?**

(Ann Graham)  
Saturday, Oct. 24, 9:30am-12:30pm  
Ducks arrive steadily this month from northern breeding grounds. One of the most beautiful, the Northern Pintail, has narrow wings to fly fast and are sometimes called "greyhounds of the air." Meet at the Interpretive Center. Ages 12+. FEE: \$5 PER PERSON. CLASS #33729

#### **Leopard Shark Feeding Frenzy**

(Staff)  
Sunday, Oct. 25, 2:00pm-3:00pm  
See description from Sept. 20.

#### **Creepy Crawlies**

(Elena Frink)  
Saturday, Oct. 31, 11:00am-12:00pm  
Meet animals that we often consider to be creepy and crawly. From snakes to butterflies to mysterious underwa-

ter friends, we'll have Halloween fun at the shoreline. Ages 6+. FEE: \$5 PER CHILD CLASS #33449

## NOVEMBER

#### **Dipnetting in the Channel**

(Aaron Aguilar)  
Sunday, Nov. 1, 11:00am – 12:00pm  
We'll provide nets and you bring boots (and maybe a change of clothes)! Together we'll dip our nets in the channel next to the building and see how many crabs, snails, mussels and other exciting animals we can catch. Ages 5+. FEE: \$3 PER CHILD CLASS #33450

### **TODDLER RAMBLE:**

#### **Let's Give Thanks for Imagination!**

(Ann Graham/Aaron Aguilar)  
Fridays, Nov. 6, 13, & 20,  
10:30am-11:15am and 2:30pm-3:15pm  
Pretend play is a fun and important skill we will foster this month through lots of sensory play. Ages 1 to 3. FEE: \$5 PER CHILD.

CLASS# Nov 6- 10:30AM: #33503 | 2:30PM: #33504

CLASS# Nov 13- 10:30AM: #33505 | 2:30PM: #33506

CLASS# Nov 20- 10:30AM: #33507 | 2:30PM: #33514

### **NATURE DETECTIVES:**

#### **It's That Slime of Year**

(Elena Frink)  
Saturday, Nov. 7, 11:00am-12:00pm  
This is the time of year we experiment with slime! Get your hands in some goo and make amazing slime to take home. Ages 3 to 5. FEE: \$7 PER CHILD. CLASS #33445

### **VOLUNTEER:**

#### **Weekend Weed Warriors**

Sunday, Nov. 8, 1:00pm-4:00pm  
See description from Oct. 11.

### **BIRD WALK:**

#### **Which Came First, the Phoebe or the Person?**

(Ann Graham)

Saturday, Nov. 14, 2:00pm-5:00pm  
On our annual trip to Coyote Hills we often see phoebes agilely catch small insects in midair and today we will likely spot both the Black Phoebe, and the less common Say's Phoebe. Meet at the first parking lot past the gate. \$5 parking fee. Ages 12+. FEE: \$5 PER PERSON CLASS #33730

### **VOLUNTEER:**

#### **Shoreline Trash Takers**

(Elena Frink)  
Saturday, Nov. 21, 12:30pm-2:00pm  
Grab your workgloves and your goodwill; the salt marsh needs your help removing trash that has accumulated since our last clean-up. We will provide bags and some gloves to loan. Sign up online. All ages. FREE.

#### **Family Bicycle Adventure**

(Patti Workover)  
Sunday, Nov. 22, 2:00pm-4:00pm  
Bring your family, bicycles, and lunches for a 5 mile ride along the Bay Trail. A naturalist will take the lead and find the best places to discover birds, crabs, and explore. Ages 8+. FEE: \$8 PER PERSON. CLASS #33451

### **BIRD WALK:**

#### **It's All About the Wag, Not the Treble**

(Ann Graham)  
Saturday, Nov. 28, 9:30am-12:30pm  
American Pipits, beautiful and subtle songbirds, walk along the shore edge, busily bobbing their tails looking for insects. It excites us all to catch a glimpse. Meet at the far parking lot at the West Winton trailhead. Ages 12+. FEE: \$5 PER PERSON CLASS #33731

#### **Leopard Shark**

#### **Feeding Frenzy**

(Staff)  
Sunday, November 29, 2:00pm-3:00pm  
See description from Sept 20.