



Recreation Guide

Spring 2026

Programs | Classes | Activities | Events | Parks | Open Space | Facilities



Discover Spring with Outdoor Education Classes

See pages 6, 32, 41, and 62 for details.

2026 Summer Camp Guide inside!
with new registration date and time

H.A.R.D. Board of Directors
Sara Lamnin, *President* | Rick J. Hatcher, *Vice President*
Peter Rosen, *Secretary* | Paul W. Hodges Jr., *Director*
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Hayward Area Recreation and Park District Foundation
Lori Taylor, *President* | Mark Gerry, *Vice President*
Gene Anderson, *Treasurer* | Radonna Scott, *Secretary*
Steven Love, *Executive Director*

Spring Registration begins February 18;
Summer Camps Registration begins February 25
at 12:00pm.
See page 72 for details.

HaywardRec.org

Measure F1 Bond Update

On November 8, 2016 the District voters overwhelmingly approved Measure F1, a \$250 million bond that will improve and enhance H.A.R.D. parks and facilities.

H.A.R.D. will continue to provide updates on Measure F1. For up to date information, visit our website at www.HaywardRec.org/HARDatWork.

We have so much good news to share!

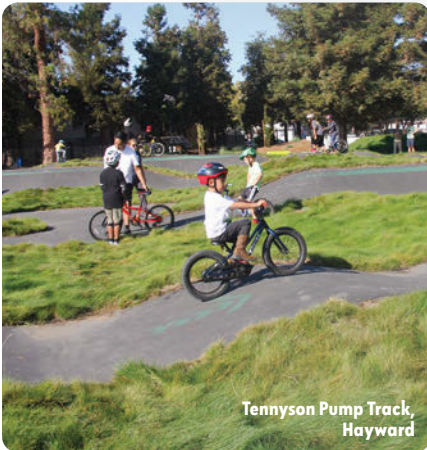


Completed and Open to the Public

- ▲ Energy Efficiency Project (District-wide improvements)
- ▲ San Lorenzo Community Center Renovation
- ▲ Tennyson Park Renovation

Under Construction

- ▲ Ashland Grove Park (Ashland E14th Street portion)
- ▲ Bay Trees Park – ADA Improvements
- ▲ Bidwell Park & Community Center
- ▲ Canyon Middle School Sports Fields (with Castro Valley Unified Schol District)
- ▲ Greenbelt Trail Signage
- ▲ Hayward Plunge Renovations
- ▲ Mt. Eden Park Renovations



Construction to Start in Late 2025

- ▲ Ashland Grove Park (Ashland Mateo Street portion)
- ▲ Carol Pereira Park (at D & Clay St)
- ▲ San Lorenzo Creekway
- ▲ Valley View Park

On the Cover: Hayward Shoreline, Hayward; Pictured in Banner at Top: Alameda County Agricultural History Center at Meek Park, Cherryland

Recreation Guide Spring 2026



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**HAYWARD AREA
RECREATION &
PARK DISTRICT
FOUNDATION**

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thehardfoundation.org

**H.A.R.D.
FOUNDATION
OFFICERS**

Lori Taylor
President

Mark Gerry
Vice President

Gene Anderson
Treasurer

Radonna Scott
Secretary

Steven Love
Executive Director

**H.A.R.D.
FOUNDATION
MISSION**

*Our mission is to create
partnerships and foster
charitable giving to help
H.A.R.D. create, maintain,
and operate outstanding
parks and programs
accessible and fun for all.*



Foundation News

Celebrating 40 Years of Service to the H.A.R.D. Community

Dear Friends of H.A.R.D.,

With spring's arrival come longer days, colorful blooms, and renewed energy throughout our parks and programs. It's a season that reminds us how recreation helps our community grow stronger together. The Hayward Area Recreation & Park District (H.A.R.D.) and the H.A.R.D. Foundation are committed to ensuring that every person—regardless of age, background, or ability—has access to the joy, health, and connection that parks and recreation bring.

Each year, hundreds of local children, families, and adults participate in our programs thanks to the H.A.R.D. Foundation's Scholarship Program. These scholarships make it possible for everyone—especially those with financial or physical barriers—to take part in swimming lessons, arts programs, adaptive recreation, and outdoor adventures that build confidence, friendships, and lifelong memories.

This spring, we're also excited to introduce an inspiring new initiative: the H.A.R.D. Ninja. Sponsored by the H.A.R.D. Foundation, this fun, fitness-focused initiative encourages community members to test their strength, agility, and spirit—while showcasing the power of perseverance and play. It's another example of how we make recreation accessible and exciting for all.

If you haven't already, I invite you to visit www.thehardfoundation.org/scholarships to see firsthand how these scholarships transform lives. Then, please consider supporting the program with a donation. Every gift—large or small—helps remove barriers so more neighbors can experience the joy of recreation.

Thank you for helping us keep our parks thriving, our programs inclusive, and our community connected. Together, we're building a future where everyone has the opportunity to live well and love H.A.R.D.

With gratitude,



Lori Taylor, Board President
Hayward Area Recreation & Park District Foundation

Welcome to
Spring 2026

Kennedy Park, Hayward

Special Events

FAMILY EVENTS

FREE!

Countdown to Summer
Cherryland Community Center
Sunday, March 22
1:00pm–3:00pm

Kick off summer with H.A.R.D.! Try camp activities, meet our staff, and enjoy music and treats—plus enter for a chance to win a free week of camp for eligible residents.

81st Egg Hunt & Bonnet Parade!

Kennedy Park 19501 Hesperian Blvd., Hayward
Saturday, April 4, 2026

The event will take place rain or shine. The Hayward Area Recreation and Park District will be hosting the 81st Annual Egg Hunt and Bonnet Parade.

EGG HUNT

New This Year! Egg hunt start times will be staggered by age! Please note the 2 separate egg hunt locations within the park.

WEST LAWN

- ▲ 9:30am: 1-2 yrs
- ▲ 10:00am: 3-4 yrs

EAST LAWN

- ▲ 9:45am: 5-6 yrs
- ▲ 10:15am: 7-9 yrs

For our friends with special needs, who may prefer adaptations including less people and lower noise levels, please sign up for activity #37517 (see page 44 for more details).

BONNET PARADE

Registration for the Bonnet Parade will take place in person on the morning of the event, beginning at 9:00 a.m. — onsite only, no online registration. The Bonnet Parade, led by the Bunny, will begin right after the Egg Hunt. Participants must be 6 years old or younger, and all bonnets must be homemade and worn during the parade to qualify. Homemade bonnets will be judged in the following categories: the prettiest, most unusual, and most colorful. The Bonnet Parade begins immediately after the egg hunt.

For more info on
Countdown to Summer see page 75



Kennedy Park, Hayward

Pictured in Banner at Top: Kennedy Park, Hayward

SPECIAL EVENTS



Adobe Park, Castro Valley



Creative Earth Day

Celebrate Earth Day with art, nature, and community! Join us at the Hayward Community Garden for a day of hands-on

activities inspired by the beauty of the natural world. Enjoy outdoor art projects, collaborative installations, and garden-themed crafts that highlight sustainability and care for the planet. This event blends creativity with environmental stewardship—inviting everyone to make art, share ideas, and connect with the earth together.

37353	All Ages	Sa	2:00pm-4:00pm	Apr 18
1 event	HCG		HARD Staff	FREE

Outdoor Education

Get Outdoors – GO H.A.R.D. Challenge Course at Rowell Ranch

Tackle the giant rope swing, Leap of Faith, and a mix of high/low elements at our new Challenge Course at Rowell Ranch. Led by our seasoned instructors. A great way to connect as family and enjoy a solid day out. Registration covers up to 4 family members. Gear is included.

37996	8 yr+	Sa	11:00am-3:00pm	Apr 25
1 class	Rowell Ranch		HARD Staff	\$250



Paint the Bay

Hayward Shoreline

May 23, 2026 | 4:00pm-6:00pm

Experience the beauty of the Bay through art! Paint the Bay invites artists of all ages and skill levels to gather at the Hayward Shoreline for a day of outdoor creativity. With sweeping views of the wetlands, wildlife, and open sky as inspiration, participants can bring their own supplies or use materials provided to create plein air paintings that capture the spirit of the shoreline. This event combines community, creativity, and nature—celebrating the Bay as both a vital ecosystem and a muse for artistic expression. Music and refreshments will elevate the event further.

#37355	All Ages	Sa	4:00pm-6:00pm	May 23
1 class	HSIC		HARD Staff	FREE



Annual Family Art Day

Celebrate creativity with the whole family at H.A.R.D.'s Annual Family Art Day at Adobe Art Center & Park! This free

community event brings together local artists, instructors, and neighbors for a day filled with hands-on art activities, live demonstrations, and interactive projects for all ages. Family Art Day is a joyful opportunity to explore your creativity, connect with local arts programs, and make lasting memories together.

37356	All Ages	Sa	2:00pm-4:00pm	Jun 20
1 event	ADOBE		HARD Staff	FREE



TEEN EVENTS

Cache Quest: Teen Adventure Hunt

Join us for a treasure of a time! Hunt, seek, and find hidden geo caches while exploring the outdoors. Grab your phone, squad up, and race to crack clues, track coordinates, and uncover hidden caches. Whether you're new or a geocaching pro, this event is all about exploring, competing, and unlocking bragging rights. Please bring a refillable water bottle.

36960	12-17 yr	F	4:30pm-6:30pm	Mar 27
1 class	TBA		HARD Staff	\$5



Unity Park, Hayward

Sneaker Customization Workshop

Unleash your inner artist and give your kicks a fresh, personal twist! We're thrilled to offer a Free Sneaker Customization Workshop, led by Tahirah Rasheed of SoleSpace Lab. This hands-on event invites you to paint, embellish, refurbish, and express your individual style—sustainably and creatively.

37354	13-18 yr	Sa	2:00pm-4:00pm	May 2
1 class	ADOBE		HARD Staff	\$10

Serve Up the Fun: Teen Pickleball

Join us for a pickleball social packed with friendly matches, great music, and the chance to meet new people. Whether you're a total beginner or already obsessed, everyone's welcome—no experience needed! An instructor will be on hand to teach the basics. Please bring a refillable water bottle.

37975	12-17 yr	F	5:00pm-7:00pm	May 22
1 class	Unity Park		HARD Staff	\$5

COMMUNITY EVENTS



Sulphur Creek Nature Center, Fairview

A Murder Most Fowl

Don your finest feathers for this interactive 'birder mystery.' Step into an avian persona to unravel crime, corruption, and ecological intrigue as rival flocks clash over territory and survival.

37560	18 yr+	Sa	5:00pm-8:00pm	May 9
1 class		SCNC	Nature Staff	\$45

Zumba - Sweat HARD

Ditch the workout and join the party! Experience a fun, joyful, inspired fitness class that grooves to the rhythm of the music.

38353	18 yr+	T/Th	5:00pm-6:00pm	Apr 2-Jun 30
24 classes		Kennedy Park	HARD Volunteer	FREE

SENIOR EVENTS



Hayward Area Senior Center, Hayward

Bingo & Burgers

at Kenneth Aitken Senior Center

Come join us for an exciting night of bingo and delicious burgers! Win fantastic prizes as you play – it's a fun, non-cash payout event you won't want to miss! 4:00pm-5:00pm Bingo, 5:00pm-6:00pm Burgers.

37359	50 yr+	Th	4:00pm-6:00pm	Apr 16
1 event		KASCC	HARD Staff	\$15



Pop-Up Springtime Boutique

Hayward Area Senior Center
March 13, 2026 | 1:00pm-4:00pm

Don't miss this special event! There will be over 20 vendors selling one-of-a-kind items and unusual treasures. Everyone is invited to come to this FREE event.

Those interested in becoming a vendor can register using Activity code #36230. Tables are only \$20 each. For more details call (510) 881-6766.



Senior Community Resource Fair

Hayward Area Senior Center
May 15, 2026 | 1:30 pm - 4:00 pm

The FREE Senior Community Resource Fair is a great opportunity for community members to discover and connect with local organizations and agencies offering valuable services and resources they may not yet know about. For-profit organizations are invited to participate as vendors, and can sign up using Activity code #37360, for a registration fee of \$50.

Summer Camps 2026

Check out our 2026 Summer Camps Guide located at the center of this guide!

To view the guide online, please visit HaywardRec.org/Guide



DOUGLAS MORRISSON THEATRE PRESENTS



Douglas Morrisson Theatre - 22311 N. 3rd Street, Hayward CA

DMT Ticket Box Office: haywardrec.org/theatre

Join us for a curated selection of shows for 2026 and performances by our select resident companies.

Songs for a New World

By Hillbarn Theatre

March 27-29, 2026 | \$40

Songs for a New World is a soaring theatrical song cycle by Jason Robert Brown that blends pop, gospel, jazz, and contemporary musical theater to illuminate the defining moments of life, love, and change. Hillbarn Theatre's captivating production brings these stories to life with a stunning ensemble and powerful, resonant themes that remind us of the courage it takes to leap into the unknown.

Curious George: The Golden Meatball

By Wishing Star Productions

April 18, 2026 | \$36

Join Curious George in Curious George: The Golden Meatball, a lively new musical adventure for young audiences that follows everyone's favorite inquisitive monkey as he tries to save All You-Can-Eat Meatball Day and help Chef Pisghetti reclaim his passion for cooking. Packed with flips, fun, and a whirlwind trip to Rome, this delightful show celebrates friendship, creativity, and discovering the secret ingredient that brings everything together.

DOUGLAS MORRISSON THEATRE FEATURED SHOWS & INCUBATION PROJECTS



Douglas Morrisson Theatre Chorus: Spring Concert

April 10 & 12 | \$18 Adult, \$15 Seniors, \$12 Youth

Under the direction of renowned Cesar Cancino, the Douglas Morrisson Theatre Chorus presents concert goers with choral classics.

Golden Age Matinee

First Tuesday of

MAR/MAY/JUL/SEP/NOV | \$10

The Golden Age Matinee is dedicated to celebrating the classic films of Hollywood's Golden Age. Taking place every first Tuesday afternoon of the month, this series offers a nostalgic trip back in time with screenings of beloved movies from the 1930s to the 1960s.

Carnival Celebration

By Local Bolivian Dance Groups

March 22, 2025 | \$10

As part of the Douglas Morrisson Theatre's summer events, the Hayward Area Recreation and Park District will hold the third annual World Dance Festival. Showcasing local talent, the festival will highlight cultural dance from our diverse community. From Ballet Folklórico to Indian classical dance, it will surely be an afternoon filled with vibrant performances.



Scan the QR Code and Check out Our Season Booklet and the latest events!

Spring Break Camps

for ages 5-18 years

Pictured in Banner Above: Weekes Park Community Center, Hayward

Seasonal Camps

BrickCraft: A Tabletop LEGO Minecraft Adventure Game

Unleash your imagination in a tabletop Minecraft-themed roleplaying adventure! You'll roll dice to gather resources, craft powerful gear, and construct epic bases. Come live through the world of Minecraft!

37785	5-7 yr	M-F	9:00am-12:00pm	Mar 30-Apr 3
5 classes	CHCC		Play-Well Staff	\$267

BrickCraft: A Tabletop LEGO Minecraft Survival Game

Unleash your inner builder! Craft, battle, and roll your way through an epic Minecraft-inspired tabletop quest where every brick tells your story.

37801	5-12 yr	M-F	1:00pm-4:00pm	Mar 30-Apr 3
5 classes	CHCC		Play-Well Staff	\$267

Musical Theater Camp

Create props, learn a dance, choreography, and acting! Students will perform on the last day of the session as they will be casted in a short play/musical, blocking, and create lasting memories. Students may dress comfortably and will need black jazz shoes. **An additional \$30 Materials Fee is due to the instructor at the first class.**

38584	8-14 yr	M-F	9:00am-12:00pm	Mar 30-Apr 3
5 classes	DLDC		DLDC Staff	\$419



Cherryland Community Center, Cherryland

Roblox Game Design & Coding

Create your own Roblox games! Learn to design, build, and code 3D worlds using Roblox Studio and Lua while exploring game mechanics, interactive features, and creative problem-solving—perfect for beginners.

38273	7-16 yr	M-F	9:00am-12:00pm	Mar 30-Apr 3
5 classes	CHCC		Rroorar Staff	\$275

Spring Slime & Clay Creations Camp

Spark your imagination! Campers create colorful slimes, sculpt clay art, and explore sensory play through daily hands-on projects. This fun, creative camp blends art and science for unforgettable springtime masterpieces. **An additional \$20 Materials Fee is due to the Instructor at the first class.**

38334	5-12 yr	M-F	9:00am-3:00pm	Mar 30-Apr 3
5 classes	SLCC		CI Staff	\$595



See pages 69-70 for the Guide to Class Locations and Facilities.

SEASONAL CAMPS



Sulphur Creek Nature Center, Fairview

Spring Wildlife Camp

Explore nature and learn about animals at Sulphur Creek's Spring Wildlife Camp. Campers will meet animals, do crafts, go on hikes, and explore the park with us!

37537	5-10 yr	M-F	9:00am-3:00pm	Mar 30-Apr 3
	5 classes	SCNC	Nature Staff	\$349

STEAM & Slime Spring Camp

Explore where science gets squishy! Campers create unique slimes, complete mini engineering tasks, and enjoy colorful maker activities. Each hands-on project blends art, science, and creativity for a week of exciting discoveries. *An additional \$20 Materials Fee is due to the Instructor at the first class.*

38335	5-12 yr	M-F	9:00am-3:00pm	Apr 6-Apr 10
	5 classes	SLCC	CI Staff	\$595

VEX Robotics: Build, Code, Compete!

Build and program your own robots with VEX Robotics! Learn engineering, coding, and mechanical design while tackling obstacle challenges, collaborating in teams, and developing problem-solving, critical thinking, and teamwork skills.

38274	7-14 yr	M-F	1:00pm-4:00pm	Mar 30-Apr 3
	5 classes	CHCC	Rrooar Staff	\$275

Young Engineers Galileo Technic - Race Cars

Build, race, and explore! Students dive into mechanics, engineering, physics, and math while creating race cars, developing problem-solving, critical thinking, creativity, and teamwork through hands-on, interactive, action-packed learning experiences.

38275	5-12 yr	M-F	9:00am-12:00pm	Mar 30-Apr 3
	5 classes	CHCC	Rrooar Staff	\$275



Check out our 2026
Summer Camps Guide
located at the center of this guide!



Tennyson Park, Hayward

Mobile Recreation

Come experience our Rock Wall, skate our mobile skate park, hang out and play Giant Connect 4, cornhole, or any of the other cool sports and play-ground equipment that we bring to you!

Skateboards, longboards, roller skates and scooters will be provided by H.A.R.D., but participants are encouraged to bring their own as equipment is limited.

Helmets are ALWAYS required for action sports including biking, scootering, or skateboarding.

View the latest Mobile Rec schedule at: HaywardRec.org/MobileRec

A signed waiver MUST be on file in order for your child to participate.



**H.A.R.D. Holidays—
No Classes:
May 25**

Aquatics All Ages

Pictured in Banner Above: Arroyo Swim Center, San Lorenzo

▲ Improvements are on their way to the Hayward Plunge! Due to these renovations, the Hayward Plunge will be closed until Fall 2026. We apologize for any inconvenience this may cause, as we replaster, repaint and repair. To help you stay on track with your swimming fitness, lap swimming, or lessons, we invite you to join us at the Arroyo Swim Center during this time.

Arroyo Swim Center 15701 Lorenzo Avenue, San Lorenzo | (510) 317-2306
All Swim Centers are equipped with a pool lift, locker room, showers and facility access ramp for those with special needs to enjoy the facility. For information, please call the Swim Center.

Drop-In Programs Spring 2026 Quarter: March 30–June 7
Closed April 5, May 25

Adult Lap Swim & Water Walking (13 yrs+)
Location: Arroyo Swim Center,
15701 Lorenzo Ave, San Lorenzo, CA 94580
Come enjoy lap swimming or water walking.
Fee:\$5 drop-in rate
Current Lap Pass: Adult \$63 for 15 swims,
Senior (60+) \$47 for 15 swims

Lap Swim Hours: March 31–June 8

Monday 7:00am–8:45am 11:00am–2:00pm	Friday 7:00am–8:45am 11:00am–2:00pm 6:00pm–8:00pm
Tuesday 7:00am–2:00pm 6:00pm–8:00pm	Saturday 7:00am–9:30am*
Wednesday 7:00am–8:45am 11:00am–2:00pm	Sunday 8:00am–12:00pm *9:00am–9:30am 2 lanes available
Thursday 7:00am–2:00pm 6:00pm–8:00pm	



Arroyo Swim Center, San Lorenzo

Public Recreational Swim (All Ages)
Location: Arroyo Swim Center,
15701 Lorenzo Ave, San Lorenzo, CA 94580
All groups that wish to come during regular scheduled public swim times must be approved by the Aquatics Office in advance. Please ask any pool for the required paperwork. (Examples: Child Care Centers, Day Camps, School Groups, etc.)

All children under the age of 8 must be accompanied one-on-one by an adult in the water at all times.

Recreational Swim Hours:
April 11–June 6
Saturday 2:00pm–4:00pm
Fee: \$3 per person

See pages 69–70 for the Guide to Class Locations and Facilities.



Therapeutic Swim (All Ages)
Location: Arroyo Swim Center,
 15701 Lorenzo Ave. San Lorenzo CA, 94580

Therapeutic Swim Hours:
April 12–June 7

Sundays: 11:00am–12:00pm
Fee: \$5 drop-in rate

Therapeutic Swim welcomes individuals with special needs to enjoy swimming, play, or relaxation in a calm aquatic setting. To participate, participants must be approved for the “Access for All” program. You can search for the application on our website haywardrec.org. All students must be accompanied to the pool by a parent or adult caregiver. Children under the age of 8 and other participants that aquatic or therapeutic staff recommend needing closed supervision will need an adult caregiver to accompany them in the water.

Learn to Swim Arroyo Swim Center

Tiny Tot (3–5 yrs)

Course is designed to develop in young children a comfort level in and around the water and a readiness to swim. This course does not teach children to be accomplished swimmers or to survive in the water. Maximum of 4 students per instructor.

Arroyo Swim Center
Monday/Wednesday

38012	4:00pm–4:30pm	Apr 6–Apr 22	6 classes	\$72
38015	5:15pm–5:45pm	Apr 6–Apr 22	6 classes	\$72
38025	4:00pm–4:30pm	Apr 27–May 13	6 classes	\$72
38024	5:15pm–5:45pm	Apr 27–May 13	6 classes	\$72

Tuesday/Thursday

38534	9:35am–10:05am	May 26–Jun 4	4 classes	\$48
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Saturday

38034	10:10am–10:40am	Apr 11–May 16	6 classes	\$72
38033	12:25pm–12:55pm	Apr 11–May 16	6 classes	\$72

Group Swim Lessons (6–13 yrs)

Beginning Levels 1 and 3 focus on a child’s basic development from floating to crawl stroke and backstroke. Levels 4 and 5, crawl stroke with rhythmic breathing, elementary backstroke, and the introduction to breaststroke are the main focuses. Advanced Level 6 is designed to fine-tune a child’s stroke and introduce swimmers to the competitive atmosphere. Maximum of 8 participants per instructor.

Arroyo Swim Center
Monday/Wednesday

38016	5:55pm–6:25pm	Apr 6–Apr 22	6 classes	\$78
38020	5:55pm–6:25pm	Apr 27–May 13	6 classes	\$78

Saturday

38029	1:05pm–1:35pm	Apr 11–May 16	6 classes	\$78
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Small Group Lessons (6–13 yrs)

A 30-minute lesson designed for students needing more individual attention. Maximum of 4 students per instructor.

Arroyo Swim Center
Monday/Wednesday - Levels 1-3

38013	4:35pm–5:05pm	Apr 6–Apr 22	6 classes	\$120
38022	4:35pm–5:05pm	Apr 27–May 13	6 classes	\$120

Saturday - Open to All Levels

38030	11:45am–12:15pm	Apr 11–May 16	6 classes	\$120
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Private Lessons (6 yrs+)

A 30-minute lesson designated for students needing more individual attention or those looking for extra practice. Classes can be tailored to the individual’s swimming skills, from beginner to advanced.

Arroyo Swim Center
Monday/Wednesday

38014	5:15pm–5:45pm	Apr 6–Apr 22	6 classes	\$198
38527	7:15pm–7:45pm	Apr 6–Apr 22	6 classes	\$198
38021	5:15pm–5:45pm	Apr 27–May 13	6 classes	\$198
38528	7:15pm–7:45pm	Apr 27–May 13	6 classes	\$198

Tuesday/Thursday

38543	10:45am–11:15am	May 26–Jun 4	4 classes	\$192
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Saturday

38544	9:30am–10:00am	Apr 11–May 16	6 classes	\$198
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See pages 69–70 for the Guide to Class Locations and Facilities.

Adult/Teen Learn to Swim (13 yrs+)

Adult/Teen lessons are offered for all skill levels, very beginner to advanced. Course emphasis is on improvement and endurance.

Arroyo Swim Center

Monday/Wednesday				
38017	6:35pm-7:05pm	Apr 6-Apr 22	6 classes	\$78
38019	6:35pm-7:05pm	Apr 27-May 13	6 classes	\$78
Tuesday/Thursday				
38533	9:00am-9:30am	May 26-Jun 4	4 classes	\$52
Saturday				
38027	12:25pm-12:55pm	Apr 11-May 16	6 classes	\$78

Competitive Stroke Development (5-17yrs)

This class teaches racing dives and turns, along with all four competitive strokes - freestyle, backstroke, breaststroke, and butterfly - in a swim team - style environment. Participants must be able to swim 25 yards of freestyle (with rhythmic/side breathing) and backstroke. Students who have participated in this class previously may register directly; all others should register for a "Swim Try Out" in ActiveNet to demonstrate prerequisites prior to registration. For questions, please contact Aquatics Coordinator, Tom Prusinovski. 510-881-6720 prut@haywardrec.org

Arroyo Swim Center

Monday/Wednesday				
38525	6:45pm-7:45pm	Apr 6-Apr 22	6 classes	\$90
38524	6:45pm-7:45pm	Apr 27-May 13	6 classes	\$90
Saturday				
38028	9:00am-10:00am	Apr 11-May 16	6 classes	\$90

Lifeguard Training American Red Cross (Blended eLearning) (15 yrs+)

The American Red Cross Lifeguard course equips participants with essential skills to prevent and respond to emergencies. To be certified, students must complete prerequisites, attend all sessions, finish the online/blended learning, and pass all tests. Online homework will be sent by email 10-14 days prior to the first day. Course materials and certification fees are included.

Prerequisites: 1) Must be 15 years old on or before the last scheduled session. 2) swim 150-yards non-stop coordinated front crawl and or breaststroke with rhythmic breathing, at the 150-yard point tread water for 2 minutes without using your arms then continue swimming 50 yards. 3) swim 20-yards surface dive to a depth of 7ft and retrieve a 10lb object and return to starting point, exit the pool within 1 minute 40 seconds. Call 510-881-6720 with questions or concerns about the prerequisites.

Monday-Thursday

36766	9:00am-3:00pm	Mar 30-Apr 2	4 classes	\$240
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Saturday

36767	8:30am-4:00pm	Apr 11-Apr 25	3 classes	\$240
36768	8:30am-4:00pm	May 2-May 16	3 classes	\$240



Water Aerobics (16 yrs+)

Classes run from **April 6-June 5**

Classes are open to Adults 16 years and older. Classes are on a first-come, first served basis, space permitting. All classes are one hour. Equipment is provided.

Daily Drop-In

Rate: \$10 per class

or

Water Fitness Passes -10 Visits:

Good for Aqua Robix

Adult - \$78 / Resident Senior - \$58

Aqua-Robix

Aqua-Robix is a moderate-paced water exercise class featuring deep and shallow water options for aerobics and toning in an invigorating workout.

Arroyo Swim Center

Monday/Wednesday/Friday
9:00am-10:00am



Arroyo Swim Center, San Lorenzo

See pages 69-70 for the Guide to Class Locations and Facilities.

Preschool Age Classes

Up to 5 years

**H.A.R.D. Holidays—
No Classes:
May 25**

Pictured in Banner Above: Castro Valley Community Center, Castro Valley

Art



Adobe Art Center, Castro Valley

Artistic Expression

Discover art through various tools and techniques. Decorate aprons, create crafts, and learn to paint animals and plants. **An additional \$20 Materials Fee is due to the instructor at the first class.**

37929	3-5 yr	M	4:00pm-4:45pm	Apr 6-Apr 27
4 classes	ADOBE	Godoy Diaz	\$60	
37927	3-5 yr	F	4:00pm-4:45pm	Apr 10-May 1
4 classes	SFCC	Godoy Diaz	\$60	
37930	3-5 yr	M	4:00pm-4:45pm	May 11-Jun 8
4 classes	ADOBE	Godoy Diaz	\$60	
37928	3-5 yr	F	4:00pm-4:45pm	May 15-Jun 12
4 classes	SFCC	Godoy Diaz	\$60	

Baby and Me Art

Join our mess-friendly art class! You and your child will explore art with fun weekly projects. **An additional \$15 Materials Fee is due to the instructor at the first class.**

37915	1½-3 yr	M	10:00am-10:30am	Apr 6-Apr 27
4 classes	ADOBE	Godoy Diaz	\$70	
37916	1½-3 yr	M	10:45am-11:15am	Apr 6-Apr 27
4 classes	ADOBE	Godoy Diaz	\$70	
37919	1½-3 yr	T	10:00am-10:30am	Apr 7-Apr 28
4 classes	ADOBE	Godoy Diaz	\$70	
37920	1½-3 yr	T	10:45am-11:15am	Apr 7-Apr 28
4 classes	ADOBE	Godoy Diaz	\$70	
37923	1½-3 yr	F	10:00am-10:30am	Apr 10-May 1
4 classes	SFCC	Godoy Diaz	\$70	
37924	1½-3 yr	F	10:45am-11:15am	Apr 10-May 1
4 classes	SFCC	Godoy Diaz	\$70	
37917	1½-3 yr	M	10:00am-10:30am	May 11-Jun 8
4 classes	ADOBE	Godoy Diaz	\$70	
37918	1½-3 yr	M	10:45am-11:15am	May 11-Jun 8
4 classes	ADOBE	Godoy Diaz	\$70	
37921	1½-3 yr	T	10:00am-10:30am	May 12-Jun 9
4 classes	ADOBE	Godoy Diaz	\$70	
37922	1½-3 yr	T	10:45am-11:15am	May 12-Jun 9
4 classes	ADOBE	Godoy Diaz	\$70	
37925	1½-3 yr	F	10:00am-10:30am	May 15-Jun 12
4 classes	SFCC	Godoy Diaz	\$70	
37926	1½-3 yr	F	10:45am-11:15am	May 15-Jun 12
4 classes	SFCC	Godoy Diaz	\$70	

Caregiver & Me: Let's Make Art Together

Engage with art making through material exploration, play, and stories. Multiple material engagements will be provided each class to ensure you and your child have a choice of expression. Dress to get messy!

37648	1½-3 yr	M	10:00am-10:45am	Apr 13-May 18
5 classes	CVCC	A-Z Creativity Staff	\$188	



See pages 69-70 for the Guide to Class Locations and Facilities.

Baking & Cooking

Cookie Monster Baking

Create a dozen cookies from scratch each week with your young baker. They'll crack eggs, knead dough, and learn basic baking skills. Wear aprons and play clothes as this is a hands-on class! **An additional \$25 Materials Fee is due to the instructor at the first class.**

38355	2½-6 yr	Su	10:30am-11:30am	May 3-May 24
	4 classes	SRC	Pevehouse	\$159



Sorensdale Community Center, Hayward

Dance & Music

Ballet & Tap Disney

Join a magical journey through song and dance! Children explore movement, imagination, and improvisation, enjoying Disney melodies and dancing like Disney characters. Tap and ballet shoes are required.

37676	4-6 yr	F	4:10pm-4:55pm	Apr 10-Jun 12
	10 classes	DLDC	DLDC Staff	\$200

Ballet Folklorico-Mini Folkloristas

Learn fundamental Ballet Folklorico steps, coordination, rhythm and discipline. Attire: 2-piece skeleton pajama or black leotard and black leggings, ballet shoes and girls' hair in a bun.

37729	2½-5 yr	W	1:30pm-2:05pm	Mar 18-May 6
	8 classes	CHCC	Mexico Danza Staff	\$180
37731	2½-5 yr	W	2:10pm-2:45pm	Mar 18-May 6
	8 classes	CHCC	Mexico Danza Staff	\$180

Bollywood Bachhas

Explore Bollywood dance to promote young children's physical cognitive development. Thoughtfully designed to encourage body coordination, observation and listening skills in a fun, socializing manner.

37661	3-5 yr	Su	5:00pm-5:45pm	Mar 29-May 10
	7 classes	CHCC	Sun Bollywood Staff	\$230

Boogie with Your Baby

Wiggle, giggle, and boogie together! Dance, hop, and play with scarves, beanbags, and parachutes in this joyful class set to your favorite nursery tunes.

37895	9m-2½ yr	T	10:30am-11:15am	Mar 24-May 19
	8 classes	CVPA1	CVPA Staff	\$148
37896	9m-2½ yr	W	10:30am-11:15am	Mar 25-May 20
	8 classes	CVPA1	CVPA Staff	\$148
37897	9m-2½ yr	Th	10:30am-11:15am	Mar 26-May 21
	8 classes	CVPA1	CVPA Staff	\$148

Caregiver & Me: Pump it up Dance!

Dance and do warm up stretches while listening to pop music. Learn to grip and play with rattles and maracas while bonding with baby!

37733	2-5 yr	W	11:30am-12:00pm	Mar 18-May 6
	8 classes	ARC	Mexico Danza Staff	\$180

Disney Creative Ballet

Whirl and twirl to the music from "Frozen," "Encanto," and many of your favorite movies. Bring your children their dreams of being princess/prince alive! Required: Pink ballet shoes and water bottle.

37674	3-5 yr	Th	4:30pm-5:15pm	Apr 9-Jun 11
	10 classes	DLDC	DLDC Staff	\$200
37670	3-5 yr	Th	5:20pm-6:05pm	Apr 9-Jun 11
	10 classes	DLDC	DLDC Staff	\$200
37671	3-5 yr	Sa	11:45am-12:30pm	Apr 11-Jun 6
	8 classes	DLDC	DLDC Staff	\$160
37672	3-5 yr	Su	10:05am-10:50am	Apr 12-Jun 7
	8 classes	DLDC	DLDC Staff	\$160
37673	3-5 yr	Su	11:55am-12:40pm	Apr 12-Jun 7
	8 classes	DLDC	DLDC Staff	\$160

Hip Hop

Join the fun and bust a move! Kids will pop, bounce, and groove to upbeat music, building rhythm, coordination, control, and confidence through playful, energetic hip hop combos.

37806	4-6 yr	M	4:30pm-5:15pm	Mar 23-May 18
	8 classes	CVCC	CVPA Staff	\$148
37839	4-7 yr	Th	4:45pm-5:30pm	Mar 26-May 21
	8 classes	CVCC	CVPA Staff	\$148
37877	4-7 yr	Sa	10:30am-11:15am	Mar 28-May 23
	8 classes	SFCC	CVPA Staff	\$148



See pages 69-70 for the Guide to Class Locations and Facilities.



Scholarships Available

Don't let the cost of programs keep you from joining in! H.A.R.D. has scholarships available. scholarships@haywardrec.org

¡No permita que el costo de los programas le impida participar! H.A.R.D. tiene becas disponibles. scholarships@haywardrec.org

Intro to Dance

Experience the joy of dance in our classes for dancers with little to no experience! Classes are divided into disciplines and by age group. Tap: Learn basic techniques, fun routines with tap shoes. Tap shoes are required. Ballet: Learn fundamental ballet positions, coordination, musicality, and discipline. Attire: leotards, tights, ballet slippers required. Hip Hop: Have fun loosening up, gaining rhythm and learning to dance. All music and movements are age appropriate. Attire: Tennis shoes required.

Intro I - Tap & Ballet

37813	3-5 yr	T	3:45pm-4:30pm	Mar 24-May 19
8 classes	CVCC		CVPA Staff	\$148
37825	3-5 yr	Th	4:00pm-4:45pm	Mar 26-May 21
8 classes	CVCC		CVPA Staff	\$148
37826	3-5 yr	F	4:00pm-4:45pm	Mar 27-May 22
8 classes	CVCC		CVPA Staff	\$148
37834	3-5 yr	Sa	9:00am-9:45am	Mar 28-May 23
8 classes	CVCC		CVPA Staff	\$148
37865	3-5 yr	Sa	9:00am-9:45am	Mar 28-May 23
8 classes	SFCC		CVPA Staff	\$148
37879	3-5 yr	Sa	9:00am-9:45am	Mar 28-May 23
8 classes	CHCC		CVPA Staff	\$148

Intro I - Tap & Hip Hop

37836	3-5 yr	W	4:30pm-5:15pm	Mar 25-May 20
8 classes	CVCC		CVPA Staff	\$148
37838	3-5 yr	Sa	10:30am-11:15am	Mar 28-May 23
8 classes	CVCC		CVPA Staff	\$148
37881	3-5 yr	Sa	10:30am-11:15am	Mar 28-May 23
8 classes	CHCC		CVPA Staff	\$148

Intro II - Tap & Ballet

37816	4-6 yr	T	4:30pm-5:15pm	Mar 24-May 19
8 classes	CVCC		CVPA Staff	\$148
37817	4-6 yr	W	3:45pm-4:30pm	Mar 25-May 20
8 classes	CVCC		CVPA Staff	\$148
37833	4-6 yr	F	5:30pm-6:15pm	Mar 27-May 22
8 classes	CVCC		CVPA Staff	\$148
37835	4-6 yr	Sa	9:45am-10:30am	Mar 28-May 23
8 classes	CVCC		CVPA Staff	\$148
37880	4-6 yr	Sa	9:45am-10:30am	Mar 28-May 23
8 classes	CHCC		CVPA Staff	\$148
37872	4-6 yr	Sa	9:45am-10:30am	Mar 28-May 23
8 classes	SFCC		CVPA Staff	\$148

Mini Prima Ballerinas

Learn basic ballet positions and a mini ballet routine. Students will gain ballet knowledge and build self-confidence. Bring a water bottle and ballet shoes.

37735	2½-5 yr	W	12:15pm-12:45pm	Mar 18-May 6
8 classes	ARC		Mexico Danza Staff	\$180



Ashland Roots Center, Ashland

Music & Rhythm

Sing, shake, and shimmy with your toddler! This lively class uses instruments and movement games to spark creativity, boost motor skills, and ease little ones into the classroom setting.

37890	2-3 yr	T	9:30am-10:15am	Mar 24-May 19
8 classes	CVPA1		CVPA Staff	\$148
37891	2-3 yr	W	9:30am-10:15am	Mar 25-May 20
8 classes	CVPA1		CVPA Staff	\$148
37893	2-3 yr	Th	9:30am-10:15am	Mar 26-May 21
8 classes	CVPA1		CVPA Staff	\$148

Toddler Ballet

Dance to favorite songs using scarves, ribbons, and wands while learning ballet basics and creative movement. Young dancers explore choreography, imagination, and musicality in this magical, movement-filled class.

37902	3-5 yr	T	3:30pm-4:15pm	Mar 24-May 19
8 classes	CVPA2		CVPA Staff	\$148
37853	3-5 yr	F	4:45pm-5:30pm	Mar 27-May 22
8 classes	CVCC		CVPA Staff	\$148
37874	3-5 yr	Sa	11:15am-12:00pm	Mar 28-May 23
8 classes	SFCC		CVPA Staff	\$148
37882	3-5 yr	Sa	11:15am-12:00pm	Mar 28-May 23
8 classes	CHCC		CVPA Staff	\$148
37855	3-5 yr	Sa	11:15am-12:00pm	Mar 28-May 23
8 classes	CVCC		CVPA Staff	\$148



See pages 69-70 for the Guide to Class Locations and Facilities.

Gymnastics



Cherryland Community Center, Cherryland

Gymnastics Parent Assist

Join our exciting introductory gymnastics class for toddlers! Enjoy a fun, social environment where parents guide children through basic skills, warm-ups, and circle time. One adult per child. Siblings cannot be accommodated.

37230	1½-3 yr	M	9:00am-9:30am	Apr 6-Jun 1
	8 classes	CVCC	HARD Staff	\$96
37231	1½-3 yr	M	9:40am-10:10am	Apr 6-Jun 1
	8 classes	CVCC	HARD Staff	\$96
37283	1½-3 yr	T	9:00am-9:30am	Apr 7-Jun 2
	9 classes	CVCC	HARD Staff	\$108
37233	1½-3 yr	T	9:40am-10:10am	Apr 7-Jun 2
	9 classes	CVCC	HARD Staff	\$108
37232	1½-3 yr	T	4:45pm-5:15pm	Apr 7-Jun 2
	9 classes	SGCC	HARD Staff	\$108
37234	1½-3 yr	W	9:00am-9:30am	Apr 8-Jun 3
	9 classes	CVCC	HARD Staff	\$108
37235	1½-3 yr	W	9:40am-10:10am	Apr 8-Jun 3
	9 classes	CVCC	HARD Staff	\$108
37236	1½-3 yr	F	9:00am-9:30am	Apr 10-Jun 5
	9 classes	CVCC	HARD Staff	\$108
37227	1½-3 yr	Sa	8:30am-9:00am	Apr 11-Jun 6
	8 classes	CVCC	HARD Staff	\$96
37239	1½-3 yr	Sa	9:00am-9:30am	Apr 11-Jun 6
	8 classes	SGCC	HARD Staff	\$96
37240	1½-3 yr	Sa	9:40am-10:10am	Apr 11-Jun 6
	8 classes	SGCC	HARD Staff	\$96
37228	1½-3 yr	Su	9:00am-9:30am	Apr 12-Jun 7
	7 classes	CVCC	HARD Staff	\$84
37229	1½-3 yr	Su	9:40am-10:10am	Apr 12-Jun 7
	7 classes	CVCC	HARD Staff	\$84
37237	1½-3 yr	Su	11:15am-11:45am	Apr 12-Jun 7
	7 classes	SGCC	HARD Staff	\$84
37238	1½-3 yr	Su	11:55am-12:25pm	Apr 12-Jun 7
	7 classes	SGCC	HARD Staff	\$84

Gymnastics Small Fry

Introduce your child to gymnastics in our fun classes! We emphasize conditioning for strength, balance, and spatial awareness. Themes, music, and animal shapes help to motivate and foster cooperation, concentration, and social skills. We will have your gymnast practice tumbling, bars, beam and vault skills!

Ages 3-4

37244	3-4 yr	M	11:40am-12:10pm	Apr 6-Jun 1
	8 classes	CVCC	HARD Staff	\$96
37252	3-4 yr	M	4:45pm-5:15pm	Apr 6-Jun 1
	8 classes	SGCC	HARD Staff	\$96
37253	3-4 yr	M	5:25pm-5:55pm	Apr 6-Jun 1
	8 classes	SGCC	HARD Staff	\$96
37246	3-4 yr	T	11:00am-11:30am	Apr 7-Jun 2
	9 classes	CVCC	HARD Staff	\$108
37284	3-4 yr	T	11:40am-12:10pm	Apr 7-Jun 2
	9 classes	CVCC	HARD Staff	\$108
37245	3-4 yr	T	6:05pm-6:35pm	Apr 7-Jun 2
	9 classes	SGCC	HARD Staff	\$108
37248	3-4 yr	W	11:40am-12:10pm	Apr 8-Jun 3
	9 classes	CVCC	HARD Staff	\$108
37256	3-4 yr	W	4:45pm-5:15pm	Apr 8-Jun 3
	9 classes	SGCC	HARD Staff	\$108
37257	3-4 yr	Th	5:25pm-5:55pm	Apr 9-Jun 4
	9 classes	SGCC	HARD Staff	\$108
37249	3-4 yr	F	11:00am-11:30am	Apr 10-Jun 5
	9 classes	CVCC	HARD Staff	\$108
37250	3-4 yr	F	11:40am-12:10pm	Apr 10-Jun 5
	9 classes	CVCC	HARD Staff	\$108
37241	3-4 yr	Sa	9:50am-10:20am	Apr 11-Jun 6
	8 classes	CVCC	HARD Staff	\$96
37254	3-4 yr	Sa	11:00am-11:30am	Apr 11-Jun 6
	8 classes	SGCC	HARD Staff	\$96
37242	3-4 yr	Su	11:00am-11:30am	Apr 12-Jun 7
	7 classes	CVCC	HARD Staff	\$84
37251	3-4 yr	Su	1:15pm-1:45pm	Apr 12-Jun 7
	7 classes	SGCC	HARD Staff	\$84

Age 5-6

37258	5-6 yr	M	4:15pm-4:45pm	Apr 6-Jun 1
	8 classes	CVCC	HARD Staff	\$96
37263	5-6 yr	M	6:05pm-6:35pm	Apr 6-Jun 1
	8 classes	SGCC	HARD Staff	\$96
37264	5-6 yr	M	6:45pm-7:15pm	Apr 6-Jun 1
	8 classes	SGCC	HARD Staff	\$96
37259	5-6 yr	W	4:15pm-4:45pm	Apr 8-Jun 3
	9 classes	CVCC	HARD Staff	\$108
37265	5-6 yr	W	6:05pm-6:35pm	Apr 8-Jun 3
	9 classes	SGCC	HARD Staff	\$108
37260	5-6 yr	Th	4:15pm-4:45pm	Apr 9-Jun 4
	9 classes	CVCC	HARD Staff	\$108
37266	5-6 yr	Th	6:05pm-6:35pm	Apr 9-Jun 4
	9 classes	SGCC	HARD Staff	\$108
37261	5-6 yr	F	4:15pm-4:45pm	Apr 10-Jun 5
	9 classes	CVCC	HARD Staff	\$108
37297	5-6 yr	Sa	11:40am-12:10pm	Apr 11-Jun 6
	8 classes	SGCC	HARD Staff	\$96
37262	5-6 yr	Su	1:55pm-2:25pm	Apr 12-Jun 7
	7 classes	SGCC	HARD Staff	\$84

See pages 69-70 for the Guide to Class Locations and Facilities.

PRESCHOOL AGE CLASSES

Gymnastics Small Fry Advanced

Join us for a fun advanced gymnastics class for our Small Fry Students! Within this advanced class, we will cover basic skills in floor exercise, uneven bars, balance beam and vault. General conditioning and strength exercises are emphasized. Parents are requested to attend the first class for orientation.

37271	3-5 yr	T	4:55pm-5:50pm	Apr 7-Jun 2
	9 classes	CVCC	HARD Staff	\$180



Cherryland Community Center, Cherryland

Gymnastics Tot & Me Movement

Join our exciting parent-and-student gymnastics class! Work together on bars, beam, and floor circuits using scaled and full-size equipment to build coordination, balance, and body awareness. Skills differ each week and students can experience at their own pace. One adult per student. Siblings cannot be accommodated.

37269	2-3½ yr	M	10:20am-10:50am	Apr 6-Jun 1	37277	2-3½ yr	Th	4:45pm-5:15pm	Apr 9-Jun 4
	8 classes	CVCC	HARD Staff	\$96		9 classes	SGCC	HARD Staff	\$108
37280	2-3½ yr	M	11:00am-11:30am	Apr 6-Jun 1	37273	2-3½ yr	F	9:40am-10:10am	Apr 10-Jun 5
	8 classes	CVCC	HARD Staff	\$96		9 classes	CVCC	HARD Staff	\$108
37270	2-3½ yr	T	10:20am-10:50am	Apr 7-Jun 2	37274	2-3½ yr	F	10:20am-10:50am	Apr 10-Jun 5
	9 classes	CVCC	HARD Staff	\$108		9 classes	CVCC	HARD Staff	\$108
37281	2-3½ yr	T	4:15pm-4:45pm	Apr 7-Jun 2	37267	2-3½ yr	Sa	9:10am-9:40am	Apr 11-Jun 6
	9 classes	CVCC	HARD Staff	\$108		8 classes	CVCC	HARD Staff	\$96
37295	2-3½ yr	T	5:25pm-5:55pm	Apr 7-Jun 2	37276	2-3½ yr	Sa	10:20am-10:50am	Apr 11-Jun 6
	9 classes	SGCC	HARD Staff	\$108		8 classes	SGCC	HARD Staff	\$96
37294	2-3½ yr	W	11:00am-11:30am	Apr 8-Jun 3	37268	2-3½ yr	Su	10:20am-10:50am	Apr 12-Jun 7
	9 classes	CVCC	HARD Staff	\$108		7 classes	CVCC	HARD Staff	\$84
37272	2-3½ yr	W	10:20am-10:50am	Apr 8-Jun 3	37275	2-3½ yr	Su	12:35pm-1:05pm	Apr 12-Jun 7
	9 classes	CVCC	HARD Staff	\$108		7 classes	SGCC	HARD Staff	\$84

Martial Arts

Ta Dando

Parent and Me Jiu Jitsu

Experience our specialty programs offering fun, supportive, and empowering training for all ages and levels. Bond with your child, build strength, confidence, and self-defense skills, while fostering connection, fitness, and personal growth.

38331	3 yr+	Sa	9:30am-10:30am	Apr 4-Apr 25
	4 classes	TDJJ	Galindo	\$70
38332	3 yr+	Sa	9:30am-10:30am	May 2-May 30
	4 classes	TDJJ	Galindo	\$70
38333	3 yr+	Sa	9:30am-10:30am	Jun 6-Jun 27
	4 classes	TDJJ	Galindo	\$70

Toddler Brazilian Jiu Jitsu

Introduce your child to movement and play in this fun, play-centered class where they'll develop basic motor skills, social skills, confidence, and coordination through games and activities.

38316	3-5 yr	M-W	3:45pm-4:30pm	Apr 6-Apr 29
	12 classes	TDJJ	Galindo	\$215
38317	3-5 yr	M-W	3:45pm-4:30pm	May 4-May 27
	11 classes	TDJJ	Galindo	\$200
38318	3-5 yr	M-W	3:45pm-4:30pm	Jun 1-Jun 30
	14 classes	TDJJ	Galindo	\$235

Nature

Forest Fables

Join us at Sulphur Creek Nature Center for a story time and craft.

37555	1-7 yr	Sa	10:00am-10:45am	Apr 11
	1 class	SCNC	Nature Staff	\$10
37556	1-7 yr	Su	10:00am-10:45am	May 31
	1 class	SCNC	Nature Staff	\$10

Salty Story Time

Visit the Hayward Shoreline Interpretative Center for an engaging story time and craft.

37524	1-8 yr	Su	10:00am-10:45am	May 10
	1 class	HSIC	Nature Staff	\$10
37543	1-8 yr	Su	10:00am-10:45am	Apr 19
	1 class	HSIC	Nature Staff	\$10

See pages 69-70 for the Guide to Class Locations and Facilities.

Photo Credit: Nancy Walters



Sulphur Creek Nature Center, Fairview

Toddler Ramble

at Hayward Shoreline Interpretive Center

Rain and Shine

Explore the wonders of weather this April! Toddlers and grown-ups will enjoy hands-on activities, playful learning, and nature walks while discovering sunshine, clouds, and rain.

37526	1-4 yr	F	10:30am-11:15am	Apr 3-Apr 24
	4 classes	HSIC	Nature Staff	\$36

Garden Explorers

Enjoy planting seeds, making flower art, and taking walks while learning about flowers, bugs, and plants. Perfect for toddlers and grown-ups to discover the joy of gardens.

37536	1-4 yr	F	10:30am-11:15am	May 1-May 22
	4 classes	HSIC	Nature Staff	\$36

Toddler Time at Sulphur Creek Nature Center

Terrific Tails

Learn about different types of tails, and color a critter with a clever tail.

37523	1-4 yr	T	10:00am-10:45am	Apr 14
	1 class	SCNC	Wolf	\$10
37525	1-4 yr	T	11:15am-12:00pm	Apr 14
	1 class	SCNC	Wolf	\$10
37527	1-4 yr	Sa	10:00am-10:45am	Apr 25
	1 class	SCNC	Wolf	\$10
37528	1-4 yr	Sa	11:15am-12:00pm	Apr 25
	1 class	SCNC	Wolf	\$10

Super Swimmers

Find out how different animals swim and create a swimming friend too.

37529	1-4 yr	T	10:00am-10:45am	May 12
	1 class	SCNC	Wolf	\$10
37530	1-4 yr	T	11:15am-12:00pm	May 12
	1 class	SCNC	Wolf	\$10
37531	1-4 yr	Sa	10:00am-10:45am	May 30
	1 class	SCNC	Wolf	\$10
37532	1-4 yr	Sa	11:15am-12:00pm	May 30
	1 class	SCNC	Wolf	\$10



Pre-K Programs

De Colores Learn and Play Bilingual Pre-K

Join us for a bilingual Pre-K program that fosters English and Spanish language development. Our dedicated teaching staff cultivates a vibrant and nurturing classroom where children can flourish. Through engaging activities such as music and hands-on educational resources, we offer bilingual children the chance to develop and refine their skills in creative ways.

37587	3½-5½ yr	M-Th	9:00am-12:00pm	Apr 6-Apr 30
	16 classes	SFCC	Ms. Johana	\$400
37779	3½-5½ yr	M-Th	9:00am-12:00pm	May 4-May 28
	15 classes	SFCC	Ms. Johana	\$375

Pre-K Spring Into Fun

Children will enjoy the first day of Spring with a bright and happy day filled with playful activities, colorful crafts, and cheerful discoveries. Children get to explore, imagine, and enjoy all the fun that spring brings in this afternoon of activities! No drop ins allowed, must pre-register. All children must be potty-trained.

Castro Valley Community Center

38547	3-6 yr	F	1:00pm-4:00pm	Mar 20
	1 class	CVCC	Pre-K Staff	\$10

Pre-K Earth Day Explorers

Join our playful Earth Day celebration where Pre-K kiddos will enjoy nature crafts, outdoor exploring, and fun activities that teach them how to help keep our planet happy and clean! No drop ins allowed, must pre-register. All children must be potty-trained.

San Lorenzo Community Center

38548	3-6 yr	F	1:00pm-4:00pm	Apr 17
	1 class	SLCC	Pre-K Staff	\$10



See pages 69-70 for the Guide to Class Locations and Facilities.

PRESCHOOL AGE CLASSES

Pre-K Learn and Play

Join us for a fun-filled preschool program designed specifically for curious minds aged 3.5 to 5.5 years! Our program nurtures a love for learning through play, creativity and exploration. In our vibrant and engaging classroom, children will embark on exciting adventures that spark their imagination and encourage social skills. Each day, teachers blend hands-on activities with language development, music, movement, and art, all aimed at fostering your child's cognitive, emotional and physical development. Together, we'll create a joyful experience where your child can make new friends and create a foundation for lifelong learning. Prerequisite: Children must reach the minimum age by the first day of class and toilet training is required. A copy of immunization records must be provided prior to participation.

Castro Valley Community Center

37593	3½-5½ yr	M-Th	8:30am-11:30am	Apr 6-Apr 30	16 classes	Ms. Karen	\$400
37780	3½-5½ yr	M-Th	8:30am-11:30am	May 4-May 28	15 classes	Ms. Karen	\$375

San Lorenzo Community Center

37594	3½-5½ yr	M-Th	8:30am-11:30am	Apr 6-Apr 30	16 classes	Pre-K Staff	\$400
37782	3½-5½ yr	M-Th	8:30am-11:30am	May 4-May 28	15 classes	Pre-K Staff	\$375

Cherryland Community Center

Monday/Wednesday

37592	3½-5½ yr	M/W	8:30am-11:30am	Apr 6-Apr 29	8 classes	Mr. Jordan	\$200
37789	3½-5½ yr	M/W	8:30am-11:30am	May 4-May 27	7 classes	Mr. Jordan	\$175

Tuesday/Thursday

37790	3½-5½ yr	T/Th	8:30am-11:30am	Apr 7-Apr 30	8 classes	Mr. Jordan	\$200
37791	3½-5½ yr	T/Th	8:30am-11:30am	May 5-May 28	8 classes	Mr. Jordan	\$200

Kenneth C. Aitken Community Center

Monday/Wednesday

37596	3½-5½ yr	M/W	8:30am-11:30am	Apr 6-Apr 29	8 classes	Ms. Miranda	\$200
37783	3½-5½ yr	M/W	8:30am-11:30am	May 4-May 27	7 classes	Ms. Miranda	\$175

Tuesday/Thursday

37598	3½-5½ yr	T/Th	8:30am-11:30am	Apr 7-Apr 30	8 classes	Ms. Miranda	\$200
37784	3½-5½ yr	T/Th	8:30am-11:30am	May 5-May 28	8 classes	Ms. Miranda	\$200

Southgate Community Center

Monday/Wednesday

37595	3½-5½ yr	M/W	8:30am-11:30am	Apr 6-Apr 29	8 classes	Ms. Eileen	\$200
37787	3½-5½ yr	M/W	8:30am-11:30am	May 4-May 27	7 classes	Ms. Eileen	\$175

Tuesday/Thursday

37597	3½-5½ yr	T/Th	8:30am-11:30am	Apr 7-Apr 30	8 classes	Ms. Eileen	\$200
37786	3½-5½ yr	T/Th	8:30am-11:30am	May 5-May 28	8 classes	Ms. Eileen	\$200

Toddler and Me

Ignite your child's curiosity with fresh ideas while promoting interaction with peers through engaging activities designed to spark their imagination and support social development. Your little one will have the opportunity to explore their creativity through various themed art projects and interactive playtime.

37599	2½-3½ yr	Sa	9:30am-11:00am	Mar 7-Mar 28	4 classes	CHCC	Pre-K Staff	\$125
37788	2½-3½ yr	Sa	9:30am-11:00am	Apr 4-Apr 25	4 classes	CHCC	Pre-K Staff	\$125



Cherryland Community Center, Ashland

See pages 69-70 for the Guide to Class Locations and Facilities.

Fun Friday Playdates

Join the fun and participate in a weekly playdate with your child. Each session features a variety of age-appropriate play stations and hands-on activities that encourage exploration, creativity, and social development. All materials are provided by H.A.R.D. One caregiver per child is required to attend and actively participate throughout the session. Fun Friday Playdates help to build community, foster friendships, and support early childhood growth in a safe, clean and nurturing space.

Castro Valley Community Center

37590	under 5 yr	F	10:00am-12:00pm	Apr 17
1 class	CVCC	HARD Staff		\$5
37811	under 5 yr	F	10:00am-12:00pm	May 1
1 class	CVCC	HARD Staff		\$5
37812	under 5 yr	F	10:00am-12:00pm	May 15
1 class	CVCC	HARD Staff		\$5

Cherryland Community Center

37588	under 5 yr	F	10:00am-12:00pm	Apr 10
2 classes	CHCC	HARD Staff		\$5
37807	under 5 yr	F	10:00am-12:00pm	May 8
2 classes	CHCC	HARD Staff		\$5
37808	under 5 yr	F	10:00am-12:00pm	May 22
2 classes	CHCC	HARD Staff		\$5

Fun Friday Playdates - Class Bundle

Bundle and save! Purchase all sessions of Fun Friday Playdates and save \$5.

Castro Valley Community Center

37591	under 5 yr	F	10:00am-12:00pm	Apr 17-May 8
3 classes	CVCC	HARD Staff		\$10

Cherryland Community Center

37589	under 5 yr	F	10:00am-12:00pm	Apr 10-May 22
3 classes	CHCC	HARD Staff		\$10

Sports

Fencing Class for Mini Musketeers

Exciting and safe introduction to the sport of fencing. Using lightweight, age-appropriate fencing equipment, participants can jump into the fun while learn the basics of fencing. All fencing equipment provided. Wear workout clothes, t-shirt, long pants and athletic sport shoes. (no jeans), bring a water bottle. **An additional \$15 Material Fee is due to the instructor at the first class.**

36617	5½-7 yr	W	3:40pm-4:20pm	Mar 4-Mar 25
4 classes	KASCC	Cimpoaie		\$165
38644	5½-7 yr	W	3:40pm-4:20pm	Apr 1-Apr 22
4 classes	KASCC	Cimpoaie		\$165
38645	5½-7 yr	W	3:40pm-4:20pm	May 6-May 27
4 classes	KASCC	Cimpoaie		\$165

Jr. Golden State Basketball League

Join us for fun, learning, and skill development in a supportive atmosphere! This program offers a non-competitive environment where players of all skill levels can grow. Participants will enjoy 4 weeks of fundamental instruction followed by 5 weeks of games. Returning Participants: Jerseys from the winter league may be reused. New Participants: Jerseys are \$20 while supplies last.

38257	4½-6½ yr	Sa	8:00am-8:55am	Mar 14-May 9
9 classes	CMS			\$115

To purchase a Jr. Warriors jersey for the Spring 2026 League, use the class number below. Jersey will be passed out on Saturday April 12th before the first game.

38263	New Jersey	\$20
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Ashland Community Center, Ashland

Kidz Love Soccer

Mommy/Daddy & Me Soccer

Join your toddler on the field and jump into the fun! Participate in age-appropriate soccer activities that build motor skills, confidence, and socialization through engaging games, skill demos, and non-competitive scrimmages.

38243	2-3½ yr	W	6:00pm-6:30pm	Apr 1-May 13
7 classes	PALHP	Bayliss		\$200

Tot/Pre Soccer

Join our instructional soccer sessions with age-appropriate skill demos, games, and scrimmages in a non-competitive, recreational setting. Ideal for beginners and experienced kids. Shin guards mandatory.

38249	3½-4 yr	Sa	5:40pm-6:15pm	Apr 4-May 9
6 classes	Kennedy Park	Bayliss		\$174
38248	3½-4 yr	W	5:20pm-5:55pm	Apr 1-May 13
7 classes	PALHP	Bayliss		\$200

See pages 69-70 for the Guide to Class Locations and Facilities.



Matt Jimenez
Gymnasium,
Hayward

Make Me A Pro Sports

Basketball

Join us for this fun Basketball experience that will focus on basic fitness and skillz through fun games and drills. Please bring water and a basketball. **An additional \$10 Material Fee is due to the instructor at the first class.**

38073	4-5 yr	M	5:30pm-6:10pm	Apr 20-May 25
	6 classes	MJCC	Broomfield	\$161

Parent and Tots Soccer

Join us for a fun, soccer experience from our experienced staff. This is an opportunity to take part in your child's first educational soccer class.

38088	2½-4 yr	Sa	9:00am-9:35am	Apr 18-May 23
	6 classes	PALHP	Broomfield	\$161

Pee Wee Soccer

Join us for a fun soccer and fitness experience that will focus on basic fitness and skillz through fun games and drills. Please bring water and a ball. **An additional \$10 Material Fee is due to the instructor at the first class.**

38090	4-5 yr	Sa	9:35am-10:15am	Apr 18-May 23
	6 classes	PALHP	Broomfield	\$161

Pivot Train Basketball

Jump into the fun with drills and games focused on building motor skills and teaching basic basketball principles such as dribbling, passing, shooting and teamwork, kids will develop a love for the game in a fun, safe enriched setting.

38095	1½-2 yr	Sa	9:00am-9:35am	Apr 4-Apr 25
	4 classes	MJCC	Hudson	\$94
38103	3-4 yr	Sa	9:40am-10:15am	Apr 4-Apr 25
	4 classes	MJCC	Hudson	\$94
38105	5-7 yr	Sa	10:20am-10:55am	Apr 4-Apr 25
	4 classes	MJCC	Hudson	\$94
38107	1½-2 yr	Su	9:00am-9:35am	Apr 12-May 3
	4 classes	MJCC	Hudson	\$94
38109	3-4 yr	Su	9:40am-10:15am	Apr 12-May 3
	4 classes	MJCC	Hudson	\$94
38111	5-7 yr	Su	10:20am-10:55am	Apr 12-May 3
	4 classes	MJCC	Hudson	\$94
38555	1½-2 yr	Sa	9:00am-9:35am	May 9 - May 30
	4 classes	MJCC	Hudson	\$94
38556	3-4 yr	Sa	9:40am-10:15am	May 9-May 30
	4 classes	MJCC	Hudson	\$94
38557	5-7 yr	Sa	10:20am-10:55am	May 9-May 30
	4 classes	MJCC	Hudson	\$94
38561	1½-2 yr	Su	9:00am-9:35am	May 10-May 31
	4 classes	MJCC	Hudson	\$94
38562	3-4 yr	Su	9:40am-10:15am	May 10-May 31
	4 classes	MJCC	Hudson	\$94
38563	5-7 yr	Su	10:20am-10:55am	May 10-May 31
	4 classes	MJCC	Hudson	\$94



See pages 69-70 for the Guide to Class Locations and Facilities.



Alden E. Oliver
Sports Park,
Hayward

Free Fitness in Your Community

Alden E. Oliver Sports Park

2580 Eden Park Place,
Hayward

Eden Greenway

Chipay and Sleepy
Hollow Avenue, Hayward

Tennyson Park

Panjon and Huntwood,
Hayward

Download the Fitness Court App!



**H.A.R.D.
Holidays—
No Classes—
May 25**

School Age Classes

Ages 5-12 years

Pictured in Banner Above: Weekes Community Center, Hayward

Art

Beads & Charms

Create your own beads and charms! Learn about beading history and gain skills and knowledge to make creations that are uniquely theirs, learning about the design process along the way.

37658	5-10 yr	Sa	10:45am-11:45am	Apr 11-May 16
	6 classes	KASCC	A-Z Creativity Staff	\$188

Jewelry Basics

Explore with beads, wires, charms, and more! Learn techniques and practice steps of the design process to make one-of-a-kind jewelry that is as unique as you are!

37657	5-10 yr	Sa	9:30am-10:30am	Apr 11-May 16
	6 classes	KASCC	A-Z Creativity Staff	\$188

Drawing Anime and Manga

Learn how to draw and color anime and manga! In this class we will tackle anatomy, portraits, clothing, and poses. **An additional \$50 Materials Fee is due to instructor at the first class.**

37941	10-15 yr	M	5:00pm-8:30pm	Mar 30-Jun 8
	10 classes	ADOBE	Godoy Diaz	\$240

Family Sewing

Create fun hats and shirts while learning fundamental sewing skills along with your kids! **An additional \$25 Material Fee is due to the instructor at the first class.**

37904	8 yr+	Sa/Su	10:00am-4:00pm	Apr 4-Apr 5
	2 classes	FVH	Nelson	\$125

Hand Sewing Basics

Explore a variety of textile art materials, including hand sewing, pattern making, and stuffies and create functional works of art! The open-ended format of this class allows your child's creativity to develop as they problem solve, ideate, and imagine!

37649	5-10 yr	M	3:45pm-4:45pm	Apr 13-May 18
	6 classes	KASCC	A-Z Creativity Staff	\$188



Matt Jimenez Gymnasium, Hayward

Papier-Mâché Magic

Learn various ways to make armatures, paste, and finish your sculptures. Dive deep into the process of papier-mâché and take your knowledge to make sculptures that are uniquely yours.

37656	5-10 yr	Sa	2:30pm-3:30pm	Apr 11-May 16
	6 classes	KASCC	A-Z Creativity Staff	\$188

Sculpture Basics

Explore sculpture materials and processes, including recycled sculpture, soft sculpture, wire sculpture, and air-dry clay. The open-ended format allows room to build knowledge while problem solving, ideating, and imagining!

37655	5-10 yr	Sa	1:15pm-2:15pm	Apr 11-May 16
	6 classes	KASCC	A-Z Creativity Staff	\$188

See pages 69-70 for the Guide to Class Locations and Facilities.

SCHOOL AGE CLASSES

Sew Fun: Rag Dolls & Wardrobes

Sew your imagination to life! Kids will thread needles, follow patterns, and master hand-sewing techniques while creating a rag doll and its very own wardrobe. New projects introduced each session. *An additional \$28 Materials fee is due to the instructor at the first class.*

37883	6-10 yr	M	5:00pm-6:00pm	Apr 20-Jun 1
	6 classes	SFCC	SA Staff	\$180

Stitch Tricks: Beyond the Basics

Create complex hand-sewn projects! Learn advanced patterning techniques and stitches to make one-of-a-kind creations. The open-ended format of this class allows your child's creativity to flourish.

37651	5-12 yr	M	5:00pm-6:00pm	Apr 13-May 18
	6 classes	KASCC	A-Z Creativity Staff	\$188



The Fiber Shed, Fairview

Young Artist Program

Each season there is a new theme, and Draftsman earns badges for their aprons for completing the class. *An additional \$20 Material Fee is due to the instructor at the first class*

Bones, Rocks, and Robots

Draw and Paint: Rough, tough, and cool things! From robots and rockets to bones. In this class students will learn key fundamentals perfect for beginners and experienced artists

37937	5-12 yr	T	6:15pm-7:15pm	Apr 7-Apr 28
	4 classes	ADOBE	Godoy Diaz	\$80
37939	5-7 yr	Th	5:00pm-5:45pm	Apr 9-Apr 30
	4 classes	SFCC	Godoy Diaz	\$60
37938	5-12 yr	T	6:15pm-7:15pm	May 12-Jun 9
	4 classes	ADOBE	Godoy Diaz	\$80
37940	5-7 yr	Th	5:00pm-5:45pm	May 14-Jun 11
	4 classes	SFCC	Godoy Diaz	\$60

Sugar, Spice, and Everything Nice

Draw and Paint: Cute, Soft, and sweet things! From baby ducks to pretty flowers. In this class students will learn key fundamentals perfect for beginners and experienced artist.

37933	5-12 yr	T	5:00pm-6:00pm	Apr 7-Apr 28
	4 classes	ADOBE	Godoy Diaz	\$80
37935	5-7 yr	Th	4:00pm-4:45pm	Apr 9-Apr 30
	4 classes	SFCC	Godoy Diaz	\$60
37934	5-12 yr	T	5:00pm-6:00pm	May 12-Jun 9
	4 classes	ADOBE	Godoy Diaz	\$80
37936	5-7 yr	Th	4:00pm-4:45pm	May 14-Jun 11
	4 classes	SFCC	Godoy Diaz	\$60

Crayons

Build confidence in drawing and painting through fun and engaging projects.

37931	4-7 yr	T	4:00pm-4:45pm	Apr 7-Apr 28
	4 classes	ADOBE	Godoy Diaz	\$60
37932	4-7 yr	T	4:00pm-4:45pm	May 12-Jun 9
	4 classes	ADOBE	Godoy Diaz	\$60

Baking & Cooking

Jr. Chef's Academy

Discover culinary fun in this hands-on class—learn kitchen basics, cooking techniques, and recipe creation while making tasty dishes to take home and share with family and friends. *An additional \$40 Materials fee is due to the instructor at the first class.*

38356	7-14 yr	Su	12:30pm-3:00pm	May 3-May 24
	4 classes	SRC	Pevehouse	\$189

Young Bakers Academy

Join this intermediate youth baking class to independently apply prior skills, receive expert guidance, and master techniques while creating delicious baked treats with growing confidence and creativity in the kitchen. *An additional \$35 materials fee is due to instructor at first class.*

38357	7-14 yr	Su	12:30pm-2:30pm	Mar 29-Apr 26
	4 classes	SRC	Pevehouse	\$169



See pages 69-70 for the Guide to Class Locations and Facilities.

Computers & Technology



Cherryland Community Center, Cherryland

JR Adventures: Scratch JR Programming

Jump into coding fun! In this hands-on class, young designers explore ScratchJr, create games, design characters and backgrounds, remix projects, and build foundational coding skills while unleashing creativity and imagination. Must bring own computer with ScratchJr installed. **An additional \$30 Materials Fee is due to the instructor at first class.**

38300	5-7 yr	Sa	11:30am-12:30pm	Mar 28-May 2	
	6 classes	SLCC		Code Ninjas Staff	\$180
38301	5-7 yr	Sa	11:30am-12:30pm	May 9-Jun 6	
	5 classes	SLCC		Code Ninjas Staff	\$150

Little Champ Coders

Discover programming through various digital platforms. Write code to solve problems with Algorithms, conditions and loops! **An additional \$20 Materials Fee is due to the instructor at first class.**

37781	6-12 yr	Su	10:00am-11:00am	May 3-May 17	
	3 classes	ARC		Salpekar	\$99

Scratch Coding Fundamentals

Create your first video game! In this engaging camp, kids learn programming basics using Scratch, explore loops, functions, and game mechanics, and design fun, interactive games while developing problem-solving and creativity skills. Must bring own computer. **An additional \$30 Materials Fee is due to the instructor at first class.**

38298	5-12 yr	T	5:30pm-6:30pm	Apr 7-May 12	
	6 classes	CHCC		Code Ninjas Staff	\$180
38299	5-12 yr	T	5:30pm-6:30pm	May 19-Jun 16	
	5 classes	CHCC		Code Ninjas Staff	\$150

VEX Robotics - Astronaut Rescue

Build and program your own robots with VEX Robotics! Students design, construct, and code robots, tackle engineering challenges, develop mechanical and coding skills, and strengthen problem-solving, collaboration, and critical thinking.

38277	5-12 yr	Sa	11:45am-1:15pm	May 16-Jun 6	
	4 classes	CHCC		Rrooar Staff	\$199

See pages 69-70 for the Guide to Class Locations and Facilities.



San Lorenzo Community Park, San Lorenzo

Get your Bark On and Visit a Local Dog Park

The following District facilities have off-leash Dog Parks:

Earl Warren Park

4660 Crow Canyon Road, CV

Edendale Dog Park

16278 Ashland Avenue, Ash

Eden Greenway Dog Park

26874 Contessa Street, Hay

Fairmont Terrace Park

2091 Manchester, CV

San Lorenzo Community Park

1970 Via Buena Vista, SLz

Old Creek Dog Park

Hampton Road at Standish Avenue, Cherryland



Look for the paw icon in the Facilities Directory on pages 69-70.

SCHOOL AGE CLASSES

Young Engineers Algo Brix - Animal Farm

Learn robotics and coding! Students program models using blocks and sensors, explore algorithmic thinking, develop software skills, and build creativity and problem-solving abilities through hands-on, fun, and interactive computer-based challenges.

38276	5-12 yr	Sa	10:00am-11:30am	May 16-Jun 6
	4 classes	CHCC	Rrooar Staff	\$199

Young Gamemakers - RPG Game Design with Scratch

Create your own games on Scratch! Students learn programming fundamentals like loops, conditionals, and events, develop game design skills, debug code, and bring their unique gaming ideas to life.

38278	7-14 yr	Sa	1:30pm-2:45pm	May 16-Jun 6
	4 classes	CHCC	Rrooar Staff	\$199

Dance & Music

Beginning Drums

Learn snare and bass drum technique, fundamental music reading skills, and rhythm work. Drums sticks and a practice pad are required and available at Music Depot.

37967	6-12 yr	W	6:00pm-6:30pm	Apr 15-May 6
	4 classes	Music Depot	Schaaphok	\$150
37969	6-12 yr	W	6:00pm-6:30pm	May 20-Jun 10
	4 classes	Music Depot	Schaaphok	\$150

Ballet

Come leap, spin, and tiptoe with us as we explore ballet! These classes develop student's stamina, creativity and expression while developing body coordination, strength, and flexibility.

37669	9-12 yr	Th	6:10pm-6:55pm	Apr 9-Jun 11
	10 classes	DLDC	DLDC Staff	\$200

Pre-Ballet

37668	5-8 yr	T	5:30pm-6:15pm	Apr 7-Jun 9
	10 classes	DLDC	DLDC Staff	\$200

Beginning Guitar

Learn fundamental music reading skills, strumming technique, notes and chords. All the basics covered including starting to play simple songs. A guitar is required and available at Music Depot.

37971	8-12 yr	W	7:00pm-7:30pm	Apr 15-May 6
	4 classes	Music Depot	Schaaphok	\$150
37973	8-12 yr	W	7:00pm-7:30pm	May 20-Jun 10
	4 classes	Music Depot	Schaaphok	\$150

Beginning Piano

Discover the joy of piano with our beginner class! Learn fundamental skills in a fun environment. **An additional \$21 Materials Fee is due to instructor at the first class.**

37636	7-18 yr	F	3:00pm-3:50pm	Apr 10-Jun 5
	9 classes	SGCC	Cheng-Rubietta	\$209



Bollywood Youth

Learn Bollywood music & dance to create a dynamic fusion of traditional Indian and modern styles. Connect with the vibrant and colorful Indian culture and learn super energetic and modern dance moves.

37662	6-10 yr	Su	5:45pm-6:30pm	Mar 29-May 10
	7 classes	CHCC	Sun Bollywood Staff	\$230

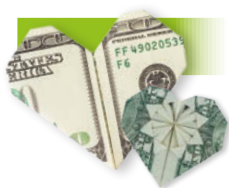
Bucket Drumming

Create rhythm and music! Transform ordinary buckets into percussion instruments, learn drumming techniques and patterns, build coordination, teamwork, and self-expression, and showcase your skills in a fun, high-energy performance.

38344	6-12 yr	F	4:10pm-5:10pm	Apr 3-May 22
	8 classes	ARC	Athena Coding Staff	\$200



See pages 69-70 for the Guide to Class Locations and Facilities.



Scholarships Available

Don't let the cost of programs keep you from joining in! H.A.R.D. has scholarships available. scholarships@haywardrec.org

¡No permita que el costo de los programas le impida participar! H.A.R.D. tiene becas disponibles. scholarships@haywardrec.org

Cheer

Join the squad! Learn cheers, kicks, and dance routines while designing team shirts and shaking pom poms. A fun-filled class bursting with energy, spirit, and lots of team pride! **An additional \$15 materials fee due to instructor on the first day.**

37856	6-11 yr	Sa	12:00pm-1:00pm	Mar 28-May 23
	8 classes	CVCC	CVPA Staff	\$148

Cheer & Dance Beginner

Improve self-confidence, physical health, and teamwork skills while having fun! Strengthen the body's core muscles to encourage good posture. Bring: Cheer shoes or white-soled shoes, water bottle, athletic clothes.

37666	7-11 yr	T	4:00pm-4:45pm	Apr 7-Jun 9
	10 classes	DLDC	DLDC Staff	\$200
37667	7-11 yr	Sa	10:50am-11:35am	Apr 11-Jun 6
	8 classes	DLDC	DLDC Staff	\$160

Combination Dance - Tap & Ballet

Tap and twirl your way through this fun combo class! Dancers explore rhythm and technique in tap, then leap into ballet basics with creativity, coordination, and flair. Let's dance!

37821	6-8 yr	W	5:15pm-6:15pm	Mar 25-May 20
	8 classes	CVCC	CVPA Staff	\$148

Hip Hop Minis

Gain rhythm, coordination, and balance through age-appropriate movements set to fun upbeat music. This style is upbeat and great for boys and girls who like to move, shake, and groove.

37663	4-6 yr	M	3:15pm-4:00pm	Apr 6-Jun 8
	9 classes	DLDC	DLDC Staff	\$180

Hip Hop School Age

Pop, lock, and dance it out! This upbeat class teaches cool combos, musicality, and funky moves while boosting confidence and creativity. Perfect for young dancers ready to bring the energy!

37843	7-11 yr	Th	5:30pm-6:15pm	Mar 26-May 21
	8 classes	CVCC	CVPA Staff	\$148

Check Out Our
Spring Break Camps on page 9



Intermediate Piano

Continue your piano adventure! For students that have completed a beginner class, hone your playing with challenging songs. **An additional \$10 Materials Fee is due to instructor at the first class.**

37637	7-18 yr	F	3:50pm-4:40pm	Apr 10-Jun 5
	9 classes	SGCC	Cheng-Rubietta	\$209

Tap

Clap your feet and make some noise in Tap! Build on tap basics through fun steps, rhythms, and combinations. With upbeat music and games, dancers grow their coordination, timing, and musicality while having a blast.

37718	7-11 yr	Sa	9:15am-10:00am	Apr 11-Jun 6
	8 classes	DLDC	DLDC Staff	\$160



Weekes Park Community Center, Hayward

See pages 69-70 for the Guide to Class Locations and Facilities.

Gymnastics

Gymnastics Beginning

Join us for a fun introductory gymnastics class for students! Our beginner gymnastics covers basic skills in floor exercise, uneven bars, balance beam and vault. General conditioning and strength exercises are emphasized.

37215	6-10 yr 8 classes	M CVCC	5:35pm-6:30pm HARD Staff	Apr 6-Jun 1 \$160	37220	6-10 yr 9 classes	F CVCC	4:55pm-5:50pm HARD Staff	Apr 10-Jun 5 \$180
37282	6-10 yr 9 classes	T SGCC	6:45pm-7:40pm HARD Staff	Apr 7-Jun 2 \$180	37221	6-10 yr 9 classes	F CVCC	6:00pm-6:55pm HARD Staff	Apr 10-Jun 5 \$180
37217	6-10 yr 9 classes	W CVCC	4:55pm-5:50pm HARD Staff	Apr 8-Jun 3 \$180	37213	6-10 yr 8 classes	Sa CVCC	10:30am-11:25am HARD Staff	Apr 11-Jun 6 \$160
37218	6-10 yr 9 classes	W CVCC	6:00pm-6:55pm HARD Staff	Apr 8-Jun 3 \$180	37214	6-10 yr 8 classes	Sa CVCC	11:35am-12:30pm HARD Staff	Apr 11-Jun 6 \$160
37223	6-10 yr 9 classes	Th SGCC	6:45pm-7:40pm HARD Staff	Apr 9-Jun 4 \$180					

Gymnastics Advanced Beginning

Join us in our second level gymnastics class! Building off the strength and skill learned in Beginning, Advanced Beginner Gymnastics—covers higher level skills in floor exercise, uneven bars, balance beam and vault. General conditioning and strength exercises are emphasized. Students must complete the Beginner level and have required Skill on account to register.

37209	6-10 yr 8 classes	M CVCC	6:40pm-7:35pm HARD Staff	Apr 6-Jun 1 \$160	37211	6-10 yr 9 classes	Th CVCC	4:55pm-5:50pm HARD Staff	Apr 9-Jun 4 \$180
37210	6-10 yr 9 classes	T CVCC	6:00pm-6:55pm HARD Staff	Apr 7-Jun 2 \$180	37212	6-10 yr 9 classes	F CVCC	7:05pm-8:00pm HARD Staff	Apr 10-Jun 5 \$180
37222	6-10 yr 9 classes	W SGCC	6:45pm-7:40pm HARD Staff	Apr 8-Jun 3 \$180	37208	6-10 yr 7 classes	Su CVCC	11:40am-12:35pm HARD Staff	Apr 12-Jun 7 \$140

Gymnastics Intermediate

Join us for our 3rd level of gymnastics! Our Intermediate—Pre-requisite skills are: All rolls, handstand, cartwheel and backbend; unassisted high beam basics and unassisted pullover on bars. Students must complete the Beginning and Advanced Beginning levels and have required skill on account to register.

37225	6-11 yr 9 classes	T CVCC	7:05pm-8:00pm HARD Staff	Apr 7-Jun 2 \$180
37296	6-11 yr 9 classes	W CVCC	7:05pm-8:00pm HARD Staff	Apr 8-Jun 3 \$180
37226	6-11 yr 9 classes	Th CVCC	6:00pm-6:55pm HARD Staff	Apr 9-Jun 4 \$180

Gymnastics Advanced

Join us for our 4th level of gymnastics! Our Advanced—Pre-requisite skills are: Handstands, 1 Handed Cartwheels, Backbend Kickover, Valdez, Handspring Shapes; unassisted high beam (including handstand and cartwheels); Back-hip Circles, Single Leg Shoot Throughs, Straddle-Ons. Students must complete the Intermediate level and have required Skill on account to register.

37207	6-11 yr 9 classes	Th CVCC	7:05pm-8:00pm HARD Staff	Apr 9-Jun 4 \$180
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Castro Valley Community Center, Castro Valley

See pages 69-70 for the Guide to Class Locations and Facilities.

Health & Fitness

Mindfulness, Kindness & Yoga

Explore mindfulness, kindness, and yoga through fun, age-appropriate activities! Students in grades 1–5 will build emotional awareness, focus, and flexibility in a supportive, engaging, and playful environment. New material introduced each session.

37857	6-10½ yr 6 classes	W SFCC	5:00pm-6:00pm SA Staff	Mar 11-Apr 22	\$180
37867	6-10½ yr 6 classes	W SFCC	5:00pm-6:00pm SA Staff	Apr 29-Jun 3	\$180

Yoga

Experience yoga! Practice poses, breathing, and mindfulness to build strength, flexibility, balance, focus, and self-esteem, while fostering emotional well-being, community, and self-discovery in a fun, engaging environment.

38341	5-12 yr 8 classes	W ARC	4:10pm-5:10pm Athena Coding Staff	Apr 1-May 20	\$200
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Languages



Mandarin Classes for 1st–5th Grades

Join engaging Mandarin classes for non-Chinese learners, focusing on vocabulary, phrases, reading, and culture. Focused, interactive sessions introduce Pinyin and basics. New materials introduced each session. **An additional \$40 Materials Fee is due to the instructor at first class, \$20 returning student.**

37815	6-10½ yr 6 classes	T SFCC	5:00pm-6:00pm SA Staff	Apr 28-Jun 2	\$180
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Spanish Classes for 1st–5th Grades

Children's Spanish program fosters interactive, immersive learning with engaging visuals. Curriculum covers ABCs, numbers, colors, vocabulary, phrases, songs, and cultural elements to build conversational skills and a strong language foundation. New materials are introduced each session. **An additional \$35 Materials fee due to instructor at the first class, returning students pay \$20 Materials fee.**

37828	5-10½ yr 6 classes	Th SFCC	5:00pm-6:00pm SA Staff	Apr 30-Jun 4	\$180
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Spanish Explorers

Experience Spanish! Build language skills through games, storytelling, and hands-on projects while exploring greetings, vocabulary, music, traditions, and geography, fostering a love for the Spanish language and culture in young learners.

38338	5-11 yr 8 classes	T ARC	4:10pm-5:10pm Athena Coding Staff	Mar 31-May 19	\$200
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Birthday Parties!

Wild Things Birthday Parties at Sulphur Creek

Sulphur Creek Nature Center is a great place for a birthday party. The package includes a 2.5 hour picnic site reservation and a customized one-hour naturalist presentation designed to suit your needs. Choose from a variety of activities, including a presentation of live animals, puppet shows, crafts, and a nature walk. A picnic site will be reserved for you to serve refreshments and do your own activities. Or, looking for an alternative way to celebrate? Sponsor a school program for your child's class! Submit a request at HaywardRec.org/programrequest for more information. Reservations are recommended at least eight weeks in advance. **Fee:** \$295 Residents/\$350 Non-Residents

See pages 69–70 for the Guide to Class Locations and Facilities.

Martial Arts

EAAB'S

Filipino/Indonesian Martial Arts

Filipino/Indonesian self-defense, mastering short stick, cane, and blade techniques. Develop striking, joint locks, disarming, and takedowns for practical protection and skillful combat application. **An additional \$85 Uniform/Safety Equipment Fee is due to the instructor at the first class.**

38296	12 yr+	Sa	12:00pm-12:55pm	Mar 21-Jun 6
	10 classes	EAABs	Untalan	\$295

Fitness & Self Defense

Empower all ages with confidence-building training. Techniques cover stretching, striking, grappling, and defense against weapons, promoting personal growth and safety in a supportive environment. **An additional \$40 Uniform/Safety Equipment Fee is due to the instructor at the first class.**

38287	8 yr+	Th	4:30pm-5:25pm	Mar 19-Jun 4
	10 classes	EAABs	Untalan	\$285
38288	10 yr+	Th	5:30pm-6:25pm	Mar 19-Jun 4
	10 classes	EAABs	Untalan	\$285
38293	5-11 yr	Sa	9:00am-9:55am	Mar 21-Jun 6
	10 classes	EAABs	Untalan	\$285
38294	12 yr+	Sa	10:00am-10:55am	Mar 21-Jun 6
	10 classes	EAABs	Untalan	\$285
38281	8 yr+	T	4:30pm-5:25pm	Mar 24-Jun 16
	10 classes	EAABs	Untalan	\$285
38282	10 yr+	T	5:30pm-6:25pm	Mar 24-Jun 16
	10 classes	EAABs	Untalan	\$285

Gung Fu

Students are encouraged to wear black; uniforms and shirts are available for purchase.

Beginning

Join this safety-focused Gung-Fu class exploring Si Lum and Tiger styles. Family participation encouraged. Repeatable for growth. Completion grants eligibility to test for advanced class.

37728	7 yr+	M/W	6:00pm-7:30pm	Apr 6-Jun 15
	20 classes	WPCC	Martinez	\$120

Advance your Gung Fu skills in this class for students who completed the beginning course. Students learn advanced Si Lum, Black Tiger, Tai Chi and weapon set, as well as have the opportunity to earn a Black Belt.

37730	7 yr+	M/W	7:30pm-9:00pm	Apr 6-Jun 15
	20 classes	WPCC	Martinez	\$120



See pages 69-70 for the Guide to Class Locations and Facilities.

Leaping Leopard Shaolin Kenpo

Empower yourself with a powerful self-defense system designed for today's world, expertly equipped to counter multiple attackers and armed assailants. Boost focus, discipline, confidence, and fitness as you train. **An additional \$40 uniform fee is due to the instructor at the first class.**

Beginner - White to Purple Belt

37734	7-70 yr	M/Th	6:30pm-7:30pm	Apr 6-Jun 11
	19 classes	CHCC	Santiago	\$290
37737	7-70 yr	F	6:30pm-10:00am	Apr 10-Jun 6
		Sa	9:00am-10:00am	
	17 classes	SGCC	Santiago	\$290

Intermediate - Purple to Brown Belt

37736	7-70 yr	M/Th	7:35pm-8:35pm	Apr 6-Jun 11
	19 classes	CHCC	Santiago	\$290
37745	7-70 yr	T/F	7:50pm-8:40pm	Apr 7-Jun 9
		Sa	10:05am-11:10am	
	27 classes	SGCC	Santiago	\$315

Ta Danado Jiu Jitsu

Parent and Me Jiu Jitsu

Experience our specialty programs offering fun, supportive, and empowering training for all ages and levels. Bond with your child, build strength, confidence, and self-defense skills, while fostering connection, fitness, and personal growth.

38331	3 yr+	Sa	9:30am-10:30am	Apr 4-Apr 25
	4 classes	TDJJ	Galindo	\$70
38332	3 yr+	Sa	9:30am-10:30am	May 2-May 30
	4 classes	TDJJ	Galindo	\$70
38333	3 yr+	Sa	9:30am-10:30am	Jun 6-Jun 27
	4 classes	TDJJ	Galindo	\$70

Kids Brazilian Jiu Jitsu

Build strong fundamentals in this structured kids' class, focusing on skill development and confidence-building, with daily rolling to safely apply techniques in a safe, guided setting.

38319	6-8 yr	M-W	4:30pm-5:15pm	Apr 6-Apr 29
	12 classes	TDJJ	Galindo	\$215
38322	9-12 yr	M-W	5:15pm-6:00pm	Apr 6-Apr 29
	12 classes	TDJJ	Galindo	\$215
38320	6-8 yr	M-W	4:30pm-5:15pm	May 4-May 27
	11 classes	TDJJ	Galindo	\$200
38323	9-12 yr	M-W	5:15pm-6:00pm	May 4-May 27
	11 classes	TDJJ	Galindo	\$200
38321	6-8 yr	M-W	4:30pm-5:15pm	Jun 1-Jun 30
	14 classes	TDJJ	Galindo	\$235
38324	9-12 yr	M-W	5:15pm-6:00pm	Jun 1-Jun 30
	14 classes	TDJJ	Galindo	\$235

Thomas Kenpo Karate

Boost your confidence with realistic self-defense, discipline, and focus. Our Karate class promotes resilience, reduces screen time, and inspires a healthier, active lifestyle you can trust. **An additional \$30 Uniform Fee is due to the instructor at the first class.** The monthly fee includes unlimited class attendance during session dates.

38350	7-17 yr	M-Th	4:00pm-5:00pm	Apr 1-Apr 30
		Sa	9:00am-10:00am	
		Su	10:00am-11:00am	
	26 classes	TMAFA	Thomas	\$159
38347	7-17 yr	M-Th	5:00pm-6:00pm	Apr 1-Apr 30
		Sa/Su	10:00am-11:00am	
	26 classes	TMAFA	Thomas	\$159
38351	7-17 yr	M-Th	4:00pm-5:00pm	May 2-May 31
		Sa	9:00am-10:00am	
		Su	10:00am-11:00am	
	25 classes	TMAFA	Thomas	\$159
38348	7-17 yr	M-Th	5:00pm-6:00pm	May 2-May 31
		Sa/Su	10:00am-11:00am	
	25 classes	TMAFA	Thomas	\$159



Ashland Zocalo, Ashland

38352	7-17 yr	M-Th	4:00pm-5:00pm	Jun 1-Jun 30
		Sa	9:00am-10:00am	
		Su	10:00am-11:00am	
	26 classes	TMAFA	Thomas	\$159
38349	7-17 yr	M-Th	5:00pm-6:00pm	Jun 1-Jun 30
		Sa/Su	10:00am-11:00am	
	26 classes	TMAFA	Thomas	\$159

Nature

Animal Adventures

at Sulphur Creek Nature Center

Excellent Eggs

Find out about different sorts of eggs and where creatures hide them. Create some egg art too.

37533	4-12 yr	Su	10:00am-11:30am	Apr 19
	1 class	SCNC	Wolf	\$13

Fantastic Flowers

Discover why animals love flowers as we explore the park. Color a beautiful hummingbird too.

37534	4-12 yr	Su	10:00am-11:30am	May 17
	1 class	SCNC	Wolf	\$13

Evening Shoreline Family Adventure

Join us on an adventure to Glass Beach. Search for migrating shorebirds, discover the stories that the historic glass can reveal, and create a little driftwood boat to float in the bay.

37535	4-12 yr	Sa	6:00pm-8:00pm	May 9
	1 class	TBD	Wolf	\$15



Hayward Shoreline, Hayward



Family Fishing Day

Enjoy a family day of catch-and-release fishing! Learn to cast, bait, and tie knots with provided gear. Participants 16 yr + need a fishing license to fish. Parent attendance required. Fee includes one child and one parent.

37515	6 yr+	Sa	12:00pm-3:00pm	May 16
	1 class	HSIC	Nature Staff	\$25
37521	6 yr+	Sa	12:00pm-3:00pm	Apr 18
	1 class	HSIC	Nature Staff	\$25

Nature Detectives

at Hayward Shoreline Interpretive Center

Little Lifeforms

Explore the salt marsh! Dip nets, discover tiny creatures, and make a craft to take home while enjoying a fun, hands-on adventure along the shoreline.

37538	6-11 yr	Su	10:00am-11:00am	Apr 12
	1 class	HSIC	Nature Staff	\$12

States of Matter

Discover states of matter! Young scientists will explore solids, liquids, and gases through hands-on experiments, then test their skills with a fun, interactive nature walk in the marsh.

37542	6-11 yr	Sa	10:00am-11:00am	May 2
	1 class	HSIC	Nature Staff	\$12

See pages 69-70 for the Guide to Class Locations and Facilities.

Outdoor Education

Get Outdoors – GO H.A.R.D.

Camping: Under the Stars

Get ready to sleep under the stars, go hiking, and enjoy family fun! Experience guided hikes, outdoor games, and hands-on activities led by experienced instructors. Camping gear included upon request.

East Avenue Park

37999	5 yr + 1 class	Sa/Su EAP	1:00pm-10:00am HARD Staff	May 9-May 10	\$40
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Family Adventure Day

Explore the park with an adventure twist. Follow a map to find hidden treasures, build a fort-style shelter, and take on a few fun family challenges along the way. Easy pace, lots of fun. No experience required!

East Avenue Park

38643	5 yr + 1 class	Sa EAP	10:00am-12:00pm HARD Staff	Apr 11	\$25
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Kayak Quest

Grab a paddle and hit the water! Learn kayaking basics, enjoy time on the water, and explore the natural surroundings at Lake Chabot with expert guidance in this family adventure. Fee includes one adult (must accompany) and one child.

37995	7 yr + 1 class	Sa ACC	10:00am-12:00pm HARD Staff	Apr 18	\$55
37998	7 yr + 1 class	Sa ACC	10:00am-12:00pm HARD Staff	May 2	\$55
38003	7 yr + 1 class	Sa ACC	1:00pm-3:00pm HARD Staff	May 2	\$55

S.T.E.M.

AI Adventures

Explore the world of AI! Use ChatGPT, DALL-E, Stable Diffusion, and more to create stories, art, animations, and chatbots while developing critical thinking, collaboration, and creativity with expert guidance. **An additional \$40 Materials Fee is due to the instructor at the first class.**

38337	8-13 yr 8 classes	M CHCC	4:10pm-5:10pm Athena Coding Staff	Mar 30-May 18	\$200
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Crazy Chemworks

Discover the wonder of chemistry! Kids make slime, explore reactions, use real lab tools, learn about polymers and catalysts, and take home an educational toy to extend the fun.

37755	5-11 yr 8 classes	F CVCC	4:00pm-5:00pm Mad Science Staff	Mar 27-May 22	\$275
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Exploring the Animal Kingdom

Discover wildlife! Investigate species from insects to mammals, engage in hands-on experiments, learn about adaptations, ecosystems, and anatomy, and spark curiosity while building a foundation for scientific discovery and conservation.

38339	6-12 yr 8 classes	T ARC	3:05pm-4:05pm Athena Coding Staff	Mar 31-May 19	\$200
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Fly, Drive, and Build STEM with LEGO Workshop

Celebrate spring with a fast-paced LEGO workshop! Build and race wheeled racers, gliders, and more in this hands-on Fly, Drive, and Build adventure—where creativity and engineering take flight!

37576	5-10 yr 1 class	Sa CHCC	9:00am-12:00pm Brick Tech Staff	Mar 21	\$57
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Fun with Math

Discover math! Engage in hands-on activities, puzzles, and games that connect concepts to real-world scenarios, build problem-solving and reasoning skills, and make numbers, patterns, and logic exciting for young learners.

38342	6-12 yr 8 classes	Th ARC	3:05pm-4:05pm Athena Coding Staff	Apr 2-May 21	\$200
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Fun'BoT

Join the FunBoT workshop! Become an engineer as you build robotic cars, trucks, and more. Program them, test with obstacles, break down, rebuild, and repeat in a hands-on, interactive experience. **An additional \$20 Materials Fee is due to the instructor at the first class.**

37764	6-12 yr 4 classes	Su ARC	10:00am-11:00am Salpekar	Mar 8-Mar 29	\$99
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See pages 69-70 for the Guide to Class Locations and Facilities.

Gaming Hackathon using Microsoft MakeCode

Join the fun in a gaming hackathon! Use Microsoft MakeCode to create exciting games while learning coding skills. A perfect hands-on experience for young game designers and creative thinkers! **An additional \$20**

Materials Fee is due to the instructor at first class.

37778	6-12 yr	Su	10:00am-11:00am	Apr 5-Apr 19
	3 classes	ARC	Salpekar	\$99

LEGO Robotics

Build, program, and create in this hands-on LEGO robotics and 3D printing class! Students develop coding, problem-solving, and engineering skills while designing robots and custom 3D creations. Bring your computer! **An additional \$30 Materials Fee is due to the instructor at first class.**

38302	5-12 yr	Sa	1:00pm-2:00pm	Mar 28-May 2
	6 classes	SLCC	Code Ninjas Staff	\$180
38303	5-12 yr	Sa	1:00pm-2:00pm	May 9-Jun 6
	5 classes	SLCC	Code Ninjas Staff	\$150



Cherryland Community Center, Cherryland

Super Mario STEM with LEGO Materials

Leap into spring with a Super Mario LEGO workshop! Build colorful worlds, favorite characters, and fun obstacles inspired by spring—an exciting mix of creativity, building, and play for everyone!

37723	5-10 yr	Sa	9:00am-12:00pm	Apr 4
	1 class	CHCC	Brick Tech Staff	\$57

Special Interest & Hobbies

Chess Wizards

Join Chess Wizards for engaging chess lessons, thrilling games, and rewards. Enhance your skills and challenge yourself—perfect for all skill levels, from beginners to advanced players.

37725	5-12 yr	Sa	10:15am-11:15am	Mar 28-May 16
	8 classes	KASCC	Chess Wizards Staff	\$359

Codebreakers Spy Games

Decode mysteries! Develop critical thinking, pattern recognition, and logic skills while exploring ciphers, cracking codes, designing secret messages, and collaborating with classmates in an immersive, spy-themed, hands-on learning adventure.

38346	6-12 yr	F	4:10pm-5:10pm	Apr 3-May 22
	8 classes	ARC	Athena Coding Staff	\$200

Dungeons and Dragons

Embark on a D&D adventure! Collaborate with teammates, navigate quests, overcome challenges, and develop problem-solving, communication, teamwork, creativity, and critical thinking skills in a fun, imaginative, and confidence-building experience.

38340	8-13 yr	W	3:05pm-4:05pm	Apr 1-May 20
	8 classes	ARC	Athena Coding Staff	\$200

Magic in Motion

Enchantment Workshop

Learn magic! Master age-appropriate tricks with everyday objects, perform illusions, develop sleight-of-hand skills, boost creativity and confidence, and showcase magical talents in a fun, hands-on, and engaging environment.

38345	6-12 yr	F	3:05pm-4:05pm	Apr 3-May 22
	8 classes	ARC	Athena Coding Staff	\$200

Olympic Chess

Discover the excitement of chess with engaging puzzles, interactive play, and tournaments! Learn strategies, tactics, and openings while building confidence and skill. Every class ends with a trophy-winning challenge!

38336	6-13 yr	M	3:05pm-4:05pm	Mar 30-May 18
	8 classes	CHCC	Athena Coding Staff	\$200

Young Innovators & Entrepreneurs

Create and innovate! Explore business fundamentals, design prototypes, develop ideas, solve problems, and collaborate with peers while learning about inventions and entrepreneurship, building creativity, confidence, communication, and leadership skills. **An additional \$10 Materials Fee is due to the instructor at the first class.**

38343	6-12 yr	Th	4:10pm-5:10pm	Apr 2-May 21
	8 classes	ARC	Athena Coding Staff	\$200

See pages 69-70 for the Guide to Class Locations and Facilities.

Sports

Fencing Class for Beginners

Learn strategic thinking, lightning-fast reflexes, and graceful footwork in a safe and supportive environment. Unleash your inner champion! All fencing equipment provided, wear workout clothes, t-shirt, long pants and athletic sport shoes. (no jeans), bring your water bottle. **An additional \$25 Materials fee is due to the**

Instructor at first class.

36621	7-12 yr	W	4:30pm-5:25pm	Mar 4-Mar 25
4 classes	KASCC	Cimpoaie	\$260	
38229	7-12 yr	W	4:30pm-5:25pm	Apr 1-Apr 22
4 classes	KASCC	Cimpoaie	\$260	
38216	7-12 yr	W	4:30pm-5:25pm	May 6-May 27
4 classes	KASCC	Cimpoaie	\$260	

Fencing Electric Intermediate Class

Improve accuracy, speed, tactics using electric gear. Experienced coaches will lead dynamic drills and simulated bouts. All fencing equipment provided, wear workout clothes, t-shirt, long pants and athletic sport shoes. (no jeans), bring your water bottle. **An additional \$40 Materials fee is due to the Instructor at first class.**

38637	7-12 yr	W	5:00pm-6:30pm	Mar 4-Mar 25
4 classes	KASCC	Cimpoaie	\$290	
36626	7-12 yr	W	5:30pm-6:30pm	Mar 4-Mar 25
4 classes	KASCC	Cimpoaie	\$220	
38230	7-12 yr	W	5:00pm-6:30pm	Apr 1-Apr 22
4 classes	KASCC	Cimpoaie	\$290	
38231	7-12 yr	W	5:30pm-6:30pm	Apr 1-Apr 22
4 classes	KASCC	Cimpoaie	\$220	
38217	7-12 yr	W	5:00pm-6:30pm	May 6-May 27
4 classes	KASCC	Cimpoaie	\$290	
38218	7-12 yr	W	5:30pm-6:30pm	May 6-May 27
4 classes	KASCC	Cimpoaie	\$290	

Intermediate Fencing Mini Musketeers

Using lightweight, age-appropriate equipment, participants can jump into the fun while learning the basics of fencing in a playful and engaging environment. Intermediate class must take Beginning class first. All fencing equipment provided, wear workout clothes, t-shirt, long pants, and athletic sport shoes (no jeans), bring your water bottle. **An additional \$40 Materials fee is due to the Instructor at first class.**

38636	5½-8 yr	W	4:00pm-4:55pm	Mar 4-Mar 25
4 classes	KASCC	Cimpoaie	\$260	
38228	5½-8 yr	W	4:00pm-4:55pm	Apr 1-Apr 22
4 classes	KASCC	Cimpoaie	\$260	
38215	5½-8 yr	W	4:00pm-4:55pm	May 6-May 27
4 classes	KASCC	Cimpoaie	\$260	



Matt Jimenez Gymnasium, Hayward

Jr. Golden State Basketball League

This program offers a non-competitive environment where players of all skill levels can grow. Participants will enjoy 4 weeks of fundamental instruction followed by 5 weeks of games. Returning Participants: Jerseys from the winter league may be reused. New Participants: Jerseys are \$20 while supplies last

38260	6-7 yr	Sa	9:00am-9:55am	Mar 14-May 9
9 classes	CMS	HARD Staff	\$115	
38259	6-7 yr	Sa	10:00am-10:55am	Mar 14-May 9
9 classes	CMS	HARD Staff	\$115	
38261	8-9 yr	Sa	11:00am-11:55am	Mar 14-May 9
9 classes	CMS	HARD Staff	\$115	
38262	8-9 yr	Sa	12:00pm-12:55pm	Mar 14-May 9
9 classes	CMS	HARD Staff	\$115	
38258	10-13 yr	Sa	1:00pm-1:55pm	Mar 14-May 9
9 classes	CMS	HARD Staff	\$115	

To purchase a Jr. Warriors jersey for the Spring 2026 League, use the class number below. Jersey will be passed out on Saturday April 12th before the first game.

38263	New Jersey	\$20
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Kidz Love Soccer

Each participant receives a Kidz Love Soccer jersey. Shin guards are required for all classes.

Soccer 1

Participants will develop dribbling, passing, defense, and shooting skills in a fun, engaging environment. Small-sided matches and skill games enhance learning. Suitable for beginners and those with some experience.

38245	5-6 yr	Sa	4:00pm-4:45pm	Apr 4-May 9
6 classes	Kennedy Park	Bayliss	\$174	
38244	5-6 yr	W	4:30pm-5:15pm	Apr 1-May 13
7 classes	PALHP	Bayliss	\$200	

Soccer 2

Skillz and Scrimmages offers a dynamic introduction to competitive soccer, emphasizing advanced skills like dribbling, passing, shooting, and goalkeeping. Players of all levels enjoy scrimmages, team play, and positional rotation.

38247	7-10 yr	Sa	4:50pm-5:35pm	Apr 4-May 9
6 classes	Kennedy Park	Bayliss	\$174	
38246	7-10 yr	W	3:40pm-4:25pm	Apr 1-May 13
7 classes	PALHP	Bayliss	\$200	

See pages 69-70 for the Guide to Class Locations and Facilities.

Make Me A Pro Sports

Join us for a fun sports and fitness experiences from our experienced staff. **An additional \$10 Materials fee is due to instructor at first class.**

Junior Boxing Champions

Join our non-contact boxing class to learn self-defense, improve fitness, and build confidence! Master the basics, from stances to evading punches, in a safe, engaging environment. Bring water, skipping rope, and boxing gloves.

38071	6-12 yr	F	5:30pm-6:15pm	Apr 24-May 29
	6 classes	MJCC	Broomfield	\$156

Basketball League

Learn basketball in a fun, non-competitive environment! Two weeks of skill-building, followed by six weeks of exciting league play. Bring water and a basketball.

38075	5-7 yr	M	6:15pm-7:00pm	Apr 20-May 25
	6 classes	MJCC	Broomfield	\$161
38077	8-14 yr	M	7:05pm-7:50pm	Apr 20-May 25
	6 classes	MJCC	Broomfield	\$161
38571	5-7 yr	T	6:15pm-7:00pm	Apr 21-May 26
	6 classes	MJCC	Broomfield	\$161
38572	8-14 yr	T	7:05pm-7:50pm	Apr 21-May 26
	6 classes	MJCC	Broomfield	\$161

Soccer Magic

Please bring water and a ball.

38092	5-7 yr	Sa	10:20am-11:05am	Apr 18-May 23
	6 classes	PALHP	Broomfield	\$161

Soccer Technique

Please bring water and a ball.

38094	8-12 yr	Sa	11:10am-11:55am	Apr 18-May 23
	6 classes	PALHP	Broomfield	\$161

Pickleball Is Life

Introduction

Learn the fundamentals of the game such as kitchen, ground strokes, volleying and dinking

38047	8-17 yr	Su	9:00am-10:15am	Mar 8-Mar 29
	4 classes	Unity Park	Ambrosini	\$80
38055	8-17 yr	Su	9:00am-10:15am	Apr 5-Apr 26
	4 classes	Unity Park	Ambrosini	\$80
38067	8-17 yr	Su	9:00am-10:15am	May 3-May 31
	4 classes	Unity Park	Ambrosini	\$80

Pickleball Advanced Beginner

Teaching basic techniques, positions, and scoring of the game of pickleball to "tactics" of the game. Must take Pickleball 101 to register.

38049	8-17 yr	Su	12:00pm-1:15pm	Mar 8-Mar 29
	4 classes	Unity Park	Ambrosini	\$80
38057	8-17 yr	Su	12:00pm-1:15pm	Apr 5-Apr 26
	4 classes	Unity Park	Ambrosini	\$80
38069	8-17 yr	Su	12:00pm-1:15pm	May 3-May 31
	4 classes	Unity Park	Ambrosini	\$80

Youth Development Clinic

Students will learn to go beyond the basics and develop skills and tactics to play competitive pickleball in both a team and individual format. Each session will include technique development and isolated competitive drills for both doubles and singles play. *Students will provide their own paddles.

38042	8-17 yr	Th	3:00pm-5:00pm	Mar 5-Mar 26
	4 classes	Unity Park	Ambrosini	\$200
38060	8-17 yr	Th	3:00pm-5:00pm	Apr 9-Apr 30
	4 classes	Unity Park	Ambrosini	\$200
38062	8-17 yr	Th	3:00pm-5:00pm	May 7-May 28
	4 classes	Unity Park	Ambrosini	\$200

Pivot Train Basketball

Lean fun basketball concepts with Drills and game like situations structured to introduce kids to team setting. With drills and games focused on building motor skills and teaching basic basketball principles such as dribbling, passing, shooting and teamwork, kids will develop a love for the game in a fun, safe enriched setting.

Ballers

38114	8-9 yr	Sa	11:00am-11:45am	Apr 4-Apr 25
	4 classes	MJCC	Hudson	\$98
38558	8-9 yr	Sa	11:00am-11:45am	May 9-May 30
	4 classes	MJCC	Hudson	\$98

Hot Shot Juniors

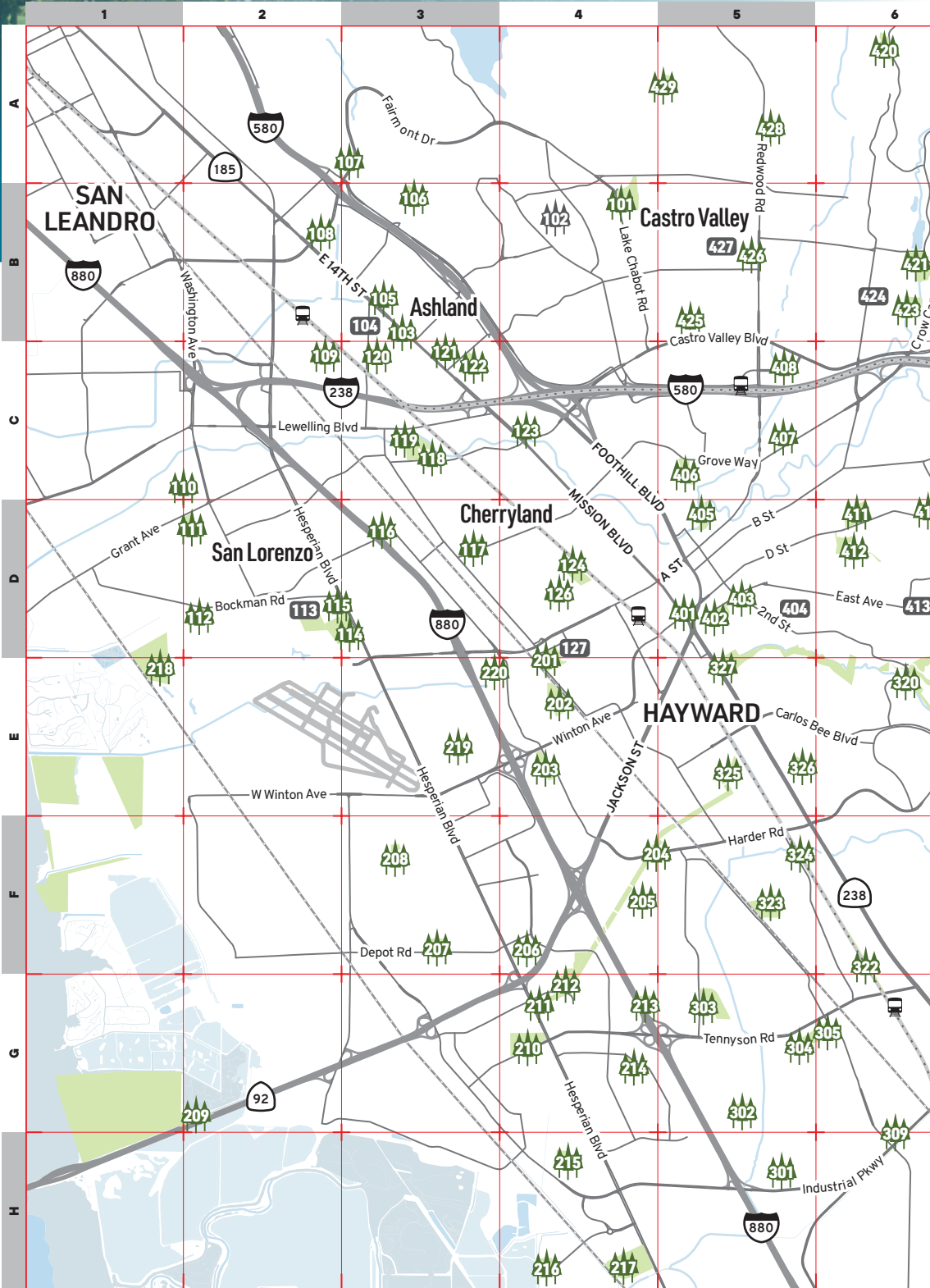
38117	10-11 yr	Sa	12:00pm-12:45pm	Apr 4-Apr 25
	4 classes	MJCC	Hudson	\$98
38559	10-11 yr	Sa	12:00pm-12:45pm	May 9-May 30
	4 classes	MJCC	Hudson	\$98

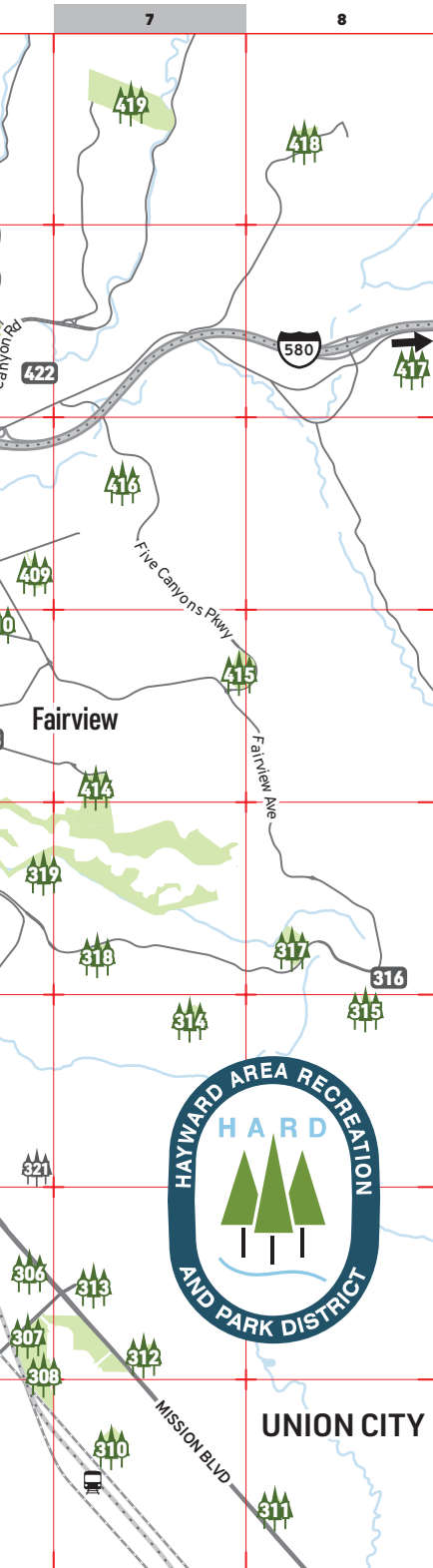
School Age Classes continued on Page 38



See pages 69-70 for the Guide to Class Locations and Facilities.

Facilities Map





Index Key

Facility Name , MAP COORDINATES

**See pages 69-70 for alphabetical list of Parks and Facilities, including addresses and amenities.*

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- 102 Valley View Park, **B4**
- 103 Jack Holland Sr. Park, **B3**
- 104 Edendale Middle School, **B3**
- 105 Ashland Roots Center, **B3**
- 106 Fairmont Terrace Park, **B3**
- 107 Hillcrest Knolls Park, **A3**
- 108 Fairmont Linear Park, **B2**
- 109 Hesperian Park, **C2**
- 110 Arroyo Swim Center, **C1**
- 111 Mervin Morris Park & Tennis Courts, **D2**
- 112 Del Rey Park, **D2**
- 113 Bohannon Middle School, **D2**
- 114 Kennedy Park, **D3**
- 115 McConaghy Park, **D2**
- 116 Via Toledo Park, **D3**
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- 118 Old Creek Dog Park, **C3**
- 119 Meek Estate Park, **C3**
Meek Estate West Terrace
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- 121 Ashland Zocalo, **C3**
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- 211 Eden Greenway Dog Park, **G4**
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- 212 Southgate Park & Com. Center, **G4**
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- 217 Alden E. Oliver Sports Park, **H4**
- 218 San Lorenzo Park & Com. Center, **E1**
- 219 Longwood Park, **E3**
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- 302 Ruus Park, **G5**
- 303 Weekes Park & Com. Center, **G5**
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- 304 Matt Jimenez Gymnasium, **G5**
- 305 Tennyson Park, **G6**
Mia's Dream Come True All-Abilities Playground
- 306 SoHay Park, **G6**
- 307 Mission Hills of Hayward Driving Range & Golf Course, **G6**
- 308 Twin Bridges Park, **G6**
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- 407 Laurel Park, **C5**
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- 412 Sulphur Creek Nature Center, **D6**
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- 421 Bay Trees Park & Tennis Courts, **B6**
- 422 Independent School, **B6**
- 423 Earl Warren Park, **B6**
- 424 Creekside Middle School, **B6**
- 425 Adobe Art Center, **B5**
- 426 Castro Valley Swim Center, **B5**
- 427 Castro Valley High School, **B5**
- 428 Kenneth C. Aitken Senior & Com. Center, **A5**
- 429 Parsons Park, **A5**

SCHOOL AGE CLASSES

School Age Classes continued from Page 33

Tennis

Tennis Is Life

Youth Development Clinic

Students will learn to go beyond the basics and develop skills and tactics to compete at the tournament/high school level. Each session will include on-court conditioning, technique development (serve, forehand, backhand, volley, overhead), and competitive drills. *Students must have a 27" full size racket.

38041	8-17 yr	W	3:00pm-5:00pm	Mar 4-Mar 25
	4 classes	CVCC	Ambrosini	\$200
38059	8-17 yr	W	3:00pm-5:00pm	Apr 8-Apr 29
	4 classes	CVCC	Ambrosini	\$200
38061	8-17 yr	W	3:00pm-5:00pm	May 6-May 27
	4 classes	CVCC	Ambrosini	\$200

Youth Beginner

This class will focus on the skills and knowledge each player should have when learning tennis. Certified instructors will be teaching kids how to play with rackets and court designed for their specific age.

38043	8-17 yr	Sa	9:00am-9:55am	Mar 7-Mar 28
	4 classes	CVCC	Ambrosini	\$80
38051	8-17 yr	Sa	9:00am-9:55am	Apr 4-Apr 25
	4 classes	CVCC	Ambrosini	\$80
38063	8-17 yr	Sa	9:00am-9:55am	May 2-May 30
	4 classes	CVCC	Ambrosini	\$80

Youth Advanced Beginner

This class will focus on the developing consistency with the four basic shots of tennis. This class will be teaching kids how to improve rallying and introduce proper scoring and general rules and court dimensions.

38044	8-17 yr	Sa	10:00am-10:55am	Mar 7-Mar 28
	4 classes	CVCC	Ambrosini	\$80
38052	8-17 yr	Sa	10:00am-10:55am	Apr 4-Apr 25
	4 classes	CVCC	Ambrosini	\$80
38064	8-17 yr	Sa	10:00am-10:55am	May 2-May 30
	4 classes	CVCC	Ambrosini	\$80

Youth Intermediate

This class will focus on the developing consistency with the four basic shots of tennis. This class will be teaching kids what is needed to become a competitive player using a full-size racket and regulation tennis ball.

38045	8-17 yr	Sa	11:00am-11:55am	Mar 7-Mar 28
	4 classes	CVCC	Ambrosini	\$80
38053	8-17 yr	Sa	11:00am-11:55am	Apr 4-Apr 25
	4 classes	CVCC	Ambrosini	\$80
38065	8-17 yr	Sa	11:00am-11:55am	May 2-May 30
	4 classes	CVCC	Ambrosini	\$80

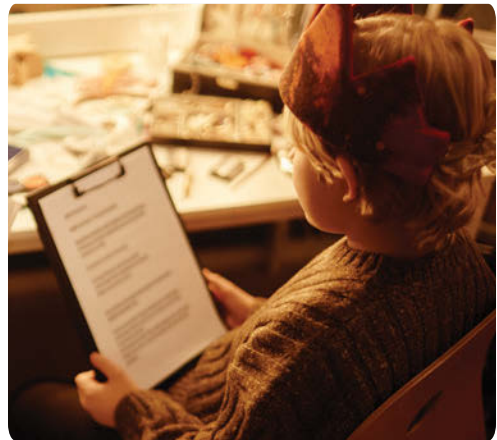


Theater

I AM! Creative Arts & Youth Empowerment Theater Program

Ignite imagination through theater and storytelling! Kids bring their own live show to life while mastering acting, writing, and production skills.

37633	7-14 yr	T/Th	5:00pm-6:30pm	Mar 17-Apr 30
	14 classes	TRUL	Dominique	\$300



Register Online!
See page 72 for details.

See pages 69-70 for the Guide to Class Locations and Facilities.



Teen Classes

Ages 13-17 Years

Pictured in Banner Above: Get Outdoors - GO H.A.R.D. Programming

Art

Anatomy for Artists

Learn the steps, methods and techniques to draw the Human Body. From the circle to the finished artwork. Hands, Portraits, and Anatomy all in one class! **An additional \$50 Materials Fee is due to instructor at the first class.**

37943	13-17 yr	F	5:00pm-8:30pm	Apr 10-Jun 12
	10 classes	SFCC	Godoy Diaz	\$240

Cross-Stitch 101: Stitching Pixels

Translate your favorite characters from pixels to stitches through cross-stitch! Learn the basics with a small project then move on to a larger project to take home to finish. The patterns range from classics like Super Mario Bros to modern favorites like Stardew Valley. Show off your fandom with pride!

38271	13-17 yr	Sa	2:00pm-6:00pm	May 23
	1 class	FVH	Morrison	\$100

Dance & Music

Beginning Drums

Learn snare and bass drum technique, fundamental music reading skills, and rhythm work. Drums sticks and a practice pad are required and available at Music Depot.

37968	13-17 yr	W	6:30pm-7:00pm	Apr 15-May 6
	4 classes	Music Depot	Schaaphok	\$150
37970	13-17 yr	W	6:30pm-7:00pm	May 20-Jun 10
	4 classes	Music Depot	Schaaphok	\$150

Contemporary

Learn cutting-edge contemporary movement along with essential performance skills. We'll focus on turns, jumps, leaps, flexibility, and strength, while helping you develop your own unique style. This class offers a welcoming space to express yourself and release emotions through movement.

37675	12-18 yr	W	5:15pm-6:15pm	Apr 8-Jun 10
	10 classes	DLDC	DLDC Staff	\$200

Beginning Guitar

Learn fundamental music reading skills, strumming technique, notes and chords. All the basics covered including starting to play simple songs. A guitar is required and available at Music Depot.

37972	13-17 yr	W	7:30pm-8:00pm	Apr 15-May 6
	4 classes	Music Depot	Schaaphok	\$150
37974	13-17 yr	W	7:30pm-8:00pm	May 20-Jun 10
	4 classes	Music Depot	Schaaphok	\$150

Teen Latin

Dance like your favorites on "So You Think You Can Dance"! Learn moves like the Cha Cha, Samba, Salsa, and more! No dance partner needed.

38595	12-17 yr	W	5:15pm-6:15pm	Apr 8-Apr 29
	4 classes	CVPA1	CVPA Staff	\$70
38596	12-17 yr	W	5:15pm-6:15pm	May 6-May 27
	4 classes	CVPA1	CVPA Staff	\$70

Youth/Teen Choir

Experience the thrill of singing in harmony! Develop vocal skills, explore genres, and build confidence in a friendly group setting. **An additional \$8 Materials Fee is due to instructor at the first class.**

37639	6-18 yr	F	5:40pm-6:40pm	Apr 10-Jun 5
	9 classes	SGCC	Cheng-Rubietta	\$200



Weekes Community Center, Hayward

See pages 69-70 for the Guide to Class Locations and Facilities.

Martial Arts

EAAB'S

Filipino/Indonesian Martial Arts

Filipino/Indonesian self-defense, mastering short stick, cane, and blade techniques. Develop striking, joint locks, disarming, and takedowns for practical protection and skillful combat application. **An additional \$85 Uniform/Safety Equipment Fee is due to the Instructor at the first class.**

38296	12 yr+	Sa	12:00pm-12:55pm	Mar 21-Jun 6
	10 classes	EAABs	Untalan	\$295

Fitness & Self Defense

Empower all ages with confidence-building training. Techniques cover stretching, striking, grappling, and defense against weapons, promoting personal growth and safety in a supportive environment. **An additional \$40 Uniform/Safety Equipment Fee is due to the Instructor at the first class.**

38287	8 yr+	Th	4:30pm-5:25pm	Mar 19-Jun 4
	10 classes	EAABs	Untalan	\$285
38288	10 yr+	Th	5:30pm-6:25pm	Mar 19-Jun 4
	10 classes	EAABs	Untalan	\$285
38293	5-11 yr	Sa	9:00am-9:55am	Mar 21-Jun 6
	10 classes	EAABs	Untalan	\$285
38294	12 yr+	Sa	10:00am-10:55am	Mar 21-Jun 6
	10 classes	EAABs	Untalan	\$285
38281	8 yr+	T	4:30pm-5:25pm	Mar 24-Jun 16
	10 classes	EAABs	Untalan	\$285
38282	10 yr+	T	5:30pm-6:25pm	Mar 24-Jun 16
	10 classes	EAABs	Untalan	\$285
38284	15 yr+	T	6:30pm-7:25pm	Mar 24-Jun 16
	10 classes	EAABs	Untalan	\$285
38290	15 yr+	Th	6:30pm-7:25pm	Mar 19-Jun 4
	10 classes	EAABs	Untalan	\$285



Thomas Kenpo Karate

Boost your confidence with realistic self-defense, discipline, and focus. Our Karate class promotes resilience, reduces screen time, and inspires a healthier, active lifestyle you can trust. **An additional \$30 Uniform Fee is due to the instructor at the first class.** The monthly fee includes unlimited class attendance during session dates.

38350	7-17 yr	M-Th Sa Su	4:00pm-5:00pm 9:00am-10:00am 10:00am-11:00am	Apr 1-Apr 30
	26 classes	TMAFA	Thomas	\$159
38347	7-17 yr	M-Th Sa/Su	5:00pm-6:00pm 10:00am-11:00am	Apr 1-Apr 30
	26 classes	TMAFA	Thomas	\$159
38351	7-17 yr	M-Th Sa Su	4:00pm-5:00pm 9:00am-10:00am 10:00am-11:00am	May 2-May 31
	25 classes	TMAFA	Thomas	\$159

Gung Fu

Students are encouraged to wear black uniforms and shirts are available for purchase.

Beginning

Join this safety-focused Gung-Fu class exploring Si Lum and Tiger styles. Family participation encouraged. Repeatable for growth. Completion grants eligibility to test for advanced class.

37728	7 yr+	M/W	6:00pm-7:30pm	Apr 6-Jun 15
	20 classes	WPCC	Martinez	\$120

Advance your Gung Fu skills in this class for students who completed the beginning course. Students learn advanced Si Lum, Black Tiger, Tai Chi and weapon set, as well as have the opportunity to earn a Black Belt.

37730	7 yr+	M/W	7:30pm-9:00pm	Apr 6-Jun 15
	20 classes	WPCC	Martinez	\$120

Leaping Leopard Shaolin Kenpo

Empower yourself with a powerful self-defense system designed for today's world, expertly equipped to counter multiple attackers and armed assailants. Boost focus, discipline, confidence, and fitness as you train.

An additional \$40 uniform fee is due to the instructor at the first class.

Beginner - White to Purple Belt

37734	7-70 yr	M/Th	6:30pm-7:30pm	Apr 6-Jun 11
	19 classes	CHCC	Santiago	\$290
37737	7-70 yr	F Sa	6:30pm-10:00am 9:00am-10:00am	Apr 10-Jun 6
	17 classes	SGCC	Santiago	\$290

Intermediate - Purple to Brown Belt

37736	7-70 yr	M/Th	7:35pm-8:35pm	Apr 6-Jun 11
	19 classes	CHCC	Santiago	\$290
37745	7-70 yr	T/F Sa	7:50pm-8:40pm 10:05am-11:10am	Apr 7-Jun 9
	27 classes	SGCC	Santiago	\$315

See pages 69-70 for the Guide to Class Locations and Facilities.

Nature

Junior Counselor Interview

Attention Teens! Apply for our Junior Counselor Leadership Program at East Avenue, Hayward Shoreline, and Sulphur Creek camps! The first step is a group interview with activities—wear comfortable clothes and tennis shoes. This is a drop-off event. Returning JCs must register for an interview slot.

AM

37558	13-17 yr 1 class	Sa HASC	10:00am-12:00pm HARD Staff	Apr 18 FREE
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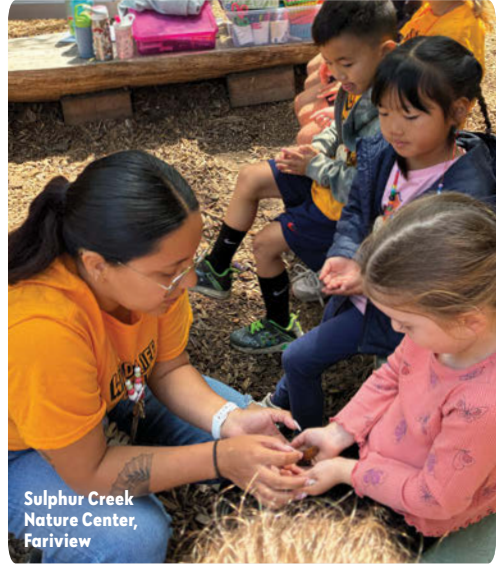
PM

37559	13-17 yr 1 class	Sa HASC	1:00pm-3:00pm HARD Staff	Apr 18 FREE
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Absentee Interview on Zoom

This interview opportunity is for teens that are unable to attend in person interviews.

37557	13-17 yr 2 classes	W-Th Virtual	3:30pm-6:30pm HARD Staff	Apr 15-Apr 16 FREE
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Sulphur Creek
Nature Center,
Fariview

Outdoor Education

Get Outdoors - GO H.A.R.D.

Kayak Quest

Grab a paddle and hit the water! Learn kayaking basics, enjoy time on the water, and explore the natural surroundings at Lake Chabot with expert guidance in this adventure. Come with a friend and paddle on our double kayaks! Transportation and gear included. Fee covers two participants.

37997	13-17 yr 1 class	Sa ACC	1:00pm-3:00pm HARD Staff	Apr 18 \$28
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GO H.A.R.D. Programming

Teen Trek

Step up the challenge with slightly longer trails and gentle climbs, giving you a chance to build confidence, and explore even more of the outdoors. Led by experienced guides, each trip will take you to a new, exciting location. No experience needed, just a willingness to explore! Transportation included.

38529	13-17 yr 1 class	Sa ACC	10:00am-4:30pm HARD Staff	May 16 \$8
38530	13-17 yr 1 class	Sa ACC	10:00am-4:30pm HARD Staff	May 30 \$8

Shoreline Saltwater Fishing

Learn the fundamentals of saltwater fishing from shore and piers, including casting, rigging, reading tides, and safe catch-and-release. All fishing equipment & transportation are included.

38531	12-15 yr 1 class	Sa ACC	9:30am-2:00pm HARD Staff	Mar 28 \$15
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Find more **Teen** classes
of all interests in the School Age
and Adult sections!

See pages 69-70 for the Guide to Class Locations and Facilities.

Sports

Intermediate Fencing Class

Join our teen-adult fencing class for intermediate fencers who have completed the beginner level class and are ready to fence electric. Learn strategic thinking, lightning-fast reflexes, and graceful footwork in a safe and supportive environment. All fencing equipment provided, wear workout clothes, t-shirt, long pants and athletic sport shoes. (no jeans), bring your water bottle.

An additional \$40 Materials fee is due to the instructor at first class.

38638	13 yr+	W	5:30pm-6:30pm	Mar 4-Mar 25
	4 classes	KASCC	Cimpoaie	\$250
38232	13 yr+	W	5:30pm-6:30pm	Apr 1-Apr 22
	4 classes	KASCC	Cimpoaie	\$250
38219	13 yr+	W	5:30pm-6:30pm	May 6-May 27
	4 classes	KASCC	Cimpoaie	\$250

Pivot Train Basketball Junior Ballers

Next Level Hoop for juniors learning new and exciting fundamentals. Fun basketball concepts with drills and game like situations structured to introduce kids to team setting ending with a game like feel. Game at the end of session. Participants will develop a love for the game in a fun, safe enriched setting.

Remove					
38120	12-14 yr	Sa	12:50pm-1:35pm	Apr 4-Apr 25	
	4 classes	MJCC	Hudson		\$98
38560	12-14 yr	Sa	12:50pm-1:35pm	May 9-May 30	
	4 classes	MJCC	Hudson		\$98

Theater



Weekes Community Center, Hayward

Musical Theater

Immerse yourself in the world of Musical Theater In this class, you'll learn what it takes to shine on stage and build the essential technique needed for successful auditions. We'll explore a wide range of styles—from jazz to ballroom and beyond—designed to develop a well-rounded dancer prepared to audition for any show with confidence and ease. Character shoes (black or tan) with a one-inch heel are required.

38585	12-18 yr	W	6:15pm-7:15pm	Apr 8-Jun 10
	10 classes	DLDC	DLDC Staff	\$200

Join us and be a V.I.P.

Volunteers In Parks

H.A.R.D. provides tools, leadership, snacks, and the satisfaction of knowing you are a V.I.P. Work includes litter picking up, pulling weeds, spreading mulch, and more. Events are normally scheduled from 9:00 am-12:00 pm (dates and locations subject to change). We ask volunteers to wear sturdy shoes, wear a sun hat or sunscreen, bring bottled water, and gloves, and that parents or guardians accompany youth and sign waiver. Work 3 events and receive a V.I.P. t-shirt!



Sign up to be a V.I.P. at:
haywardrec.org/VIP
 or Scan the QR Code



Palma Ceia Park, Hayward

See pages 69-70 for the Guide to Class Locations and Facilities.

Special Needs/ Adaptive & Inclusive Recreation

**H.A.R.D.
Holidays—
No Classes:
May 25**

Pictured Above: Mia's Dream Come True All-Abilities Playground, Hayward

Special Needs Day Program

Sorensdale Recreation Center

275 Goodwin Street, Hayward | (510) 881-6778

Spring Quarter: April 1 – June 20, 2026

Program hours: Monday-Friday, 9:30 am-3:30 pm

Sorensdale Recreation Center has been in operation over 40 years, providing opportunities for people with intellectual disabilities to achieve greater independence. The program focuses on participants' abilities rather than disabilities, aiming to foster a positive sense of self-worth, and encourage participants to make personal choices. A variety of classes are offered including **Arts/Crafts, Community Access/Excursions, Computer Technology, Cooking, Cultural Studies, Functional Literacy, Gardening/Landscaping, Health/Fitness, Living Skills, Performing Arts and Science Studies.**

Individuals must be vendorized through the Regional Center of the East Bay, be 22 years or older (or 18-22 with a high school diploma), be able to manage their own personal care independently, have no recent history of physical aggression, and go through the interview process before entry into the program.

Sorensdale Treasure Chest Thrift Shop

275 Goodwin St, Hayward

Fridays, 10:00am-3:00pm

Find great bargains while helping reuse, reduce, recycle and support our local Special needs program!

*Donations of gently used items are always welcome.
Items can be dropped off by appointment, please call
(510) 881-6778 for more information.*

Support our
**Local
Special
Needs**
programming
while you shop!



Sorensdale Treasure Chest
Thrift Shop, Hayward

See pages 69-70 for the Guide to Class Locations and Facilities.

Adaptive Recreation

The Hayward Area Recreation and Park District is committed to providing accessible and inclusive programming for all that wish to participate, despite limitations or disabilities. If accommodations are needed, please see our website for general guidelines and the Access for All form. Some classes in this section require that the Access for All Form is completed prior to registration. Please find the form at the link below: HaywardRec.org/AccessForAll

Check out our Drop-In
Therapeutic Swim Hours on page 12!

Adaptive Aquatics (3 yrs+)

Adaptive Aquatics only. To participate, participants must be approved for the "Access for All" program.

38026	3 yr+	Sa	10:50am-11:20am	Apr 11-May 16
6 classes	ASC		HARD Staff	\$78

Access for all learn to swim only.

38537	3 yr+	T/Th	10:10am-10:40am	May 26-Jun 4
4 classes	ASC		HARD Staff	\$52



Annual Egg Hunt - Adaptive & Inclusive

Secure Your Spot and by registering for a more accessible experience at the Annual Egg Hunt and Bonnet Parade. After registration, please email sanm@haywardrec.org for more information.

37517	1-9 yr	Sa	10:00am-11:00am	Apr 4
1 class	Kennedy Park		HARD Staff	FREE

Bunny Chat - Adaptive

Experience the joy of meeting a bunny up close.

37544	5-11 yr	Sa	10:30am-11:00am	Apr 18
1 class	SCNC		Nature Staff	\$8

Circle of Friends

Join us for a weekly playdate in a warm, inclusive setting. Each session features a variety of age-appropriate play stations and hands-on activities that inspire exploration, creativity, and social engagement. We offer a thoughtfully adapted environment for children and families with special needs, including lower-volume music and smaller group sizes to ensure comfort and enjoyment for all participants. All materials are provided by H.A.R.D. One caregiver per child is required to attend and actively participate throughout the session. Circle of Friends fosters community connection, encourages meaningful friendships, and provides a safe, clean, and welcoming space for children to explore.

Castro Valley Community Center

37585	under 8 yr	F	10:00am-12:00pm	Apr 10
1 class	CVCC		HARD Staff	\$5
37803	under 8 yr	F	10:00am-12:00pm	Apr 24
1 class	CVCC		HARD Staff	\$5
37804	under 8 yr	F	10:00am-12:00pm	May 8
1 class	CVCC		HARD Staff	\$5

Cherryland Community Center

37583	under 8 yr	F	10:00am-12:00pm	May 1
1 class	CHCC		HARD Staff	\$5
37802	under 8 yr	F	10:00am-12:00pm	May 15
1 class	CHCC		HARD Staff	\$5

Circle of Friends - Class Bundle

Bundle and save! Purchase all sessions of Circle of Friends and save \$5.

Castro Valley Community Center

37586	under 8 yr	F	10:00am-12:00pm	Apr 10-May 8
3 classes	CVCC		HARD Staff	\$10

Cherryland Community Center

37584	under 8 yr	F	10:00am-12:00pm	May 1-May 15
2 classes	CHCC		HARD Staff	\$5



See pages 69-70 for the Guide to Class Locations and Facilities.

Gymnastics - Adaptive

Join us for an introductory gymnastics class that will focus on basic fundamental movements and exercises. This class will be adaptive to each participants skill level. For more information about special needs and adaptive programming, please visit our website: HaywardRec.org/AccessForAll

37278	5-9 yr	M	4:55pm-5:25pm	Apr 6-Jun 1
	8 classes	CVCC	HARD Staff	\$96
37279	5-9 yr	W	5:25pm-5:55pm	Apr 8-Jun 3
	9 classes	SGCC	HARD Staff	\$108

Relaxation and Meditation

for Kids - Adaptive

Join together in peace as we learn how to regulate our emotions in various ways. Learn how to build a self-soothing toolbox to help you on those not-so-easy days. Come relax and meditate in the Sorensdale Sensory Garden and classroom and take some new skills and prizes home with you.

37575	5-10 yr	T/Th	3:00pm-4:00pm	Mar 10-May 5
	17 classes	SRC	HARD Staff	\$35

Turtle Chat - Adaptive

Discover fun facts about our shelled friends while we meet a turtle.

37553	5-11 yr	Sa	10:30am-11:00am	May 23
	1 class	SCNC	Nature Staff	\$8

Photo Credit: Oliver Klink



Sulphur Creek Nature Center, Fairview

Friday Night Bash

Join us for an interactive evening for adults with intellectual disabilities, through arts and crafts, board games, painting and cooking. Light refreshments provided.

37513	18-50 yr	F	5:00pm-7:00pm	Apr 17
	1 class	SRC	Mirande	\$20

Sorensdale Art Show: Winter Reflections

Come see creativity and imagination come to life from the talented artists at Sorensdale. Light refreshments will be offered.

18 yr +	F	5:00pm-7:00pm	May 8
1 event	KASCC	HARD Staff	FREE

Sorensdale Talent Show

Come and see the talented performers of Sorensdale. They will amaze you with their variety of talents to entertain you for the night. Light refreshments will be provided.

37519	18-90 yr	F	1:00pm-3:00pm	Apr 24
	1 class	SRC	HARD Staff	FREE



Sorensdale Community Center, Hayward

Spring Fling Dance

Join us for a Spring Fling dance at Sorensdale. This dance is for adults with Special Needs. Includes music, dancing and light refreshments.

37514	18-90 yr	Sa	1:00pm-4:00pm	May 16
	1 class	SRC	HARD Staff	\$10

Yoga For Every Body - Adaptive

Wake your body, mind and soul and get ready for the rest of the day. Emphasis on breath, correct alignment, balance, flexibility, and most of all having fun! Bring a yoga mat and water. All abilities are welcome.

37473	18 yr+	F	10:00am-11:00am	Apr 10-Apr 24
	3 classes	KASCC	Sapena	\$21
37474	18 yr+	F	10:00am-11:00am	May 8-May 29
	4 classes	KASCC	Sapena	\$28

See pages 69-70 for the Guide to Class Locations and Facilities.

Adult Classes

Ages 18+ Years

**H.A.R.D.
Holidays—
No Classes:
May 25**

Pictured in Banner Above: San Felipe Community Center, Fairview

Art

Acrylic & Oil Painting

Create your unique art and learn painting with acrylic or oil paints with no previous experience. **An additional \$15 Materials Fee is due to the instructor at the first class.**

37624	18 yr+	Th	3:00pm-5:30pm	Apr 9-Jun 11
	10 classes	KASCC	Vaghefi	\$330
37625	18 yr+	Th	6:00pm-8:30pm	Apr 9-Jun 11
	10 classes	KASCC	Vaghefi	\$330

Cross-Stitch 101: Stitching Pixels

Translate your favorite characters from pixels to stitches through cross-stitch! Learn the basics with a small project then move on to a larger project to take home to finish. The patterns range from classics to modern favorites.

38272	18 yr+	Sa	2:00pm-6:00pm	May 30
	1 class	FVH	Morrison	\$100

Anatomy and Figure Drawing

Explore the power of drawing the human body! From Hands to Portraits. Learn and explore the superpower of Observation, Gesture, Structure and Anatomy as we learn to Figure Draw! **An additional \$50 Materials Fee is due to instructor at the first class.**

37942	16 yr+	Th	6:00pm-9:00pm	Apr 9-Jun 11
	10 classes	SFCC	Godoy Diaz	\$240

Outdoor Sketch and Watercolor

See the world in new ways through sketching and water coloring on the spot. Learn composition, color mixing, and painting skills outdoors in local parks. No experience needed. **An additional \$35 Materials Fee is due to the instructor at the first class.**

37634	18 yr+	Sa	9:00am-11:00am	Apr 25-May 16
	4 classes	SFCC	Koney	\$120
37635	18 yr+	Sa	9:00am-11:00am	May 30-Jun 20
	4 classes	SFCC	Koney	\$120

Botanical Printing:

Leaves & Flowers on Silk

Explore botanical printing using fresh leaves, flowers, and minerals to transfer colors onto fabric. Create a silk scarf dyed with local plants. **An additional \$60 Materials Fee is due to the instructor at the first class.**

Level 1

37627	18 yr+	Sa	10:00am-1:00pm	Apr 25
	1 class	FVH	Fujio	\$80

Level 2

For students who have taken Level 1.

37628	18 yr+	Sa	1:30pm-4:30pm	Apr 25
	1 class	FVH	Fujio	\$80

Check out our
**Community
Garden Classes**
on page 56!



See pages 69-70 for the Guide to Class Locations and Facilities.

Paint Night at The Color Wheel

Grab a brush and create a unique work of art in a fun and friendly environment! No experience needed—just bring your creativity. Our instructor will guide you step-by-step as you create your own masterpiece to take home. Perfect for friends, date night, or a relaxing evening out!

38590	16 yr+	Sa	5:00pm-7:00pm	Apr 11
	1 class	ADOBE	Pevehouse	\$65

Pottery Beginning to Advanced

Get ready to jump into the world of ceramics at our two beautiful pottery studios! Our classes focus on creating and glazing wheel-thrown and hand-built art. Everyone is welcome, whether you have no experience or have been making ceramic art for years. Clay is available for purchase onsite.



Weekes Park Community Center, Hayward

Oxidation

Create pottery at ADOBE! In these classes you will make works of art that will be fired at mid-range temperatures in electric kilns, allowing for fun, bright, and colorful glazes!

37948	18 yr+	Th	10:00am-1:00pm	Mar 26-May 28
	10 classes	ADOBE	Marlin	\$300
38493	18 yr+	Th	1:00pm-4:00pm	Mar 26-May 28
	10 classes	ADOBE	Marlin	\$300
37952	18 yr+	W	10:00am-1:00pm	Mar 18-May 20
	10 classes	ADOBE	Walbert	\$300
37953	18 yr+	T	6:00pm-9:00pm	Mar 31-Jun 9
	10 classes	ADOBE	OCW Staff	\$300
37954	18 yr+	W	6:00pm-9:00pm	Apr 1-Jun 10
	10 classes	ADOBE	OCW Staff	\$300
37955	18 yr+	Th	6:00pm-9:00pm	Apr 2-Jun 11
	10 classes	ADOBE	OCW Staff	\$300
37956	18 yr+	F	6:00pm-9:00pm	Apr 3-Jun 12
	10 classes	ADOBE	OCW Staff	\$300

Reduction

Create pottery at Weekes Community Center! In these classes your artwork will be fired in a high-temperature gas kiln. During the firing process, the amount oxygen in the kiln is reduced, creating intricate and coveted glaze effects.

37950	18 yr+	F	11:00am-2:00pm	Mar 13-May 29
	12 classes	WPCC	Kaehms	\$350
37951	18 yr+	T	10:00am-1:00pm	Mar 17-Jun 2
	12 classes	WPCC	Walbert	\$350
37949	18 yr+	W	11:30am-2:30pm	Mar 18-Jun 3
	12 classes	WPCC	Kaehms	\$350
37957	18 yr+	T	4:00pm-7:00pm	Mar 31-Jun 9
	10 classes	WPCC	OCW Staff	\$300
37958	18 yr+	T	7:00pm-10:00pm	Mar 31-Jun 9
	10 classes	WPCC	OCW Staff	\$300
37959	18 yr+	W	4:00pm-7:00pm	Apr 1-Jun 10
	10 classes	WPCC	OCW Staff	\$300
37960	18 yr+	W	7:00pm-10:00pm	Apr 1-Jun 10
	10 classes	WPCC	OCW Staff	\$300
37961	18 yr+	Th	6:30pm-9:30pm	Apr 2-Jun 11
	10 classes	WPCC	OCW Staff	\$300

THE FIBER Shed



The Fiber Shed

Are you a sewer, weaver, or knit-lover? Then you'll love the district's newest art facility "The Fiber Shed". The studio has introductory to more advanced classes for all ages. Come learn and build-up the community. The Fiber Shed is located at 2841 Romagnolo St, in Fairview.

Find classes and open hours on the H.A.R.D. Arts Page!
<https://www.haywardrec.org/arts>

See pages 69-70 for the Guide to Class Locations and Facilities.

ADULT CLASSES

Sewing Circle

Stitch, sew, mend, and more in this beginner friendly fiber arts class. Join a community of new and seasoned fiber artists, led by experienced garment maker, to kick start a new personal project.

38268	16 yr+	T	5:00pm-7:00pm	Mar 24-Apr 28
	6 classes	FVH	Nelson	\$80
38269	16 yr+	Su	10:00am-12:00pm	Mar 29-May 10
	6 classes	FVH	Nelson	\$80

T-shirt Quilt Workshop

Create a t-shirt quilt top from your cherished t-shirts! **An additional \$25 Materials Fee is due to the instructor at the first class.**

Part 1: Layout & Prep

Bring clean uncut T-shirts to prep.

37645	18 yr+	Sa	9:00am-2:00pm	Mar 21
	1 class	FVH	Thompson	\$75

Part 2: Assembly

You will sew your prepped t-shirts together into a quilt top. Participants will purchase their own fabric supplies.

37646	18 yr+	Sa	9:00am-2:00pm	Mar 28
	1 class	FVH	Thompson	\$75



Weaving on the Rigid Heddle Loom

Explore the art and craft of weaving on the simple yet elegant Rigid Heddle Loom. You will create a scarf from start to finish, learning each step along the way.

An additional \$20 Materials Fee is due to instructor at the first class.

37614	18 yr+	Su	9:30am-4:00pm	Mar 22
	1 class	FVH	Siero	\$175
37644	18 yr+	W	6:00pm-9:00pm	Apr 22-May 13
	4 classes	FVH	Morrison	\$320

Dance & Music

Adult Ballet

Build strength, grace, and technique in this classical ballet class for adults. Learn barre and center work while enhancing posture, coordination, musicality, and flexibility. All levels welcome. Ballet slippers required.

37898	18 yr+	W	7:15pm-8:15pm	Apr 8-Apr 29
	4 classes	CVPA2	CVPA Staff	\$70
37886	18 yr+	M	7:30pm-8:30pm	Apr 20-May 11
	4 classes	CVPA1	CVPA Staff	\$70
37899	18 yr+	W	7:15pm-8:15pm	May 6-May 27
	4 classes	CVPA2	CVPA Staff	\$70
37887	18 yr+	M	7:30pm-8:30pm	May 18-Jun 15
	4 classes	CVPA1	CVPA Staff	\$70

Adult Guitar 101

Discover your inner musician! Learn how to read music chord sheets and sing while you play. Please bring your own guitar and tuner.

Beginner

37738	18 yr+	T	6:30pm-7:30pm	Mar 17-Apr 14
	5 classes	SFCC	Oducayen	\$110

Intermediate

37739	18 yr+	T	6:30pm-7:30pm	Apr 21-May 19
	5 classes	SFCC	Oducayen	\$110

Adult Tap

Come tap with us! Learn basic and intermediate techniques, build footwork, musicality, and coordination, and create fun combinations. A full-body, brain-boosting workout! Tap shoes required. One year experience recommended.

36570	16 yr+	Th	7:00pm-8:00pm	Apr 9-Jun 11
	10 classes	DLDC	DLDC Staff	\$200
37888	18 yr+	Th	7:30pm-8:30pm	Apr 23-May 14
	4 classes	CVPA1	CVPA Staff	\$70
37889	18 yr+	Th	7:30pm-8:30pm	May 21-Jun 11
	4 classes	CVPA1	CVPA Staff	\$70

Beginning/Intermediate Adult Piano

Discover the joy of piano! Learn fundamental skills and play songs in a fun, supportive environment. **An additional \$32 Materials Fee is due to the instructor at the first class.**

37638	18 yr+	F	4:40pm-5:30pm	Apr 10-Jun 5
	9 classes	SGCC	Cheng-Rubietta	\$209



See pages 69-70 for the Guide to Class Locations and Facilities.

Bolivian Dance

Explore Bolivia's culture through dance! Learn different dance styles and delve into nuanced forms of afro-diasporic, indigenous, and European influenced styles of Bolivian folklore.

37626	12-40 yr	M	6:00pm-7:00pm	Mar 9-Jun 8
	13 classes	CHCC	BCA Dance Co	\$168

Jazz/Lyrical

Explore a dance style that combines ballet technique with the freedom and musicality of jazz and contemporary for an individual and expressive approach. Jazz or lyrical shoes are required.

37665	15-40 yr	M	6:30pm-7:30pm	Apr 6-Jun 8
	9 classes	DLDC	DLDC Staff	\$180



Latin Dance for Adults

Turn up the heat and learn Salsa, Bachata, Merengue, and more! No partner or experience needed—just bring your energy and enjoy a fun, beginner-friendly class full of Latin flair.

38591	18 yr+	T	7:15pm-8:15pm	Mar 3-Mar 24
	4 classes	CVPA2	CVPA Staff	\$70
37900	18 yr+	T	7:15pm-8:15pm	Apr 7-Apr 28
	4 classes	CVPA2	CVPA Staff	\$70
38593	18 yr+	W	8:15pm-9:15pm	Apr 8-Apr 29
	4 classes	CVPA1	CVPA Staff	\$70
37901	18 yr+	T	7:15pm-8:15pm	May 5-May 26
	4 classes	CVPA2	CVPA Staff	\$70
38594	18 yr+	W	8:15pm-9:15pm	May 6-May 27
	4 classes	CVPA1	CVPA Staff	\$70

Middle Eastern Dance (Belly Dance)

Discover the art of belly dancing in this fun, engaging class! Learn graceful movements, improve flexibility, and build confidence in a supportive environment. Younger students accepted with teacher approval.

37615	18 yr+	T	6:00pm-7:00pm	Apr 7-Apr 28
	4 classes	CHCC	Karpeles	\$60
37616	18 yr+	T	6:00pm-7:00pm	May 5-May 26
	4 classes	CHCC	Karpeles	\$60
37617	18 yr+	Th	6:00pm-7:00pm	May 7-May 28
	4 classes	CHCC	Karpeles	\$60
37618	18 yr+	Th	6:00pm-7:00pm	Apr 9-Apr 30
	4 classes	CHCC	Karpeles	\$60
37619	18 yr+	Th	6:00pm-7:00pm	Mar 12-Apr 2
	4 classes	CHCC	Karpeles	\$60

Morrisson Theatre Chorus

Join the Chorus! Open to all singers—no audition required! Rehearsals are Saturdays from 10 AM–1 PM and occasionally Sundays from 6 PM–9 PM. Tech week is August 3–6, with concerts on August 7 and 9.

38598	18 yr+	Sa	10:00am-1:00pm	May 9-Jul 25
	11 classes	KASCC	Cancino	\$65

Swing and Ballroom Basics

Join us on the dance floor! Have fun while developing an engaging social hobby. Learn easy steps in East Coast Swing and smooth dances like Fox Trot, Waltz, and Nightclub Two Step.

37629	18 yr+	Th	7:00pm-8:00pm	Apr 9-May 28
	8 classes	SFCC	Hilton	\$97
37630	18 yr+	F	6:30pm-7:30pm	Apr 10-May 29
	8 classes	CVCC	Hilton	\$97

Tango and Latin Dance

Join our fun and energetic classes for individuals and couples! Explore the hip work of Latin dances like Rumba, Cha-Cha, Samba, Salsa, Merengue, and Tango. Leave class ready to hit the dance floor!

37631	18 yr+	Th	8:00pm-9:00pm	Apr 9-May 28
	8 classes	SFCC	Hilton	\$97
37632	18 yr+	F	7:30pm-8:30pm	Apr 10-May 29
	8 classes	CVCC	Hilton	\$97



See pages 69–70 for the Guide to Class Locations and Facilities.

Health & Fitness

Boot Camp

Transform your body with Total Body Conditioning targeting major muscle groups through challenging exercises to boost strength, cut body fat, and enhance overall fitness. Bring a yoga mat and water bottle!

37574	18 yr+	W	6:00pm-6:55pm	Apr 1-May 27
	9 classes	CVCC	Feder	\$100

Cardio Kickboxing

Unleash your power in this kickboxing class, combining powerful strikes, cardio bursts, and full-body conditioning for an energizing workout that builds strength, speed, and confidence. Boxing gloves and shin guards are required.

38325	13 yr+	M-Th	6:00pm-6:45pm	Apr 6-Apr 30
	16 classes	TDJJ	Galindo	\$150
38326	13 yr+	M-Th	6:00pm-6:45pm	May 4-May 28
	15 classes	TDJJ	Galindo	\$140
38327	13 yr+	M-Th	6:00pm-6:45pm	Jun 1-Jun 30
	18 classes	TDJJ	Galindo	\$160



Groov3: Dance Fitness!

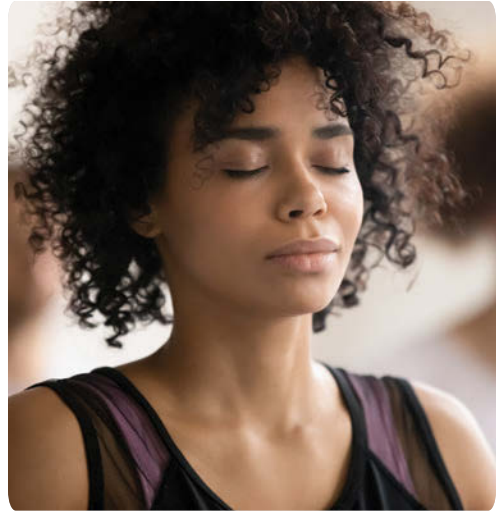
Dance fitness format for everyone with non-stop music and simple hip hop choreography which builds throughout the class and changes weekly. Come join the dance party and get your heart rate pumping to the groove of the music in a fun environment! Shoes: Dance shoes or athletic sneakers with clean soles.

37719	16 yr+	F	5:30pm-6:30pm	Apr 10-Jun 12
	10 classes	DLDC	DLDC Staff	\$200

Journey Within: A Guided Meditation Experience

Join a guided meditation class designed to introduce you to a variety of meditation styles. Step away from the noise of daily life and reconnect with your inner calm. Connect, relax, and recharge—no experience needed.

38279	18 yr+	W	5:30pm-6:15pm	Apr 29
	1 class	ARC	Raje	\$25
38280	18 yr+	W	5:15pm-6:00pm	May 27
	1 class	ARC	Raje	\$25



Sound Bath Healing Meditation

Join a Sound Bath experience! Immerse yourself in soothing soundscapes from singing bowls, gongs, and nature sounds. Relax, reduce stress, and promote harmony and balance for mind, body, and overall well-being.

37809	18 yr+	W	6:30pm-8:00pm	Apr 29
	1 class	ARC	Raje	\$43
37810	18 yr+	W	6:30pm-8:00pm	May 27
	1 class	ARC	Raje	\$43

Yoga Vinyasa - Yin

Reinvigorate yourself in this easy yoga class! It starts with a gentle vinyasa flow, linking breath with movement while stretching and flexing. Build energy to the second half of class, which prepares your body for the Yin - deep stretching followed by relaxation in restorative poses.

37620	18 yr+	T	7:00pm-8:15pm	Apr 7-Apr 28
	4 classes	CHCC	Karpeles	\$75
37623	18 yr+	Th	7:00pm-8:15pm	Apr 9-Apr 30
	4 classes	CHCC	Karpeles	\$75
37621	18 yr+	T	7:00pm-8:15pm	May 5-May 26
	4 classes	CHCC	Karpeles	\$75
37622	18 yr+	Th	7:00pm-8:15pm	May 7-May 28
	4 classes	CHCC	Karpeles	\$75

See pages 69-70 for the Guide to Class Locations and Facilities.



Scholarships Available

Don't let the cost of programs keep you from joining in! H.A.R.D. has scholarships available. scholarships@haywardrec.org

¡No permita que el costo de los programas le impida participar! H.A.R.D. tiene becas disponibles. scholarships@haywardrec.org

Zumba

Zumba combines easy-to-follow moves with global rhythms for a full-body cardio session that tones muscles, boosts energy, and lifts your mood. All fitness levels welcome- no dance experience needed. Just bring water, a towel, and your best attitude!

37477	18 yr+	W/F	1:30pm-2:30pm	Apr 1-Apr 29
	9 classes	ARC	HARD Staff	\$63
37478	18 yr+	W/F	10:30am-11:30am	May 1-May 29
	9 classes	ARC	HARD Staff	\$63

Zumba Fitness

Dance to Latin and global rhythms in this energetic Zumba class for active older adults! Enjoy themed sessions, diverse music, and a medium-to-high intensity workout. Bring water and a towel!

37892	18-80 yr	Th	6:00pm-7:00pm	Apr 2-Apr 30
	4 classes	CHCC	Novak	\$52
37884	18-80 yr	Sa	8:30am-9:30am	Apr 4-Apr 25
	3 classes	CHCC	Novak	\$39
37885	18-80 yr	Sa	8:30am-9:30am	May 2-Jun 6
	5 classes	CHCC	Novak	\$65
37894	18-80 yr	Th	6:00pm-7:00pm	May 7-Jun 11
	6 classes	CHCC	Novak	\$78

Martial Arts

EAAB'S

Fitness & Self Defense

Empower all ages with confidence-building training. Techniques cover stretching, striking, grappling, and defense against weapons, promoting personal growth and safety in a supportive environment. **An additional \$40 Uniform/Safety Equipment Fee is due to the instructor at the first class.**

38289	18 yr+	Th	5:30pm-6:25pm	Mar 19-Jun 4
	10 classes	EAABs	Untalan	\$285
38291	18 yr+	Th	6:30pm-7:25pm	Mar 19-Jun 4
	10 classes	EAABs	Untalan	\$285
38292	18 yr+	Th	7:30pm-8:25pm	Mar 19-Jun 4
	10 classes	EAABs	Untalan	\$285
38295	18 yr+	Sa	11:00am-11:55am	Mar 21-Jun 6
	10 classes	EAABs	Untalan	\$285
38283	18 yr+	T	5:30pm-6:25pm	Mar 24-Jun 16
	10 classes	EAABs	Untalan	\$285
38285	18 yr+	T	6:30pm-7:25pm	Mar 24-Jun 16
	10 classes	EAABs	Untalan	\$285
38286	18 yr+	T	7:30pm-8:25pm	Mar 24-Jun 16
	10 classes	EAABs	Untalan	\$285

P.E.M.S.T. Women's Self Defense

Empower yourself with group self-defense lessons for women! Build confidence through self-awareness, escape techniques, striking vulnerable areas, joint manipulation, and takedowns, using the proven B.A.L. (Base-Angle-Leverage) concept for personal safety.

38297	18 yr+	Su	2:00pm-5:00pm	Mar 15
	1 class	CHCC	Untalan	\$120



Cherryland Community Center, Cherryland

Gung Fu

Students are encouraged to wear black uniforms and shirts are available for purchase.

Beginning

Join this safety-focused Gung-Fu class exploring Si Lum and Tiger styles. Family participation encouraged. Repeatable for growth. Completion grants eligibility to test for advanced class.

37728	7 yr+	M/W	6:00pm-7:30pm	Apr 6-Jun 15
	20 classes	WPCC	Martinez	\$120

Advance your Gung Fu skills in this class for students who completed the beginning course. Students learn advanced Si Lum, Black Tiger, Tai Chi and weapon set, as well as have the opportunity to earn a Black Belt.

37730	7 yr+	M/W	7:30pm-9:00pm	Apr 6-Jun 15
	20 classes	WPCC	Martinez	\$120

See pages 69-70 for the Guide to Class Locations and Facilities.

ADULT CLASSES

Leaping Leopard Shaolin Kenpo

Empower yourself with a powerful self-defense system designed for today's world, expertly equipped to counter multiple attackers and armed assailants. Boost focus, discipline, confidence, and fitness as you train. *An additional \$40 uniform fee is due to the instructor at the first class.*

Beginner - White to Purple Belt

37734	7-70 yr	M/Th	6:30pm-7:30pm	Apr 6-Jun 11
	19 classes	CHCC	Santiago	\$290
37737	7-70 yr	F	6:30pm-10:00am	Apr 10-Jun 6
	17 classes	Sa SGCC	9:00am-10:00am Santiago	\$290

Intermediate - Purple to Brown Belt

37736	7-70 yr	M/Th	7:35pm-8:35pm	Apr 6-Jun 11
	19 classes	CHCC	Santiago	\$290
37745	7-70 yr	T/F	7:50pm-8:40pm	Apr 7-Jun 9
	27 classes	Sa SGCC	10:05am-11:10am Santiago	\$315

Ta Danado Jiu Jitsu

Brazilian Morning Jiu Jitsu

Experience a high-energy Jiu Jitsu class that combines cardio conditioning, technical skill work, and live rolling for a complete workout.

38304	13 yr+	M/T/Th	6:00am-7:30am	Apr 6-Apr 30
	12 classes	TDJJ	Galindo	\$140
38305	13 yr+	M/T/Th	6:00am-7:30am	May 4-May 28
	11 classes	TDJJ	Galindo	\$135
38306	13 yr+	M/T/Th	6:00am-7:30am	Jun 1-Jun 29
	13 classes	TDJJ	Galindo	\$145

Brazilian Afternoon Jiu Jitsu

Develop your Jiu Jitsu fundamentals in this beginner-friendly class that features light rolling, emphasizes technique, and fosters skill development in a supportive environment.

38307	13 yr+	W/F	12:30pm-1:30pm	Apr 1-Apr 29
	9 classes	TDJJ	Galindo	\$125
38308	13 yr+	W/F	12:30pm-1:30pm	May 6-May 29
	8 classes	TDJJ	Galindo	\$120
38309	13 yr+	W/F	12:30pm-1:30pm	Jun 3-Jun 26
	7 classes	TDJJ	Galindo	\$120

Brazilian Evening Jiu Jitsu

Train hard in this high-energy class that combines cardio conditioning, technical skill work, and live rolling for complete Jiu Jitsu training.

38310	13 yr+	M-F	6:45pm-8:15pm	Apr 1-Apr 30
	22 classes	TDJJ	Galindo	\$215
38311	13 yr+	M-F	6:45pm-8:15pm	May 4-May 29
	19 classes	TDJJ	Galindo	\$200
38312	13 yr+	M-F	6:45pm-8:15pm	Jun 1-Jun 30
	21 classes	TDJJ	Galindo	\$215



Ta Danado Jiu Jitsu, Hayward

Fitness & Defense for Women

Build your fitness and confidence in this beginner-friendly class combining strength training, cardio kickboxing, and basic Jiu Jitsu with essential self-defense skills for personal safety.

38328	13 yr+	Su	10:00am-11:00am	Apr 12-Apr 26
	3 classes	TDJJ	Galindo	\$75
38329	13 yr+	Su	10:00am-11:00am	May 3-May 17
	3 classes	TDJJ	Galindo	\$75
38330	13 yr+	Su	10:00am-11:00am	Jun 7-Jun 28
	4 classes	TDJJ	Galindo	\$100

Women's Brazilian Jiu Jitsu

Empower yourself in our Women's Jiu Jitsu class for women of all levels. Train alongside other women, develop practical skills, and have fun in a welcoming, judgment-free environment while improving fitness and building confidence.

38313	11 yr+	Sa	11:00am-1:00pm	Apr 4-Apr 25
	4 classes	TDJJ	Galindo	\$120
38314	11 yr+	Sa	11:00am-1:00pm	May 2-May 30
	4 classes	TDJJ	Galindo	\$120
38315	11 yr+	Sa	11:00am-1:00pm	Jun 6-Jun 27
	4 classes	TDJJ	Galindo	\$120

Check out our
Golf Course & Driving Range
and Golf Tournaments on page 68!

See pages 69-70 for the Guide to Class Locations and Facilities.

Nature

Historic Walk of the Hayward Shoreline

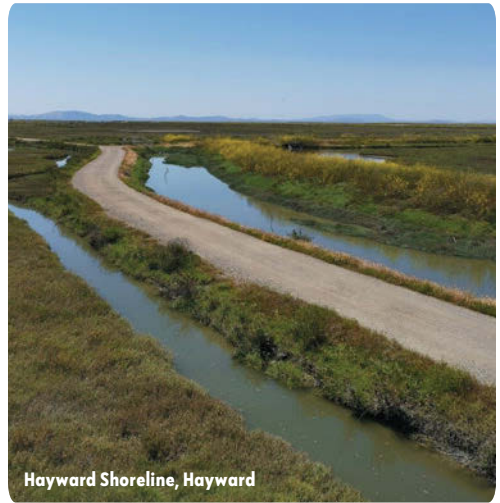
Join a historian for an easy hike to the San Francisco Bay, including a peek into a special access area. Learn about the land's history, salt production, and conservation efforts.

37522	18 yr+	Sa	9:30am-11:30am	Apr 25
	1 class	HSIC	Nature Staff	\$20

Intro to Birding

Explore the basics of bird watching! Learn to identify Bay Area shorebirds, then join a guided hike into a special access area with provided binoculars to practice your new skills.

37520	18 yr+	Sa	9:30am-11:30am	Apr 11
	1 class	HSIC	Nature Staff	\$20



Hayward Shoreline, Hayward

Photography

Camera: Beginner to Intermediate

Learn essential manual camera functions like F/stops, shutter speeds, and ISO in this hands-on class. Requires an SLR, rangefinder, or mirrorless camera, either film or digital.

37387	16 yr+	T	6:00pm-8:00pm	Mar 10-Mar 31
	4 classes	District Office	Foote	\$180
37393	16 yr+	Th	6:00pm-8:00pm	Apr 30-May 21
	4 classes	District Office	Watkins	\$180

ImageCentral: Monday Night Membership

Enjoy full access to all of ImageCentral's offerings every Monday evening with a membership, including the traditional darkroom, film development area, digital room with printers and scanners, matting and mounting area, and more!

37388	16 yr+	M	5:00pm-9:00pm	Mar 9-Jun 8
	13 classes	District Office	Watkins	\$280

Intro To Darkroom Photography

Discover how to process black-and-white film and make black & white prints in our traditional darkroom!

An additional \$20 Materials Fee is due to the instructor at the first class. (Limited: 35mm film cameras available for loan during class upon request.)

37403	16 yr+	W	6:00pm-8:00pm	Mar 11-Apr 1
	8 classes	District Office	Watkins	\$180

Large Format Printing Workshop

Go big with a large format print with your photo, digital illustration or graphic design. This class covers image choice, prep and adjustments. Understand display calibration, icc profiles, paper choice, and more. Utilizing our large format printer, students will be making large prints up to 36x36" in size.

37396	16 yr+	Sa	11:00am-2:00pm	Apr 11
	1 class	District Office	Watkins	\$160

Lumen Workshop

Discover the magic of lumens! Arrange flat objects like leaves, petals, or lace on photographic paper to create an 8x10 artistic collage. Bring your own items for this fun photogram experience.

37397	12 yr+	Sa	10:00am-2:00pm	May 23
	1 class	District Office	Watkins	\$80

Wedding Photography 101

Dig into the popular and complex art of photography weddings. Learn a new skill in handling large events as a photographer, and how to take the best photos in any condition.

37395	16 yr+	T	6:00pm-8:00pm	May 5-May 26
	4 classes	District Office	Foote	\$200



See pages 69-70 for the Guide to Class Locations and Facilities.

Sports

Pickleball Clinics

Please bring water, a hat, and court shoes.

Skills and Drills - Level 2

Join this is a drill intensive clinic where you will hit hundreds of balls, correctly, getting that all important muscle memory. Whether it's learning a roll volley, overhead, lob, you will get the practice on the shots that decide the game.

37678	18 yr+	Su	9:00am-10:15am	Apr 12-Apr 26
	3 classes	SGCC	Borden	\$55
37677	18 yr+	Su	9:00am-10:15am	May 17-May 31
	3 classes	SGCC	Borden	\$55

Tweak Your Game

Join today to learn all the strokes. Learn what serve works best for you and how to execute roll volleys, push volleys, along with defensive and offensive lobs. Learn what shot you need and when.

37680	18 yr+	W	5:30pm-6:45pm	Apr 8-Apr 22
	3 classes	SGCC	Borden	\$55
37681	18 yr+	Sa	9:00am-10:15am	Apr 11-Apr 25
	3 classes	SGCC	Borden	\$55
37679	18 yr+	M	9:00am-10:15am	Apr 13-Apr 27
	3 classes	SGCC	Borden	\$55
37684	18 yr+	Sa	9:00am-10:15am	May 9-May 23
	3 classes	SGCC	Borden	\$55
37683	18 yr+	W	5:30pm-6:45pm	May 13-May 27
	3 classes	SGCC	Borden	\$55
37682	18 yr+	M	9:00am-10:15am	Jun 8-Jun 22
	3 classes	SGCC	Borden	\$55
37687	18 yr+	W	5:30pm-6:45pm	Jun 10-Jun 24
	3 classes	SGCC	Borden	\$55
37686	18 yr+	Sa	9:00am-10:15am	Jun 13-Jun 27
	3 classes	SGCC	Borden	\$55

Introduction Course

Introduce new players to the exciting sport of pickleball. You will learn proper stroke mechanics, court positioning and shot selection through drills and game play. You will develop proper technique on ground strokes, forehand, backhand, serving, return of serve, and volleys.

37692	18 yr+	W	5:30pm-6:45pm	Apr 1-Apr 22
	4 classes	SGCC	Borden	\$75
37689	18 yr+	M	9:00am-10:15am	Apr 6-Apr 27
	4 classes	SGCC	Borden	\$75
37715	18 yr+	Sa	9:00am-10:15am	Apr 4-Apr 25
	4 classes	SGCC	Borden	\$75
37688	18 yr+	Sa	9:00am-10:15am	May 2-May 23
	4 classes	SGCC	Borden	\$75
37693	18 yr+	W	5:30pm-6:45pm	May 6-May 27
	4 classes	SGCC	Borden	\$75
37690	18 yr+	M	9:00am-10:15am	Jun 1-Jun 22
	4 classes	SGCC	Borden	\$55
37717	18 yr+	W	5:30pm-6:45pm	Jun 3-Jun 24
	4 classes	SGCC	Borden	\$75
37716	18 yr+	Sa	9:00am-10:15am	Jun 6-Jun 27
	4 classes	SGCC	Borden	\$75



San Felipe Community Center, Fairview

Introduction Teaser

Learn all the basics, along with all the rules, to get you started on having more fun than you can imagine. Great exercise, wonderful social interaction.

37697	18 yr+	W	5:30pm-6:45pm	Apr 1
	1 class	SGCC	Borden	\$20
37695	18 yr+	Sa	9:00am-10:15am	Apr 4
	1 class	SGCC	Borden	\$20
37694	18 yr+	M	9:00am-10:15am	Apr 6
	1 class	SGCC	Borden	\$20
37699	18 yr+	Sa	9:00am-10:15am	May 2
	1 class	SGCC	Borden	\$20
37701	18 yr+	M	9:00am-10:15am	May 4
	1 class	SGCC	Borden	\$20
37696	18 yr+	W	5:30pm-6:45pm	May 6
	1 class	SGCC	Borden	\$20
37702	18 yr+	M	9:00am-10:15am	Jun 1
	1 class	SGCC	Borden	\$20
37698	18 yr+	W	5:30pm-6:45pm	Jun 3
	1 class	SGCC	Borden	\$20
37700	18 yr+	Sa	9:00am-10:15am	Jun 6
	1 class	SGCC	Borden	\$20

Serving-Ground Strokes Class

This class will help you find the best service style and strategy for you, as well as learning to return with authority. Learn to serve deep and return even deeper. You get to try push serves, slice serves, topspin serves, lob serves, as backhand serves. You get to find out what serve works best for you.

37704	18 yr+	W	5:30pm-6:45pm	Jun 10
	1 class	SGCC	Borden	\$20
37705	18 yr+	Sa	9:00am-10:15am	Apr 11
	1 class	SGCC	Borden	\$20
37707	18 yr+	W	5:30pm-6:45pm	Apr 8
	1 class	SGCC	Borden	\$20
37708	18 yr+	Sa	9:00am-10:15am	Jun 13
	1 class	SGCC	Borden	\$20
37709	18 yr+	Sa	9:00am-10:15am	May 9
	1 class	SGCC	Borden	\$20
37710	18 yr+	W	5:30pm-6:45pm	May 13
	1 class	SGCC	Borden	\$20

Pickleball Clinics (continued on page 55)

See pages 69-70 for the Guide to Class Locations and Facilities.

Pickleball Clinics (continued)

Volley's-Overheads-Lobs

Learn punch volley, drop volley, and block volleys. You will learn the proper position to strike overheads with authority, consistency, and accuracy. Through proper technique, repetition, and sound strategies, we will learn to volley and hit overheads with a purpose and like it!

37712	18 yr+	M	9:00am-10:15am	Apr 20
	1 class	SGCC	Borden	\$20
37713	18 yr+	W	5:30pm-6:45pm	Apr 15
	1 class	SGCC	Borden	\$20
37714	18 yr+	Sa	9:00am-10:15am	Apr 18
	1 class	SGCC	Borden	\$20

Pickleball is Life

Pickleball 101

This Pickleball introduction class will teach the basic techniques, positions, and scoring of the game. No experience required.

38048	18 yr+	Su	10:30am-11:45am	Mar 8-Mar 29
	4 classes	Unity Park	Ambrosini	\$80
38056	18 yr+	Su	10:30am-11:45am	Apr 5-Apr 26
	4 classes	Unity Park	Ambrosini	\$80
38068	18 yr+	Su	10:30am-11:45am	May 3-May 31
	4 classes	Unity Park	Ambrosini	\$80

Pickleball 201

This Pickleball class will move from teaching basic techniques, positions, and scoring of the game of pickleball to "tactics" of the game. Must take Pickleball 101 to register.

38050	18 yr+	Su	1:30pm-2:45pm	Mar 8-Mar 29
	4 classes	WPCC	Ambrosini	\$80
38058	18 yr+	Su	1:30pm-2:45pm	Apr 5-Apr 26
	4 classes	WPCC	Ambrosini	\$80
38070	18 yr+	Su	1:30pm-2:45pm	May 31
	4 classes	WPCC	Ambrosini	\$80



San Felipe Community Center, Fairview

Play H.A.R.D. Adult Cornhole Tournament

Grab your bags, round up your partner, and join us for another H.A.R.D. Adult Cornhole Tournament. This is a two-person team registration. Standard cornhole rules will apply to the tournament. There will be a time limit per match to expedite the tournament. \$40 fee is for the two-person team. Prizes for 1st, 2nd, and 3rd place finishers.

38264	18 yr+	F	6:00pm-9:30pm	Apr 3
	1 class	SFCC	HARD Staff	\$40

Tennis

Adult Social Tennis League

These leagues are designed to allow community members like you to find hitting partners and competitive play without joining a competitive team. Women and men of all levels of play are welcome.

38237	18 yr+	T	7:30pm-9:30pm	Mar 10-May 12
	30 classes	BTP		\$77



Tennis Is Life - Adult Intermediate

Sessions will be geared around helping you improve your technical and tactical skills on the court. Skills and Drills work on all aspects of the game at a level 3.5 player.

38046	18 yr+	Sa	12:00pm-12:55pm	Mar 7-Mar 28
	4 classes	CVCC	Ambrosini	\$80
38054	18 yr+	Sa	12:00pm-12:55pm	Apr 4-Apr 25
	4 classes	CVCC	Ambrosini	\$80
38066	18 yr+	Sa	12:00pm-12:55pm	May 2-May 30
	4 classes	CVCC	Ambrosini	\$80

See pages 69-70 for the Guide to Class Locations and Facilities.



H.A.R.D. Community

All Ages

Pictured in Banner Above: Cannery Park, Hayward

Hayward Community Gardens

H.A.R.D.'s mission is to: Promote community interest in gardening, provide residents with gardening, recreational, and social opportunities, help local residents supplement their diets with home-grown produce, offer a welcoming space to learn about resource conservation, urban gardening, and more. Garden plot sizes range from elevated flower beds to 20' x 20' plots, with annual rental rates from \$175 to \$400. Ready to start growing? Visit us at HaywardRec.org/Gardens



Planning A Vegetable Garden

Learn the ins and outs of getting that veggie garden going. Master Gardeners will review plant selection, spacing, and understanding the specific needs of common summer vegetables.

37501	18 yr+ 1 class	Sa HCG	10:30am-11:30am HARD Staff	Apr 11 FREE
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Beneficial Insects

Learn about the wonderful bugs that keep the destructive bugs from overwhelming your garden.

37502	18 yr+ 1 class	Sa HCG	10:30am-11:30am HARD Staff	May 9 FREE
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Integrated Pest Management and Pesticides

Learn how to avoid using poisonous pesticides in your garden by using the principles of Integrated Pest Management. Master Gardeners call this the good, the bad and the "bugly".

37503	18 yr+ 1 class	Sa HCG	10:30am-11:30am HARD Staff	Jun 13 FREE
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Alameda County Agricultural History Center

Step back in time with us and explore the history of local agriculture. The historic horse carriage house has been converted to a museum and the demonstration garden showcases a Native Food Forest, historic row crops and plantings that reflect the diversity of Hayward's population today. Located in Meek Estate Park at 240 Hampton Road in Hayward. Visit us Saturdays, April 4th, May 2nd or June 6th from 10:00am-2:00pm.

H.A.R.D. Volunteers

Volunteers Needed for Access for All Friends

H.A.R.D. strives to provide inclusive and accessible programs for ALL. Some of our program participants need some extra support and we are looking for volunteers to be aids to some of our young friends with special needs to help support and guide them in classes and camps. Training will be available. If you are interested in participating in this new and important volunteer program, please reach out to Recreation Supervisor at sanm@haywardrec.org or at 510-881-6778.

See pages 69-70 for the Guide to Class Locations and Facilities.

**H.A.R.D.
Holidays—
No Classes—
May 25**

Active Adult (50+) & Senior Classes (60+)

H.A.R.D.'s Senior Adult Programs are geared towards active adults 50+ years and seniors 60+ years. We offer social, recreational, educational, and nutritional programs and activities to enhance the lives of older adults, and help them remain healthy, be active and stay independent.

Pictured in Banner Above: Hayward Area Senior Center, Hayward

Art

Crochet and Knitting

Learn the basics of crochet and knitting. Learn to read a pattern, make a scarf and more in a fun atmosphere.

37315	50 yr+	W	9:30am-11:30am	Apr 1-Apr 29
	5 classes	HASC	HARD Volunteer	\$20
37316	50 yr+	W	9:30am-11:30am	May 6-May 27
	4 classes	HASC	HARD Volunteer	\$16

Crochet, Knitting & More

Learn the basics of crochet: what materials are needed and how to read a pattern. Make a scarf or hat in a fun atmosphere. We will explore other crafts to do with yarn, fabrics and other items as requested. Bring your ideas to share too.

37374	50 yr+	W	1:00pm-3:00pm	Apr 1-Apr 29
	5 classes	HASC	HARD Volunteer	\$20
37375	50 yr+	W	1:00pm-3:00pm	May 6-May 27
	4 classes	HASC	HARD Volunteer	\$16

Learn Chinese Through Calligraphy: Art, Language, & Culture

Discover the beauty of Chinese calligraphy while exploring cultural stories and simple Mandarin phrases. A mindful, hands-on experience. Materials provided: optional material purchase available in class.

37404	50 yr+	F	9:30am-10:30am	Apr 3
	1 class	KASCC	HARD Staff	\$28
37405	50 yr+	F	9:30am-10:30am	May 1
	1 class	KASCC	HARD Staff	\$28

Mosaic Tile Art

Start creating stunning mosaic tile projects! Learn to craft beautiful planter pots, garden steppingstones, and decorative art for your outdoor spaces. Perfect for beginners looking to explore mosaic art!

37419	50 yr+	M	9:30am-12:00pm	Apr 6-Apr 27
	4 classes	HASC	HARD Volunteer	\$40
37420	50 yr+	M	9:30am-12:00pm	May 4-Jun 1
	4 classes	HASC	HARD Volunteer	\$40
37421	50 yr+	M	12:30pm-3:00pm	Apr 6-Apr 27
	4 classes	HASC	HARD Volunteer	\$40
37422	50 yr+	M	12:30pm-3:00pm	May 4-Jun 1
	4 classes	HASC	HARD Volunteer	\$40

Needle Arts

Join fellow makers who love cross-stitch, needlepoint, knitting, and crochet! Enjoy a relaxed, welcoming space to share tips, ideas, and inspiration, plus access to a sewing machine and shared expertise.

37423	50 yr+	F	9:00am-12:00pm	Apr 3-Apr 24
	4 classes	HASC	HARD Volunteer	\$16
37424	50 yr+	F	9:00am-12:00pm	May 1-May 29
	5 classes	HASC	HARD Volunteer	\$20

Check out our
**Senior Special
Events** on page 7!



See pages 69-70 for the Guide to Class Locations and Facilities.

ACTIVE ADULT & SENIOR CLASSES

Open Space for Artists

Join this creative space for experienced artists! Share your artwork, ideas, and inspiration with fellow artists. No instructor; just a collaborative environment. Bring your own supplies and let your creativity flow.

37425	50 yr+	T	1:00pm-3:30pm	Apr 7-Apr 28
	4 classes	HASC	HARD Volunteer	\$16
37426	50 yr+	T	1:00pm-3:30pm	May 5-May 26
	4 classes	HASC	HARD Volunteer	\$16

Quilting

Enjoy being around other quilters, sharing pointers and ideas and inspiration. No instruction, but space to be with other creative people and access to sewing machine and knowledge of other skilled quilters.

37427	50 yr+	Th	9:00am-12:00pm	Apr 2-Apr 30
	5 classes	HASC	HARD Volunteer	\$20
37428	50 yr+	Th	9:00am-12:00pm	May 7-May 28
	4 classes	HASC	HARD Volunteer	\$16

Woodshop Safety Training Program

Learn woodshop rules and receive in-service safety training to use the HASC woodshop. Sign up for the Woodshop Safety Training Program! Complete required forms, including waiver, liability release, and safety tests.

37466	50 yr+	F	10:00am-12:00pm	Apr 3
	1 class	HASC	HARD Staff	FREE
37467	50 yr+	F	10:00am-12:00pm	May 1
	1 class	HASC	HARD Staff	FREE



Wood Carving

Begin with a piece of basswood using special tools, learn how to chisel and carve it into something beautiful. Work at your own pace and ability. Please bring: Cut resistant carving glove, thumb guard. Must complete all prerequisites from the Woodshop Safety Training Program.

38489	50 yr+	Th	9:30am-3:00pm	Apr 2-Apr 30
	5 classes	HASC	HARD Volunteer	\$25
37317	50 yr+	F	9:30am-3:00pm	Apr 10-Apr 24
	3 classes	HASC	HARD Volunteer	\$15
38490	50 yr+	Th	9:30am-3:00pm	May 7-May 28
	4 classes	HASC	HARD Volunteer	\$20
37318	50 yr+	F	9:30am-3:00pm	May 8-May 29
	4 classes	HASC	HARD Volunteer	\$20

Woodshop Mini-Lathe Turning Class

Join us and learn to turn custom wood and acrylic pens on a mini lathe, creating personalized ballpoint pens from square blanks. Must complete all prerequisites from the Woodshop Safety Training Program.

37464	50 yr+	T	9:30am-2:30pm	Apr 7-Apr 28
	4 classes	HASC	HARD Volunteer	\$20
37465	50 yr+	T	9:30am-2:30pm	May 5-May 26
	4 classes	HASC	HARD Volunteer	\$20

Computers & Technology

Computer Basics and Fundamentals for Seniors

Join our class to build computer confidence! Learn simplified, easy-to-follow concepts presented in an entertaining way, tailored for seniors. Enjoy a fun, empathetic environment that promotes confidence and alleviates fear.

37578	50 yr+	M	1:00pm-3:00pm	May 4-May 18
	3 classes	HASC	HARD Volunteer	\$15
37579	50 yr+	W	1:00pm-3:00pm	May 6-May 27
	4 classes	HASC	HARD Volunteer	\$20

Dance & Music

Acoustic Musicians Jam

Bring your acoustic music instrument and jam with us. Advance beginner-intermediate knowledge required. NO amplifiers allowed. No instruction given. (1st & 3rd) Wednesdays of the month.

37361	50 yr+	W	1:00pm-3:30pm	Apr 1-May 20
	4 classes	HASC	HARD Volunteer	\$16



Hayward Area Senior Center, Hayward

See pages 69-70 for the Guide to Class Locations and Facilities.

Ballet Folklorico

Celebrate Mexican culture with Mexico Danza! Discover vibrant rhythm, color, and movement in this welcoming class. All levels welcome. Folklorico or dance shoes required.

37732	50 yr+ 8 classes	W ARC	5:00pm-6:00pm Mexico Danza Staff	Mar 18-May 6 \$180
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Hayward Area Senior Center, Hayward

Band Dance at Hayward Area Senior Center

Come out to dance to the band music of Len & Rich. This event will be held on the 1st Friday of the months. Let's boogie! Join the FUN! Sponsored by Ivy Park of Hayward.

37363	50 yr+ 1 class	F HASC	2:00pm-3:30pm HARD Volunteer	Apr 3 FREE
37364	50 yr+ 1 class	F HASC	2:00pm-3:30pm HARD Volunteer	May 1 FREE
38491	50 yr+ 1 class	F HASC	2:00pm-3:30pm HARD Volunteer	Jun 5-Jun 5 FREE

Guitar Jam for Seniors

Bring your guitar and come jam with us. Advance beginner-intermediate knowledge required. No instruction given. (1st/3rd/5th Mondays) Class Dates:

37312	50 yr+ 4 classes	M KASCC	1:00pm-3:30pm HARD Volunteer	Apr 6-May 18 \$16
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Hawaiian Hula Dance- Intermediate

Join our hula class today! Build on your existing hula experience and participate in live performances at adult living centers, churches, and other venues throughout the year. Some hula experience required.

37379	50 yr+ 5 classes	Th KASCC	10:30am-11:45am Hanan	Apr 2-Apr 30 \$20
37380	50 yr+ 4 classes	Th KASCC	10:30am-11:45am Hanan	May 7-May 28 \$16

Line Dance

Line Dance - Improver

Join us for some line dancing to new, country, and familiar tunes. Each dance is choreographed to a different piece of music so you will exercise your mind as well as your body! This class requires a minimum of 2 years line dance experience.

37385	50 yr+ 4 classes	F HASC	10:00am-11:30am Nicolaus	Apr 3-Apr 24 \$16
37386	50 yr+ 5 classes	F HASC	10:00am-11:30am Nicolaus	May 1-May 29 \$20

Line Dance Party

Join the dance party! Line dancing boosts balance, flexibility, stamina, and health while offering a fun way to meet new friends. Experience is required, choreographed moves! This is not a class.

37400	50 yr+ 1 event	Su HASC	1:00pm-4:00pm Nicolaus	Apr 12 \$15
37401	50 yr+ 1 event	Su HASC	1:00pm-4:00pm Nicolaus	Jun 14 \$15

Senior Adult Tap

Join our tap dance class today! Learn styles from Fred Astaire to Savion Glover, focusing on footwork and rhythm expression. Great exercise for mind and body. Tap shoes required.

Tap-1

This beginner-friendly class teaches classic tap dance styles.

37480	50 yr+ 4 classes	Th CVPA1	11:15am-12:15pm CVPA Staff	Apr 9-Apr 30 \$54
37481	50 yr+ 4 classes	Th CVPA1	11:15am-12:15pm CVPA Staff	May 7-May 28 \$54

Tap-2

37482	50 yr+ 4 classes	Th CVPA1	12:15pm-1:15pm CVPA Staff	Apr 9-Apr 30 \$54
37483	50 yr+ 4 classes	Th CVPA1	12:15pm-1:15pm CVPA Staff	May 7-May 28 \$54

Silver Swans Ballet

Join our ballet classes today! Designed for those over 55, but open to all ages. Improve fitness and flexibility, whether you're new to ballet or returning. Ballet slippers and comfortable clothing required.

37484	50 yr+ 4 classes	T CVPA1	11:30am-12:30pm CVPA Staff	Apr 7-Apr 28 \$54
37485	50 yr+ 4 classes	T CVPA1	11:30am-12:30pm CVPA Staff	May 5-May 26 \$54

Check out our
Golf Course & Driving Range
and Golf Tournaments on page 68!

See pages 69-70 for the Guide to Class Locations and Facilities.

ACTIVE ADULT & SENIOR CLASSES

Swing & Ballroom Dance for Seniors

Get up and dance! Emphasis is on having fun while developing an engaging social hobby. You will learn comfortable steps in East Coast Swing and Ballroom dances.

37431	50 yr+ 4 classes	W KASCC	1:30pm-2:30pm Hilton	Apr 8-Apr 29 \$47
37432	50 yr+ 4 classes	W KASCC	1:30pm-2:30pm Hilton	May 6-May 27 \$47

Tango & Latin Dance for Seniors

Get up and dance! Have fun while learning comfortable steps in Tango and Latin dances. This class emphasizes social enjoyment, helping you develop a fun and engaging hobby. All skill levels welcome!

37433	50 yr+ 4 classes	W KASCC	2:30pm-3:30pm Hilton	Apr 8-Apr 29 \$47
37434	50 yr+ 4 classes	W KASCC	2:30pm-3:30pm Hilton	May 6-May 27 \$47

Ukulele

Bring your Ukulele and play with others. Group meets to socialize and play their instruments.

Beginner

Join us to learn the basic cords for playing the Ukulele.

37457	50 yr+ 4 classes	T HASC	10:00am-12:00pm HARD Volunteer	Apr 7-Apr 28 \$16
37458	50 yr+ 4 classes	T HASC	10:00am-12:00pm HARD Volunteer	May 5-May 26 \$16

Intermediate

Lessons to cover strumming and finger picking. Must know at least 10 chords.

37459	50 yr+ 4 classes	T KASCC	1:00pm-3:00pm HARD Volunteer	Apr 7-Apr 28 \$16
37460	50 yr+ 4 classes	T KASCC	1:00pm-3:00pm HARD Volunteer	May 5-May 26 \$16

Health & Fitness

Active Adult Aerobics

For beginners and moderate levels. Low impact aerobics, with low and moderate intensity options. Followed by body sculpting and stretching. Improve cardiovascular health, muscle tone, and flexibility. Bring a mat.

37362	50 yr+ 9 classes	M/Th HASC	10:00am-11:00am HARD Staff	Apr 2-Apr 30 \$63
37479	50 yr+ 3 classes	F HASC	1:00pm-2:00pm HARD Volunteer	Apr 10-May 1 \$21
37371	50 yr+ 7 classes	M/Th HASC	10:00am-11:00am HARD Staff	May 4-May 28 \$49
37320	50 yr+ 3 classes	F HASC	1:00pm-2:00pm HARD Volunteer	May 8-May 29 \$21

New! Bollywood Dance for Seniors

High-energy program blends vibrant beats of Bollywood music with dynamic dance moves- fusing traditional Indian styles with a modern twist. Boost your confidence, and learn fun, show-stopping choreography that will get you moving!

37367	50 yr+ 7 classes	W KASCC	1:30pm-2:15pm Sun Bollywood Staff	Mar 11-Apr 22 \$75
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Hayward Area Senior Center, Hayward

Chair Fitness

Designed to keep participants mobile, ensuring they remain progressive in daily activities or recovery. This class is a fun musically driven full body workout. It is geared for those that have trouble standing during fitness workouts, balance deficits, injuries, disabilities or obesity.

37369	50 yr+ 9 classes	M/Th HASC	8:50am-9:50am HARD Staff	Apr 2-Apr 30 \$63
37370	50 yr+ 7 classes	M/Th HASC	8:50am-9:50am HARD Staff	May 4-May 28 \$49

Enhance Fitness by Spectrum CS

Join evidence-based exercise program to build strength, stamina, confidence, and prevent future falls! Enjoy fun exercises, health education, and fitness assessments. Pre-registration is required by calling 510-876-8809. Visit us at <https://spectrumcs.org/senior-services/fall-risk-reduction>. A voluntary contribution is requested.

60 yr+ 23 classes	M/W/F KASCC	9:00am-10:00am Spectrum Staff	Apr 6-May 29
60 yr+ 23 classes	M/W/F KASCC	10:30am-11:30am Spectrum Staff	Apr 6-May 29

See pages 69-70 for the Guide to Class Locations and Facilities.



Hayward Area Senior Center, Hayward

Fitness for Active Adults

Join us for a fun fitness class! Improve flexibility, cardiovascular health, bone density, and muscle strength through stretching, low-impact aerobic dancing, strength training, and floor exercises. Bring light weights and a mat!

37336	50 yr+	T/Th	8:45am-9:45am	Apr 2-Apr 30
	9 classes	KASCC	Nohr	\$63
37337	50 yr+	T/Th	10:00am-11:00am	Apr 2-Apr 30
	9 classes	KASCC	Nohr	\$63
37338	50 yr+	T/Th	8:45am-9:45am	May 5-May 28
	8 classes	KASCC	Nohr	\$56
37339	50 yr+	T/Th	10:00am-11:00am	May 5-May 28
	8 classes	KASCC	Nohr	\$56
37507	50 yr+	T/Th	8:45am-9:45am	Jun 9-Jun 30
	7 classes	KASCC	Nohr	\$49
37508	50 yr+	T/Th	10:00am-11:00am	Jun 9-Jun 30
	7 classes	KASCC	Nohr	\$49

Meditation

Join this community lead group meditation. Meditation will take place for 30 minutes and have a group discussion afterwards.

37414	50 yr+	Th	2:00pm-2:45pm	Apr 2-Apr 30
	5 classes	KASCC	Sapena	\$35
37415	50 yr+	Th	2:00pm-2:45pm	May 7-May 28
	4 classes	KASCC	Sapena	\$28

Nice & Easy Movement

Come have fun while improving your flexibility, cardiovascular health, bone density, and muscle strength. Lots of chair exercises, stretching, low impact dancing and strength training with light weights. No floor exercises. Register at the Castro Valley Adult School, CVAdult.org.

	18 yr+	T/Th	11:15am-12:15pm	Apr 7-May 21
	14 classes	KASCC	Nohr	\$69

Pilates, Power and Posture

Strengthen your core today! This class targets core muscles for improved spine support, balancing both standing and mat exercises. Challenge yourself for a well-balanced body! Bring a yoga mat and hand weights. Register at the Castro Valley Adult School, CVAdult.org.

	18 yr+	M	9:00am-10:00am	Apr 6-May 11
	6 classes	KASCC	CVAS Staff	\$59

Tai Chi Chuan for Health

Join us to explore the gentle, flowing movements of Yang Style Tai Chi Chuan—a practice that promotes balance, mental focus, immune health, and harmony of body, mind, and spirit. Wear loose-fitting clothing and flat sneakers (no heels) for comfort and safety.

37453	50 yr+	W	10:30am-11:30am	Apr 1-Apr 29
	5 classes	KASCC	HARD	Volunteer \$20
37451	50 yr+	M	10:30am-11:30am	Apr 6-Apr 27
	4 classes	KASCC	HARD	Volunteer \$16
37452	50 yr+	M	10:30am-11:30am	May 4-May 18
	3 classes	KASCC	HARD	Volunteer \$12
37454	50 yr+	W	10:30am-11:30am	May 6-May 27
	4 classes	KASCC	HARD	Volunteer \$16

Tai Chi- Yang Style

Open to all practicing Yang Style Taijiquan. No instruction given. Join the fun!

37455	50 yr+	Th	10:30am-11:30am	Apr 2-Apr 30
	5 classes	HASC	HARD	Volunteer \$20
37456	50 yr+	Th	10:30am-11:30am	May 7-May 28
	4 classes	HASC	HARD	Volunteer \$16

Wild Goose QiGong Practice

Get up and move! Experience 64 simple movements flowing seamlessly from one to the next. Led by students, this session requires prior knowledge—no instruction given. Perfect for practice and self-reflection.

37461	50 yr+	T	10:00am-11:00am	Mar 3-Mar 31
	5 classes	KASCC	HARD	Volunteer \$20
37462	50 yr+	T	10:00am-11:00am	Apr 7-Apr 28
	4 classes	KASCC	HARD	Volunteer \$16
37463	50 yr+	T	10:00am-11:00am	May 5-May 26
	4 classes	KASCC	HARD	Volunteer \$16

Yoga For Every Body

Wake your body, mind and soul and get ready for the rest of the day. Emphasis on breath, correct alignment, balance, flexibility, and most of all having fun! Bring a yoga mat and water.

37470	50 yr+	W	9:30am-10:30am	Apr 1-Apr 29
	5 classes	HASC	Sapena	\$35
37468	50 yr+	M	2:30pm-3:30pm	Apr 6-Apr 27
	4 classes	KASCC	Sapena	\$28
37472	50 yr+	M	2:30pm-3:30pm	May 4-May 18
	3 classes	KASCC	Sapena	\$21
37471	50 yr+	W	9:30am-10:30am	May 6-May 27
	4 classes	HASC	Sapena	\$28

Zumba Gold

Ideal for active older adults and beginners. A fun way to get in shape, burn calories, strengthen muscles. Improve flexibility & coordination while enjoying Latin inspired and International music.

37475	50 yr+	T	2:30pm-3:30pm	Apr 7-Apr 28
	4 classes	HASC	HARD	Staff \$28
37476	50 yr+	T	2:30pm-3:30pm	May 5-May 26
	4 classes	HASC	HARD	Staff \$28

See pages 69-70 for the Guide to Class Locations and Facilities.

Languages



English as Second Language (ESL)

We practice conversational English using scripted dialogue, photo slides, and games to make it fun! Low stress and no homework required. Non-senior welcome if accompanying a senior.

37376	50 yr+	W	1:00pm-2:30pm	Apr 1-May 20
	9 classes	HASC	HARD Volunteer	FREE

Spanish for Seniors-Beginners A

Start speaking in Spanish from day one. Fun way to learn and practice communication skills in the target language through interactive stories with power point presentations.

37313	50 yr+	F	1:00pm-3:00pm	Apr 3-Jun 5
	10 classes	HASC	Saavedra Luna	\$30

Spanish: Reading and Learning Mixed Higher Levels

Fine tune and maintain Spanish speaking skills through discussion, reading and writing. Basic computer skills to share created writings and novice Spanish language are required. Conducted mostly in Spanish.

37314	50 yr+	F	10:00am-12:00pm	Apr 3-Jun 5
	10 classes	HASC	Saavedra Luna	\$30

Outdoor Education

Get Outdoors – GO H.A.R.D.

Meditation in the Meadow

Settle into a quiet meadow and slow down with simple, instructor-led practices: gentle breathwork, short, guided meditations, and moments of silent listening to birds and breeze. No experience. Transportation included.

38002	50 yr+	Th	10:00am-2:30pm	May 7
	1 class	KASCC	HARD Staff	\$30

Scenic Treks

Step outside and explore the natural beauty on this guided hike designed for Active Adults. Wander through rolling hills, marshland boardwalks, and winding trails. Along the way, enjoy local wildlife, learn about the area’s Indigenous history, and connect with fellow outdoor enthusiasts. Transportation included.

China Camp State Park

37987	50 yr+	Th	10:00am-3:30pm	Apr 9
	1 class	KASCC	HARD Staff	\$35

Inspiration Point

38000	50 yr+	Th	10:00am-3:30pm	May 21
	1 class	KASCC	HARD Staff	\$30



Spring Wildflower Bloom & Plant ID

Catch the hills at their best: carpets of color, fresh green grasses, and showy seasonal blooms. We’ll move at an easy pace with plenty of photo stops, using simple tips to identify standout wildflowers and common natives, while enjoying the peak display. Transportation included.

38001	50 yr+	Th	10:00am-3:30pm	Apr 23
	1 class	KASCC	HARD Staff	\$30

See pages 69-70 for the Guide to Class Locations and Facilities.

Social Services

AARP-Driver Safety

Join this course that is approved by the California DMV and designed to help you stay safe behind the wheel. Many auto insurance companies offer premium discounts for completing the course. Attendance at both sessions is required. REGISTRATION FEE: \$20 for AARP members | \$25 for non-members. Fees are collected at the beginning of the first class by the instructor (check or cash).

37580	50 yr+ 2 classes	F HASC	9:00am-1:00pm	May 8-May 15
37582	50 yr+ 2 classes	Th KASCC	9:00am-1:00pm	May 21-May 28

iPhone for Seniors Training

The goal of this course is to help seniors become more comfortable and confident using iPhones. It will cover the basics of the iPhone's interface, key features, and common apps, enabling seniors to use their devices for communication, entertainment, health, and safety. This class will be interactive, hands-on, and paced to suit seniors' learning needs.

37381	50 yr+ 4 classes	T HASC	1:00pm-3:00pm HARD Volunteer	Apr 7-Apr 28 \$20
37382	50 yr+ 4 classes	T HASC	1:00pm-3:00pm HARD Volunteer	May 5-May 26 \$20

Live Well, Be Well by CityServe

Finding Wellness II is a 7-week series presented by the Health Education team at CityServe of the Tri-Valley. The topics include Heart Health, Brain Health, Gut Health, Liver and Kidney Health, Skin Health, Ageism and more.

37406	50 yr+ 7 classes	M HASC	9:30am-11:00am HARD Volunteer	Mar 9-Apr 20 FREE
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Mercy Brown Bag Program

Hayward Senior Center coordinates the distribution of free nutritious groceries to low-income seniors in Alameda County. Pre-registration is required. Complete the registration form in-person at the Hayward Senior Center. Must be 60+, Live in Alameda County, qualify as low-income by federal guidelines. This program is on the first Tuesday of every month.

60 yr+ 1 class	T HASC	8:00am-11:00am HARD Staff	Apr 7 FREE
60 yr+ 1 class	T HASC	8:00am-11:00am HARD Staff	May 5 FREE
60 yr+ 1 class	T HASC	8:00am-11:00am HARD Staff	Jun 2 FREE

Positive Motivation Gathering for Seniors

Rediscover your spark and embrace each day with renewed energy and purpose! Positive Motivation for Thriving in Your Golden Years is a supportive, uplifting course designed specifically for seniors who want to cultivate a more joyful, empowered, and meaningful life.

37577	50 yr+ 4 classes	M HASC	1:00pm-3:00pm HARD Volunteer	Apr 6-Apr 27 \$20
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Spectrum Luncheon

Join Spectrum's Senior Nutrition Program for healthy, convenient, freshly prepared meals! Enjoy delicious food, meet new friends, and participate in fun activities. Reserve your spot at least three business days ahead.

Hayward Area Senior Center

60 yr+ 42 classes	M-F HASC	12:00pm-12:30pm Suggested Contribution \$4	Apr 1-May 29
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Kenneth C. Aitken Senior Center

60 yr+ 33 classes	M-Th KASCC	12:00pm-12:30pm Suggested Contribution \$4	Apr 1-May 28
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What is Soul Injury?

Part 1

Soul injury is experienced by veterans, first responders and many others who live with injuries and losses that are unmentioned and with guilt/shame that is unforgiven, held deep within us. Soul injury may show up for people as feelings of emptiness, unworthiness or inadequacy, and a sense that part of oneself is missing. Learn more about soul injury and how it affects your life.

37321	18 yr+ 1 class	W HASC	11:00am-12:00pm HARD Volunteer	Apr 8 FREE
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Part 2

Responding to soul injury—a wound that is overlooked and unassessed—begins with answering some key questions. How is soul injury impacting your life? Where do you hold the pain? In what ways do you seek to numb the pain? After assessments are completed, reflect on which paths are available that may lead to healing.

37322	18 yr+ 1 class	F HASC	11:00am-12:00pm HARD Volunteer	Apr 10 FREE
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See pages 69-70 for the Guide to Class Locations and Facilities.

Special Interest & Hobbies

Board Games & More

Enjoy friends and socialization over board games and other games such as scrabble, trivia, word games and poker (no gambling) or other card games.

37365	50 yr+	T	1:00pm-4:00pm	Apr 7-Apr 28
	4 classes	KASCC	HARD Volunteer	\$8

37366	50 yr+	T	1:00pm-4:00pm	May 5-May 26
	4 classes	KASCC	HARD Volunteer	\$8

Book Circle

Join our fun reading discussion group! We select books collectively, covering fiction, nonfiction, biographies, memoirs, and more. Meet on the 1st and 2nd Tuesday each month. To receive a copy of the Reading list for the session please email lynnnetted@comcast.net.

37368	50 yr+	T	10:30am-11:30am	Apr 7-May 12
	4 classes	KASCC	HARD Volunteer	\$12

Creative Writing

Join our creative writing course today! Explore short stories, poems, autobiographical memories, and more in an open, encouraging environment. Overcome writer's block with assignments and share ideas without judgment. Email access and basic computer knowledge are extremely helpful.

37372	50 yr+	Th	10:00am-12:00pm	Apr 9-Jun 11
	10 classes	HASC	Schahrer	\$40

Creative Writing (Virtual)

Via Zoom. Email access and basic computer knowledge are extremely helpful.

37373	50 yr+	W	10:00am-12:00pm	Apr 8-Jun 10
	10 classes	Virtual	Schahrer	\$40

Laugh Yoga

Join us for laughter therapy today! Experience the benefits of deep breathing and laughter exercises to lift your mood, relieve stress, and improve well-being. No yoga—just fun, seated laughter exercises!

37383	50 yr+	Th	2:00pm-3:00pm	Apr 2-Apr 30
	5 classes	HASC	HARD Volunteer	\$20

37384	50 yr+	Th	2:00pm-3:00pm	May 7-May 28
	4 classes	HASC	HARD Volunteer	\$16

Mahjong Workshop with Lessons

Lessons on how to play traditional Mahjong that is a base for almost all kinds of Mahjong games. Players can learn ways to strategize each hand and become player ready for the Mahjong world. Discuss how to strategize when playing your hand.

37486	50 yr+	M	1:00pm-3:00pm	Apr 6-Apr 27
	4 classes	KASCC	HARD Volunteer	\$16

37487	50 yr+	M	1:00pm-3:00pm	May 4-Jun 1
	4 classes	KASCC	HARD Volunteer	\$16



Hayward Area Senior Center, Hayward

Mahjong

Join us for American or Chinese Mahjong! American Mahjong is easier to learn, while Chinese Mahjong offers more complexity and challenge. A social, brain-stimulating game that builds friendships. Newcomers will learn on the spot. Freestyle play with table rules—no gambling involved. Come and enjoy

American Style

37408	50 yr+	W	1:00pm-3:30pm	Apr 1-Apr 29
	5 classes	KASCC	HARD Volunteer	\$20

37409	50 yr+	W	1:00pm-3:30pm	May 6-May 27
	4 classes	KASCC	HARD Volunteer	\$16

Chinese Style

Hayward Area Senior Center

37410	50 yr+	Th	1:00pm-3:30pm	Apr 2-Apr 30
	5 classes	HASC	HARD Volunteer	\$20

37411	50 yr+	Th	1:00pm-3:30pm	May 7-May 28
	4 classes	HASC	HARD Volunteer	\$16

Kenneth C. Aitken Senior Center

37412	50 yr+	W	1:00pm-3:30pm	Apr 1-Apr 29
	5 classes	KASCC	HARD Volunteer	\$20

37413	50 yr+	W	1:00pm-3:30pm	May 6-May 27
	4 classes	KASCC	HARD Volunteer	\$16

Shinrin-Yoku, Forest Therapy

Discover forest therapy in the Hayward Japanese Gardens. Follow gentle, open invitations that support slowing down, awakening the senses, and deepening connection with the living world. Share reflections and close with a calming tea ceremony. No experience needed.

37429	50 yr+	W	9:30am-11:30am	Mar 25-Apr 22
	5 classes	HASC	Collins	\$50

37430	50 yr+	W	9:30am-11:30am	Apr 29-May 27
	5 classes	HASC	Collins	\$50

See pages 69-70 for the Guide to Class Locations and Facilities.

Sports

ActiveNet's Flexible Registration ("FlexReg") capability provides customers with the ability to select and register in particular classes of any on ongoing active. With Flex Reg, a customer can see and select which dates and time of an activity they wish to participate.

Senior Pool/Billiards at the Hayward Area Senior Center and Kenneth Aitken Senior Center

New! Pool/Billiards— H.A.R.D. uses Active.net Flex Registration where participants can pay \$2.50 to play the game of pool in our billiards room on Mondays-Fridays from 9:00am-3:00pm.

Table Tennis

H.A.R.D. uses Active.net Membership Registration and will offer the option to purchase a 10 play pass for \$40. A photo card must be purchased prior and can be acquired at the H.A.R.D. District Office. The other option is to pay for scheduled session and receive a discount.



Kenneth C. Aitken Sr. Community Center, Castro Valley

Cherryland Community Center

37435	50 yr+	W	9:00am-12:00pm	Apr 8-Apr 29
4 classes	CHCC		HARD Volunteer	\$12
37489	50 yr+	W	1:00pm-4:00pm	Apr 8-Apr 29
4 classes	CHCC		HARD Volunteer	\$12
37488	50 yr+	W	9:00am-12:00pm	May 6-May 27
4 classes	CHCC		HARD Volunteer	\$12
37490	50 yr+	W	1:00pm-4:00pm	May 6-May 27
3 classes	CHCC		HARD Volunteer	\$9

Hayward Area Senior Center

37439	50 yr+	M	9:00am-12:00pm	Apr 6-Apr 27
4 classes	HASC		HARD Volunteer	\$12
37441	50 yr+	M	1:00pm-4:00pm	Apr 6-Apr 27
4 classes	HASC		HARD Volunteer	\$12
37491	50 yr+	T	9:00am-12:00pm	Apr 7-Apr 28
4 classes	HASC		HARD Volunteer	\$12
37492	50 yr+	T	1:00pm-4:00pm	Apr 7-Apr 28
4 classes	HASC		HARD Volunteer	\$12

37440	50 yr+	M	9:00am-12:00pm	May 4-May 18
3 classes	HASC		HARD Volunteer	\$9
37442	50 yr+	M	1:00pm-4:00pm	May 4-May 18
3 classes	HASC		HARD Volunteer	\$9
37494	50 yr+	T	9:00am-12:00pm	May 5-May 26
4 classes	HASC		HARD Volunteer	\$12
37495	50 yr+	T	1:00pm-4:00pm	May 5-May 26
4 classes	HASC		HARD Volunteer	\$12

Kenneth C. Aitken Sr. Community Center

37449	50 yr+	Th	1:00pm-4:00pm	Apr 2-Apr 30
5 classes	KASCC		HARD Volunteer	\$15
37496	50 yr+	F	9:00am-12:00pm	Apr 3-Apr 24
4 classes	KASCC		HARD Volunteer	\$12
37497	50 yr+	F	9:00am-12:00pm	May 1-May 22
4 classes	KASCC		HARD Volunteer	\$12
37450	50 yr+	Th	1:00pm-4:00pm	May 7-May 28
4 classes	KASCC		HARD Volunteer	\$12



ImageCentral, Hayward

ImageCentral

Did you know H.A.R.D. has a studio dedicated to photography? It's true. This rare resource has a professional chemical darkroom and film development area as well as a large format printer and digital film scanner.

See pages 69-70 for the Guide to Class Locations and Facilities.



Scholarships Available

Don't let the cost of programs keep you from joining in! H.A.R.D. has scholarships available. scholarships@haywardrec.org

¡No permita que el costo de los programas le impida participar! H.A.R.D. tiene becas disponibles. scholarships@haywardrec.org

Tennis

Senior Social Tennis

Connect with other players through leagues that offer casual, competitive play without the commitment of a team. These leagues are perfect for finding hitting partners and are open to women and men of all levels of play. Please bring your own can of new balls. Email will be sent out to registered participants before the start of the class

38238	55 yr+	F	9:00am-11:00am	Mar 13-May 15	
	10 classes	BTP			\$42
38239	55 yr+	W/F	9:00am-11:00am	Mar 11-May 15	
	20 classes	BTP			\$82
38240	55 yr+	W	9:00am-11:00am	Mar 11-May 13	
	10 classes	BTP			\$42



Extended Tours and Travel Opportunities

Experience local, regional and international trips with the Hayward Area Recreation and Park District. See our website for the most up to date tour destinations.

HaywardRec.org/SeniorTours



Nashville, Smokey Mountains & Bluegrass

Highlights include Churchill Downs, Kentucky Horse Park, Smokey Mountains National Park, Dollywood, Grand Ole Opry and more.

May 11-18, 2026

Tour Rates begin at \$4,249 (includes air from SFO, accommodations, professional tour director and more)



Alpine Countries, Switzerland, Austria and Germany

Featuring the Golden Pass Panoramic Train Ride from Montreux to Gstaad
September 17, 2026 (9 days)

Highlights include 3 nights in Bern, Switzerland, 4 nights in Innsbruck Austria, Salzburg, Montreux and Gstaad, Bavaria and Tour and more.

Rates begin at \$5,075 (includes air from SFO, accommodations, professional tour director and more).

See pages 69-70 for the Guide to Class Locations and Facilities.



HAYWARD AREA RECREATION & PARK DISTRICT

Facility Rentals

Pictured in Banner at Top: Castro Valley Community Park, Castro Valley

Facilities for Rent

Community Parks and Facilities are available for private use for wedding receptions, parties, meetings, exhibits, socials, and other rentals. In addition to community centers, rentals are available for barbeque picnic areas, Rowell Ranch Rodeo Grounds, and birthday party areas. Meek Estate West Terrace provides a beautiful venue for a small wedding or event in an historic setting. The District also has a wide range of facilities capable of accommodating a variety of special sporting events, leagues and tournaments.

For detailed rental information, fees, and reservations, please email Reservations@Haywardrec.org or visit HaywardRec.org/Facilities

A minimum of 30 days advance notice is required when requesting a rental.

Picnic Site Reservations

The vast majority of our parks feature picnic sites which are available on a first come-first served basis (see pages 69-70). To better accommodate group picnic use we also will reserve sites at 15 of our parks. The parks are: Alden E. Oliver Sports Park of Hayward, Birchfield Park, Cannery Park, Carlos Bee Park, Castro Valley Community Park, East Avenue Park, Kennedy Park, Meek Park, Memorial Park (picnic site), Mt. Eden Park, Palomares Park, Rowell Ranch, San Felipe Community Park, San Lorenzo Community Park, and Weekes Community Park. **No bouncers allowed except at selected sites (see Bouncer information).**

Please view the **Picnic Rainout Policy** online at HaywardRec.org/Facilities

Bouncers Permitted at Select Parks

Bouncers are allowed by permit for a per day fee at **Palomares Hills Park in Castro Valley, Mt. Eden Park and Weekes Park in Hayward**. Permittees will need to successfully complete the application and submit all required insurance documents. Please visit HaywardRec.org/Facilities for more information.

Tennis Court Reservations

All tennis courts are available at no charge on a first come, first served basis unless reserved (see pages 69-70 for locations). Tennis court reservations can be made online at HaywardRec.org/Facilities.

Sports Field & Gym Rentals

Practices, Leagues and Tournaments – Groups interested in reserving an indoor gym for basketball or volleyball use, or an outdoor sports field for practices, leagues or tournament play, please email SportsRentals@Haywardrec.org

Follow Us!

Search
@HaywardRec
for our sites
and follow us
on social media.

- Hayward Area Senior Center
- Aquatics (H.A.R.D. Aquatics)
- Sulphur Creek Nature Center
- Douglas Morrisson Theatre
- Hayward Shoreline Interpretive Center
- Kenneth C. Aitken Senior & Community Center

HaywardRec.org



Mission Hills of Hayward Golf Course

275 Industrial Parkway, Hayward
(510) 888-0200

www.missionhillsgc.com

Darin Lee, Head Golf Professional, (510) 888-0207

Tee Time Reservation – Book Online!

MISSION HILLS OF HAYWARD

www.missionhillsgc.com or

please call the golf course to book your tee time.



Mission Hills of Hayward
Golf Course, Hayward



Mission Hills of Hayward
Driving Range, Hayward

Top Tracer Virtual Golf Tournament

Join H.A.R.D. at the Mission Hills Driving Range and test your skills against friends and compete in a virtual golf tournament. Come test your golfing skills as you play a round of 18 holes using our Top Tracer virtual golf technology. Participants must bring their own golf clubs. All other items are included in the registration cost (bucket of balls, top tracer use, awards). Participants will also receive a beverage and sliders.

32964	18 yr + 1 class	T MHDR	6:00pm-8:00pm HARD Staff	May 6 \$30
32965	18 yr + 1 class	T MHDR	6:00pm-8:00pm HARD Staff	Jun 3 \$30

Mission Hills of Hayward Driving Range

*Come Visit the
Finest Driving Range in the Bay Area!*



Double Deck 45- Stall
Driving Range | Golf Lessons
(510) 881-6730

The Warehouse at Winton

Costume and Prop Rentals

The Warehouse at Winton offers a variety of costumes, props, and set pieces to rent for your next production.

If you are interested in renting items for your production, please visit hard.ezrentalstore.com

If you have questions regarding rentals please contact Devin at dmtwarehouse@haywardrec.org.
(510) 881-6777





Scan for more info about each facility



HAYWARD AREA RECREATION & PARK DISTRICT

Facilities Directory

Directory Key

- # Map Location Number
- Bicycle Trails
- Soccer Fields
- Snack Bar
- Basketball Courts

- Basketball Half Court
- Hiking/Riding Trails
- Picnic Tables
- Group Picnic Tables
- Tennis Courts
- Ball Fields
- Swim Center

- Meeting Rooms
- Skate Park/Area
- Parking Lot
- Restrooms
- Play Area
- Community/Recreation Center Bldg.

- Disc Golf
- Barbeques
- Pickleball Courts
- Equestrian Trails
- Dog Park
- X# Map Coordinates

*See pages 36-37 for Parks and Facilities listed numerically by site number

ADOBE Adobe Art Center
Adobe Park 20395 San Miguel, CV
425 **B5**
 Art Studios/Gallery, Bocce Ball;
 Harry R. Francis Skateboard Park

AEOSP Alden E. Oliver Sports Park
 2580 Eden Park Pl., Hay
217 **H4**
 Sports Complex, Fitness Court

ASC Arroyo Swim Center 15701 Lorenzo, SLz
110 **C1**, Summer Swimming Only

ACC Ashland Community Center 1530 167th, Ash
122 **C3**

ARC Ashland Roots Center 16100 E. 14th St, Ash
105 **B3**

Ashland Zocalo 16640 E. 14th St, Ash
121 **C3**

BTP Bay Trees Park 19855 Cull Canyon, CV
BTTCC Bay Trees Tennis Courts
421 **B6** Handball

Bechtel Mini Park 22798 Ross Place, Hay
322 **F6**

Bidwell Park 175 Fairway, Hay
310 **H7**

Birchfield Park Santa Clara & Winton, Hay
203 **E4**, Horseshoe Pits

BOH Bohannon School 800 Bockman, SLz
113 **D2** Gymnasium

BHMSF Bret Harte Middle School Field
Bret Harte Middle School 1047 "E" St, Hay
402 **D5**

BURB Burbank Elementary School
 353 "B" St, Hay
127 **D4**

CANP Cannery Park 125 "B" St, Hay
201 **E4**, Splash Pad

Canyon Middle School
Coming Soon!

Canyon View Park Farm Hill & Daisy, Hay
314 **F7**

Carlos Bee Park 1905 Grove, CV
406 **C5**

Castro Valley Creek Park 3600 Norbridge, CV
408 **C5**, Amphitheater/Creek View

Castro Valley High School 19400 Santa Maria, CV
427 **B5**

CVL Castro Valley Library 3600 Norbridge, CV
408 **C5** Amphitheater

CVCC Castro Valley Park & Community Center
CVTC Castro Valley Tennis Courts
 18988 Lake Chabot, CV
101 **B4**,
 Chanticleer's Theatre, Splash Pad

CVPA1 Castro Valley Performing Arts
 3575 Somerset Ave., CV
 Dance Studio

CVPA2 Castro Valley Performing Arts
 3738 Castro Valley Blvd., CV
 Dance Studio

Castro Valley Swim Center
 Redwood Rd. & Mabel Ave., CV
426 **B5**, Summer Swimming Only

Centennial Park 24000 Amador, Hay
202 **E4**

CFD Center for the Dance 20391 Anita, CV
 Dance Studio

CHCC Cherryland Community Center
 278 Hampton Road, Chy
118 **C3**

Cherryland Park 198 Grove, Chy
117 **D3**, Horseshoe Pits

Children's Park at Giuliani Plaza
 Mission Blvd. & "D" St, Hay
401 **D5**

Christian Penke Park Tahoe & Morningside, Hay
215 **H4**

College Heights Park 27020 Fielding, Hay
318 **E7**

CMS Creekside Middle School
 19722 Center St, CV
424 **B6** Gymnasium

DLJJ Darcia Lira Jiu Jitsu
 2146 3-B Foothill Blvd., Hay
 Martial Arts Studio

DLDC Dance Live Dream Ctr 19615 Center St, CV
 Dance/Fitness Studio

Deerview Park 5780 Thousand Oaks, CV
420 **A6**

Del Rey Park Bockman & Channel, SLz
112 **D2**

District Office 1099 "E" Street, Hay
403 **D5**

DMT Douglas Morrison Theatre
 22311 North Third St, Hay
405 **D5**

EAABS Martial Arts Studio, 1252 "A" St, Hay
 Martial Arts Studio

Earl Warren Park 4660 Crow Canyon, CV
423 **B6**, Off-Leash Dog Park

EAP East Avenue Park 3221 East Ave, Fww
414 **D7**,
 Amphitheatre

East Avenue School 2474 East Ave., Fww
413 **D6**

Eden Greenway Cypress & Harder, Hay
204 **F4**

Eden Greenway Dog Park
 26874 Contessa Street, Hay
211 **G4**, Off-Leash Dog Park

Eden Greenway Fitness Court
 Sleepy Hollow & Chipplay Ave., Hay
211 **G4**

Edendale Park 16278 Ashland, Ash
120 **C3**

EMS Edendale Middle School, 16160 Ashland, Ash
104 **B3** Gymnasium

Eldridge Park Hamric & Rieger, Hay
213 **G4**

El Rancho Verde Park 541 Blanche, Hay
311 **H8**

Fairmont Linear Park Fairmont & East 14th, Ash
108 **B2**

Fairmont Terrace Park 2091 Manchester, CV
106 **B3**,
 Off-Leash Dog Park

Pictured in Banner at Top: Unity Park, Hayward

See the Facilities Map on pages 36-37!



HAYWARD AREA RECREATION & PARK DISTRICT

Program Contacts

HaywardRec.org

General Information

Customer Service
(510) 881-6700
info@HaywardRec.org

Parks Department
(510) 881-6715
ParkDept@HaywardRec.org

Park Rangers
(510) 881-6700
ParkRangers@HaywardRec.org

Program Information

Art Programs

(510) 881-6723
Arts@HaywardRec.org

Aquatics & Splash Parks

(510) 881-6703
PruT@haywardrec.org

Dance & Music

(510) 881-6723
GreD@HaywardRec.org

East Avenue Camps

(510) 881-6747
EastAveCamps@HaywardRec.org

Field and Gym Rentals

(510) 888-0102
SportsRentals@Haywardrec.org

Facility Rentals

(510) 881-6700
Reservations@Haywardrec.org

Fitness

(510) 888-0102
SpecialInterest@HaywardRec.org

Golf—Mission Hills Golf Course

(510) 888-0200
LeeD@HaywardRec.org

Gymnastics

(510) 888-0123
HudR@haywardrec.org

Hayward Shoreline Interpretive Center

(510) 670-7270
Shoreline@HaywardRec.org

Martial Arts

(510) 888-0102
SpecialInterest@HaywardRec.org

Photography

(510) 881-6723
Arts@HaywardRec.org

Preschool

(510) 888-0117
Preschool@HaywardRec.org

Park Explorers

(510) 888-0117
ParkExplorers@HaywardRec.org

Seniors

(510) 881-6738
(510) 881-6766
HardSenior@HaywardRec.org

Special Needs/Access for All

(510) 881-6778
SanM@HaywardRec.org

Special Events

(510) 626-8846
CruC@HaywardRec.org

Special Interest

(510) 888-0102
SpecialInterest@HaywardRec.org

Sports—Youth and Adult

(510) 888-0211
MunN@HaywardRec.org

Sulphur Creek Nature Center

(510) 881-6747
Nature@HaywardRec.org

Tennis

(510) 888-0202
LeeD@HaywardRec.org

Theatre

(510) 881-6723
Arts@HaywardRec.org

Volunteers

(510) 626-8846
Volunteer@HaywardRec.org

The Mission of the Hayward

Area Recreation and Park

*District is to enrich the
quality of life for our*

community by providing

a variety of recreational

activities, parks and facilities

that promote health,

wellness, learning and fun.



Weekes Park Community Center, Hayward

Pictured in Banner at Top: Ashland Zocalo, Ashland



HAYWARD AREA RECREATION & PARK DISTRICT

Policies

**H.A.R.D.
Holidays—
No Classes:
May 25**

How to Register Online

Register online for Spring 2026 beginning February 18 at 12:00pm.

To register online, you must use the Active Network registration website.

Go online to haywardrec.org/register. This will take you to the Active Network Registration website.

1 Create an Account

If you have not yet created an account, go online to the Active Network registration website at HaywardRec.org/OnlineRegistration for direct access and to create an account.

2 Login

After online registration opens, visit the Active Network registration website at HaywardRec.org/OnlineRegistration. Use your email address and password to login to your account to register, add family members, or make any changes to your account.

3 Register!

Register all your participants in their desired classes and activities.



**Summer
Camps
Registration begins
on February 25 at
12:00 pm.**

Registration Policies

Registration Guidelines

Correctly completed registrations will have priority. Registration with unsigned Liability Agreement will not be processed until signed. Class spaces will not be held. Only one form is needed for each household. Registrants from separate households wishing to register for the same class should mail separate registration forms in the same envelope.

Register early... classes fill quickly!

Online Resident Registration Processing Begins February 18 at 12:00pm

Resident emailed, mail-in, or faxed registration forms received before February 18 will be held by the registration staff. Random processing of these forms will continue until all classes have been filled. Forms received after this date will be processed in the order received. Make checks payable to H.A.R.D. Read, sign and date the Liability Agreement. Fill in the name of any applicants under the age of 18 on the line provided in the text of the agreement. Mail your completed Registration Form and Liability Release, fees and a self-addressed stamped envelope to: H.A.R.D. Registration, 1099 "E" Street, Hayward, CA 94541.

The Registration Form on page 74 may be faxed to (510) 881-6763. Please remember to check Visa, MasterCard or American Express and include the number and expiration date and sign the form. Visa, MasterCard and American Express are the only methods of payment accepted by fax. To confirm that we have received your fax call (510) 881-6700 immediately after faxing. Please do not mail after faxing.

Non-Resident Registration Processing Begins February 25 at 12:00pm

Non-resident registration begins on February 25. Non-resident mail-in or fax registration forms received prior to February 25 will be held by the registration staff. On February 25 random processing of these forms will begin on a space available basis. Non-resident fee is \$10 in addition to resident fees and applies to each class for which you register.

Scholarships

Partial scholarships may be available based on need and funds available. Please call (510) 881-6700 or email Scholarships@Haywardrec.org. These scholarships are made possible by generous funding from the H.A.R.D. Foundation.

Spring 2026 District Holidays

No classes: May 25

Class Fee Policy

Class fees will not be pro-rated for participants joining after the first class. There is a Senior Discount for Residents that are 60 years and older. In order to receive the 25% discount for classes (excluding Senior Programs, Golf Programs, Adult Tennis Leagues, and Chorus), registration must be done in person at the District Office.

Email Address Updates

Please be sure to call (510) 881-6700 to confirm that your email address on record with H.A.R.D. is current.

Pictured in Banner at Top: Weekes Community Center, Hayward

Some Common Registration Questions . . .

Did I get my class? Login to your account at www.haywardrec.org/register to receive up-to-date class information and view registration confirmations. If you have not received confirmation by February 25, please call (510) 881-6700. No places will be held by telephone. No confirmation will be returned without your self-addressed stamped envelope.

Can I visit my child's class? Attendance is limited to registered participants only. The Recreation District has no personnel available to supervise children before or after scheduled classes. Sorry, no parents in children's classes either.

What about full or cancelled classes? The District sets minimum and maximum numbers of participants for classes. We will take a waiting list for any class and will attempt to schedule a new class when a sufficient number has signed up. Classes will be cancelled if the minimum registrations are not received. It is helpful to include a second choice if possible.

Are there any age limits? Where "Age Level" is indicated, your child must be that age on the starting day of the program unless otherwise noted.

Cancellation Policies

Program Cancellation and Refund Policy

Full refunds will be issued for any class or program cancelled by H.A.R.D.

Program refunds of \$100 or more will be automatically made as refunds, not credits and returned in the form of the original payment. Customers can opt for a credit for program withdrawal or cancellation for amounts less than \$100. However, this credit will be kept on your ACTIVE account through the end of the calendar year only. If not used, a refund of that credit amount will be issued.

Cash payments are refunded by District check and can take up to 30 days. Refund checks will be made to the primary account contact and will be mailed to the home address on file. Please be sure your account information is up to date.

Processing Fees: All transfers and withdrawals will incur a processing fee of \$5 for each activity/class that you withdraw or transfer from. Pre-K programs will be a \$15 withdrawal fee.

7 Days/1 Week Prior Notice to District: For a full refund, [minus the \$5 processing fee], you must notify the District online, in person or over the phone at least 7 calendar days (one week) before the program begins or the registration deadline. For example, for activities and programs that start on a Monday, you must notify us by 5:00pm the Monday prior. The last day to withdraw from a Saturday or Sunday program is the prior Monday.

Less than 7 Days Notice or After the Program Begins: Refund requests made less than 7 days notice or after the program begins are not guaranteed. Each case will be reviewed on an individual basis. If approved, the refund will incur a 50% processing fee or be prorated based on the number of classes attended or that have passed.

Failure to attend a program (no shows) will not be granted a refund. Refunds will not be issued for requests received after the program is finished.

Facility Rental Cancellation and Refund Policy

Buildings, picnic areas, theater, fields, gyms: Any changes to the rental contract/permit regarding date, location or cancellation are subject to a forfeiture of the \$50 non-refundable deposit and must be made before thirty (30) calendar days prior to the event. The original permit must be returned to obtain a revised permit. *Refunds are not issued for unused hours.*

For field rentals in the case of rainy, wet or muddy conditions, a refund will be issued if the District is notified in writing within 72 hours after the scheduled date of use or if the District closes fields due to weather.

Any cancellation and/or changes must be submitted in writing by the applicant a minimum of thirty (30) calendar days prior to the permit date.

Cancellation fewer than thirty (30) calendar days before scheduled permit date will include forfeiture of the equivalent to 50% of the rental fees owed and/or collected to date. If fees have already been paid, the forfeiture will come out of the fees. If the fees have not been paid as of the cancellation, the forfeiture will come out of the deposit.

Refundable security and/or cleaning deposits will be refunded based on the following conditions: request to cancel falls within the allowed period; facility is left in the condition it was found with no damage done to the facility based on rental usage; garbage and recycling are stored in the proper containers or removed; equipment and materials removed; renters abide by the facility rules and regulations and the ordinances governing H.A.R.D.

(continued in next column)

Occasionally, the District may find it necessary to reschedule, relocate or cancel a previously approved permit. In that event, the District will give as much notice as possible. In the event of a cancellation, the entire permit fee (including all deposits) will be refunded.

Justice, Equity, Diversity, and Inclusion Policy

At Hayward Area Recreation and Park District, we know community members' access to high-quality parks, facilities, and recreational opportunities improves the quality of their lives by promoting health and wellness, learning, and fun. We recognize that justice, equity, diversity, and inclusion are fundamental values that guide our work toward accomplishing this mission. We are committed to ensuring these principles permeate every aspect of our work and inform our decision-making moving forward. For the full policy, please go to Justice, Equity, Diversity, and Inclusion | Hayward Area Recreation and Park District, CA (haywardrec.org)

Access for All

Hayward Area Recreation and Park District welcomes and encourages the participation of ALL in our programs and services. To facilitate opportunities for participants with and without disabilities to engage in recreational offerings together, the District provides Inclusion Services. Successful accommodation requires planning, communication and coordination. Please see below for the general guideline and process. Please note this process is confidential. Please visit HaywardRec.org/AccessForAll for additional information. Please note that a two-week notice (10 business days) prior to registration a completed "Access for All" request form is required. If you have questions or specific access needs in order to participate in a program please call (510)881-6700 or the Program Coordinator II at (510) 881-6778.

Code of Conduct

Hayward Area Recreation and Park District is committed to serving the Greater Hayward Area with the highest quality program experience. We are committed to providing a positive recreational experience. In order to ensure that all participants and staff are provided a positive, safe and open experience the following "Code of Conduct" expectations will apply. Please immediately report any concerns to District staff or call (510) 881-6700.

Participants and Staff are expected to:

1. Follow and adhere to all District, Local, State and Federal Laws, Regulations and/or Local Ordinances with regard to behavior. Parents and guardians of minors are responsible for adherence to District Regulations for those in their care.
2. Participants and Staff are expected to be considerate of others. Treat others with kindness, courtesy, and respect.
3. Refrain from using abusive, obscene, threatening, harassing, insulting or suggestive language or gestures.
4. Refrain from engaging in (or threatening) physical violence, intimidation, assault, or battery, including but not limited to unwanted/unsolicited touching.
5. Protect and respect the facility and grounds of the District including equipment, supplies, furnishings and landscaping. Report any vandalism to staff or call (510) 881-6700.
6. Refrain from loitering or sleeping in facilities or on District grounds or using public areas such as restrooms for personal hygiene (shaving, bathing, etc.).
7. Specific District authorization, permit and approval are required for video or audio recording on District property.
8. Offensive body odors that affect others including the use of scented products or insufficient personal hygiene may result in being asked to leave our facilities or programs until offensive odors are eliminated, remedied or limited.
9. For safety, individuals must be able to care for themselves while partaking in Center activities. Staff may determine for the participant's safety that it is required for the patron to be accompanied by an attendant. The attendant is required to remain with patron during activities and on the premises for the duration of participation.

MAIN ACCOUNT CONTACT INFORMATION (Participant, or if Participant is under 18, Participant's parent or guardian)

FIRST NAME _____ LAST NAME _____ BIRTHDATE _____ M F Gender
 STREET ADDRESS _____ CITY _____ ZIP _____
 PRIMARY PHONE _____ SECONDARY PHONE _____ TEXT ALERT PHONE _____ EMAIL _____
 EMERGENCY CONTACT #1 / RELATIONSHIP _____ PHONE _____ EMERGENCY CONTACT #2 / RELATIONSHIP _____ PHONE _____

**HAYWARD AREA RECREATION AND PARK DISTRICT
 REGISTRATION FORM**



Make check payable to: H.A.R.D.
 Mail to: 1099 "E" Street, Hayward, CA 94541
 Fax to: (510) 881-6763
registration@HaywardRec.org

FIRST CHOICE		SECOND CHOICE		FEES
Participant's First and Last Name	Gender	Birthdate	Activity Name	Activity Number
	M F NB O / /	/ /		\$
	M F NB O / /	/ /		\$
	M F NB O / /	/ /		\$

PAYMENT METHOD: Cash Client Credit Check Card Number _____
 Visa MasterCard American Express Card Number _____ 3-Digit Security Code _____

Credit Card Signature _____ Credit Card Expiration Date _____

Additional \$10 per class Non-Resident Fee, if applicable
TOTAL FEES \$ _____

IMPORTANT NOTE: Registration will not be processed unless ALL of the information is completely filled out and the liability agreement (below) has been signed.

RESPONSIBILITY AGREEMENT, WAIVER AND RELEASE

In consideration for being permitted by the Hayward Area Recreation and Park District to participate in the above-referenced activity, I hereby waive, release and discharge any and all claims for damages for personal injury, death, or property damage which I may have, or which may hereafter accrue to me, as a result of participation in said activity. This release is intended to discharge in advance the District (its officers, employees, volunteers, and agents) from any and all liability arising out of or connected in any way with my participation in said activity, even though that liability may arise out of active or passive negligence or carelessness on the part of the persons or entities mentioned above. It is further agreed that this waiver, release and assumption of risk is to be binding on my heirs, administrators, executors and assigns and that I shall indemnify and hold the District (including its officers, employees, volunteers, and agents) free and harmless from any loss, liability, damage, cost, or expense which may arise out of or connected in any way with my participation in said activity. Additionally, I fully understand that my participation in the above-referenced activity exposes me to the risk of personal injury, death, communicable diseases, illness, viruses, and/or property damage. I hereby acknowledge that I am voluntarily participating in this activity and agree to assume any such risks.

VIRTUAL CLASS RELEASE: I hereby warrant and agree, that the conditions of my environment are safe, free from obstructions, and are suitable for participation in the above-referenced activity. I further understand and agree that any material downloaded, viewed or otherwise obtained through my participation in said activity is done at my own risk and the District is not responsible for any loss, alteration, corruption or other damage to my personal property, including computers, networks and other property used as part of my participation. **PHOTOGRAPHIC RELEASE:** I understand that photographs may be taken during this activity and hereby grant the District permission to use any such photo(s) for advertising or in promotional materials.

PARENTAL/GUARDIAN CONSENT: (To be completed and signed by parent/guardian if participant is under 18 years of age) I hereby consent that my son/daughter, _____, participate in the above-referenced activity, and I hereby execute the above Agreement. Waiver, and Release on his/her behalf. I state that said minor is physically able to participate in said activity. I hereby agree to indemnify and hold the District (including its officers, employees, volunteers, and agents) free and harmless from any loss, liability, damage, cost, or expense which may arise out of or connected in any way with said minor's participation in said activity.

**I HAVE CAREFULLY READ THIS AGREEMENT, WAIVER AND RELEASE AND FULLY UNDERSTAND ITS CONTENTS.
 I AM AWARE THAT THIS IS A RELEASE OF LIABILITY AND A CONTRACT BETWEEN MYSELF AND THE HAYWARD AREA RECREATION AND PARK DISTRICT AND I SIGN IT OF MY FREE WILL.**

Signature _____ Date _____
 Parent Guardian Participant

INFORMATION: Registration will not be processed unless ALL of the information is completely filled out and the liability agreement (left) has been signed. **E-MARKETING SIGN-UP:** I understand that by providing my email address I am giving the District permission to sign me up for e-news alerts including District related Constant Contact, Facebook, and District and program alerts. I understand I may unsubscribe at any time. I understand my email address will not be sold.



COUNTDOWN to SUMMER



Sunday, March 22 | 1:00-3:00 pm

CHERRYLAND COMMUNITY CENTER



Explore Summer Camps in One Place

Meet camp instructors –there's still space available in many camps!



Camp Demos & Activities

Kids can try hands-on activities and sample the fun of summer camp.



Prizes & Giveaways

You could win a FREE week of summer camp (eligible residents) and H.A.R.D. summer fun kits.



Treats & Family Fun

Discover new camps, confirm your plans, or find the perfect fit for the rest of summer.



17 Already registered? Still deciding?

This is the perfect chance to discover new camps, confirm your picks, or find a great fit for summer camp!

510-881-6700

INFO@HAYWARDREC.ORG

**ENTER TO
WIN A FREE
WEEK OF
CAMP!**





HAYWARD AREA RECREATION
AND PARK DISTRICT FOUNDATION
1099 "E" STREET
HAYWARD, CA 94541

Non-Profit Org.
U.S. Postage
PAID
Permit No. 2930
Hayward, CA

ECRWSS

RESIDENTIAL CUSTOMER

HAYWARD AREA RECREATION & PARK DISTRICT
1099 E Street, Hayward, California 94541
(510) 881-6700 | HaywardRec.org

81st Egg Hunt & Bonnet Parade!

Saturday, April 4, 2026

at Kennedy Park 19501 Hesperian Blvd., Hayward

The Hayward Area Recreation and Park District will host the 81st Annual Egg Hunt and Bonnet Parade, rain or shine. The Egg Hunt is free to attend and does not require registration. Egg hunt start times will be staggered by age, and there are two separate hunt locations within the park (see page 5 for details). For participants who may benefit from adaptations such as reduced crowds or lower noise levels, pre-registration is required to help us prepare; please register for Activity #37517 (see page 44 for more details). Bonnet Parade registration takes place onsite only on the morning of the event beginning at 9:00 a.m. (no online registration). The Bonnet Parade, led by the Bunny, will begin immediately following the Egg Hunt. Parade participants must be 6 years old or younger, and all bonnets must be homemade and worn during the parade to qualify for judging. Bonnets will be judged for the prettiest, most unusual, and most colorful designs.

Don't let the cost of programs keep you from joining in!
HARD has scholarships available. scholarships@HaywardRec.org

¡No permita que el costo de los programas le impida participar!
HARD tiene becas disponibles. scholarships@HaywardRec.org



**Parks
Make
Life
Better!**