



Recreation Guide Winter 2026

Programs | Classes | Activities | Events | Parks | Open Space | Facilities



Warm Up with Our Winter Dance & Music Classes

See pages 13-15, 24-25, 37, 40,
46-47, and 57-58 for details.

New
Registration
Time

H.A.R.D. Board of Directors

Louis M. Andrade, *President* | Sara Lammim, *Vice President*
Rick J. Hatcher, *Secretary* | Peter Rosen, *Director*
Paul W. Hodges, Jr., *Director*

Hayward Area Recreation and Park District Foundation

Lori Taylor, *President* | Mark Gerry, *Vice President*
Gene Anderson, *Treasurer* | Radonna Scott, *Secretary*
Steven Love, *Executive Director*

Online Registration
begins **November 19**
at **12:00pm.**

See page 72 for details.

HaywardRec.org



Measure F1 Bond Update

On November 8, 2016 the District voters overwhelmingly approved Measure F1, a \$250 million bond that will improve and enhance H.A.R.D. parks and facilities.

H.A.R.D. will continue to provide updates on Measure F1. For up to date information, visit our website at www.HaywardRec.org/HARDatWork.

We have so much good news to share!

Completed and Open to the Public

- ▲ Alameda County Agricultural History Center at Meek Park
- ▲ Ashland Roots Center at Madrone Terrace
- ▲ Tennyson Park Renovation
- ▲ Unity Park at Mission & Mattox

Under Construction

- ▲ Canyon Middle School Sports Fields (with Castro Valley Unified School District)
- ▲ Energy Efficiency Project (District-wide Improvements)
- ▲ San Lorenzo Community Center Renovation

Construction to Start in Late 2025

- ▲ Ashland Grove Park (Ashland – E 14th & Mateo Street combined)
- ▲ Bay Trees Park – ADA Improvements
- ▲ Bidwell Park & Community Center
- ▲ Greenbelt Trail Signage
- ▲ Hayward Plunge Renovations
- ▲ Mt. Eden Park Renovations

In Design

- ▲ Carol Pereira Park at D & Clay / 1350 E Street Park
- ▲ San Lorenzo Creekway
- ▲ Valley View Park
- ▲ Weekes Community Park Renovation



Ashland Roots Center, Ashland



Unity Park at Mission & Mattox, Ashland

On the Cover: Hayward Area Senior Center, Hayward, Hayward; Pictured in Banner at Top: Alameda County Agricultural History Center at Meek Park, Cherryland

Recreation Guide Winter 2026



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Pictured above left: San Felipe Park, Fairview Above right: San Lorenzo Community Park, San Lorenzo

HAYWARD AREA
RECREATION &
PARK DISTRICT
FOUNDATION

1099 E Street
Hayward, CA 94541
(510) 514-5722

lovs@haywardrec.org
thehardfoundation.org

H.A.R.D.
FOUNDATION
OFFICERS

Lori Taylor
President

Mark Gerry
Vice President

Gene Anderson
Treasurer

Radonna Scott
Secretary

Steven Love
Executive Director

H.A.R.D.
FOUNDATION
MISSION

*Our mission is to create
partnerships and foster
charitable giving to help
H.A.R.D. create, maintain,
and operate outstanding
parks and programs
accessible and fun for all.*



Foundation News

Celebrating 40 Years of Service to the H.A.R.D. Community

Dear Friends of H.A.R.D.,

As winter settles in and a new year approaches, I find myself reflecting on the strength of our community and the many ways we work together to make recreation and enrichment accessible to everyone. The Hayward Area Recreation & Park District (H.A.R.D.) and its Foundation are committed to ensuring that all residents—no matter their financial circumstances—can enjoy the benefits of our parks, programs, and facilities.

One of the most impactful ways we live out this mission is through the H.A.R.D. Foundation Scholarship Program. These scholarships provide access to H.A.R.D. classes, camps, and activities, helping ensure that children, teens, adults, and seniors throughout our service area can participate fully in community life. Whether it's a child learning to swim, a teen discovering leadership skills, or a senior joining a fitness class, scholarships break down financial barriers so that everyone can belong.

I invite you to learn more about the program by visiting www.thehardfoundation.org/scholarships. The stories you'll find are powerful reminders of the difference access to recreation can make—building confidence, creating connections, and promoting health and well-being.

As we look toward the year ahead, I encourage you to join us in supporting this vital effort. Your gift—of any amount—directly opens doors for neighbors across our community. By giving, you ensure that H.A.R.D. programs remain accessible to all, regardless of means.

On behalf of the H.A.R.D. Foundation Board, I want to thank you for your continued support. Together, we are building stronger, healthier, and more connected communities—one scholarship at a time.

Warm regards,

Lori Taylor, President
Hayward Area Recreation and Park District Foundation

Welcome to
Winter 2026

Kennedy Park,
Hayward



Special Events

SPECIAL EVENTS

Bubble Extravaganza Show

This fabulous and extremely POPular show will have you BURSTing with laughter. It's crazy, zany, super silly and tons of fun. You don't want to miss out on the bubbles! Registration is for each child.

36958	2-12 yr	Sa	10:00am-11:00am	Jan 31
	1 class	HASC	HARD Staff	\$15

Family Trivia Night

Join us for a Family Feud-style showdown! Teams will shout out answers to wacky questions, compete for prizes, and share lots of laughs. A fun, fast-paced event for the whole family! Registration required for everyone attending.

36957	All Ages	F	5:00pm-7:00pm	Jan 9
	1 class	CHCC	HARD Staff	\$10

ABC & 123: Come Learn with Me: Pre-K Open House

Take a tour of our Pre-K Learn & Play classrooms and meet our staff. Pre-register & attend for your chance to win free HARD swag. Drop-ins welcome as well. If you are unable to make scheduled open house, please email preschool@haywardrec.org to schedule your own tour. San Felipe class is Bilingual.

37155	3½-5½ yr	Th	11:00am-12:00pm	Jan 8
	1 class	SFCC	HARD Staff	FREE
37156	3½-5½ yr	Th	11:00am-12:00pm	Jan 15
	1 class	SGCC	HARD Staff	FREE
37152	3½-5½ yr	Th	11:00am-12:00pm	Jan 22
	1 class	CHCC	HARD Staff	FREE
37154	3½-5½ yr	Th	11:00am-12:00pm	Jan 29
	1 class	CVCC	HARD Staff	FREE

Love in the Animal Kingdom

Love darts, polyamory, and post-coital cannibalism, join us as we explore the wild side of love in the animal kingdom. This is a 21+ event for adults to enjoy an evening of fun and learning. Wine and beer tasting included as well as snacks and treats.

36479	21 yr+	F	5:00pm-6:30pm	Feb 13
	1 class	SCNC	Nature Staff	\$40

Sensory Wonderland

Join us for sense-sational fun! Touch, play, and discover in a world designed to spark joy and wonder. Kids can explore, create, and imagine—come feel the fun! Registration for each child required.

36959	0-12 yr	Sa	10:00am-1:00pm	Feb 28
	1 class	Meek Park	HARD Staff	\$20

Countdown to Summer

Kick off summer with H.A.R.D.! Try camp activities, meet our staff, and enjoy music and treats—plus enter for a chance to win a free week of camp for eligible residents. No registration needed.



Cherryland Community Center
Sunday, March 22 | 1:00pm-3:00pm

Trail of Hearts

Love is in the air—and on the trail! Join us for a Valentine's Day adults-only hike, ending with sweet treats and heart-healthy steps for the perfect date with the great outdoors.

36968	18 yr+	Sa	10:00am-12:00pm	Feb 14
	1 class	EAP	HARD Staff	\$20

For more info on
Countdown to Summer see page 75

Pictured in Banner at Top: Adobe Park, Castro Valley

SPECIAL EVENTS

TEEN EVENTS

Great Hayward Cakeover

Teens, join us for a FREE cake decorating class! Learn frosting techniques, get creative, and design your own cake masterpiece. Bring friends, show off your skills, and take home your creation. Limited spots—sign up today!

36505	13-17 yr	F	4:30pm-6:30pm	Feb 6
	1 class	SRC	HARD Staff	FREE



Sorensdale Community Center, Hayward

Teen Geocaching

Join us for a treasure of a time! Hunt, seek, and find hidden geocaches while exploring the outdoors. Sharpen your senses, and discover that adventure is always just around the corner. Food and refreshments provided.

36960	13-17 yr	F	4:30pm-6:30pm	Mar 27
	1 class	TBA	HARD Staff	FREE

Teen K-Pop Dance Night

Bring the spotlight to the dance floor! Teen K-Pop Dance Night welcomes all levels to bust out idol-worthy moves, vibe with friends, and drop the beat like your favorite bias. Food and refreshments provided!

36969	13-17 yr	F	5:00pm-7:00pm	Jan 23
	1 class	WPCC	HARD Staff	FREE

SENIOR EVENTS

Pop-Up Springtime Boutique

This promotion and registration is for vendors. Enroll NOW, limited spots available. Call the Hayward Senior Center for details, (510) 881-6766. Everyone is invited to come to this free event. There will be over 10 vendors selling one-of-a-kind items and unusual treasures. Don't miss this special event!

36230	18 yr +	F	1:00pm-4:00pm	Mar 13
	1 class	HASC	HARD Staff	\$20

ARTS SPECIAL EVENTS

Join the H.A.R.D. Arts community for creative events designed for families and all ages. No matter your artistic ability, everyone is welcome to participate, connect, and have fun through the arts. Pre-Registration is required.

Empty Bowls Project

Be part of the Empty Bowls Project—a community event where every guest chooses a handmade ceramic bowl, crafted by local artists and community members. You'll use your bowl during the shared meal of soup and bread, generously donated by local restaurants, and then take it home as a reminder of your contribution. Your participation directly supports local hunger-relief programs, turning a simple meal into a powerful act of compassion and community care.

37082	16 yr +	S	12:00pm-2:00pm	Jan 11
	1 class	WPCC	HARD Staff	\$15

Community Quilt

Join us at H.A.R.D.'s Fiber Shed to make a Community Quilt! This event invites people of all ages to contribute a square that reflects their unique story, culture, or creativity. Together, these pieces will be stitched into a vibrant quilt that celebrates unity, diversity, and the power of collective expression.

37083	18 yr +	Sa	2:00pm-5:00pm	Feb 21
	1 class	FVH (Fiber Shed)	HARD Staff	\$10

Magic Lantern Arts Festival

An early evening art festival that invites participants to explore the magic of art through playful shadow puppets, glowing lanterns, and interactive light creations alongside live music, entertainment, and warm drinks. This hands-on event sparks imagination and creativity while turning ordinary light and shadow into extraordinary works of art.

37084	16 yr +	Sa	5:00pm-8:00pm	Mar 21
	2 classes	ADOBE	HARD Staff	FREE



Hayward Area Senior Center, Hayward

DMT PRESENTS & FEATURED PERFORMANCES

Douglas Morrison Theatre - 22311 N. 3rd Street, Hayward CADMT Ticket Box Office: haywardrec.org/theater*Join us for a curated selection of shows for 2026 and performances by our select resident companies.***H.A.R.D. Youth Conservatory:
Sound of Music****February 7 & 8, 2026 | \$18**

Join us at the Douglas Morrison Theatre for the youth production of *The Sound of Music*, where talented young performers bring this beloved classic to life with heart-warming songs and timeless storytelling. Directed by Ish Amitoj Kaur, the program trains students in acting, singing, and movement, culminating in a fully staged performance for family and friends.

L-O-V-E: Songbook and Stories
By Stella Heath and the Starlights**February 14, 2026 | \$25**

Stella Heath & the Starlights return for their third year with *L-O-V-E: Songbooks and Stories*, a Valentine's Day performance filled with romance, nostalgia, and timeless jazz classics. From Ella Fitzgerald to Nat King Cole, Heath's velvety vocals, rich storytelling, and dazzling musicianship make this intimate show the perfect way to celebrate love.

**Deep Roots, Bold Blues:
A Celebration of Black Heritage**

By West Coast Blues Society

February 28, 2026 | \$25

Join us for *Deep Roots, Bold Blues*, a Black History Month celebration presented by the West Coast Blues Society that honors the legacy of Blues music and its profound connection to Black heritage. With powerful storytelling, soul-stirring vocals, and searing guitar licks, this unforgettable concert traces the Blues from its Deep South origins to its West Coast evolution, celebrating resilience, creativity, and the enduring spirit of Black music.

Songs for a New World

By Hillbarn Theatre

March 27-29, 2026 | \$40

Songs for a New World is Jason Robert Brown's powerful song cycle that blends pop, gospel, jazz, and contemporary musical theater into an emotional journey through life, love, and change. Hillbarn Theatre's dazzling production brings soaring melodies, rich storytelling, and timeless themes of courage and hope to the stage.

**DMT INCUBATION PROGRAM
Puppet Performance and
Workshop** By Possibly Puppets**January 2026 | \$10**

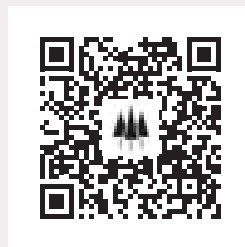
Step into a world of imagination and creativity with *Puppets in Motion*, a unique event that brings puppetry to life through an interactive performance and hands-on workshop!

**DMT INCUBATION PROGRAM
Carnaval Celebration**
By Local Bolivian Dance Troupes**March 2026 | \$10**

This performance brings the vibrant energy, rhythm, and tradition of Bolivian Carnaval to the stage in a dazzling performance of music and dance. Experience the rich cultural heritage of Bolivia through colorful costumes, dynamic choreography, and the infectious beats of traditional Andean and Afro-Bolivian rhythms, celebrating the spirit and joy of Carnaval!

Golden Age Matinee**First Tuesday of Jan & Mar | \$10**

The Golden Age Matinee is dedicated to celebrating the classic films of Hollywood's Golden Age. Taking place every first Tuesday afternoon of the month, this series offers a nostalgic trip back in time with screenings of beloved movies from the 1930s to the 1960s.



Scan the
QR Code and
**Check
out
Our
Season
Booklet**
and the latest events!



Winter Camps

for ages 5-15 years

Pictured in Banner Above: Weekes Community Center, Hayward

Seasonal Camps

New Art Extravaganza Winter Break Camp

Experience art in new ways every day! Students will try drawing, painting, collage, and sculpture, learning techniques while making projects that encourage creativity, self-expression, and artistic growth.

36539	5-9 yr	T-F	9:00am-3:00pm	Feb 17-Feb 20
	4 classes	KASCC	A-Z Creativity Staff	\$440

Minecraft Game Design & Coding

Create your own Minecraft adventure! Students will learn coding, design custom worlds, build interactive challenges, and develop problem-solving skills—all while exploring programming, logic, and creativity in a hands-on, playful environment.

37017	5-12 yr	T-F	1:00pm-4:00pm	Feb 17-Feb 20
	4 classes	CHCC	Rrooar Staff	\$255

STEAMwarts Academy

Join STEAMwarts Academy and create your own wand, brew potions, tame magical beasts, and craft a flying dragon—ending with an enchanted graduation filled with butterbeer and wizard diplomas. **An additional \$20 Materials Fee is due to the instructor at the first class.**

37000	5-12 yr	T-F	9:00am-4:00pm	Feb 17-Feb 20
	4 classes	SFCC	CI Staff	\$550
37001	5-12 yr	T-F	9:00am-12:00pm	Feb 17-Feb 20
	4 classes	SFCC	CI Staff	\$375



Sulphur Creek Nature Center, Fairview

Winter Wildlife Camp at Sulphur Creek

Explore nature and learn about animals at Sulphur Creek's Wildlife Camp. Campers will meet animals, do crafts, go on hikes, and explore the park with us! Campers are to provide their own snacks, lunch, and water bottles.

36485	5-9 yr	T-F	9:00am-3:00pm	Feb 17-Feb 20
	4 classes	SCNC	Nature Staff	\$280

Young Engineers Galileo Tech - Animal Life in Minecraft City

Build, play, and power up! Explore Minecraft-themed creations, LEGO machines, and hands-on engineering challenges. Unlock creativity, problem-solving, teamwork, and mechanical skills in this fun, interactive STEM adventure for kids.

37016	5-12 yr	T-F	9:00am-12:00pm	Feb 17-Feb 20
	4 classes	CHCC	Rrooar Staff	\$255

See pages 69-70 for the Guide to Class Locations and Facilities.



**H.A.R.D. Holidays—
No Classes:
Jan 19 and
Feb 16**

Aquatics All Ages

Pictured in Banner Above: Arroyo Swim Center, San Lorenzo

- ▲ Improvements are on their way to the Hayward Plunge! Due to these renovations, the Hayward Plunge will be closed until Fall 2026. We apologize for any inconvenience this may cause, as we replaster, repaint and repair. We invite you to join us at the Arroyo Swim Center!
- ▲ To help you stay on track with your swimming fitness, lap swimming, or lessons, we invite you to join us at the Arroyo Swim Center during this time.

Arroyo Swim Center 15701 Lorenzo Avenue, San Lorenzo | (510) 317-2306
 All Swim Centers are equipped with a pool lift, locker room, showers and facility access ramp for addition accessibility into the facility. For information, please call the Swim Center.

Drop-In Programs Winter 2026 Quarter: January 2-March 29
 Closed: January 19; February 16

Adult Lap Swim & Water Walking (13 yrs+)

Location: Arroyo Swim Center,
 15701 Lorenzo Ave, San Lorenzo, CA 94580
 Come enjoy lap swimming or water walking.
Fee:\$5 drop-in rate
 Current Lap Pass: Adult \$63 for 15 swims,
 Senior (60+) \$47 for 15 swims

Lap Swim Hours: January 2-March 29

Monday 7:00am-8:45am 10:30am-2:00pm	Thursday 7:00am-2:00pm 5:00pm-6:00pm* 6:00pm-8:00pm
Tuesday 7:00am-2:00pm 5:00pm-6:00pm* 6:00pm-8:00pm	Friday 7:00am-8:45am 10:30am-2:00pm 5:00pm-7:00pm
Wednesday 7:00am-8:45am 10:30am-2:00pm	Saturday 7:00am-9:00am 9:00am-9:30am*
<i>*two lanes available</i>	Sunday 8:00am-12:00pm



Arroyo Swim Center, San Lorenzo

Public Recreational Swim (All Ages)

Location: Arroyo Swim Center,
 15701 Lorenzo Ave, San Lorenzo, CA 94580
 All visiting groups that wish to come during regular scheduled public swim times must be approved by the Aquatics Office in advance; required forms available at any pool. (Examples: Child Care Centers, Day Camps, School Groups, etc.)
Please note that kids in visiting groups must be 8 yrs+.

Recreational Swim Hours: January 3-March 28

Saturday 2:00pm-4:00pm
Fee: \$3 per person

All children under the age of 8 must be accompanied one-on-one by an adult in the water at all times.

See pages 69-70 for the Guide to Class Locations and Facilities.



Therapeutic Swim (All Ages)

Location: Arroyo Swim Center,
15701 Lorenzo Ave. San Lorenzo CA, 94580

Therapeutic Swim Hours:

January 4– March 29

Sundays: 11:00am-12:00pm

Fee: \$5 drop-in rate

(includes participant and caregiver if needed)

Therapeutic Swim welcomes individuals with special needs to enjoy swimming, play, or relaxation in a calm aquatic setting. To participate, participants must be approved for the "Access for All" program. You can search for the application on our website haywardrec.org. All students must be accompanied to the pool by a parent or adult caregiver. Children under the age of 8 and other participants that aquatic or therapeutic staff recommend needing closed supervision will need an adult caregiver to accompany them in the water.

Learn to Swim Arroyo Swim Center

Tiny Tot (3-5 yrs)

Course is designed to develop in young children a comfort level in and around the water and a readiness to swim. This course does not teach children to be accomplished swimmers or to survive in the water. Maximum of 4 students per instructor.

Arroyo Swim Center

Monday/Wednesday

36641	4:00pm-4:30pm	Jan 5-Jan 21	5 classes	\$60
36642	4:00pm-4:30pm	Jan 26-Feb 11	6 classes	\$72
36643	4:00pm-4:30pm	Feb 18-Mar 4	5 classes	\$60
36644	4:00pm-4:30pm	Mar 9-Mar 25	6 classes	\$72
37191	5:25pm-5:55pm	Jan 5-Jan 21	5 classes	\$60
37200	5:25pm-5:55pm	Feb 18-Mar 4	5 classes	\$60
37204	5:25pm-5:55pm	Mar 9-Mar 25	6 classes	\$72

Saturday

36752	12:25pm-12:55pm	Jan 3-Feb 7	5 classes	\$60
36760	12:25pm-12:55pm	Feb 21-Mar 28	6 classes	\$72

Group Swim Lessons (6-13 yrs)

Beginning Levels 1 and 3 focus on a child's basic development from floating to crawl stroke and backstroke. Levels 4 and 5, crawl stroke with rhythmic breathing, elementary backstroke, and the introduction to breaststroke are the main focuses. Advanced Level 6 is designed to fine-tune a child's stroke and introduce swimmers to the competitive atmosphere. Maximum of 8 participants per instructor.

Arroyo Swim Center

Monday/Wednesday

37193	6:05pm-6:35pm	Jan 5-Jan 21	5 classes	\$65
37197	6:05pm-6:35pm	Jan 26-Feb 11	6 classes	\$78
37201	6:05pm-6:35pm	Feb 18-Mar 4	5 classes	\$65
37205	6:05pm-6:35pm	Mar 9-Mar 25	6 classes	\$78

Saturday

36750	1:05pm-1:35pm	Jan 3-Feb 7	5 classes	\$78
36758	1:05pm-1:35pm	Feb 21-Mar 28	6 classes	\$78

Small Group Lessons (6-13 yrs)

A 30-minute lesson designed for students needing more individual attention. Maximum of 4 students per instructor.

Arroyo Swim Center

Monday/Wednesday

37190	4:35pm-5:05pm	Jan 5-Jan 21	5 classes	\$100
37196	4:35pm-5:05pm	Jan 26-Feb 11	6 classes	\$120
37199	4:35pm-5:05pm	Feb 18-Mar 4	5 classes	\$100
37203	4:35pm-5:05pm	Mar 9-Mar 25	6 classes	\$120

Saturday

36751	11:45am-12:15pm	Jan 3-Feb 7	5 classes	\$100
36759	11:45am-12:15pm	Feb 21-Mar 28	6 classes	\$120



See pages 69-70 for the Guide to Class Locations and Facilities.



Private Lessons (6+)

A 30-minute lesson designed for students needing more individual attention or those looking for extra practice. Classes can be tailored to the individual's swimming skills, from beginner to advanced.

Arroyo Swim Center

Monday/Wednesday

37192	5:25pm-6:05pm	Jan 5-Jan 21	5 classes	\$165
36646	5:25pm-6:05pm	Jan 26-Feb 11	6 classes	\$198
36647	5:25pm-6:05pm	Feb 18-Mar 4	5 classes	\$165
36648	5:25pm-6:05pm	Mar 9-Mar 25	6 classes	\$198

Adult/Teen Learn to Swim (13 yrs+)

Adult/Teen lessons are offered for all skill levels, very beginner to advanced. Course emphasis is on improvement and endurance. Maximum of 6 participants per instructor.

Arroyo Swim Center

Monday/Wednesday

37194	6:45pm-7:15pm	Jan 5-Jan 21	5 classes	\$65
37198	6:45pm-7:15pm	Jan 26-Feb 11	6 classes	\$78
37202	6:45pm-7:15pm	Feb 18-Mar 4	5 classes	\$78
37206	6:45pm-7:15pm	Mar 9-Mar 25	6 classes	\$78

Saturday

36748	12:25pm-12:55pm	Jan 3-Feb 7	5 classes	\$78
36756	12:25pm-12:55pm	Feb 21-Mar 28	6 classes	\$78

Competitive Stroke Development

This class teaches racing dives and turns, along with all four competitive strokes - freestyle, backstroke, breaststroke, and butterfly - in a swim team - style environment. Students who have participated in this class previously may register directly; all others should register for a "Swim Try Out" in ActiveNet to demonstrate prerequisites prior to registration. Try Out Activity Codes for all age groups: 36769, 36770, 36771. For questions, please contact Aquatics Coordinator, Tom Prusinovski. 510-881-6720 prut@haywardrec.org.

5-8 years

Prerequisites: Participants must be able to swim 25 yards of freestyle (with rhythmic/side breathing) and backstroke.

Arroyo Swim Center

Saturday

36749	11:20am-12:05pm	Jan 3-Feb 7	5 classes	\$78
36757	11:20am-12:05pm	Feb 21-Mar 28	6 classes	\$90

9-12 years

Prerequisites: Participants must be able to swim 100 yards of freestyle (with rhythmic/side breathing), breaststroke and backstroke and 50 yards butterfly.

Arroyo Swim Center

Saturday

36773	10:10am-11:10am	Jan 3-Feb 7	5 classes	\$75
36774	10:10am-11:10am	Feb 21-Mar 28	6 classes	\$78



Alden E. Oliver Sports Park, Hayward

Free Fitness in Your Community

Alden E. Oliver Sports Park

2580 Eden Park Place, Hayward

Eden Greenway

Chiplay and Sleepy Hollow Avenue, Hayward

Tennyson Park

Panjon and Huntwood, Hayward

Download the Fitness Court App!



See pages 69-70 for the Guide to Class Locations and Facilities.



Arroyo Swim Center, San Lorenzo

Stroke Workout (5-17 yr)

This class teaches racing dives and turns, along with all four competitive strokes - freestyle, backstroke, breaststroke, and butterfly - in a swim team - style environment. Students who have participated in Competitive Stroke Development may register directly; all others should register for a "Swim Try Out" in ActiveNet to demonstrate prerequisites prior to registration. Try Out Activity Codes for all age groups: 36769, 36770, 36771. For questions, please contact Aquatics Coordinator, Tom Prusinovski. 510-881-6720 prut@haywardrec.org

Prerequisites: Participants must be able to swim 100 yards of freestyle (with rhythmic/side breathing), breaststroke and backstroke and 50 yards butterfly.

Arroyo Swim Center Monday/Wednesday

36719	6:45pm-7:45pm	Jan 5-Jan 21	5 classes	\$75
36720	6:45pm-7:45pm	Jan 26-Feb 11	6 classes	\$90
36721	6:45pm-7:45pm	Feb 18-Mar 4	5 classes	\$75
36722	6:45pm-7:45pm	Mar 9-Mar 25	6 classes	\$90

Saturday

36754	9:00am-10:00am	Jan 3-Feb 7	5 classes	\$75
36762	9:00am-10:00am	Feb 21-Mar 28	6 classes	\$90



Lifeguard Training American Red Cross (Blended E-Learning) (15 yr+)

The American Red Cross Lifeguard course equips participants with essential skills to prevent and respond to emergencies. To be certified, students must complete prerequisites, attend all sessions, finish the online/blended learning, and pass all tests. Online homework will be sent by email 10-14 days prior to the first day. Course materials and certification fees are included. Prerequisites: 1) Must be 15 years old on or before the last scheduled session. 2) Swim 150 yards non-stop coordinated front crawl and or breaststroke with rhythmic breathing, at the 150-yard point tread water for 2 minutes without using your arms then continue swimming 50 yards. 3) Swim 20 yards surface dive to a depth of 7ft and retrieve a 10lb object and return to starting point, exit the pool within 1 minute 40 seconds. Call 510-881-6720 with questions or concerns about the prerequisites.

Arroyo Swim Center Saturday

32212	8:30am-4:00pm	Jan 10-Jan 24	3 classes	\$240
36763	8:30am-4:00pm	Feb 7-Feb 28	3 classes	\$240
36764	8:30am-4:00pm	Mar 7-Mar 21	3 classes	\$240
36767	8:30am-4:00pm	Apr 11-Apr 25	3 classes	\$240
36768	8:30am-4:00pm	May 2-May 16	3 classes	\$240

Monday-Thursday

36766	9:00am-3:00pm	Apr 6-Apr 9	4 classes	\$240
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Water Aerobics (16 yrs+)

Classes run from **January 5-March 27**

Classes are open to Adults 16 years and older. Classes are on a first-come, first served basis, space permitting. Equipment is provided. The temperature of the pool is 82 degrees.

Daily Drop-In

Rate: \$10 per class

or

Water Fitness Passes -10 Visits:

Adult - \$78/Resident Senior (60+) - \$58

Aqua-Robix

Aqua-Robix is a moderate paced shallow water exercise class featuring aerobics and toning in an invigorating workout.

Arroyo Swim Center

Monday/Wednesday/Friday

9:00am-10:00am



See pages 69-70 for the Guide to Class Locations and Facilities.

Preschool Age Classes Up to 5 years

**H.A.R.D.
Holidays—
No Classes:
Jan 19 and
Feb 16**

Pictured in Banner Above: Cherryland Community Center, Cherryland

Art

Artistic Expression

Discover art through various tools and techniques. Decorate aprons, create crafts, and learn to paint animals and plants. **An additional \$20 Materials Fee is due to the instructor at the first class.**

36677	3-6 yr	M	4:00pm-4:45pm	Jan 5-Feb 2
	4 classes	ADOBE	Godoy Diaz	\$60
36678	3-6 yr	F	4:00pm-4:45pm	Jan 9-Feb 6
	4 classes	SFCC	Godoy Diaz	\$60
36679	3-6 yr	M	4:00pm-4:45pm	Feb 23-Mar 16
	4 classes	ADOBE	Godoy Diaz	\$60
36680	3-6 yr	F	4:00pm-4:45pm	Feb 27-Mar 20
	4 classes	SFCC	Godoy Diaz	\$60

Baby and Me Art

Join our mess-friendly art class! You and your child will explore art with fun weekly projects. **An additional \$15 Materials Fee is due to the instructor at the first class.**

36665	1½-3 yr	M	10:00am-10:30am	Jan 5-Feb 2
	4 classes	ADOBE	Godoy Diaz	\$70
36671	1½-3 yr	M	10:45am-11:15am	Jan 5-Feb 2
	4 classes	ADOBE	Godoy Diaz	\$70
36667	1½-3 yr	T	10:00am-10:30am	Jan 6-Feb 3
	4 classes	ADOBE	Godoy Diaz	\$70
36673	1½-3 yr	T	10:45am-11:15am	Jan 6-Feb 3
	4 classes	ADOBE	Godoy Diaz	\$70
36669	1½-3 yr	F	10:00am-10:30am	Jan 9-Feb 6
	4 classes	SFCC	Godoy Diaz	\$70
36675	1½-3 yr	F	10:45am-11:15am	Jan 9-Feb 6
	4 classes	SFCC	Godoy Diaz	\$70
36666	1½-3 yr	M	10:00am-10:30am	Feb 23-Mar 16
	4 classes	ADOBE	Godoy Diaz	\$70
36672	1½-3 yr	M	10:45am-11:15am	Feb 23-Mar 16
	4 classes	ADOBE	Godoy Diaz	\$70
36668	1½-3 yr	T	10:00am-10:30am	Feb 24-Mar 17
	4 classes	ADOBE	Godoy Diaz	\$70
36674	1½-3 yr	T	10:45am-11:15am	Feb 24-Mar 17
	4 classes	ADOBE	Godoy Diaz	\$70
36670	1½-3 yr	F	10:00am-10:30am	Feb 27-Mar 20
	4 classes	SFCC	Godoy Diaz	\$70
36676	1½-3 yr	F	10:45am-11:15am	Feb 27-Mar 20
	4 classes	SFCC	Godoy Diaz	\$70

New Let's Make Art Together: Caregiver & Me

Engage with art making through material exploration, play, and stories. Multiple material engagements will be provided each class to ensure you and your child have a choice of expression. Dress to get messy!

36455	1½-3 yr	M	10:00am-10:45am	Jan 12-Feb 9
	4 classes	CVCC	A-Z Creativity Staff	\$125
36456	1½-3 yr	M	10:00am-10:45am	Mar 2-Mar 23
	4 classes	CVCC	A-Z Creativity Staff	\$125

Baking & Cooking



Sorensdale Community Center, Hayward

Cookie Monster Baking

Create a dozen cookies from scratch each week with your young baker. They'll crack eggs, knead dough, and learn basic baking skills. Wear aprons and play clothes as this is a hands-on class! **An additional \$25 Materials Fee is due to the instructor at the first class.**

37065	2½-6 yr	Su	10:00am-11:00am	Jan 4-Jan 25
	4 classes	SRC	Pevehouse	\$139
37066	2½-6 yr	Su	10:00am-11:00am	Mar 1-Mar 22
	4 classes	SRC	Pevehouse	\$139

Dance & Music

Ballet & Tap Disney

Join a magical journey through song and dance! Children explore movement, imagination, and improvisation, enjoying Disney melodies and dancing like Disney characters. Tap and ballet shoes are required.

36571	4-6 yr	F	4:10pm-4:55pm	Jan 9-Mar 27
	12 classes	DLDC	DLDC Staff	\$240

See pages 69-70 for the Guide to Class Locations and Facilities.

Ballet Folklorico - Mini Folkloristas

Learn fundamental ballet folklorico steps, coordination, rhythm and discipline for your toddler.

36411	2½-5 yr	W	1:30pm-2:05pm	Jan 7-Feb 25
	8 classes	CHCC	Mexico Danza Staff	\$180
36971	2½-5 yr	W	2:05pm-2:40pm	Jan 7-Feb 25
	8 classes	CHCC	Mexico Danza Staff	\$180

Bollywood Bachhas

Explore Bollywood dance to promote young children’s physical cognitive development. Thoughtfully designed to encourage body coordination, observation and listening skills in a fun socializing manner.

36089	3-5 yr	Su	5:00pm-6:30pm	Jan 18-Mar 15
	8 classes	CHCC	Sun Bollywood Staff	\$230

Boogie with Your Baby

Wiggle, giggle, and boogie together! Dance, hop, and play with scarves, beanbags, and parachutes in this joyful class set to your favorite nursery tunes.

36805	9m-2½ yr	T	10:30am-11:15am	Jan 13-Mar 17
	10 classes	CVPA1	CVPA Staff	\$185
36806	9m-2½ yr	W	10:30am-11:15am	Jan 14-Mar 18
	10 classes	CVPA1	CVPA Staff	\$185
36807	9m-2½ yr	Th	10:30am-11:15am	Jan 15-Mar 19
	10 classes	CVPA1	CVPA Staff	\$185

Child Hip Hop

Bust a move and bring This high-energy class kids popping, bouncing, and jamming to upbeat tunes while building rhythm, coordination, and confidence.



36699	4-6 yr	M	4:30pm-5:15pm	Jan 12-Mar 16
	8 classes	CVCC	CVPA Staff	\$148

Disney Creative Ballet

Whirl and twirl to the music from “Frozen,” “Encanto,” and many of your favorite movies. Bring your children’s dreams of being a princess/prince to life through dance. Required: Pink ballet shoes and water bottle.

36568	3½-5 yr	Th	4:30pm-5:15pm	Jan 8-Mar 26
	12 classes	DLDC	DLDC Staff	\$240
36576	3½-5 yr	Su	10:05am-10:50am	Jan 11-Mar 29
	11 classes	DLDC	DLDC Staff	\$220
36578	3½-5 yr	Su	11:55am-12:40pm	Jan 11-Mar 29
	11 classes	DLDC	DLDC Staff	\$220
36909	3½-5 yr	Th	6:10pm-6:55pm	Jan 8-Feb 26
	8 classes	DLDC	DLDC Staff	\$160

Hip Hop Preschool Age

Discover the fun of hip hop as preschoolers jump, groove, and move to the beat! This playful class builds rhythm, control, and confidence through creative combos and energetic music.

36716	4-7 yr	Th	4:45pm-5:30pm	Jan 15-Mar 19
	10 classes	CVCC	CVPA Staff	\$185
36717	4-7 yr	Sa	9:45am-10:30am	Jan 24-Mar 21
	8 classes	SFCC	CVPA Staff	\$148

Intro to Dance

Discover the joy of dance through playful classes designed for young beginners! Kids explore tap, ballet, or hip hop while building coordination, rhythm, and confidence—all through music, movement, and fun! **Tap:** Learn basic techniques, fun routines with tap shoes. Tap shoes are required. **Ballet:** Learn fundamental ballet positions, coordination, musicality, and discipline. **Attire:** leotards, tights, ballet slippers required. **Hip Hop:** Have fun loosening up, gaining rhythm and learning to dance. All music and movements are age appropriate. **Attire:** Tennis shoes required.

Intro I - Tap & Ballet

Perform a dance at the last class.

36700	3-5 yr	T	3:45pm-4:30pm	Jan 13-Mar 17
	10 classes	CVCC	CVPA Staff	\$185
36701	3-5 yr	Th	4:00pm-4:45pm	Jan 15-Mar 19
	10 classes	CVCC	CVPA Staff	\$185
36702	3-5 yr	F	4:00pm-4:45pm	Jan 16-Mar 20
	10 classes	CVCC	CVPA Staff	\$185
36703	3-5 yr	Sa	9:00am-9:45am	Jan 24-Mar 21
	8 classes	CVCC	CVPA Staff	\$148
36704	3-5 yr	Sa	9:00am-9:45am	Jan 24-Mar 21
	8 classes	SFCC	CVPA Staff	\$148
36705	3-5 yr	Sa	9:00am-9:45am	Jan 24-Mar 21
	8 classes	CHCC	CVPA Staff	\$148

Intro I - Tap & Hip Hop

36713	3-5 yr	W	4:30pm-5:15pm	Jan 14-Mar 18
	10 classes	CVCC	CVPA Staff	\$185
36712	3-5 yr	Sa	10:30am-11:15am	Jan 24-Mar 21
	8 classes	CHCC	CVPA Staff	\$148
36714	3-5 yr	Sa	10:30am-11:15am	Jan 24-Mar 21
	8 classes	CVCC	CVPA Staff	\$148

Intro II - Tap & Ballet

36706	4-6 yr	T	4:30pm-5:15pm	Jan 13-Mar 17
	10 classes	CVCC	CVPA Staff	\$185
36707	4-6 yr	W	3:45pm-4:30pm	Jan 14-Mar 18
	10 classes	CVCC	CVPA Staff	\$185
36709	4-6 yr	F	5:30pm-6:15pm	Jan 16-Mar 20
	10 classes	CVCC	CVPA Staff	\$185
36708	4-6 yr	Sa	9:45am-10:30am	Jan 24-Mar 21
	8 classes	CVCC	CVPA Staff	\$148
36711	4-6 yr	Sa	9:45am-10:30am	Jan 24-Mar 21
	8 classes	CHCC	CVPA Staff	\$148
36710	4-6 yr	Sa	10:30am-11:15am	Jan 24-Mar 21
	8 classes	SFCC	CVPA Staff	\$148

See pages 69-70 for the Guide to Class Locations and Facilities.

Jazz/Ballet Princess/Prince

Whirl, twirl, and learn ballet techniques with a new princess each week while dancing to our favorite Princess songs! Required: Pink ballet shoes and water bottle.

36575	3½-5 yr	Sa	11:40am-12:25pm	Jan 10-Mar 28
	11 classes	DLDC	DLDC Staff	\$220



Ashland Roots Center, Ashland

New Mini Prima Ballerinas

Learn basic ballet positions and a mini ballet routine. Students will gain ballet knowledge and build self-confidence. Bring a water bottle and ballet shoes.

36413	2½-5 yr	W	12:15pm-12:45pm	Jan 7-Feb 25
	8 classes	ARC	Mexico Danza Staff	\$180

Music & Rhythm

Sing, shake, and shimmy with your toddler! This lively class uses instruments and movement games to spark creativity, boost motor skills, and ease little ones into the classroom setting.

36798	2-3 yr	T	9:30am-10:15am	Jan 13-Mar 17
	10 classes	CVPA1	CVPA Staff	\$185
36802	2-3 yr	W	9:30am-10:15am	Jan 14-Mar 18
	10 classes	CVPA1	CVPA Staff	\$185
36803	2-3 yr	Th	9:30am-10:15am	Jan 15-Mar 19
	10 classes	CVPA1	CVPA Staff	\$185

New Music for Babies & Toddlers

Sing, dance, and learn music with your grownup! Class includes music app access and a hard copy songbook.

An additional \$40 Materials Fee is due to the instructor at the first class.

36546	1½mo-4 yr	W	10:00am-10:45am	Jan 14-Feb 18
	6 classes	CHCC	Music Class EB	\$150
36548	1½mo-4 yr	W	4:00pm-4:45pm	Jan 14-Feb 18
	6 classes	CHCC	Music Class EB	\$150
36547	1½mo-4 yr	Th	10:00am-10:45am	Jan 15-Feb 19
	6 classes	CHCC	Music Class EB	\$150
36549	1½mo-4 yr	Th	4:00pm-4:45pm	Jan 15-Feb 19
	6 classes	CHCC	Music Class EB	\$150

New Caregiver & Me:

Pump it up Dance!

Dance and learn cumbia, pop, and beginner folklorico steps with your little one! Play with rattles, maracas, and move to the beat in this fun family friendly class.

36414	6m-2 yr	W	10:30am-11:00am	Jan 7-Feb 25
	8 classes	ARC	Mexico Danza Staff	\$180
36415	2½-5 yr	W	11:15pm-11:45pm	Jan 7-Feb 25
	8 classes	ARC	Mexico Danza Staff	\$180

Toddler Ballet

Dance to favorite songs using scarves, ribbons, and wands while learning ballet basics and creative movement. Young dancers explore choreography, imagination, and musicality in this magical, movement-filled class.

36785	3-5 yr	T	3:30pm-4:15pm	Jan 13-Mar 17
	10 classes	CVPA2	CVPA Staff	\$185
36782	3-5 yr	Th	11:30am-12:15pm	Jan 15-Mar 19
	10 classes	CVPA1	CVPA Staff	\$185
36801	3-5 yr	F	4:45pm-5:30pm	Jan 16-Mar 20
	10 classes	CVCC	CVPA Staff	\$185
36778	3-5 yr	Sa	11:15am-12:00pm	Jan 24-Mar 21
	8 classes	CVCC	CVPA Staff	\$148
36779	3-5 yr	Sa	11:15am-12:00pm	Jan 24-Mar 21
	8 classes	SFCC	CVPA Staff	\$148
36783	3-5 yr	Sa	11:15am-12:00pm	Jan 24-Mar 21
	8 classes	CHCC	CVPA Staff	\$148

Gymnastics

Gymnastics Parent Assist

Join us for an exciting introductory gymnastics class for your toddlers. This is a fun environment for parent and toddlers to play, socialize and try new skills. Our experienced staff will show you the proper techniques to spot your child as you lead them through basic gymnastics activities, structured warm up and circle time. One adult per child. Siblings cannot be accommodated.

36019	1½-3 yr	M	9:00am-9:30am	Jan 12-Mar 23
	9 classes	CVCC	HARD Staff	\$108
36020	1½-3 yr	M	9:40am-10:10am	Jan 12-Mar 23
	9 classes	CVCC	HARD Staff	\$108
36028	1½-3 yr	T	9:00am-9:30am	Jan 13-Mar 24
	11 classes	CVCC	HARD Staff	\$132
36029	1½-3 yr	T	9:40am-10:10am	Jan 13-Mar 24
	11 classes	CVCC	HARD Staff	\$132
36037	1½-3 yr	W	9:00am-9:30am	Jan 14-Mar 25
	11 classes	CVCC	HARD Staff	\$132
36038	1½-3 yr	W	9:40am-10:10am	Jan 14-Mar 25
	11 classes	CVCC	HARD Staff	\$132
36050	1½-3 yr	F	9:00am-9:30am	Jan 16-Mar 27
	11 classes	CVCC	HARD Staff	\$132
36009	1½-3 yr	Sa	8:30am-9:00am	Jan 17-Mar 28
	11 classes	CVCC	HARD Staff	\$132
36068	1½-3 yr	Sa	9:00am-9:30am	Jan 17-Mar 28
	11 classes	SGCC	HARD Staff	\$132
36069	1½-3 yr	Sa	9:40am-10:10am	Jan 17-Mar 28
	11 classes	SGCC	HARD Staff	\$132
36014	1½-3 yr	Su	9:00am-9:30am	Jan 18-Mar 29
	11 classes	CVCC	HARD Staff	\$132
36015	1½-3 yr	Su	9:40am-10:10am	Jan 18-Mar 29
	11 classes	CVCC	HARD Staff	\$132
36059	1½-3 yr	Su	11:15am-11:45am	Jan 18-Mar 29
	11 classes	SGCC	HARD Staff	\$132
36060	1½-3 yr	Su	11:55am-12:25pm	Jan 18-Mar 29
	11 classes	SGCC	HARD Staff	\$132

See pages 69-70 for the Guide to Class Locations and Facilities.

PRESCHOOL AGE CLASSES

Gymnastics Small Fry

Introduce your child to gymnastics in our fun classes! We emphasize conditioning for strength, balance, and spatial awareness. Themes, music, and animal shapes help to motivate and foster cooperation, concentration, and social skills. We will have your gymnast practice tumbling, bars, beam and vault skills!

Ages 3-4

36022	3-4 yr 9 classes	M CVCC	11:00am-11:30am HARD Staff	Jan 12-Mar 23 \$108
36023	3-4 yr 9 classes	M CVCC	11:40am-12:10pm HARD Staff	Jan 12-Mar 23 \$108
36064	3-4 yr 9 classes	M SGCC	4:45pm-5:15pm HARD Staff	Jan 12-Mar 23 \$108
36065	3-4 yr 9 classes	M SGCC	5:25pm-5:55pm HARD Staff	Jan 12-Mar 23 \$108
36031	3-4 yr 11 classes	T CVCC	11:00am-11:30am HARD Staff	Jan 13-Mar 24 \$132
36032	3-4 yr 11 classes	T CVCC	11:40am-12:10pm HARD Staff	Jan 13-Mar 24 \$132
36040	3-4 yr 11 classes	W CVCC	11:00am-11:30am HARD Staff	Jan 14-Mar 25 \$132
36041	3-4 yr 11 classes	W CVCC	11:40am-12:10pm HARD Staff	Jan 14-Mar 25 \$132
36073	3-4 yr 11 classes	W SGCC	4:45pm-5:15pm HARD Staff	Jan 14-Mar 25 \$132
36078	3-4 yr 11 classes	Th SGCC	5:25pm-5:55pm HARD Staff	Jan 15-Mar 26 \$132
36053	3-4 yr 11 classes	F CVCC	11:00am-11:30am HARD Staff	Jan 16-Mar 27 \$132
36054	3-4 yr 11 classes	F CVCC	11:40am-12:10pm HARD Staff	Jan 16-Mar 27 \$132
36011	3-4 yr 11 classes	Sa CVCC	9:50am-10:20am HARD Staff	Jan 17-Mar 28 \$132

36071	3-4 yr 11 classes	Sa SGCC	11:00am-11:30am HARD Staff	Jan 17-Mar 28 \$132
36072	3-4 yr 11 classes	Sa SGCC	11:40am-12:10pm HARD Staff	Jan 17-Mar 28 \$132
36017	3-4 yr 11 classes	Su CVCC	11:00am-11:30am HARD Staff	Jan 18-Mar 29 \$132
36062	3-4 yr 11 classes	Su SGCC	1:15pm-1:45pm HARD Staff	Jan 18-Mar 29 \$132

Ages 5-6

36024	5-6 yr 9 classes	M CVCC	4:15pm-4:45pm HARD Staff	Jan 12-Mar 23 \$108
36066	5-6 yr 9 classes	M SGCC	6:05pm-6:35pm HARD Staff	Jan 12-Mar 23 \$108
36067	5-6 yr 9 classes	M SGCC	6:45pm-7:15pm HARD Staff	Jan 12-Mar 23 \$108
36042	5-6 yr 11 classes	W CVCC	4:15pm-4:45pm HARD Staff	Jan 14-Mar 25 \$132
36075	5-6 yr 11 classes	W SGCC	6:05pm-6:35pm HARD Staff	Jan 14-Mar 25 \$132
36046	5-6 yr 11 classes	Th CVCC	4:15pm-4:45pm HARD Staff	Jan 15-Mar 26 \$132
36079	5-6 yr 11 classes	Th SGCC	6:05pm-6:35pm HARD Staff	Jan 15-Mar 26 \$132
36055	5-6 yr 11 classes	F CVCC	4:15pm-4:45pm HARD Staff	Jan 16-Mar 27 \$132
36063	5-6 yr 11 classes	Su SGCC	1:55pm-2:25pm HARD Staff	Jan 18-Mar 29 \$132

Gymnastics Tot & Me Movement

Join our non-stop action class where we work with you and your toddler on basic gymnastics skills. We will guide you on a circuit of bars, beam and floor exercises on both scaled down and regular size gymnastics equipment in a fast-paced, exciting environment. Skills differ each week and toddlers can experience at their own pace. Class starts with directed circle time. Help your child improve coordination and balance, develop body awareness and most of all, have FUN! One adult per child. Siblings cannot be accommodated.

36021	2-3½ yr 9 classes	M CVCC	10:20am-10:50am HARD Staff	Jan 12-Mar 23 \$108
36030	2-3½ yr 11 classes	T CVCC	10:20am-10:50am HARD Staff	Jan 13-Mar 24 \$132
36033	2-3½ yr 11 classes	T CVCC	4:15pm-4:45pm HARD Staff	Jan 13-Mar 24 \$132
36039	2-3½ yr 11 classes	W CVCC	10:20am-10:50am HARD Staff	Jan 14-Mar 25 \$132
36077	2-3½ yr 11 classes	Th SGCC	4:45pm-5:15pm HARD Staff	Jan 15-Mar 26 \$132
36051	2-3½ yr 11 classes	F CVCC	9:40am-10:10am HARD Staff	Jan 16-Mar 27 \$132
36052	2-3½ yr 11 classes	F CVCC	10:20am-10:50am HARD Staff	Jan 16-Mar 27 \$132
36010	2-3½ yr 11 classes	Sa CVCC	9:10am-9:40am HARD Staff	Jan 17-Mar 28 \$132
36070	2-3½ yr 11 classes	Sa SGCC	10:20am-10:50am HARD Staff	Jan 17-Mar 28 \$132
36016	2-3½ yr 11 classes	Su CVCC	10:20am-10:50am HARD Staff	Jan 18-Mar 29 \$132
36061	2-3½ yr 11 classes	Su SGCC	12:35pm-1:05pm HARD Staff	Jan 18-Mar 29 \$132



Cherryland Community Center, Cherryland

See pages 69-70 for the Guide to Class Locations and Facilities.



Scholarships Available

Don't let the cost of programs keep you from joining in! H.A.R.D. has scholarships available. scholarships@haywardrec.org

¡No permita que el costo de los programas le impida participar! H.A.R.D. tiene becas disponibles. scholarships@haywardrec.org

Martial Arts

EAAB'S Fitness & Self Defense

Empower all ages with confidence-building training. Techniques cover stretching, striking, grappling, and defense against weapons, promoting personal growth and safety in a supportive environment. **An additional \$40 Uniform/Safety Equipment Fee is due to the instructor at the first class.**

36986	4-7 yr	T	3:45pm-4:25pm	Jan 6-Mar 10
	10 classes	EAABs	Untalan	\$285
36989	4-7 yr	Th	3:45pm-4:25pm	Jan 8-Mar 12
	10 classes	EAABs	Untalan	\$285

36996	4-7 yr	Sa	9:00am-9:55am	Jan 10-Mar 14
	10 classes	EAABs	Untalan	\$285

New Ta Danado Jiu Jitsu

Experience our specialty programs offering fun, supportive, and empowering training for all ages and levels. Bond with your child, build strength, confidence, and self-defense skills, while fostering connection, fitness, and personal growth.

Mommy and Me Jiu Jitsu

37051	3 yr+	Sa	9:30am-11:00am	Jan 17
	1 class	TDJJ	Galindo	\$25
37052	3 yr+	Sa	9:30am-11:00am	Feb 7-Feb 21
	2 classes	TDJJ	Galindo	\$45
37053	3 yr+	Sa	9:30am-11:00am	Mar 7-Mar 21
	2 classes	TDJJ	Galindo	\$45

Parent and Me Jiu Jitsu

37054	3 yr+	Sa	9:30am-11:00am	Jan 10-Jan 24
	2 classes	TDJJ	Galindo	\$45
37055	3 yr+	Sa	9:30am-11:00am	Feb 14-Feb 28
	2 classes	TDJJ	Galindo	\$45
37056	3 yr+	Sa	9:30am-11:00am	Mar 14-Mar 28
	2 classes	TDJJ	Galindo	\$45

Toddler Brazilian Jiu Jitsu

Introduce your child to movement and play in this fun, play-centered class where they'll develop basic motor skills, social skills, confidence, and coordination through games and activities.

37039	3-5 yr	M-W	3:45pm-4:30pm	Jan 5-Jan 28
	11 classes	TDJJ	Galindo	\$200
37040	3-5 yr	M-W	3:45pm-4:30pm	Feb 2- Feb 25
	11 classes	TDJJ	Galindo	\$200
37041	3-5 yr	M-W	3:45pm-4:30pm	Mar 2-Mar 30
	13 classes	TDJJ	Galindo	\$215

See pages 69-70 for the Guide to Class Locations and Facilities.

Follow Us!

Search **@HaywardRec** for our sites and follow us on social media.

- Hayward Area Senior Center
- Aquatics (H.A.R.D. Aquatics)
- Sulphur Creek Nature Center
- Douglas Morrisson Theatre
- Hayward Shoreline Interpretive Center
- Kenneth C. Aitken Senior & Community Center

HaywardRec.org



Nature

Forest Fables

Join us at Sulphur Creek Nature Center for a fun story time and craft.

36478	1-8 yr	Su	10:00am-10:45am	Jan 25
	1 class	SCNC	Nature Staff	\$10
36522	1-8 yr	Sa	10:00am-10:45am	Mar 28
	1 class	SCNC	Nature Staff	\$10

Forest Fables en Español

Visita el Sulphur Creek Nature Center para disfrutar de 45 minutos de cuentos y manualidades.

36520	1-8 yr	Sa	10:00am-10:45am	Mar 7
	1 class	SCNC	Nature Staff	\$10

Salty Story Time

Visit the Hayward Shoreline Interpretive Center for an engaging story time and craft.

36510	1-8 yr	Sa	10:00am-10:45am	Jan 17
	1 class	HSIC	HARD Staff	\$10
36511	1-8 yr	Su	10:00am-10:45am	Mar 22
	1 class	HSIC	HARD Staff	\$10

Salty Story Time en Español

Visita el Hayward Shoreline Interpretive Center para disfrutar de 45 minutos de cuentos y manualidades.

36521	1-8 yr	Su	10:00am-10:45am	Feb 15
	1 class	HSIC	Nature Staff	\$10

Toddler Ramble

at Hayward Shoreline Interpretive Center

January: Find Your Flow

Dive into a world of imaginative play and sensory exploration with our engaging water adventures.

36513	1-4 yr	F	10:30am-11:15am	Jan 9-Jan 30
	4 classes	HSIC	HARD Staff	\$36

February: Love Bugs

Buzz into February with heartwarming play, love bug crafts, and a ramble through nature.

36512	1-4 yr	F	10:30am-11:15am	Feb 6-Feb 27
	4 classes	HSIC	HARD Staff	\$36

March: Animal Tales

Track animals through scat, shells, and tracks on rambling walks at the shoreline. Enjoy fun crafts and sensory play along the way!

36514	1-4 yr	F	10:30am-11:15am	Mar 6-Mar 27
	4 classes	HSIC	HARD Staff	\$36

Toddler Time at Sulphur Creek Nature Center

Smelling Time

Noses, antennas, and tongues too! Discover what animals use to collect smells, and color a ladybug friend.

36483	1-4 yr	T	10:00am-10:45am	Jan 13
	1 class	SCNC	Wolf	\$10
36492	1-4 yr	T	11:15am-12:00pm	Jan 13
	1 class	SCNC	Wolf	\$10
36493	1-4 yr	Sa	10:00am-10:45am	Jan 31
	1 class	SCNC	Wolf	\$10
36494	1-4 yr	Sa	11:15am-12:00pm	Jan 31
	1 class	SCNC	Wolf	\$10

Digging Fun

Visit digging animals, do some digging yourself, and color a terrific turtle.

36482	1-4 yr	T	10:00am-10:45am	Feb 10
	1 class	SCNC	Wolf	\$10
36495	1-4 yr	T	11:15am-12:00pm	Feb 10
	1 class	SCNC	Wolf	\$10
36496	1-4 yr	Sa	10:00am-10:45am	Feb 21
	1 class	SCNC	Wolf	\$10
36497	1-4 yr	Sa	11:15am-12:00pm	Feb 21
	1 class	SCNC	Wolf	\$10

Undercover Critters

Visit animals that love to go undercover, and search for them outside. Create a burrowing buddy too.

36484	1-4 yr	T	10:00am-10:45am	Mar 10
	1 class	SCNC	Wolf	\$10
36498	1-4 yr	T	11:15am-12:00pm	Mar 10
	1 class	SCNC	Wolf	\$10
36499	1-4 yr	Sa	10:00am-10:45am	Mar 21
	1 class	SCNC	Wolf	\$10
36500	1-4 yr	Sa	11:15am-12:00pm	Mar 21
	1 class	SCNC	Wolf	\$10



See pages 69-70 for the Guide to Class Locations and Facilities.

Pre-K Programs

De Colores Learn and Play Bilingual Pre-K

Join us for a bilingual Pre-K program that fosters English and Spanish language development. Our dedicated teaching staff cultivates a vibrant and nurturing classroom where children can flourish. Through engaging activities such as music and hands-on educational resources, we offer bilingual children the chance to develop and refine their skills in creative ways.

San Felipe Community Center

36316	3½-5½ yr	M-Th	9:00am-12:00pm	Jan 5-Jan 29	15 classes	Ms. Johana	\$375
36324	3½-5½ yr	M-Th	9:00am-12:00pm	Feb 2-Feb 26	12 classes	Ms. Johana	\$300
36325	3½-5½ yr	M-Th	9:00am-12:00pm	Mar 2-Mar 26	16 classes	Ms. Johana	\$400

Pre-K Learn and Play

Join us for a fun-filled preschool program designed specifically for curious minds aged 3 ½ to 5 ½ years! Our program nurtures a love for learning through play, creativity and exploration. In our vibrant and engaging classroom, children will embark on exciting adventures that spark their imagination and encourage social skills. Each day, teachers blend hands-on activities with language development, music, movement, and art, all aimed at fostering your child's cognitive, emotional and physical development. Together, we'll create a joyful experience where your child can make new friends and create a foundation for lifelong learning. **Prerequisite:** Children must reach the minimum age by the first day of class and toilet training is required. A copy of immunization records must be provided prior to participation.



Castro Valley Community Center

36318	3½-5½ yr	M-Th	8:30am-11:30am	Jan 5-Jan 29	15 classes	Ms. Karen	\$375
36328	3½-5½ yr	M-Th	8:30am-11:30am	Feb 2-Feb 26	12 classes	Ms. Karen	\$300
36329	3½-5½ yr	M-Th	8:30am-11:30am	Mar 2-Mar 26	16 classes	Ms. Karen	\$400

Cherryland Community Center

36317	3½-5½ yr	M-Th	8:30am-11:30am	Jan 5-Jan 29	15 classes	Mr. Jordan	\$375
36326	3½-5½ yr	M-Th	8:30am-11:30am	Feb 2-Feb 26	12 classes	Mr. Jordan	\$300
36327	3½-5½ yr	M-Th	8:30am-11:30am	Mar 2-Mar 26	16 classes	Mr. Jordan	\$400

Kenneth C. Aitken Community Center

Monday/Wednesday

36320	3½-5½ yr	M/W	8:30am-11:30am	Jan 5-Feb 11	11 classes	Ms. Miranda	\$275
36336	3½-5½ yr	M/W	8:30am-11:30am	Feb 23-Mar 25	10 classes	Ms. Miranda	\$250

Tuesday/Thursday

36322	3½-5½ yr	T/Th	8:30am-11:30am	Jan 6-Feb 12	12 classes	Ms. Miranda	\$300
36339	3½-5½ yr	T/Th	8:30am-11:30am	Feb 24-Mar 26	10 classes	Ms. Miranda	\$250

San Lorenzo Community Center

36330	3½-5½ yr	M-Th	8:30am-11:30am	Jan 5-Jan 29	15 classes	HARD Staff	\$375
36331	3½-5½ yr	M-Th	8:30am-11:30am	Feb 2-Feb 26	12 classes	HARD Staff	\$300
36333	3½-5½ yr	M-Th	8:30am-11:30am	Mar 2-Mar 26	16 classes	HARD Staff	\$400

Southgate Community Center

Monday/Wednesday

36319	3½-5½ yr	M/W	8:30am-11:30am	Jan 5-Feb 11	11 classes	Ms. Eileen	\$275
36335	3½-5½ yr	M/W	8:30am-11:30am	Feb 23-Mar 25	10 classes	Ms. Eileen	\$250

Tuesday/Thursday

36321	3½-5½ yr	T/Th	8:30am-11:30am	Jan 6-Feb 12	12 classes	Ms. Eileen	\$300
36337	3½-5½ yr	T/Th	8:30am-11:30am	Feb 24-Mar 26	10 classes	Ms. Eileen	\$250

See pages 69-70 for the Guide to Class Locations and Facilities.

PRESCHOOL AGE CLASSES

Toddler and Me

Ignite your child's curiosity with fresh ideas while promoting interaction with peers through engaging activities designed to spark their imagination and support social development. Your little one will have

the opportunity to explore their creativity through various themed art projects and interactive playtime.

36323	2½-3½ yr	Sa	9:30am-11:00am	Jan 10-Jan 31
	4 classes	CHCC	HARD Staff	\$125

Fun Friday Playdates

Join the fun and participate in a weekly play date with your child. Designed for children ages 0 to 5, each session features a variety of age-appropriate play stations and hands-on activities that encourage exploration, creativity, and social development. All materials are provided by H.A.R.D. One caregiver per child is required to attend and actively participate throughout the session. Fun Friday Playdates help to build community, foster friendships, and support early childhood growth in a safe, clean and nurturing space. Bundle & Save! Register for all class sessions and get 1 class free. Class Bundles are available online.

Castro Valley Community Center

37135	under 5 yr	F	10:00am-12:00pm	Jan 16
	1 class	CVCC	HARD Staff	\$5
37136	under 5 yr	F	10:00am-12:00pm	Jan 30
	1 class	CVCC	HARD Staff	\$5
37137	under 5 yr	F	10:00am-12:00pm	Feb 13
	1 class	CVCC	HARD Staff	\$5
37138	under 5 yr	F	10:00am-12:00pm	Mar 6
	1 class	CVCC	HARD Staff	\$5
37139	under 5 yr	F	10:00am-12:00pm	Mar 20
	1 class	CVCC	HARD Staff	\$5

Cherryland Community Center

37129	under 5 yr	F	10:00am-12:00pm	Jan 9
	1 class	CHCC	HARD Staff	\$5
37130	under 5 yr	F	10:00am-12:00pm	Jan 23
	1 class	CHCC	HARD Staff	\$5
37131	under 5 yr	F	10:00am-12:00pm	Feb 6
	1 class	CHCC	HARD Staff	\$5
37132	under 5 yr	F	10:00am-12:00pm	Feb 27
	1 class	CHCC	HARD Staff	\$5
37133	under 5 yr	F	10:00am-12:00pm	Mar 13
	1 class	CHCC	HARD Staff	\$5
37134	under 5 yr	F	10:00am-12:00pm	Mar 27
	1 class	CHCC	HARD Staff	\$5

Sports

Fencing Class for Mini Musketeers

Exciting and safe introduction to the sport of fencing. Using lightweight, age-appropriate fencing equipment, participants can jump into the fun while learn the basics of fencing. All fencing equipment provided. Wear workout clothes, t-shirt, long pants and athletic sport shoes (no jeans). Bring a water bottle. **An additional**

\$15 Materials Fee is due to the instructor at the first class.

36611	5½-7½ yr	W	3:40pm-4:20pm	Jan 14-Jan 28
	3 classes	KASCC	Cimpoaie	\$135
36616	5½-7½ yr	W	3:40pm-4:20pm	Feb 4-Feb 25
	4 classes	KASCC	Cimpoaie	\$165
36617	5½-7½ yr	W	3:40pm-4:20pm	Mar 4-Mar 25
	4 classes	KASCC	Cimpoaie	\$165

Intermediate Fencing Class for Mini Musketeers

Must have taken beginning class first.

36610	5½-7½ yr	T	4:35pm-5:25pm	Jan 13-Jan 27
	3 classes	KASCC	Cimpoaie	\$190
36618	5½-7½ yr	T	4:35pm-5:25pm	Feb 3-Feb 24
	4 classes	KASCC	Cimpoaie	\$250
36619	5½-7½ yr	T	4:35pm-5:25pm	Mar 3-Mar 24
	4 classes	KASCC	Cimpoaie	\$250



Jr. Golden State Basketball League

The program offers a non-competitive environment where beginners and veterans alike can improve their skills. All participants will receive a jersey, instruction and game play. This program is co-sponsored by the Golden State Warriors and Valkyries. First 4 weeks is fundamental instruction, and then 6 weeks of game play. Volunteer Coaches are needed. If interested, please contact Noel Munivez at munn@HaywardRec.org. Teams will be chosen based on skills and no team-mate request will be honored, unless siblings. No game time requests will be granted.

36097	4½-5 yr	Sa	8:00am-8:50am	Dec 13-Feb 28
	10 classes	CMS	HARD Staff	\$165
36098	4½-6 yr	Sa	9:10am-10:00am	Dec 13-Feb 28
	10 classes	CMS	HARD Staff	\$165

See pages 69-70 for the Guide to Class Locations and Facilities.

Kidz Love Soccer - Tot/Pre Soccer

Join our instructional soccer sessions with age-appropriate skill demos, games, and scrimmages in a non-competitive, recreational setting. Ideal for beginners and experienced kids. Shin guards mandatory.

36120	3½-5 yr	W	5:00pm-5:35pm	Jan 7-Feb 11
	6 classes	PALHP	Bayliss	\$174
36125	3½-5 yr	Sa	5:00pm-5:35pm	Jan 10-Feb 14
	6 classes	Kennedy Park	Bayliss	\$174

Make Me A Pro Sports

Basketball

Join us for this fun Basketball experience that will focus on basic fitness and skillz through fun games and drills. Please bring water and a basketball. **An additional \$10 Materials Fee is due to the instructor at the first class.**



36584	4-5 yr	M	5:30pm-6:10pm	Jan 5-Feb 23
	6 classes	MJCC	Broomfield	\$167
36599	5-7 yr	M	6:15pm-7:00pm	Jan 5-Feb 23
	6 classes	MJCC	Broomfield	\$167
36598	4-5 yr	M	5:30pm-6:10pm	Mar 2-Apr 6
	6 classes	MJCC	Broomfield	\$167
36600	5-7 yr	M	6:15pm-7:00pm	Mar 2-Apr 6
	6 classes	MJCC	Broomfield	\$167

Indoor Soccer

Join us for a fun soccer and fitness experience from our experienced staff. This enjoyable soccer program will focus on basic fitness and skillz through fun games and drills. Please bring water and a ball. **An additional \$10 Materials Fee is due to the instructor at the first class.**

36588	4-5 yr	T	5:30pm-6:10pm	Jan 6-Feb 10
	6 classes	MJCC	Broomfield	\$167
36607	4-5 yr	T	5:30pm-6:10pm	Feb 17-Mar 24
	6 classes	MJCC	Broomfield	\$167

Parent and Tots Soccer

Join us for a fun, soccer experience from our experienced staff. This is an opportunity to take part in your child's first educational soccer class.

36579	2½-4 yr	Sa	9:00am-9:30am	Jan 10-Feb 14
	6 classes	PALHP	Broomfield	\$167
36592	2½-4 yr	Sa	9:00am-9:30am	Feb 21-Mar 28
	6 classes	PALHP	Broomfield	\$167

Pee Wee Soccer

Join us for a fun soccer and fitness experience that will focus on basic fitness and skillz through fun games and drills. Please bring water and a ball. **An additional \$10 Materials Fee is due to the instructor at the first class.**

36580	4-5 yr	Sa	9:35am-10:15am	Jan 10-Feb 14
	6 classes	PALHP	Broomfield	\$167
36593	4-5 yr	Sa	9:35am-10:15am	Feb 21-Mar 28
	6 classes	PALHP	Broomfield	\$167

Pivot Train Basketball

Jump into the fun with drills and games focused on building motor skills and teaching basic basketball principles such as dribbling, passing, shooting and teamwork, kids will develop a love for the game in a fun, safe enriched setting.

36132	1½-2 yr	Su	9:00am-9:35am	Jan 4-Jan 25
	4 classes	MJCC	Hudson	\$94
36133	3-4 yr	Su	9:40am-10:15am	Jan 4-Jan 25
	4 classes	MJCC	Hudson	\$94
36134	5-7 yr	Su	10:20am-10:55am	Jan 4-Jan 25
	4 classes	MJCC	Hudson	\$94
36136	5-7 yr	Th	6:00pm-6:45pm	Jan 8-Jan 29
	4 classes	MJCC	Hudson	\$94
36126	1½-2 yr	Sa	9:00am-9:35am	Jan 10-Jan 31
	4 classes	MJCC	Hudson	\$94
36127	3-4 yr	Sa	9:40am-10:15am	Jan 10-Jan 31
	4 classes	MJCC	Hudson	\$94
36128	5-7 yr	Sa	10:20am-10:55am	Jan 10-Jan 31
	4 classes	MJCC	Hudson	\$94
36558	1½-2 yr	Su	9:00am-9:35am	Feb 1-Feb 22
	4 classes	MJCC	Hudson	\$94
36560	3-4 yr	Su	9:40am-10:15am	Feb 1-Feb 22
	4 classes	MJCC	Hudson	\$94
36562	5-7 yr	Su	10:20am-10:55am	Feb 1-Feb 22
	4 classes	MJCC	Hudson	\$94
36137	3-4 yr	Th	6:00pm-6:45pm	Feb 5-Feb 26
	4 classes	MJCC	Hudson	\$94
36139	1½-2 yr	Sa	9:00am-9:35am	Feb 7-Feb 28
	4 classes	MJCC	Hudson	\$94
36141	3-4 yr	Sa	9:40am-10:15am	Feb 7-Feb 28
	4 classes	MJCC	Hudson	\$94
36550	5-7 yr	Sa	10:20am-10:55am	Feb 7-Feb 28
	4 classes	MJCC	Hudson	\$94
36559	1½-2 yr	Su	9:00am-9:35am	Mar 1-Mar 22
	4 classes	MJCC	Hudson	\$94
36561	3-4 yr	Su	9:40am-10:15am	Mar 1-Mar 22
	4 classes	MJCC	Hudson	\$94
36563	4½-6 yr	Su	10:20am-10:55am	Mar 1-Mar 22
	4 classes	MJCC	Hudson	\$94
36138	3-4 yr	Th	6:00pm-6:45pm	Mar 5-Mar 26
	4 classes	MJCC	Hudson	\$94
36140	1½-2 yr	Sa	9:00am-9:35am	Mar 7-Mar 28
	4 classes	MJCC	Hudson	\$94
36142	3-4 yr	Sa	9:40am-10:15am	Mar 7-Mar 28
	4 classes	MJCC	Hudson	\$94
36551	5-7 yr	Sa	10:20am-10:55am	Mar 7-Mar 28
	4 classes	MJCC	Hudson	\$94



See pages 69-70 for the Guide to Class Locations and Facilities.



School Age Classes

Ages 5-12 years

**H.A.R.D. Holidays—
No Classes—
Jan 19 and
Feb 16**

Pictured in Banner Above: Cherryland Community Center, Cherryland

Art

Drawing and Painting Cartoons

Create drawings and paintings: cartoons, stylized characters, elements, and more. New themes and projects every quarter. **An additional \$20 Material Fee is due to instructor at the first class.**

36681	7-12 yr	M	5:00pm-6:00pm	Jan 5-Feb 2
4 classes	ADOBE	Godoy Diaz	\$80	
36682	7-12 yr	F	5:00pm-6:00pm	Jan 9-Feb 6
4 classes	SFCC	Godoy Diaz	\$80	
36683	7-12 yr	M	5:00pm-6:00pm	Feb 23-Mar 16
4 classes	SFCC	Godoy Diaz	\$80	
36684	7-12 yr	F	5:00pm-6:00pm	Feb 27-Mar 20
4 classes	SFCC	Godoy Diaz	\$80	

New Sparkle & Shine: Jewelry Basics

Explore with beads, wires, charms, and more! Learn techniques and practice steps of the design process to make one-of-a-kind jewelry that is as unique as you are!

36447	5-9 yr	S	10:00am-11:00am	Jan 17-Feb 7
4 classes	KASCC	A-Z Creativity Staff	\$125	
36448	5-9 yr	Sa	10:00am-11:00am	Feb 28-Mar 21
4 classes	ADOBE	A-Z Creativity Staff	\$125	

New Beads & Charms

Create your own beads and charms! Learn about beading history and gain skills and knowledge to make creations that are uniquely yours, learning about the design process along the way.

36449	7-12 yr	Sa	1:00pm-2:00pm	Jan 17-Feb 7
4 classes	KASCC	A-Z Creativity Staff	\$125	
36450	7-12 yr	Sa	1:00pm-2:00pm	Feb 28-Mar 21
4 classes	KASCC	A-Z Creativity Staff	\$125	



Weekes Park Community Center, Hayward



Kids Acrylic Painting: Kids Paint Night

Create a masterpiece at Kids Paint Night! Join us for a fun, creative evening where young artists paint Stitch in January, a panda with bamboo in February, or a bunny in March. **An additional \$10 Materials Fee is due to the instructor at the first class.**

36976	7-13 yr	Sa	3:00pm-5:00pm	Mar 7
1 class	ADOBE	Pevehouse	\$49	
36978	7-13 yr	Sa	3:00pm-5:00pm	Feb 7
1 class	ADOBE	Pevehouse	\$49	
36979	7-13 yr	Sa	3:00pm-5:00pm	Jan 3
1 class	ADOBE	Pevehouse	\$49	

New Build & Create: Sculpture Basics

Explore sculpture materials and processes, including recycled sculpture, soft sculpture, wire sculpture, and air-dry clay. The open-ended format allows room to build knowledge while problem solving, ideating, and imagining!

36443	5-9 yr	Th	3:45pm-4:45pm	Jan 22-Feb 12
4 classes	ADOBE	A-Z Creativity Staff	\$125	
36444	5-9 yr	M	3:45pm-4:45pm	Feb 23-Mar 16
4 classes	KASCC	A-Z Creativity Staff	\$125	

New Papier-Mâché Magic

Learn various ways to make armatures, paste, and finish your sculptures. Dive deep into the process of papier-mâché and use your knowledge to make sculptures that are uniquely yours.

36445	7-12 yr	Th	5:00pm-6:00pm	Jan 22-Feb 12
4 classes	ADOBE	A-Z Creativity Staff	\$125	
36446	7-12 yr	M	5:00pm-6:00pm	Feb 23-Mar 16
4 classes	KASCC	A-Z Creativity Staff	\$125	

See pages 69-70 for the Guide to Class Locations and Facilities.



New Sew Simple: Hand Sewing Basics

Explore a variety of textile art materials, including hand sewing, pattern making, and stuffies and create functional works of art! The open-ended format of this class allows your child's creativity to develop as they problem solve, ideate, and imagine!

36439	5-9 yr	W	4:15pm-5:15pm	Jan 21-Feb 11
4 classes	KASCC		A-Z Creativity Staff	\$125
36440	5-9 yr	Th	4:15pm-5:15pm	Feb 26-Mar 19
4 classes	KASCC		A-Z Creativity Staff	\$125

New Stitch Tricks: Beyond the Basics

Create complex hand-sewn projects! Learn advanced patterning techniques and stitches to make one-of-a-kind creations. The open-ended format of this class allows your child's creativity to flourish.

36441	7-12 yr	W	5:00pm-6:00pm	Jan 21-Feb 11
4 classes	KASCC		A-Z Creativity Staff	\$125
36442	7-12 yr	Th	5:00pm-6:00pm	Feb 26-Mar 21
4 classes	KASCC		A-Z Creativity Staff	\$125

New Bring It to Life: Stop Motion Basics

Create stop motion clips and share your masterpieces! Use different materials, find your director's voice, and let your creativity flourish!

36451	5-9 yr	Sa	11:00am-12:00pm	Jan 17-Feb 7
4 classes	KASCC		A-Z Creativity Staff	\$125
36452	5-9 yr	Sa	11:00am-12:00pm	Feb 28-Mar 21
4 classes	ADOBE		A-Z Creativity Staff	\$125

New Sets & Characters in Motion

Create a cinematic masterpiece, focusing on set design and character creation and development. Use different materials, find your director's voice, and let your creativity flourish!

36453	7-12 yr	Sa	2:00pm-3:00pm	Jan 17-Feb 7
4 classes	KASCC		A-Z Creativity Staff	\$125
36454	7-12 yr	Sa	2:00pm-3:00pm	Feb 28-Mar 21
4 classes	KASCC		A-Z Creativity Staff	\$125

Young Artist Program

Each season there is a new theme, and Draftsmen earn badges for their aprons for completing the class. **An additional \$20 Materials Fee is due to the instructor at the first class.**

Crayons

Build confidence in drawing and painting through fun and engaging projects

36689	4-7 yr	T	4:00pm-4:45pm	Jan 6-Feb 3
4 classes	ADOBE		Godoy Diaz	\$60
36690	4-7 yr	T	4:00pm-4:45pm	Feb 24-Mar 17
4 classes	ADOBE		Godoy Diaz	\$60

Brushes

Explore the fundamentals of painting and drawing through interesting projects and engaging material.

36691	7-8 yr	T	5:00pm-6:00pm	Jan 6-Feb 3
4 classes	ADOBE		Godoy Diaz	\$80
36692	7-8 yr	T	5:00pm-6:00pm	Feb 24-Mar 17
4 classes	ADOBE		Godoy Diaz	\$80

Draftsman

Develop a deep understanding of fundamentals in painting and drawing. Prepares students to draw from imagination.

36693	8-12 yr	M	6:15pm-7:15pm	Jan 5-Feb 2
4 classes	ADOBE		Godoy Diaz	\$80
36694	8-12 yr	T	6:15pm-7:15pm	Jan 6-Feb 3
4 classes	ADOBE		Godoy Diaz	\$80
36695	8-12 yr	M	6:15pm-7:15pm	Feb 23-Mar 16
4 classes	ADOBE		Godoy Diaz	\$80
36696	8-12 yr	T	6:15pm-7:15pm	Feb 24-Mar 17
4 classes	ADOBE		Godoy Diaz	\$80

Baking & Cooking

Jr. Chef's Academy

Discover culinary fun in this hands-on class. Learn kitchen basics, cooking techniques, and recipe creation while making tasty dishes to take home and share with family and friends. **An additional \$40 Materials Fee is due to the instructor at the first class.**

37067	6-15 yr	Su	12:00pm-2:30pm	Mar 1-Mar 22
4 classes	SRC		Pevehouse	\$189

Parent Participation Cookie Baking

Join us for a fun parent-participation cookie class! You and your child will team up to learn new baking skills, practice decorating, and create sweet memories together. **An additional \$30 Materials Fee is due to the instructor at the first class.**

37070	6-14 yr	Su	12:00pm-2:30pm	Jan 4-Jan 25
4 classes	SRC		Pevehouse	\$159

See pages 69-70 for the Guide to Class Locations and Facilities.

Dance & Music

Ballet Folklorico

Explore Ballet Folklorico, a vibrant Mexican dance celebrating cultural heritage. Gain an introduction to rhythm and movement. Attire: black fitted t-shirt or Leotard, black leggings, and black ballet/Jazz shoes.

36970	6-15 yr	W	5:00pm-6:00pm	Jan 7-Mar 11
	8 classes	CHCC	Mexico Danza Staff	\$180

Ballet I

Enjoy the grace of classical ballet! Learn ballet vocabulary and technique and develop coordination and flexibility. Required: pink or black leotards, tights, and ballet shoes.

36572	8-11 yr	F	5:50pm-6:35pm	Jan 9-Feb 27
	8 classes	DLDC	DLDC Staff	\$160

Beginning Drums

Learn snare and bass drum technique, fundamental music reading skills, and rhythm work. Drums sticks and a practice pad are required and available at Music Depot.

36423	6-12 yr	W	6:00pm-6:30pm	Feb 4-Feb 25
	4 classes	Music Depot	Schaaphok	\$150
36425	6-12 yr	W	6:00pm-6:30pm	Mar 4-Mar 25
	4 classes	Music Depot	Schaaphok	\$150

Beginning Guitar

Learn fundamental music reading skills, strumming technique, notes and chords. All the basics covered including starting to play simple songs. A guitar is required and available at Music Depot.

36427	8-12 yr	W	7:00pm-7:30pm	Feb 4-Feb 25
	4 classes	Music Depot	Schaaphok	\$150
36431	8-12 yr	W	7:00pm-7:30pm	Mar 4-Mar 25
	4 classes	Music Depot	Schaaphok	\$150

Bollywood Youth

Learn Bollywood music & dance to create a dynamic fusion of traditional Indian and modern styles. Connect with the vibrant and colorful Indian culture and learn super energetic and modern dance moves.

36966	6-12 yr	Su	5:45pm-6:30pm	Jan 18-Mar 15
	9 classes	CHCC	Sun Bollywood Staff	\$230

Cheer

Join the squad! Learn cheers, kicks, and dance routines while designing team shirts and shaking pom poms. A fun-filled class bursting with energy, spirit, and lots of team pride! **An additional \$15 materials fee due to instructor on the first day.**

36792	6-11 yr	Sa	12:00pm-1:00pm	Jan 24-Mar 21
	8 classes	CVCC	CVPA Staff	\$148



Weekes Community Center, Hayward

Cheer & Dance Beginner

Improve self-confidence, physical health, and teamwork skills while having fun! Strengthen the body's core muscles to encourage good posture. Bring: Cheer shoes or white-soled shoes, water bottle, athletic clothes.

36535	7-11 yr	T	4:00pm-4:45pm	Jan 6-Mar 24
	12 classes	DLDC	DLDC Staff	\$240

Combination Dance -Tap & Ballet

Tap and twirl your way through this fun combo class! Dancers explore rhythm and technique in tap, then leap into ballet basics with creativity, coordination, and flair. Let's dance!

36715	6-8 yr	W	5:15pm-6:15pm	Jan 14-Mar 18
	10 classes	CVCC	CVPA Staff	\$185

Contemporary

Experience a dance that embodies aspects of ballet, jazz, and modern dance. Bring your own style and personality to the movements. Jazz or lyrical shoes are required.

36564	8-14 yr	T	7:00pm-7:45pm	Jan 6-Feb 24
	8 classes	DLDC	DLDC Staff	\$160

Hip Hop

Gain rhythm, coordination, and balance through age-appropriate movements set to fun upbeat music. This style is upbeat and great for kids who like to move, shake, and groove.

Minis

36533	4-6 yr	M	3:15pm-4:00pm	Jan 5-Mar 23
	10 classes	DLDC	DLDC Staff	\$220

Hip Hop

36565	5-7 yr	W	4:00pm-4:45pm	Jan 7-Feb 25
	8 classes	DLDC	DLDC Staff	\$160

Hip Hop I

36566	7-11 yr	W	4:45pm-5:30pm	Jan 7-Feb 25
	8 classes	DLDC	DLDC Staff	\$160

See pages 69-70 for the Guide to Class Locations and Facilities.

Hip Hop School Age

Pop, lock, and dance it out! This upbeat class teaches cool combos, musicality, and funky moves while boosting confidence and creativity. Perfect for young dancers ready to bring the energy!

36718	7-11 yr	Th	5:30pm-6:15pm	Jan 15-Mar 19
	10 classes	CVCC	CVPA Staff	\$185

Intro to Ballet Folklorico

Experience the rhythm and culture of Ballet Folklórico in this beginner class!

36416	8-15 yr	Sa	11:00am-12:00pm	Jan 3-Feb 21
	8 classes	WPCC	Mexico Danza Staff	\$180

Jazz

Learn basic jazz dance terminology, stretching, across the floor exercises, technique and choreography while dancing to their favorite tunes. Develop musicality, coordination, strength, flexibility, dance technique, rhythm, and body awareness.

36573	7-11 yr	Sa	10:00am-10:45am	Jan 10-Feb 28
	7 classes	DLDC	DLDC Staff	\$140
36574	7-11 yr	Sa	10:50am-11:35am	Jan 10-Mar 28
	11 classes	DLDC	DLDC Staff	\$220
36908	7-11 yr	Th	5:30pm-6:15pm	Jan 8-Feb 26
	8 classes	DLDC	DLDC Staff	\$160

Jazz/Ballet Combo

Explore and enjoy this combination class. Students will learn basic jazz and ballet dance terminology, stretching, across the floor exercises, technique and choreography while dancing to their favorite tunes.

36577	5-7 yr	Su	11:00am-11:45am	Jan 11-Feb 22
	6 classes	DLDC	DLDC Staff	\$120

Jazz/Theatre

Develop musicality, acting, coordination, strength, flexibility, dance technique, rhythm, and body awareness in a caring, nurturing environment. Gain self-confidence and a sense of accomplishment. Ballet or Jazz shoes required.

36537	8-11 yr	T	6:15pm-7:00pm	Jan 6-Feb 24
	8 classes	DLDC	DLDC Staff	\$160

Lyrical I & II

Express yourself in a dance that combines ballet technique with the freedom and musicality of jazz and contemporary. Classes will encourage students to bring their own individual style to the movements. Jazz or lyrical shoes are required.

36567	9-16 yr	W	5:30pm-6:15pm	Jan 7-Feb 25
	8 classes	DLDC	DLDC Staff	\$160

Piano

Beginning Piano

Discover the joy of piano with our beginner class! Learn fundamental skills in a fun environment. **An additional \$21**

Material Fee is due to instructor at the first class.

36654	7-14 yr	Th	4:10pm-5:00pm	Jan 8-Mar 26
	11 classes	SGCC	Cheng-Rubietta	\$209
36418	7-14 yr	F	3:00pm-3:50pm	Jan 9-Mar 27
	11 classes	SGCC	Cheng-Rubietta	\$209

Intermediate Piano

Continue your piano adventure! For students that have completed a beginner class, hone your playing with challenging songs. **An additional \$10 Material Fee is due to instructor at the first class.**

36655	7-18 yr	Th	5:00pm-5:50pm	Jan 8-Mar 26
	11 classes	SGCC	Cheng-Rubietta	\$209
36419	7-18 yr	F	3:50pm-4:40pm	Jan 9-Mar 27
	11 classes	SGCC	Cheng-Rubietta	\$209



Pre-Ballet

Learn and enjoy the grace and beauty of classical ballet! This beginner class focuses on basic vocabulary and technique with both the barre and center, encouraging creativity, expression, and musicality.

36538	5-7 yr	T	5:30pm-6:15pm	Jan 6-Mar 24
	12 classes	DLDC	DLDC Staff	\$240
36907	5-8 yr	Th	5:20pm-6:05pm	Jan 8-Feb 26
	8 classes	DLDC	DLDC Staff	\$160

Tap I

Clap your feet and make some noise in Tap I! Dancers will learn the basics of tap through fun steps, rhythms, and games while building coordination and musicality. This upbeat class is the perfect way to have fun, stay active, and explore the joy of dance! Dancers should wear tap shoes with velcro or slip-on style for easy changing.

36569	5-7 yr	Th	6:15pm-7:00pm	Jan 8-Feb 26
	8 classes	DLDC	DLDC Staff	\$160

Tap I & II

36910	7-11 yr	Sa	9:15am-10:00am	Jan 10-Feb 28
	7 classes	DLDC	DLDC Staff	\$140

See pages 69-70 for the Guide to Class Locations and Facilities.

SCHOOL AGE CLASSES



Scholarships Available

Don't let the cost of programs keep you from joining in! H.A.R.D. has scholarships available. scholarships@haywardrec.org

¡No permita que el costo de los programas le impida participar! H.A.R.D. tiene becas disponibles. scholarships@haywardrec.org

Gymnastics

Gymnastics Beginning

Join us for a fun introductory gymnastics class for boys and girls! Our beginner gymnastics covers basic skills in floor exercise, uneven bars, balance beam and vault. General conditioning and strength exercises are emphasized. Parents are requested to attend the first class for orientation.

36026	6-10 yr	M	5:35pm-6:30pm	Jan 12-Mar 23
	9 classes	CVCC	HARD Staff	\$180
36081	6-10 yr	M	6:55pm-7:50pm	Jan 12-Mar 23
	9 classes	SGCC	HARD Staff	\$180
36034	6-10 yr	T	4:55pm-5:50pm	Jan 13-Mar 24
	11 classes	CVCC	HARD Staff	\$220
36043	6-10 yr	W	4:55pm-5:50pm	Jan 14-Mar 25
	11 classes	CVCC	HARD Staff	\$220
36044	6-10 yr	W	6:00pm-6:55pm	Jan 14-Mar 25
	11 classes	CVCC	HARD Staff	\$220
36076	6-10 yr	W	6:45pm-7:40pm	Jan 14-Mar 25
	11 classes	SGCC	HARD Staff	\$220
36080	6-10 yr	Th	6:45pm-7:40pm	Jan 15-Mar 26
	11 classes	SGCC	HARD Staff	\$220
36056	6-10 yr	F	4:55pm-5:50pm	Jan 16-Mar 27
	11 classes	CVCC	HARD Staff	\$220
36057	6-10 yr	F	6:00pm-6:55pm	Jan 16-Mar 27
	11 classes	CVCC	HARD Staff	\$220
36012	6-10 yr	Sa	10:30am-11:25am	Jan 17-Mar 28
	11 classes	CVCC	HARD Staff	\$220
36013	6-10 yr	Sa	11:35am-12:30pm	Jan 17-Mar 28
	11 classes	CVCC	HARD Staff	\$220

Gymnastics Advanced Beginning

Join us in our second level gymnastics class! Building off the strength and skill learned in Beginning, Advanced Beginner Gymnastics—covers higher level skills in floor exercise, uneven bars, balance beam and vault. General conditioning and strength exercises are emphasized. Students must complete the Beginner level and have instructor's approval to register.

36027	6-10 yr	M	6:40pm-7:35pm	Jan 12-Mar 23
	9 classes	CVCC	HARD Staff	\$180
36035	6-10 yr	T	6:00pm-6:55pm	Jan 13-Mar 24
	11 classes	CVCC	HARD Staff	\$220
36047	6-10 yr	Th	4:55pm-5:50pm	Jan 15-Mar 26
	11 classes	CVCC	HARD Staff	\$220
36058	6-10 yr	F	7:05pm-8:00pm	Jan 16-Mar 27
	11 classes	CVCC	HARD Staff	\$220
36018	6-10 yr	Su	11:40am-12:35pm	Jan 18-Mar 29
	11 classes	CVCC	HARD Staff	\$220



Castro Valley Community Center, Castro Valley

Gymnastics Intermediate

Join us for our 3rd level of gymnastics! Our Intermediate-Pre-requisite skills are: All rolls, handstand, cartwheel and backbend; unassisted high beam basics and unassisted pullover on bars. Students must complete the beginner and advanced beginner level and have instructor's approval to register.

36036	6-11 yr	T	7:05pm-8:00pm	Jan 13-Mar 24
	11 classes	CVCC	HARD Staff	\$220
36048	6-10 yr	Th	6:00pm-6:55pm	Jan 15-Mar 26
	11 classes	CVCC	HARD Staff	\$220

Gymnastics Advanced

Join us for our 4th level of gymnastics! Our Advanced-Pre-requisite skills are Handstands, 1 Handed Cartwheels, Backbend Kickover, Valdez, Handspring Shapes; unassisted high beam (including handstand and cartwheels); Back hip Circles, Single Leg Shoot Throughs, Straddle Ons. Students must complete intermediate level and have instructor's approval to register.

36049	6-11 yr	Th	7:05pm-8:00pm	Jan 15-Mar 26
	11 classes	CVCC	HARD Staff	\$220

Health & Fitness

New Yoga

Experience yoga! Practice poses, breathing, and mindfulness to build strength, flexibility, balance, focus, and self-esteem, while fostering emotional well-being, community, and self-discovery in a fun, engaging environment.

37116	6-12 yr	W	4:10pm-5:10pm	Jan 14-Mar 11
	9 classes	ARC	Athena Coding Staff	\$200

See pages 69-70 for the Guide to Class Locations and Facilities.

Languages

Kinder Mandarin Class

Discover Mandarin! Kindergartners will explore language, music, art, and games through hands-on activities, building vocabulary, communication skills, and cultural awareness in a fun, engaging, and interactive immersion experience. **An additional \$35 (New Students)/\$15 (Returning Students) Material Fee is due to the instructor at first class.**

37025	5-6 yr	T	5:00pm-6:00pm	Jan 13-Feb 17
	6 classes	SFCC	SA Staff	\$180

37026	5-6 yr	T	5:00pm-6:00pm	Feb 24-Mar 31
	6 classes	SFCC	SA Staff	\$180

Kinder Spanish Class

Discover Spanish through fun! Kindergartners will explore language, music, art, games, and movement in an engaging, hands-on program that builds early fluency and sparks curiosity for learning. **An additional \$25 (New Students)/\$15 (Returning Students) Material Fee is due to the instructor at first class.**

37023	5-6 yr	Th	5:00pm-6:00pm	Jan 15-Feb 19
	6 classes	SFCC	SA Staff	\$180

37024	5-6 yr	Th	5:00pm-6:00pm	Feb 26-Mar 26
	5 classes	SFCC	SA Staff	\$150

New Spanish Explorers

Experience Spanish! Build language skills through games, storytelling, and hands-on projects while exploring greetings, vocabulary, music, traditions, and geography, fostering a love for the Spanish language and culture in young learners.

37113	6-12 yr	T	4:10pm-5:10pm	Jan 13-Mar 10
	9 classes	ARC	Athena Coding Staff	\$200

Martial Arts

EAAB'S

Filipino/ Indonesian Martial Arts

Filipino/Indonesian self-defense, mastering short stick, cane, and blade techniques. Develop striking, joint locks, disarming, and takedowns for practical protection and skillful combat application. **An additional \$85 Uniform/Safety Equipment Fee is due to the instructor at the first class.**

36995	12 yr+	Sa	12:00pm-12:55pm	Jan 10-Mar 14
	10 classes	EAABs	Untalan	\$295

Fitness & Self Defense

Empower all ages with confidence-building training. Techniques cover stretching, striking, grappling, and defense against weapons, promoting personal growth and safety in a supportive environment. **An additional \$40 Uniform/Safety Equipment Fee is due to the instructor at the first class.**

36985	8 yr+	T	4:30pm-5:25pm	Jan 6-Mar 10
	10 classes	EAABs	Untalan	\$285

36987	12 yr+	T	5:30pm-6:25pm	Jan 6-Mar 10
	10 classes	EAABs	Untalan	\$285

36990	8 yr+	Th	4:30pm-5:25pm	Jan 8-Mar 12
	10 classes	EAABs	Untalan	\$285

36991	10 yr+	Th	5:30pm-6:25pm	Jan 8-Mar 12
	10 classes	EAABs	Untalan	\$285

36993	8 yr+	Sa	10:00am-10:55am	Jan 10-Mar 14
	10 classes	EAABs	Untalan	\$285



Weekes Park Community Center, Hayward

Gung Fu

Students are encouraged to wear black uniforms and shirts are available for purchase.

Beginning

Join this safety-focused Gung-Fu class exploring Si Lum and Tiger styles. Family participation encouraged. Repeatable for growth. Completion grants eligibility to test for advanced class.

36998	7 yr+	M/W	6:00pm-7:30pm	Jan 5-Mar 11
	18 classes	WPCC	Martinez	\$120

Advanced

Advance your Gung Fu skills in this class for students who completed the beginning course. Students learn advanced Si Lum, Black Tiger, Tai Chi and weapon set, as well as have the opportunity to earn a Black Belt.

36999	7 yr+	M/W	7:30pm-9:00pm	Jan 5-Mar 18
	20 classes	WPCC	Martinez	\$120

Check Out Our
Winter Camps
on page 8

See pages 69-70 for the Guide to Class Locations and Facilities.

SCHOOL AGE CLASSES

Leaping Leopard Shaolin Kenpo

Empower yourself with a powerful self-defense system designed for today's world, expertly equipped to counter multiple attackers and armed assailants. Boost focus, discipline, confidence, and fitness as you train. *An additional \$40 uniform fee is due to the instructor at the first class.*

Beginner - White to Purple Belt

36975	7-70 yr 22 classes	M/Th CHCC	6:30pm-7:30pm Santiago	Jan 5-Mar 26 \$290
36982	7-70 yr 20 classes	F Sa SGCC	6:30pm-7:30pm 9:00am-10:00am Santiago	Jan 9-Mar 21 \$290

Intermediate - Purple to Brown Belt

36977	7-70 yr 22 classes	M/Th CHCC	7:35pm-8:35pm Santiago	Jan 5-Mar 26 \$290
36984	7-70 yr 34 classes	T/F Sa SGCC	7:50pm-8:40pm 10:05am-11:10am Santiago	Jan 6-Mar 24 \$315

Ta Danado Jiu Jitsu

Experience our specialty programs offering fun, supportive, and empowering training for all ages and levels. Bond with your child, build strength, confidence, and self-defense skills, while fostering connection, fitness, and personal growth.

New Mommy and Me Jiu Jitsu

37051	3 yr+ 1 class	Sa TDJJ	9:30am-11:00am Galindo	Jan 17 \$25
37052	3 yr+ 2 classes	Sa TDJJ	9:30am-11:00am Galindo	Feb 7-Feb 21 \$45
37053	3 yr+ 2 classes	Sa TDJJ	9:30am-11:00am Galindo	Mar 7-Mar 21 \$45

New Parent and Me Jiu Jitsu

37054	3 yr+ 2 classes	Sa TDJJ	9:30am-11:00am Galindo	Jan 10-Jan 24 \$45
37055	3 yr+ 2 classes	Sa TDJJ	9:30am-11:00am Galindo	Feb 14-Feb 28 \$45
37056	3 yr+ 2 classes	Sa TDJJ	9:30am-11:00am Galindo	Mar 14-Mar 28 \$45

Kids Brazilian Jiu Jitsu

Build strong fundamentals in this structured kids' class, focusing on skill development and confidence-building, with daily rolling to safely apply techniques in a safe, guided setting.

37042	6-8 yr 11 classes	M-W TDJJ	4:30pm-5:15pm Galindo	Jan 5-Jan 28 \$200
37059	9-12 yr 11 classes	M-W TDJJ	5:15pm-6:00pm Galindo	Jan 5-Jan 28 \$200
37043	6-8 yr 11 classes	M-W TDJJ	4:30pm-5:15pm Galindo	Feb 2-Feb 25 \$200
37060	9-12 yr 11 classes	M-W TDJJ	5:15pm-6:00pm Galindo	Feb 2-Feb 25 \$200
37044	6-8 yr 13 classes	M-W TDJJ	4:30pm-5:15pm Galindo	Mar 2-Mar 30 \$215
37061	9-12 yr 13 classes	M-W TDJJ	5:15pm-6:00pm Galindo	Mar 2-Mar 30 \$215

New Women's Brazilian Jiu Jitsu

Empower yourself in our Women's Jiu Jitsu class for women of all levels. Train alongside other women, develop practical skills, and have fun in a welcoming, judgment-free environment while improving fitness and building confidence.

37036	11 yr+ 4 classes	Sa TDJJ	11:00am-1:00pm Galindo	Jan 10-Jan 31 \$120
37037	11 yr+ 4 classes	Sa TDJJ	11:00am-1:00pm Galindo	Feb 7-Feb 28 \$120
37038	11 yr+ 4 classes	Sa TDJJ	11:00am-1:00pm Galindo	Mar 7-Mar 28 \$120



Thomas Martial Arts & Fitness Academy

Boost your confidence with realistic self-defense, discipline, and focus. Our Karate class promotes resilience, reduces screen time, and inspires a healthier, active lifestyle you can trust. *An additional \$30 Uniform Fee is due to the instructor at the first class.* The monthly fee includes unlimited class attendance during session dates.

37079	7-12 yr 22 classes	M-Th Sa Su TMAFA	5:00pm-6:00pm 9:00am-10:00am 10:00am-11:00am Thomas	Jan 5-Jan 31 \$189
37089	7-12 yr 22 classes	M-Th Sa Su TMAFA	4:00pm-5:00pm 9:00am-10:00am 10:00am-11:00am Thomas	Jan 5-Jan 31 \$189
37080	7-12 yr 23 classes	M-Th Sa Su TMAFA	5:00pm-6:00pm 9:00am-10:00am 10:00am-11:00am Thomas	Feb 1-Feb 28 \$189
37090	7-12 yr 23 classes	M-Th Sa Su TMAFA	4:00pm-5:00pm 9:00am-10:00am 10:00am-11:00am Thomas	Feb 1-Feb 28 \$189
37081	7-12 yr 27 classes	M-Th Sa Su TMAFA	5:00pm-6:00pm 9:00am-10:00am 10:00am-11:00am Thomas	Mar 1-Mar 31 \$189
37091	7-12 yr 27 classes	M-Th Sa Su TMAFA	4:00pm-5:00pm 9:00am-10:00am 10:00am-11:00am Thomas	Mar 1-Mar 31 \$189

Nature



Sulphur Creek Nature Center, Fariview

Animal Adventures at Sulphur Creek Nature Center

Some Like it Wet

Find out about those that like it when it is wet. Craft a floating frog, and search for creatures enjoying the moisture on the trails.

36477	4-12 yr	Su	10:00am-11:30am	Jan 18
	1 class	SCNC	Wolf	\$13

Bird Search

Participate in the Great Backyard Bird Count with us. Color a beautiful bird, and search for feathered friends along the creek trail. Class will be completely outdoors.

36476	4-12 yr	Su	10:00am-11:30am	Feb 15
	1 class	SCNC	Wolf	\$13

Creek Adventure

Meet some super swimmers, design a tiny boat, and adventure with us in the creek. Wear shoes and clothes that you don't mind getting muddy and wet.

36489	4-12 yr	Su	10:00am-11:30am	Mar 15
	1 class	SCNC	Wolf	\$13

Family Field Trip: Adventure at Ward Creek

Investigate winter wonders with us along the Ward Creek trail. Search for critters on the trail and craft a tiny boat to float in the creek. Bundle up to enjoy the adventure rain or shine!

36501	5-12 yr	Su	3:00pm-5:00pm	Mar 1
	1 class	SCNC	Wolf	\$13

Guinea Pig Chat

Have you ever wondered how many times a guinea pig poops each day? Join us for a fun chat and meet one of our guinea pigs.

36523	1-10 yr	Sa	10:00am-10:45am	Mar 14
	1 class	SCNC	Nature Staff	\$10

Nature Detectives

at Hayward Shoreline Interpretive Center

Love in Nature

Join us for an exciting exploration into the world of love in nature. We will explore what goes on in the amazing salt marsh ecosystem.

36507	6-11 yr	Sa	10:00am-11:00am	Feb 7
	1 class	HSIC	Nature Staff	\$12

Evidence of Animals

Test your detective skills as we discover clues left behind by animals including tracks, scat, shells, and more!

36508	6-11 yr	Sa	10:00am-11:00am	Mar 7
	1 class	HSIC	Nature Staff	\$12

Wonders of Water

Where does the water go after it rains? Join us as we learn what a watershed is and help build a model to see where water flows, collects, and what it carries.

36509	6-11 yr	Sa	10:00am-11:00am	Jan 10
	1 class	HSIC	Nature Staff	\$12

Pocket Pet Academy- Mammals

Crazy about animals? Join our Pocket Pet Academy and learn how to be a responsible pet parent. You will learn how to properly take care of a pet and even get to hold one of our animals! This week we will be learning about small mammals.

36480	6-11 yr	Su	10:00am-11:00am	Feb 1
	1 class	SCNC	Nature Staff	\$15

Pocket Pet Academy- Reptiles

Crazy about animals? Join our Pocket Pet Academy and learn how to be a responsible pet parent. You will learn how to properly take care of a pet and even get to hold one of our animals! This week we will be learning about reptiles.

36481	6-11 yr	Su	10:00am-11:00am	Mar 8
	1 class	SCNC	HARD Staff	\$15



Snug as a Bear: All About Hibernation

Bundle up with your favorite blanket and cuddly stuffie as we learn how animals snuggle in for their long winter naps. Through stories, activities, and fun facts, we'll explore the cozy world of hibernation.

36529	6-11 yr	Su	10:00am-11:00am	Jan 11
	1 class	SCNC	Nature Staff	\$15

See pages 69-70 for the Guide to Class Locations and Facilities.

Outdoor Education

Get Outdoors – GO H.A.R.D.

Secrets of the Coast

Explore the beach for treasures left by the tide! Families discover shells, crab molts, seaweed, shorebird tracks, complete scavenger tasks, and enjoy an adventure, leaving with a wildlife detective checklist. Fee includes registration for up to two adults and two youth.

36788	6-12 yr	Sa	11:00am-2:30pm	Jan 31
1 class	ACC		HARD Staff	\$35

Wildlife Wonders

Discover winter wildlife along the shoreline marshes! Families follow scavenger hunt clues to spot ducks, herons, and hidden critters, play an active role in observation, and leave with a wildlife detective checklist. Fee includes registration cost for up to two adults and two youth.

36787	6-12 yr	Sa	11:00am-2:30pm	Mar 21
1 class	ACC		HARD Staff	\$35



Hayward Shoreline, Hayward

S.T.E.M.

New AI Adventures

Explore the world of AI! Use ChatGPT, DALL-E, Stable Diffusion, and more to create stories, art, animations, and chatbots while developing critical thinking, collaboration, and creativity with expert guidance.

37108	7-12 yr	M	4:10pm-5:10pm	Jan 12-Mar 16
8 classes	CHCC		Athena Coding Staff	\$200

Artificial Intelligence for Young Thinkers

Discover the world of AI! Students explore machine learning, chatbots, computer vision, and decision-making through hands-on coding and games, building critical thinking, logic, and real-world technology skills.

37014	7-14 yr	Sa	11:15am-12:15pm	Jan 10-Feb 28
8 classes	CHCC		Rrooar Staff	\$255

Design & Create: 3D Printing for Kids

Create, design, and print your ideas! In this hands-on course, students explore 3D modeling, Tinkercad, and printing techniques to bring imaginative projects to life while building problem-solving and engineering skills. **An additional \$50 materials fee is due to the instructor at the first class.**

37015	7-14 yr	Sa	12:30pm-1:30pm	Jan 10-Feb 28
8 classes	CHCC		Rrooar Staff	\$255

Disney/Pixar with LEGO STEM Workshop

Join a magical Disney/Pixar LEGO workshop this winter! Build snowy scenes and favorite characters in a 3-hour, hands-on adventure full of storytelling, creativity, and fun—perfect for fans of all ages.

36780	5-10 yr	Sa	9:00am-12:00pm	Feb 28
1 class	CHCC		Brick Tech Staff	\$57

Fun'BoT

Join the Fun'BoT workshop! Become an engineer as you build robotic cars, trucks, and more. Program them, test with obstacles, break down, rebuild, and repeat in a hands-on, interactive experience.

36811	6-11 yr	Sa	10:00am-11:00am	Feb 7-Feb 28
4 classes	ARC		Salpekar	\$99

New Fun with Math

Discover math! Engage in hands-on activities, puzzles, and games that connect concepts to real-world scenarios, build problem-solving and reasoning skills, and make numbers, patterns, and logic exciting for young learners.

37120	6-12 yr	F	4:10pm-5:10pm	Jan 16-Mar 13
9 classes	ARC		Athena Coding Staff	\$200

JR Adventures: Scratch JR Programming

Jump into coding fun! In this hands-on class, young designers explore Scratch Jr, create games, design characters and backgrounds, remix projects, and build foundational coding skills while unleashing creativity and imagination. Must bring own computer with Scratch Jr installed.

37075	5-9 yr 6 classes	Sa KASCC	11:45am-12:45pm Code Ninjas Staff	Jan 10-Feb 14	\$180
37076	5-9 yr 6 classes	Sa KASCC	11:45am-12:45pm Code Ninjas Staff	Feb 21-Mar 28	\$180

LEGO Robotics

Build, program, and create in this hands-on LEGO robotics and 3D printing class! Students develop coding, problem-solving, and engineering skills while designing robots and custom 3D creations. Bring your computer!

37077	5-9 yr 6 classes	Sa KASCC	1:15pm-2:15pm Code Ninjas Staff	Jan 10-Feb 14	\$180
37078	5-9 yr 6 classes	Sa KASCC	1:15pm-2:15pm Code Ninjas Staff	Feb 21-Mar 28	\$180

Minecraft with LEGO STEM Workshop

Build your own wintery Minecraft world in a LEGO workshop! Kids will design snowy landscapes, construct shelters, and create mobs in a fun, screen-free, hands-on adventure for all skill levels.

36777	5-10 yr 1 class	Sa CHCC	9:00am-12:00pm Brick Tech Staff	Feb 7	\$57
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Programming Robots with MicroBits

Join the adventure of robotics innovation! Use RVR robots, LittleBits, and MicroBits to design, build, and solve challenges while developing creativity, coding, and engineering skills in this hands-on program.

37020	7-14 yr 8 classes	Sa CHCC	12:30pm-1:30pm Rrooar Staff	Mar 7-May 9	\$255
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Ready STEM Go!

Explore the wonders of STEM! In this hands-on program, children investigate animals, motion, mixtures, energy, and technology, discovering how science shapes the world around them through engaging experiments and activities.

36997	5-10 yr 8 classes	F CVCC	4:00pm-5:00pm Mad Science Staff	Jan 16-Mar 6	\$275
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Scratch Coding Fundamentals

Create your first video game! In this engaging camp, kids learn programming basics using Scratch, explore loops, functions, and game mechanics, and design fun, interactive games while developing problem-solving and creativity skills. Must bring own computer.

37073	7-14 yr 6 classes	T CHCC	5:30pm-6:30pm Code Ninjas Staff	Jan 6-Feb 10	\$180
37074	7-14 yr 6 classes	T CHCC	5:30pm-6:30pm Code Ninjas Staff	Feb 24-Mar 31	\$180

Scratch Programming

Join a 4-week coding workshop! Learn essential coding concepts and build fun games, progressing from simple beginner projects to advanced city-building creations—hands-on, engaging, and perfect for aspiring young coders. **An additional \$20 Materials Fee is due to the instructor at the first class.**

36804	6-11 yr 4 classes	Sa ARC	10:00am-11:00am Salpekar	Mar 7-Mar 28	\$99
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Young Engineers Algo Brix - Monster Trucks

Build, code, and explore! Join our Robotics classes to learn programming, sensors, and engineering fundamentals through hands-on projects. Unlock problem-solving, creativity, and critical thinking in a fun, immersive environment.

37018	5-12 yr 8 classes	Sa CHCC	10:00am-11:00am Rrooar Staff	Mar 7-May 9	\$255
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Young Engineers Bricks Challenge - Minecraft Adventures

Build, play, and explore! Young engineers dive into Minecraft-inspired LEGO challenges, creating moving machines, pixelated characters, and structures while learning STEM skills, teamwork, problem-solving, and basic mechanics through hands-on fun.

37013	5-12 yr 8 classes	Sa CHCC	10:00am-11:00am Rrooar Staff	Jan 10-Feb 28	\$255
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See pages 69-70 for the Guide to Class Locations and Facilities.

SCHOOL AGE CLASSES

Young Gamemakers - Game Design with Scratch

Create, code, and play! Join our Scratch Game Design class to learn programming, game mechanics, and problem-solving as you design and build your own games in a fun, hands-on way.

37019	5-12 yr	Sa	11:15am-12:15pm	Mar 7-May 9
	8 classes	CHCC	Rrooar Staff	\$255

New Young Innovators & Entrepreneurs

Create and innovate! Explore business fundamentals, design prototypes, develop ideas, solve problems, and collaborate with peers while learning about inventions and entrepreneurship, building creativity, confidence, communication, and leadership skills.

37119	6-12 yr	F	3:05pm-4:05pm	Jan 16-Mar 13
	9 classes	ARC	Athena Coding Staff	\$200

Special Interest & Hobbies

Advanced Public Speaking & Debate Skills

Join an advanced public speaking and debate class! Master persuasive speaking, explore speech types and debate techniques, and boost confidence through writing, presenting, and body language activities—perfect for aspiring communicators.

36797	9-12 yr	T	4:00pm-5:00pm	Jan 13-Feb 17
	6 classes	ARC	Gurus Ed Staff	\$155
36800	9-12 yr	T	4:00pm-5:00pm	Feb 24-Mar 31
	6 classes	ARC	Gurus Ed Staff	\$155

New Bucket Drumming

Create rhythm and music! Transform ordinary buckets into percussion instruments, learn drumming techniques and patterns, build coordination, teamwork, and self-expression, and showcase your skills in a fun, high-energy performance.

37114	6-12 yr	T	4:10pm-5:10pm	Jan 13-Mar 10
	9 classes	CHCC	Athena Coding Staff	\$200

Chess Wizards

Join Chess Wizards for engaging chess lessons, thrilling games, and rewards. Enhance your skills and challenge yourself—perfect for all skill levels, from beginners to advanced players.

36784	5-12 yr	Sa	10:15am-11:15am	Jan 17-Mar 7
	8 classes	KASCC	Chess Wizards Staff	\$359

New Codebreakers Spy Games

Decode mysteries! Develop critical thinking, pattern recognition, and logic skills while exploring ciphers, cracking codes, designing secret messages, and collaborating with classmates in an immersive, spy-themed, hands-on learning adventure.

37118	6-12 yr	Th	4:10pm-5:10pm	Jan 15-Mar 12
	9 classes	ARC	Athena Coding Staff	\$200



Cherryland Community Center, Cherryland

New Dungeons and Dragons

Embark on a D&D adventure! Collaborate with teammates, navigate quests, overcome challenges, and develop problem-solving, communication, teamwork, creativity, and critical thinking skills in a fun, imaginative, and confidence-building experience.

37115	6-12 yr	W	3:05pm-4:05pm	Jan 14-Mar 11
	9 classes	ARC	Athena Coding Staff	\$200

Exploring the Animal Kingdom

Discover wildlife! Investigate species from insects to mammals, engage in hands-on experiments, learn about adaptations, ecosystems, and anatomy, and spark curiosity while building a foundation for scientific discovery and conservation.

37109	6-12 yr	M	3:05pm-4:05pm	Jan 12-Mar 16
	8 classes	ARC	Athena Coding Staff	\$200

Jewelry Masters

Create your own dazzling jewelry! Young artists will design and assemble bracelets, necklaces, and earrings, exploring colors, shapes, and textures while developing creativity, fine motor skills, and self-expression in this hands-on course.

37112	6-12 yr	T	3:05pm-4:05pm	Jan 13-Mar 10
	9 classes	ARC	Athena Coding Staff	\$200



See pages 69-70 for the Guide to Class Locations and Facilities.

Kinder Sewing Class

Discover the joy of sewing! Kinder students will create age-appropriate projects, learning to use needles, hoops, and various materials like paper plates and cotton, building creativity and fine motor skills. **An additional \$15 Material Fee is due to the instructor at first class.**

37021	5-6 yr 5 classes	M SFCC	5:00pm-6:00pm SA Staff	Jan 12-Feb 23 \$150	37022	5-6 yr 5 classes	M SFCC	5:00pm-6:00pm SA Staff	Mar 2-Mar 30 \$150
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LEGO Design and Drive Workshop

Join the ultimate winter LEGO Design and Drive workshop! Kids will craft snow-themed racers, icy tracks, and wild jumps in a hands-on, screen-free adventure—no license or experience needed, perfect for all ages.

36781	5-10 yr 1 class	Sa CHCC	9:00am-12:00pm Brick Tech Staff	Mar 21 \$57
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New Olympic Chess

Discover the excitement of chess with engaging puzzles, interactive play, and tournaments! Learn strategies, tactics, and openings while building confidence and skill. Every class ends with a trophy-winning challenge!

37107	6-12 yr 8 classes	M CHCC	3:05pm-4:05pm Athena Coding Staff	Jan 12-Mar 16 \$200
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New Magic in Motion

Enchantment Workshop

Learn magic! Master age-appropriate tricks with everyday objects, perform illusions, develop sleight-of-hand skills, boost creativity and confidence, and showcase magical talents in a fun, hands-on, and engaging environment.

37117	6-12 yr 9 classes	Th ARC	3:05pm-4:05pm Athena Coding Staff	Jan 15-Mar 12 \$200
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Super Mario with LEGO Workshop

Build icy Mario levels, design snowy enemies, and discover festive power-ups in this wintry Super Mario LEGO workshop! A creative, hands-on adventure—no experience required, just imagination and love for Mario.

36776	5-10 yr 1 class	Sa CHCC	9:00am-12:00pm Brick Tech Staff	Jan 10 \$57
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Sports

Fencing Classes

All fencing equipment provided. Wear workout clothes, t-shirt, long pants and athletic sport shoes (no jeans). Bring a water bottle.

Fencing for Beginners

Discover the thrill of sword play! Join our youth fencing class for beginners. Learn strategic thinking, lightning-fast reflexes, and graceful footwork in a safe and supportive environment. Unleash your inner champion! **An additional \$25 Materials Fee is due to the instructor at the first class.**

36612	7-12 yr 3 classes	W KASCC	5:00pm-5:55pm Cimpoaie	Jan 14-Jan 28 \$195
36620	7-12 yr 4 classes	W KASCC	5:00pm-5:55pm Cimpoaie	Feb 4-Feb 25 \$260
36621	7-12 yr 4 classes	W KASCC	5:00pm-5:55pm Cimpoaie	Mar 4-Mar 25 \$260

Fencing Electric Intermediate Class

Improve accuracy, speed, and tactics using electric gear. Experienced coaches will lead dynamic drills and simulated bouts. **An additional \$40 Materials Fee is due to the instructor at the first class.**

36613	7½-13½ yr 3 classes	T KASCC	5:30pm-7:00pm Cimpoaie	Jan 13-Jan 27 \$235
36624	7½-13½ yr 3 classes	W KASCC	6:00pm-7:00pm Cimpoaie	Jan 14-Jan 28 \$220
36622	7½-13½ yr 4 classes	T KASCC	5:30pm-7:00pm Cimpoaie	Feb 3-Feb 24 \$305
36625	7½-13½ yr 4 classes	W KASCC	6:00pm-7:00pm Cimpoaie	Feb 4-Feb 25 \$290
36623	7½-13½ yr 4 classes	T KASCC	5:30pm-7:00pm Cimpoaie	Mar 3-Mar 24 \$305
36626	7½-13½ yr 4 classes	W KASCC	6:00pm-7:00pm Cimpoaie	Mar 4-Mar 25 \$290

H.A.R.D. Sports Academy - Mat Masters Wrestling

Join Mat Masters Wrestling and experience a supportive, high-energy environment that builds confidence, discipline, and coordination. Learn wrestling fundamentals through fun drills and techniques, perfect for beginners and those looking to grow.

36110	6-9 yr 8 classes	T/Th ARC	6:00pm-6:50pm HARD Staff	Jan 6-Jan 29 \$80	36112	6-9 yr 8 classes	T/Th ARC	6:00pm-6:50pm HARD Staff	Feb 3-Feb 26 \$80
36111	10-12 yr 7 classes	T/F ARC	7:00pm-7:50pm HARD Staff	Jan 6-Jan 27 \$80	36113	10-12 yr 8 classes	T/Th ARC	7:00pm-7:50pm HARD Staff	Feb 3-Feb 26 \$80

See pages 69-70 for the Guide to Class Locations and Facilities.

SCHOOL AGE CLASSES

Jr. Golden State Basketball League

This program offers a non-competitive environment where beginners and veterans alike can improve their skills. All participants will receive a jersey, instruction and game play. This program is co-sponsored by the Golden State Warriors and the Valkyries. First 4 weeks is fundamental instruction, and then 6 weeks of game play. Volunteer Coaches are needed. If interested, please contact Noel Munivez at munn@HaywardRec.org. Teams will be chosen based on skills and no teammate request will be honored, unless siblings. No game time requests will be granted.

36099	6-7 yr	Sa	10:15am-11:05am	Dec 13-Feb 28	36102	8-9 yr	Sa	1:30pm-2:20pm	Dec 13-Feb 28
10 classes	CMS		HARD Staff	\$165	10 classes	CMS		HARD Staff	\$165
36100	6-7 yr	Sa	11:20am-12:10pm	Dec 13-Feb 28	36103	10-13 yr	Sa	2:35pm-3:25pm	Dec 13-Feb 28
10 classes	CMS		HARD Staff	\$165	10 classes	CMS		HARD Staff	\$165
36101	8-9 yr	Sa	12:25pm-1:10pm	Dec 13-Feb 28					
10 classes	CMS		HARD Staff	\$165					



Kidz Love Soccer

Each participant receives a Kidz Love Soccer jersey. Shin guards are required for all classes. To receive cancellation notifications, download Kidz Love Soccer app. Kidz Love Soccer class status hotline (888) 372-5803.

Soccer 1:

Develop dribbling, passing, defense, and shooting skills in a fun, engaging environment. Small-sided matches and skill games enhance learning. Suitable for beginners and those with some experience.

36121	5-6 yr	W	3:20pm-4:05pm	Jan 7-Feb 11
6 classes	PALHP		Bayliss	\$174
36123	5-6 yr	Sa	3:20pm-4:05pm	Jan 10-Feb 14
6 classes	Kennedy Park		Bayliss	\$174

Soccer 2:

Dynamic introduction to competitive soccer, emphasizing advanced skills like dribbling, passing, shooting, and goalkeeping. Players of all levels enjoy scrimmages, team play, and positional rotation.

36119	7-10 yr	W	4:10pm-4:55pm	Jan 7-Feb 11
6 classes	PALHP		Bayliss	\$174
36124	7-10 yr	Sa	4:10pm-4:55pm	Jan 10-Feb 14
6 classes	Kennedy Park		Bayliss	\$174

Make Me A Pro Sports

Join us for a fun sports and fitness experience from our experienced staff. Please bring water and a ball. **An additional \$10 Materials Fee is due to the instructor at the first class.**

Basketball

Join us for this fun Basketball experience that will focus on skillz through fun games and drills. Bring water and a basketball.

36601	8-14 yr	M	7:05pm-7:50pm	Jan 5-Feb 23
6 classes	MJCC		Broomfield	\$167
36602	8-14 yr	M	7:05pm-7:50pm	Mar 2-Apr 6
6 classes	MJCC		Broomfield	\$167

Junior Boxing Champions

Join our non-contact boxing class to learn self-defense, improve fitness, and build confidence! Master the basics, from stances to evading punches, in a safe, engaging environment. Bring water, skipping rope, and boxing gloves!

36587	6-12 yr	T	4:30pm-5:15pm	Jan 6-Feb 10
6 classes	MJCC		Broomfield	\$147
36597	6-12 yr	T	4:30pm-5:15pm	Feb 17-Mar 24
6 classes	MJCC		Broomfield	\$147

Indoor Soccer

Focus on basic fitness and skillz through fun games and drills.

36589	5-7 yr	T	6:15pm-7:00pm	Jan 6-Feb 10
6 classes	MJCC		Broomfield	\$167
36590	8-14 yr	T	7:05pm-7:50pm	Jan 6-Feb 10
6 classes	MJCC		Broomfield	\$167
36608	5-7 yr	T	6:15pm-7:00pm	Feb 17-Mar 24
6 classes	MJCC		Broomfield	\$167
36609	8-14 yr	T	7:05pm-7:50pm	Feb 17-Mar 24
6 classes	MJCC		Broomfield	\$167

Soccer Magic

This enjoyable soccer program will focus on basic fitness and skillz through fun games and drills.

36581	5-7 yr	Sa	10:20am-11:05am	Jan 10-Feb 14
6 classes	PALHP		Broomfield	\$167
36594	5-7 yr	Sa	10:20am-11:05am	Feb 21-Mar 28
6 classes	PALHP		Broomfield	\$167

Soccer Technique

36582	8-14 yr	Sa	11:10am-11:55am	Jan 10-Feb 14
6 classes	PALHP		Broomfield	\$167
36595	8-14 yr	Sa	11:10am-11:55am	Feb 21-Mar 28
6 classes	PALHP		Broomfield	\$167

See pages 69-70 for the Guide to Class Locations and Facilities.

Pickleball Is Life

Introduction

Learn the fundamentals of the game such as kitchen, ground strokes, volleying and dinking

36826	8-17 yr 4 classes	Sa WPCC	9:00am-10:15am Ambrosini	Jan 3-Jan 24	\$100
36827	8-17 yr 4 classes	Sa WPCC	9:00am-10:15am Ambrosini	Feb 7-Feb 28	\$100
36828	8-17 yr 4 classes	Sa WPCC	9:00am-10:15am Ambrosini	Mar 7-Mar 28	\$100

Pickleball Advanced Beginner

Learn basic techniques, positions, and scoring of the game of pickleball to "tactics" of the game. Must have taken Pickleball 101 to register.

36835	8-17 yr 4 classes	Sa WPCC	12:00pm-1:15pm Ambrosini	Jan 3-Jan 24	\$100
36836	8-17 yr 4 classes	Sa WPCC	12:00pm-1:15pm Ambrosini	Feb 7-Feb 28	\$100
36837	8-17 yr 4 classes	Sa WPCC	12:00pm-1:15pm Ambrosini	Mar 7-Mar 28	\$100

Youth Development Clinic

Students will learn to go beyond the basics and develop skills and tactics to play competitive pickleball in both a team and individual format. Each session will include technique development and isolated competitive drills for both doubles and singles play. *Students will provide their own paddles.

36838	8-17 yr 4 classes	Th WPCC	3:00pm-5:00pm Ambrosini	Jan 8-Jan 29	\$200
36840	8-17 yr 4 classes	Th WPCC	3:00pm-5:00pm Ambrosini	Feb 5-Feb 26	\$200
36869	8-17 yr 4 classes	Th WPCC	3:00pm-5:00pm Ambrosini	Mar 5-Mar 26	\$200

Pivot Train Basketball

Learn fun basketball concepts with drills and game like situations structured to introduce participants to team setting. With drills and games focused on building motor skills and teaching basic basketball principles such as dribbling, passing, shooting and teamwork, participants will develop a love for the game in a fun, safe enriched setting.

Ballers

36129	8-9 yr 4 classes	Sa MJCC	11:00am-11:45am Hudson	Jan 10-Jan 31	\$98
36552	8-9 yr 4 classes	Sa MJCC	11:00am-11:45am Hudson	Feb 7-Feb 28	\$98
36553	8-9 yr 4 classes	Sa MJCC	11:00am-11:45am Hudson	Mar 7-Mar 28	\$98

Hot Shot Juniors

36130	10-11 yr 4 classes	Sa MJCC	12:00pm-12:45pm Hudson	Jan 10-Jan 31	\$98
36554	10-11 yr 4 classes	Sa MJCC	12:00pm-12:45pm Hudson	Feb 7-Feb 28	\$98
36555	10-11 yr 4 classes	Sa MJCC	12:00pm-12:45pm Hudson	Mar 7-Mar 28	\$98

Tennis

Mighty Aces (Orange Beginner/Intermediate)

Using Orange Balls, this class introduces basic tennis strokes. There is a strong emphasis on improving ball tracking skills. This class is intended for beginner and intermediate players. ***Early graduates of Tiny Rockets are placed in this class.

36888	7-12 yr 12 classes	T/Th/Sa CVCC	5:15pm-11:45am Arora	Jan 6-Jan 31	\$120
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Get your Bark On and Visit a Local Dog Park

The following District facilities have off-leash Dog Parks:

Earl Warren Park

4660 Crow Canyon Road, CV

Edendale Dog Park

16278 Ashland Avenue, Ash

Eden Greenway Dog Park

26874 Contessa Street, Hay

Fairmont Terrace Park

2091 Manchester, CV

San Lorenzo Community Park

1970 Via Buena Vista, SLz

Old Creek Dog Park

Hampton Road at Standish Avenue, Cherryland

Look for the paw icon in the Facilities Directory on pages 69-70.



SCHOOL AGE CLASSES

Junior Stars (Orange Ball Advanced)

This is an Orange Ball intermediate level class, catering to those who can demonstrate competency in basic strokes. Learning how to hit the ball on the move is a strong focus in this class and is intended for more experienced intermediate level players only. **Prerequisite: Mighty Aces.**

36887	7-14 yr	T/Th/Sa	6:15pm-12:45pm	Jan 6-Jan 31	12 classes	CVCC	Arora	\$120
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Tennis Is Life

Youth Development Clinic

Students will learn to go beyond the basics and develop skills and tactics to compete at the tournament/high school level. Each session will include on-court conditioning, technique development (serve, forehand, backhand, volley, overhead), and competitive drills. *Students must have a 27" full size racket.

36841	8-17 yr	W	3:30pm-5:30pm	Jan 7-Jan 28	4 classes	CVCC	Ambrosini	\$200
36842	8-17 yr	W	3:30pm-5:30pm	Feb 4-Feb 25	4 classes	CVCC	Ambrosini	\$200
36843	8-17 yr	W	3:30pm-5:30pm	Mar 4-Mar 25	4 classes	CVCC	Ambrosini	\$200

Youth Beginner

This class will focus on the skills and knowledge each player should have when learning tennis. Certified instructors will be teaching students how to play with rackets and court designed for their specific age. Tennis is Life.

36847	8-17 yr	Su	9:00am-9:55am	Jan 4-Jan 25	4 classes	CVCC	Ambrosini	\$100
36848	8-17 yr	Su	9:00am-9:55am	Feb 1-Feb 22	4 classes	CVCC	Ambrosini	\$100
36849	8-17 yr	Su	9:00am-9:55am	Mar 1-Mar 22	4 classes	CVCC	Ambrosini	\$100

Tiny Tots (Orange Ball, Beginner/ Intermediate)

This is an introduction to basic tennis strokes using child friendly balls. It follows an engaging and fun lesson plan and is intended for beginner and intermediate players.

36891	3-5 yr	T/Th/Sa	4:00pm-9:45am	Jan 6-Jan 31	12 classes	CVCC	Arora	\$100
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Theater

H.A.R.D. Youth Repertory's The Sound Of Music (Semester 2)

Play a part in the timeless classic The Sound of Music, which won the hearts of audiences worldwide. Indulge in the cherished songs, including "My Favorite Things," "Do-Re-Mi," and "Sixteen Going on Seventeen." Final shows on 2/7 and 2/8 at the DMT. **An additional \$50 Material Fee is due to instructor at the first class. Prerequisite: Semester 1**

36967	7-77 yr	Sa	9:45am-12:00pm	Jan 10-Feb 7	5 classes	CVCC	Kaur	\$325
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Youth Advanced Beginner

This class will focus on the developing consistency with the four basic shots of tennis. This class will teach students how to improve rallying and introduce proper scoring and general rules and court dimensions. Tennis is Life.

36850	8-17 yr	Su	10:00am-10:55am	Jan 4-Jan 25	4 classes	CVCC	Ambrosini	\$100
36851	8-17 yr	Su	10:00am-10:55am	Feb 1-Feb 22	4 classes	CVCC	Ambrosini	\$100
36852	8-17 yr	Su	10:00am-10:55am	Mar 1-Mar 22	4 classes	CVCC	Ambrosini	\$100

Youth Intermediate

This class will focus on developing consistency with the four basic shots of tennis. This class will teach students what is needed to become a competitive player using a full-size racket and regulation tennis ball. Tennis is Life.

36853	8-17 yr	Su	11:00am-11:55am	Jan 4-Jan 25	4 classes	CVCC	Ambrosini	\$100
36854	8-17 yr	Su	11:00am-11:55am	Feb 1-Feb 22	4 classes	CVCC	Ambrosini	\$100
36855	8-17 yr	Su	11:00am-11:55am	Mar 1-Mar 22	4 classes	CVCC	Ambrosini	\$100

Tiny Rockets (Orange Beginner / Tiny Tots Advanced)

This is an Orange Ball beginner class. Emphasis of this class is an introduction of basic strokes. Come ready to play! Engaging games which help develop a strong interest in the sport! *** Early graduates of Tiny Tots are placed in this class.

36890	5-7 yr	T/Th/Sa	9:45am-10:30am	Jan 3-Jan 31	13 classes	CVCC	Arora	\$120
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H.A.R.D. Youth Repertory: The Velveteen Rabbit

Join as Margery Williams' classic book springs to life in this play about love, loss, and self-esteem. Final play at the DMT on 4/26. **An additional \$50 Material Fee is due to instructor at the first class.**

36417	8-18 yr	Sa	9:45am-11:30am	Feb 21-Apr 25	10 classes	CVCC	Kaur	\$389
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See pages 69-70 for the Guide to Class Locations and Facilities.





**H.A.R.D. Holidays—
No Classes:
Jan 19 and
Feb 16**

Teen Classes

Ages 13-17 Years

Pictured in Banner Above: Lake Chabot Regional Park, Castro Valley

Art

Character Design for Artist

Bring characters to life! Teens will explore character design by transforming ideas into expressive illustrations, learning anatomy, personal development, and dynamic poses to craft unique, story-driven creations.

36686	13-18 yr	F	6:15pm-7:15pm	Jan 9-Feb 6	36688	13-18 yr	F	6:15pm-7:15pm	Feb 27-Mar 20
4 classes	SFCC	Godoy Diaz	\$80	4 classes	SFCC	Godoy Diaz	\$80		

Learn to Sew - Teens

Learn hand and machine sewing. We will complete one hand sewing project and 1-2 machine sewing projects. Sewing machines and other tools are provided. **A \$20 materials fee is due to the instructor at the first class.** Explore your creativity through sewing!

36422	13-17 yr	W	4:30pm-6:00pm	Feb 4-Mar 25
8 classes	FVH (Fiber Shed)	Baker	\$280	

Young Artist Program - Apprentice

Dive into the history, theory, and styles of art through project-based learning. **An additional \$20 Material Fee is due to instructor at the first class.**

36697	12-18 yr	T	7:30pm-9:00pm	Jan 6-Feb 3
4 classes	ADOBE	Godoy Diaz	\$120	
36698	12-18 yr	T	7:30pm-9:00pm	Feb 24-Mar 17
4 classes	ADOBE	Godoy Diaz	\$120	

Dance & Music



Beginning Drums

Learn snare and bass drum technique, fundamental music reading skills, and rhythm work. Drums sticks and a practice pad are required and available at Music Depot.

36424	13-17 yr	W	6:30pm-7:00pm	Feb 4-Feb 25
4 classes	Music Depot	Schaaphok	\$150	
36426	13-17 yr	W	6:30pm-7:00pm	Mar 4-Mar 25
4 classes	Music Depot	Schaaphok	\$150	

Beginning Guitar

Learn fundamental music reading skills, strumming technique, notes and chords. All the basics covered including starting to play simple songs. A guitar is required and available at Music Depot.

36429	13-17 yr	W	7:30pm-8:00pm	Feb 4-Feb 25
4 classes	Music Depot	Schaaphok	\$150	
36432	13-17 yr	W	7:30pm-8:00pm	Mar 4-Mar 25
4 classes	Music Depot	Schaaphok	\$150	

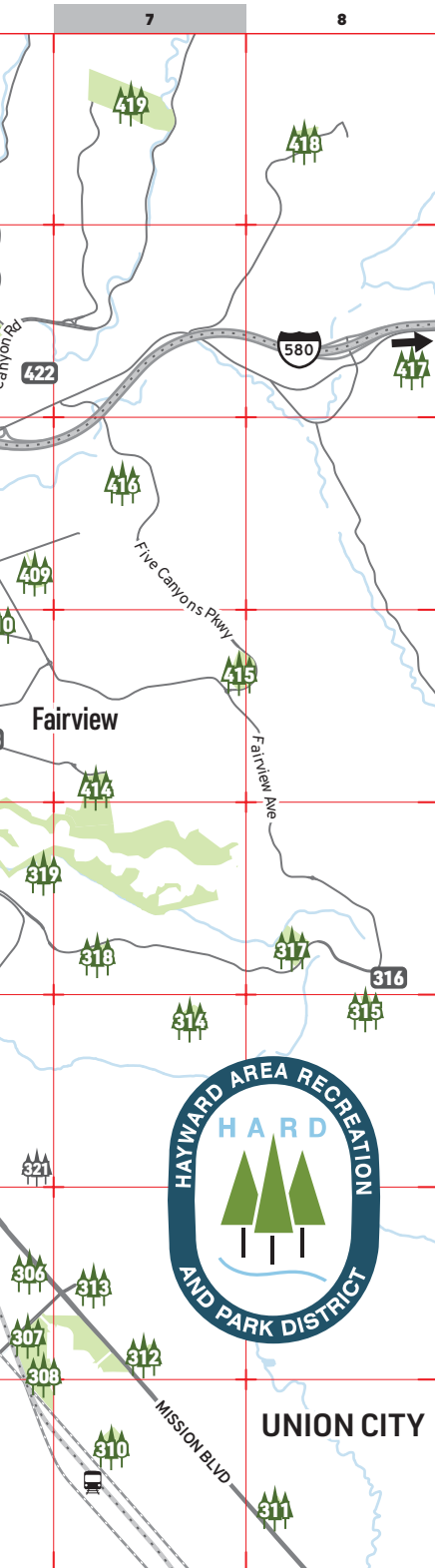
Hip Hop Junior/Teen

Hit the beat and own the floor! Dancers groove through combos, body isolations, and freestyle fun while building confidence and style. Big moves and good vibes for growing hip hoppers!

36799	9-13 yr	Th	6:15pm-7:15pm	Jan 15-Mar 19
10 classes	CVCC	CVPA Staff	\$185	

Teen Classes continued on Page 40

See pages 69-70 for the Guide to Class Locations and Facilities.



Index Key

Facility Name , MAP COORDINATES

**See pages 69-70 for alphabetical list of Parks and Facilities, including addresses and amenities.*

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Castro Valley Tennis Courts, **B4**
- 102 Valley View Park, **B4**
- 103 Jack Holland Sr. Park, **B3**
- 104 Edendale Middle School, **B3**
- 105 Ashland Roots Center, **B3**
- 106 Fairmont Terrace Park, **B3**
- 107 Hillcrest Knolls Park, **A3**
- 108 Fairmont Linear Park, **B2**
- 109 Hesperian Park, **C2**
- 110 Arroyo Swim Center, **C1**
- 111 Mervin Morris Park & Tennis Courts, **D2**
- 112 Del Rey Park, **D2**
- 113 Bohannon Middle School, **D2**
- 114 Kennedy Park, **D3**
- 115 McConaghy Park, **D2**
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- 118 Cherryland Community Center, **C3**
- 118 Old Creek Dog Park, **C3**
- 119 Meek Estate Park, **C3**
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- 121 Ashland Zocalo, **C3**
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- 209 Hayward Shoreline Interpretive Center, **G2**
- 210 Mt. Eden Park & Tennis Courts, **G4**
- 211 Eden Greenway Dog Park, **G4**
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- 219 Longwood Park, **E3**
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- 302 Ruus Park, **G5**
- 303 Weekes Park & Com. Center, **G5**
Weekes Park Tennis Courts

- 304 Matt Jimenez Com. Center, **G5**
- 305 Tennyson Park, **G6**
Mia's Dream Come True All-Abilities Playground
- 306 SoHay Park, **G6**
- 307 Mission Hills of Hayward Driving Range & Golf Course, **G6**
- 308 Twin Bridges Park, **G6**
- 309 Silver Star Veterans Park, **G6**
- 310 Bidwell Park, **H7**
- 311 El Rancho Verde Park, **H8**
- 312 Fairway Greens Park, **G7**
- 313 Stonybrook Park & Tennis Court, **G7**
- 314 Canyon View Park, **F7**
- 315 Jalquin Vista Park, **F8**
- 316 Stonebrae Elementary School, **E8**
- 317 J. A. Lewis Park, **E8**
- 318 College Heights Park, **E7**
- 319 Old Highlands Park, **E6**
- 320 Greenbelt Trails, **E6**
- 322 Bechtel Mini Park, **F6**
- 322 Nuestro Parqueito, **F6**
- 323 Sorensdale Center & Park, **F5**
- 324 Haymont Mini Park, **F5**
- 325 Hayward Community Gardens, **E5**
- 326 Spring Grove Park, **E5**
- 327 Hayward Plunge, **E5**
- 327 Memorial Park & Tennis Courts, **E5**
- 401 Children's Park at Giuliani Plaza, **D5**
- 402 Bret Harte Middle School Field, **D5**
Bret Harte Middle School
- 403 District Office, **D5**
ImageCentral
- 404 Hayward High School, **D5**
- 405 Douglas Morrisson Theatre, **D5**
Hayward Area Senior Center
Japanese Gardens
- 406 Carlos Bee Park, **C5**
- 407 Laurel Park, **C5**
- 408 Castro Valley Creek Park, **C5**
Castro Valley Library
- 409 Lakeridge Park, **C6**
- 410 Fairview Park, **D6**
Fairview Hills (The Fiber Shed)
- 411 San Felipe Park & Com. Center, **D6**
- 412 Sulphur Creek Nature Center, **D6**
- 413 East Avenue School, **D6**
- 414 East Avenue Park, **D7**
- 415 Five Canyons Park, **D7**
- 416 Ridge Trail Park, **C7**
- 417 Rowell Ranch, **B8**
- 418 Palomares Hills Park, **A8**
- 419 Greenridge Park, **A7**
- 420 Deerview Park, **A6**
- 421 Bay Trees Park & Tennis Courts, **B6**
- 422 Independent School, **B6**
- 423 Earl Warren Park, **B6**
- 424 Creekside Middle School, **B6**
- 425 Adobe Art Center, **B5**
- 426 Castro Valley Swim Center, **B5**
- 427 Castro Valley High School, **B5**
- 428 Kenneth C. Aitken Senior & Com. Center, **A5**
- 429 Parsons Park, **A5**

TEEN CLASSES

Teen Classes continued from Page 39

New Musical Theatre Audition Prep

Master your audition techniques with this combo singing and dance class! Begin with a dance class, followed by solo and group song workshops.

36649	12-18 yr	Th	6:05pm-7:55pm	Jan 8-Mar 26
	11 classes	SGCC	Cheng-Rubietta	\$385

Youth/Teen Choir

Experience the thrill of singing in harmony! Develop vocal skills, explore genres, and build confidence in a friendly group setting. *An additional \$8 Material Fee is due to instructor at the first class.*

36420	8-18 yr	F	4:45pm-5:45pm	Jan 9-Mar 27
	11 classes	SGCC	Cheng-Rubietta	\$200

Martial Arts

EAAB'S

Filipino/ Indonesian Martial Arts

Filipino/Indonesian self-defense, mastering short stick, cane, and blade techniques. Develop striking, joint locks, disarming, and takedowns for practical protection and skillful combat application. *An additional \$85 Uniform/Safety Equipment Fee is due to the instructor at the first class.*

36995	12 yr+	Sa	12:00pm-12:55pm	Jan 10-Mar 14
	10 classes	EAABs	Untalan	\$295

Fitness & Self Defense

Empower all ages with confidence-building training. Techniques cover stretching, striking, grappling, and defense against weapons, promoting personal growth and safety in a supportive environment. *An additional \$40 Uniform/Safety Equipment Fee is due to the instructor at the first class.*

36987	12 yr+	T	5:30pm-6:25pm	Jan 6-Mar 10
	10 classes	EAABs	Untalan	\$285
36988	15 yr+	T	6:30pm-7:25pm	Jan 6-Mar 10
	10 classes	EAABs	Untalan	\$285
36991	10 yr+	Th	5:30pm-6:25pm	Jan 8-Mar 12
	10 classes	EAABs	Untalan	\$285
36992	15 yr+	Th	6:30pm-7:25pm	Jan 8-Mar 12
	10 classes	EAABs	Untalan	\$285

Gung Fu

Students are encouraged to wear black uniforms and shirts are available for purchase.

Beginning

Join this safety-focused Gung-Fu class exploring Si Lum and Tiger styles. Family participation encouraged. Repeatable for growth. Completion grants eligibility to test for advanced class.

36998	7 yr+	M/W	6:00pm-7:30pm	Jan 5-Mar 11
	18 classes	WPCC	Martinez	\$120

Advanced

Advance your Gung Fu skills in this class for students who completed the beginning course. Students learn advanced Si Lum, Black Tiger, Tai Chi and weapon set, as well as have the opportunity to earn a Black Belt.

36999	7 yr+	M/W	7:30pm-9:00pm	Jan 5-Mar 18
	20 classes	WPCC	Martinez	\$120



Cherryland Community Center, Cherryland

New Kickboxing

Unleash your power with high-energy kickboxing! Build strength, confidence, and focus while learning real self-defense. Our classes reduce stress, boost fitness, and inspire a healthier, active lifestyle you can count on. *An additional \$30 Uniform Fee is due to the instructor at the first class.* The monthly fee includes unlimited class attendance during session dates.

37098	13 yr +	T/Th	6:00pm-7:00pm	Jan 6-Jan 31
	12 classes	TMAFA	Thomas	\$97
37099	13 yr +	T/Th	6:00pm-7:00pm	Feb 3-Feb 28
	12 classes	TMAFA	Thomas	\$97
37100	13 yr +	T/Th	6:00pm-7:00pm	Mar 31
	13 classes	TMAFA	Thomas	\$97

Leaping Leopard Shaolin Kenpo

Empower yourself with a powerful self-defense system designed for today's world, expertly equipped to counter multiple attackers and armed assailants. Boost focus, discipline, confidence, and fitness as you train. *An additional \$40 uniform fee is due to the instructor at the first class.*

Beginner - White to Purple Belt

36975	7-70 yr	M/Th	6:30pm-7:30pm	Jan 5-Mar 26
	22 classes	CHCC	Santiago	\$290
36982	7-70 yr	F	6:30pm-7:30pm	Jan 9-Mar 21
	20 classes	SGCC	Santiago	\$290

Intermediate - Purple to Brown Belt

36977	7-70 yr	M/Th	7:35pm-8:35pm	Jan 5-Mar 26
	22 classes	CHCC	Santiago	\$290
36984	7-70 yr	T/F	7:50pm-8:40pm	Jan 6-Mar 24
	34 classes	SGCC	Santiago	\$315

See pages 69-70 for the Guide to Class Locations and Facilities.

Ta Danado Jiu Jitsu

Brazilian Morning Jiu Jitsu

Experience a high-energy Jiu Jitsu class that combines cardio conditioning, technical skill work, and live rolling for a complete workout.

37027	13 yr+ 11 classes	M/T/Th TDJJ	6:00am-7:30am	Jan 5-Jan 29	Galindo	\$135
37028	13 yr+ 11 classes	M/T/Th TDJJ	6:00am-7:30am	Feb 2-Feb 26	Galindo	\$135
37029	13 yr+ 14 classes	M/T/Th TDJJ	6:00am-7:30am	Mar 2-Mar 31	Galindo	\$150

Brazilian Afternoon Jiu Jitsu

Develop your Jiu Jitsu fundamentals in this beginner-friendly class that features light rolling, emphasizes technique, and fosters skill development in a supportive environment.

37030	13 yr+ 8 classes	W/F TDJJ	12:30pm-1:30pm	Jan 7-Jan 30	Galindo	\$120
37031	13 yr+ 8 classes	W/F TDJJ	12:30pm-1:30pm	Feb 4-Feb 27	Galindo	\$120
37032	13 yr+ 8 classes	W/F TDJJ	12:30pm-1:30pm	Mar 4-Mar 27	Galindo	\$120

Brazilian Evening Jiu Jitsu

Train hard in this high-energy class that combines cardio conditioning, technical skill work, and live rolling for complete Jiu Jitsu training.

37033	13 yr+ 19 classes	M-F TDJJ	6:45pm-8:15pm	Jan 5-Jan 30	Galindo	\$200
37034	13 yr+ 19 classes	M-F TDJJ	6:45pm-8:15pm	Feb 2-Feb 27	Galindo	\$200
37035	13 yr+ 22 classes	M-F TDJJ	6:45pm-8:15pm	Mar 2-Mar 31	Galindo	\$215

Find more **Teen** classes
of all interests in the School Age
and Adult sections!



New Fitness & Defense for Women

Build your fitness and confidence in this beginner-friendly class combining strength training, cardio kickboxing, and basic Jiu Jitsu with essential self-defense skills for personal safety.

37048	13 yr+ 3 classes	Su TDJJ	10:00am-11:00am	Jan 11-Jan 25	Galindo	\$75
37049	13 yr+ 4 classes	Su TDJJ	10:00am-11:00am	Feb 1-Feb 22	Galindo	\$100
37050	13 yr+ 5 classes	Su TDJJ	10:00am-11:00am	Mar 1-Mar 29	Galindo	\$125

New Women's Brazilian Jiu Jitsu

Empower yourself in our Women's Jiu Jitsu class for women of all levels. Train alongside other women, develop practical skills, and have fun in a welcoming, judgment-free environment while improving fitness and building confidence.

37036	11 yr+ 4 classes	Sa TDJJ	11:00am-1:00pm	Jan 10-Jan 31	Galindo	\$120
37037	11 yr+ 4 classes	Sa TDJJ	11:00am-1:00pm	Feb 7-Feb 28	Galindo	\$120
37038	11 yr+ 4 classes	Sa TDJJ	11:00am-1:00pm	Mar 7-Mar 28	Galindo	\$120



San Lorenzo Park, San Lorenzo

Mobile Recreation

Come experience our Rock Wall, skate our mobile skate park, hang out and play Giant Connect 4, cornhole, or any of the other cool sports and playground equipment that we bring to you!

Skateboards, longboards, roller skates and scooters will be provided by H.A.R.D., but participants are encouraged to bring their own as equipment is limited.

Helmets are ALWAYS required for action sports including biking, scootering, or skateboarding.

View the latest Mobile Rec schedule at:
HaywardRec.org/MobileRec

A signed waiver MUST be on file in order for your child to participate.

See pages 69-70 for the Guide to Class Locations and Facilities.

TEEN CLASSES

Thomas Martial Arts & Fitness Academy

Boost your confidence with realistic self-defense, discipline, and focus. Our Karate class promotes resilience, reduces screen time, and inspires a healthier, active lifestyle you can trust. **An additional \$30 Uniform Fee is due to the instructor at the first class.** The monthly fee includes unlimited class attendance during session dates.

37092	13-17 yr	M-Th Sa Su	4:00pm-5:00pm 9:00am-10:00am 10:00am-11:00am	Jan 5-Jan 31
	22 classes	TMAFA	Thomas	\$189
37093	13-17 yr	M-Th Sa Su	4:00pm-5:00pm 9:00am-10:00am 10:00am-11:00am	Feb 1-Feb 28
	23 classes	TMAFA	Thomas	\$189
37094	13-17 yr	M-Th Sa Su	4:00pm-5:00pm 9:00am-10:00am 10:00am-11:00am	Mar 1-Mar 31
	27 classes	TMAFA	Thomas	\$189
37095	13-17 yr	M-Th Sa Su	5:00pm-6:00pm 10:00am-11:00am 10:00am-11:00am	Jan 5-Jan 31
	22 classes	TMAFA	Thomas	\$189
37096	13-17 yr	M-Th Sa Su	5:00pm-6:00pm 10:00am-11:00am 10:00am-11:00am	Feb 1-Feb 28
	23 classes	TMAFA	Thomas	\$189
37097	13-17 yr	M-Th Sa Su	5:00pm-6:00pm 10:00am-11:00am 10:00am-11:00am	Mar 1-Mar 31
	27 classes	TMAFA	Thomas	\$189

New Wrestling

Step onto the mat with wrestling! Develop strength, discipline, and focus while learning fundamental techniques. Our classes build confidence, reduce stress, improve fitness, and inspire a healthier, more active, and empowered lifestyle you can trust. **An additional \$30 Uniform Fee is due to the instructor at the first class.** The monthly fee includes unlimited class attendance during session dates.

37104	13 yr + 5 classes	F	4:00pm-5:00pm	Jan 2-Jan 30
		TMAFA	Thomas	\$125
37105	13 yr + 4 classes	F	4:00pm-5:00pm	Feb 6-Feb 27
		TMAFA	Thomas	\$100
37106	13 yr + 4 classes	F	4:00pm-5:00pm	Mar 6-Mar 27
		TMAFA	Thomas	\$100



Ashland Roots Center, Ashland

Outdoor Education

Get Outdoors – GO H.A.R.D.

Climb Lab Indoor Rock Climbing

Challenge yourself on the wall! Learn climbing fundamentals, build confidence and strength, and explore routes for all skill levels. No experience needed. Our instructors provide gear, transportation, and guidance.

36790	13-17 yr	Sa	11:30am-3:00pm	Jan 10
	1 class	ACC	HARD Staff	\$5
36791	13-17 yr	Sa	11:30am-3:00pm	Feb 7
	1 class	ACC	HARD Staff	\$5

Native Plants Identification & Exploration

Discover the secrets of native plants! Learn how to identify local species, uncover their traditional uses, and build observation skills through guided exploration that connects participants to the living landscape. Transportation included.

36789	13-17 yr	Sa	10:00am-3:30pm	Mar 7
	1 class	ACC	HARD Staff	\$5

Wilderness Skills

Embark on an outdoor adventure learning fire-starting, shelter-building, and navigation! Teens dive into survival challenges, practice real wilderness skills, and build confidence while having fun exploring nature together. Transportation included.

37127	13-17 yr	Sa	10:00am-3:30pm	Feb 21
	1 class	ACC	HARD Staff	\$5

Winter Constellations

Discover the night sky! Teens explore winter constellations, practice star navigation, and uncover the myths behind the stars in this hands-on evening adventure outdoors. Transportation included.

37128	13-17 yr	Sa	7:00pm-9:00pm	Feb 28
	1 class	ACC	HARD Staff	\$5



See pages 69-70 for the Guide to Class Locations and Facilities.

Sports

Fencing Beginners Class for Teens

Learn strategic thinking, lightning fast reflexes and graceful footwork in a safe, supportive environment. All fencing equipment provided. Wear workout clothes, t shirt, long pants, and athletic support shoes. Bring a water bottle. **An additional \$25 Materials Fee is due to the instructor at the first class.**

36614	13 yr+	T	7:10pm-8:10pm	Jan 13- Jan 27
	3 classes	KASCC	Cimpoaie	\$195
36627	13 yr+	T	7:10pm-8:10pm	Feb 3-Feb 24
	4 classes	KASCC	Cimpoaie	\$260
36628	13 yr+	T	7:10pm-8:10pm	Mar 3-Mar 24
	4 classes	KASCC	Cimpoaie	\$260

Make Me A Pro Sports Coaching Certificate

Make Me A Pro Youth Coaches learn essential youth sports fundamentals and how to lead organized curriculums. Certified candidates may interview for staff positions. A negative TB test is required for participation.

36603	16-18 yr	M	5:30pm-7:50pm	Jan 5-Feb 23
	6 classes	MJCC	Broomfield	\$139
36591	16-18 yr	T	5:30pm-7:50pm	Jan 6-Feb 10
	6 classes	MJCC	Broomfield	\$139
36605	16-18 yr	Sa	9:00am-12:00pm	Jan 10-Feb 14
	6 classes	PALHP	Broomfield	\$139
36596	16-18 yr	T	5:30pm-7:50pm	Feb 17-Mar 24
	6 classes	MJCC	Broomfield	\$139
36606	16-18 yr	Sa	9:00am-12:00pm	Feb 21-Mar 28
	6 classes	PALHP	Broomfield	\$139
36604	16-18 yr	M	5:30pm-7:50pm	Mar 2-Apr 6
	6 classes	MJCC	Broomfield	\$139



Matt Jimenez Community Center, Hayward

Pivot Train Basketball Junior Ballers

Next Level Hoop for your child with more mid-level learning and fundamentals. Fun basketball concepts with Drills and game like situations structured to introduce kids to team setting ending with a game like feel. With drills and games focused on building motor skills and teaching basic basketball principles such as dribbling, passing, shooting and teamwork, participants will develop a love for the game in a fun, safe enriched setting. Game at the end of each session.

36131	12-14 yr	Sa	12:50pm-1:35pm	Jan 10-Jan 31
	4 classes	MJCC	Hudson	\$98
36556	12-14 yr	Sa	12:50pm-1:35pm	Feb 7-Feb 28
	4 classes	MJCC	Hudson	\$98
36557	12-14 yr	Sa	12:50pm-1:35pm	Mar 7-Mar 28
	4 classes	MJCC	Hudson	\$98



Gordon E. Oliver Eden Shores Park, Hayward

Join us and be a V.I.P.

Volunteers In Parks

H.A.R.D. provides tools, leadership, snacks, and the satisfaction of knowing you are a V.I.P. Work includes litter picking up, pulling weeds, spreading mulch, and more. Events are normally scheduled from 9:00 am-12:00 pm (dates and locations subject to change). We ask volunteers to wear sturdy shoes, wear a sun hat or sunscreen, bring bottled water, and gloves, and that parents or guardians accompany youth and sign waiver. Work 3 events and receive a V.I.P. t-shirt!



Sign up to be a V.I.P. at:
[haywardrec.org/VIP](https://www.haywardrec.org/VIP)
 or Scan the QR Code

See pages 69-70 for the Guide to Class Locations and Facilities.

Adult Classes

Ages 18+ Years

**H.A.R.D.
Holidays—
No Classes:
Jan 19 and
Feb 16**

Pictured in Banner Above: Cherryland Community Center, Cherryland

Art

Acrylic & Oil Painting

Create your unique art and learn painting with acrylic or oil paints with no previous experience. **An additional \$15 Materials Fee is due to the instructor at the first class.**

36256	18 yr+	Th	3:00pm-5:30pm	Jan 15-Mar 19
	10 classes	KASCC	Vaghefi	\$315
36257	18 yr+	Th	6:00pm-8:30pm	Jan 15-Mar 19
	10 classes	KASCC	Vaghefi	\$315

Caregiver & Me: Garment Making

Create a simple shirt or dress! Learn sewing machine operations and safety, using a pattern, pick the best fabric, and fit the garment. Make matching outfits in a fun environment. **An additional \$20 Materials Fee is due to the instructor at the first class.**

36972	8 yr+	Sa/Su	10:00am-3:00pm	Mar 14-Mar 15
	2 classes	FVH (Fiber Shed)	Nelson	\$200

Adult Paint Night

Create a stunning 16x20 Highland Cow painting while enjoying a fun, relaxed atmosphere. No experience needed—just bring your creativity and enjoy an inspiring evening out! **An additional \$10 Materials Fee is due to the instructor at the first class.**

36980	16 yr+	Sa	5:00pm-7:00pm	Jan 3
	1 class	ADOBE	Pevehouse	\$65
36981	16 yr+	Sa	5:00pm-7:00pm	Feb 7
	1 class	ADOBE	Pevehouse	\$65
36983	16 yr+	Sa	5:00pm-7:00pm	Mar 7
	1 class	ADOBE	Pevehouse	\$65

New Fix & Stitch

Join a welcoming space to stitch, mend, and make together. In this relaxed workshop, an experienced mentor helps you repair clothing, create new projects, and enjoy meaningful connection while learning practical mending skills.

36488	15 yr+	Sa/Su	10:00am-2:00pm	Jan 17-Jan 18
	2 classes	FVH (Fiber Shed)	Nelson	\$75

Botanical Printing: Leaves & Flowers on Silk

Explore botanical printing using fresh leaves, flowers, and minerals to transfer colors onto fabric. Create a silk scarf dyed with local plants. **An additional \$60 Materials Fee is due to the instructor at the first class.**

Level 1

36267	12 yr+	Sa	10:00am-1:00pm	Mar 7
	1 class	FVH (Fiber Shed)	Fujio	\$80

Level 2 – For students who have taken Level 1.

36268	12 yr+	Sa	1:30pm-4:30pm	Mar 7
	1 class	FVH (Fiber Shed)	Fujio	\$80



The Fiber Shed, Fairview

See pages 69-70 for the Guide to Class Locations and Facilities.

Pottery Beginning to Advanced

Get ready to jump into the world of ceramics at our two beautiful pottery studios! Our classes focus on creating and glazing wheel-thrown and hand-built art. Everyone is welcome, whether you have no experience or have been making ceramic art for years. Clay is available for purchase onsite.

Oxidation

Create pottery at Adobe! In these classes you will make works of art that will be fired at mid-range temperatures in electric kilns, allowing for fun, bright, and colorful glazes!

36263	18 yr+	T	6:00pm-9:00pm	Jan 6-Mar 24
	12 classes	ADOBE	OCW Staff	\$350
36410	18 yr+	W	10:00am-1:00pm	Jan 7-Mar 11
	10 classes	ADOBE	Walbert	\$300
36264	18 yr+	W	6:00pm-9:00pm	Jan 7-Mar 25
	12 classes	ADOBE	OCW Staff	\$350
36540	18 yr+	Th	10:00am-1:00pm	Jan 8-Mar 12
	10 classes	ADOBE	Marlin	\$300
36265	18 yr+	Th	6:00pm-9:00pm	Jan 8-Mar 26
	12 classes	ADOBE	OCW Staff	\$350
36266	18 yr+	F	6:00pm-9:00pm	Jan 9-Mar 27
	12 classes	ADOBE	OCW Staff	\$350

Reduction

Create pottery at Weekes Community Center! In these classes your artwork will be fired in a high-temperature gas kiln. During the firing process, the amount of oxygen in the kiln is reduced, creating intricate and coveted glaze effects.

36269	18 yr+	F	11:00am-2:00pm	Jan 2-Mar 6
	10 classes	WPCC	Kaehms	\$300
36409	18 yr+	T	10:00am-1:00pm	Jan 6-Mar 10
	10 classes	WPCC	Walbert	\$300
36258	18 yr+	T	4:00pm-7:00pm	Jan 6-Mar 24
	12 classes	WPCC	OCW Staff	\$350
36259	18 yr+	T	7:00pm-10:00pm	Jan 6-Mar 24
	12 classes	WPCC	OCW Staff	\$350
36270	18 yr+	W	11:30am-2:30pm	Jan 7-Mar 11
	10 classes	WPCC	Kaehms	\$300
36260	18 yr+	W	4:00pm-7:00pm	Jan 7-Mar 25
	12 classes	WPCC	OCW Staff	\$350
36261	18 yr+	W	7:00pm-10:00pm	Jan 7-Mar 25
	12 classes	WPCC	OCW Staff	\$350
36262	18 yr+	Th	6:30pm-9:30pm	Jan 8-Mar 26
	12 classes	WPCC	OCW Staff	\$350



Weekes Park Community Center, Hayward

Weaving on the Rigid Heddle Loom

Explore the art and craft of weaving on the simple yet elegant Rigid Heddle Loom. You will create a scarf from start to finish, learning each step along the way.

An additional \$20 Material Fee is due to instructor at the first class.

36541	18 yr+	Su	9:30am-4:00pm	Jan 11
	1 class	FVH (Fiber Shed)	Siero	\$175

Baking & Cooking



Sorensdale Recreation Center, Hayward

Cake Decorating with Buttercream for Beginners

Build buttercream skills to decorate cupcakes, cakes, and more! Learn piping, borders, and simple designs in this beginner course. Gain confidence, practice techniques, and take-home delicious creations each week. **An additional \$35 Materials Fee is due to the instructor at the first class.**

37068	18 yr+	Su	4:30pm-6:30pm	Mar 1-Mar 22
	4 classes	SRC	Pevehouse	\$189



See pages 69-70 for the Guide to Class Locations and Facilities.

Dance & Music

Adult Ballet

Build strength, grace, and technique in this classical ballet class for adults. Learn barre and center work while enhancing posture, coordination, musicality, and flexibility. All levels welcome. Ballet slippers required.

36815	18 yr+ 4 classes	M CVPA1	7:30pm-8:30pm CVPA Staff	Jan 5-Feb 2 \$70
36810	18 yr+ 4 classes	W CVPA2	7:15pm-8:15pm CVPA Staff	Jan 7-Jan 28 \$70
36813	18 yr+ 4 classes	W CVPA2	7:15pm-8:15pm CVPA Staff	Feb 4-Feb 25 \$70
36816	18 yr+ 4 classes	M CVPA1	7:30pm-8:30pm CVPA Staff	Feb 9-Mar 9 \$70
36814	18 yr+ 4 classes	W CVPA2	7:15pm-8:15pm CVPA Staff	Mar 4-Mar 25 \$70
36817	18 yr+ 4 classes	M CVPA1	7:30pm-8:30pm CVPA Staff	Mar 16-Apr 13 \$70

Adult Guitar

Guitar 101 - Beginner

Discover your inner musician! Learn how to read music chord sheets and sing while you play. Please bring your own guitar and tuner.

36656	18 yr+ 5 classes	T SFCC	6:30pm-7:30pm Oducayen	Jan 6-Feb 3 \$110
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Guitar 102 - Intermediate

Advance your guitar skills! Learn how to read tablature, play barre chords, and enjoy playing more music with the guitar. Required: Basic understanding of chords and strumming.

36657	18 yr+ 5 classes	T SFCC	6:30pm-7:30pm Oducayen	Feb 10-Mar 10 \$110
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Adult Tap

Tap into rhythm and fun! Inspired by legends like Astaire and Glover, this class builds footwork, musicality, and coordination. A great workout for your body, brain, and soul!

36808	18 yr+ 4 classes	Th CVPA1	7:30pm-8:30pm CVPA Staff	Jan 15-Feb 5 \$70
36809	18 yr+ 4 classes	Th CVPA1	7:30pm-8:30pm CVPA Staff	Feb 12-Mar 12 \$70
36812	18 yr+ 4 classes	Th CVPA1	7:30pm-8:30pm CVPA Staff	Mar 19-Apr 16 \$70

Adult Ukulele - Introduction

Release your inner musician! Bring your own ukulele and tuner and learn how to play and sing. Learn basic chords and strumming patterns while playing with others.

36658	18 yr+ 5 classes	W SFCC	6:30pm-7:30pm Oducayen	Jan 7-Feb 4 \$110
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Beginning/Intermediate Adult Piano

Discover the joy of piano! Learn fundamental skills and play songs in a fun, supportive environment. **An additional \$32 Materials Fee is due to the instructor at the first class.**

36421	18 yr+ 11 classes	F SGCC	5:50pm-6:40pm Cheng-Rubietta	Jan 9-Mar 27 \$209
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Hayward Area Senior Center, Hayward

Belly Dance

Discover the art of belly dancing in this fun class! Learn graceful movements, improve flexibility, and build confidence in a supportive environment. All skill levels welcome!

36252	18 yr+ 5 classes	Th CHCC	6:00pm-7:00pm Karpeles	Jan 8-Feb 5 \$75
36253	18 yr+ 5 classes	Th CHCC	6:00pm-7:00pm Karpeles	Feb 12-Mar 12 \$75

New Bolivian Dance

Explore Bolivia's culture through dance! Learn different dance styles and delve into nuanced forms of afro-diasporic, indigenous, and European influenced styles of Bolivian folklore.

36408	12-40 yr 12 classes	T CHCC	6:00pm-7:00pm BCA Dance Co	Jan 6-Mar 24 \$168
36794	12-40 yr 12 classes	W CHCC	7:00pm-8:00pm BCA Dance Co	Jan 7-Mar 25 \$168

Jazz/Lyrical

Explore a dance style that combines ballet technique with the freedom and musicality of jazz and contemporary for an individual and expressive approach. Jazz or lyrical shoes are required.

36534	15 yr+ 10 classes	M DLDC	6:30pm-7:30pm DLDC Staff	Jan 5-Mar 23 \$220
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See pages 69-70 for the Guide to Class Locations and Facilities.



Latin Dance for Adults

Turn up the heat and learn Salsa, Bachata, Merengue, and more! No partner or experience needed—just bring your energy and enjoy a fun, beginner-friendly class full of Latin flair.

36963	18 yr+	T	7:15pm-8:15pm	Jan 6-Jan 27
	4 classes	CVPA2	CVPA Staff	\$70
36964	18 yr+	T	7:15pm-8:15pm	Feb 3-Feb 24
	4 classes	CVPA2	CVPA Staff	\$70
36965	18 yr+	T	7:15pm-8:15pm	Mar 3-Mar 24
	4 classes	CVPA2	CVPA Staff	\$70

Morrisson Theatre Chorus

Singers 18 years and older are welcome. No audition required. Rehearsals are on Saturdays and occasionally Sundays. Chorus Concerts are on April 10th and 12th at the Douglass Morrisson Theatre, with tech week the week prior.

37085	18 yr +	Sa	10:00am-1:00pm	Jan 17-Apr 11
	13 classes	KASCC	Cancino	\$65

Swing and Ballroom Basics

Join us on the dance floor! Have fun while developing an engaging social hobby. Learn easy steps in East Coast Swing and smooth dances like Fox Trot, Waltz, and Nightclub Two Step.

36542	18 yr+	Th	7:00pm-8:00pm	Jan 8-Feb 26
	8 classes	SFCC	Hilton	\$97
36543	18 yr+	F	6:30pm-7:30pm	Jan 9-Feb 27
	8 classes	CVCC	Hilton	\$97

Tango and Latin Dance

Join our fun and energetic classes for individuals and couples! Explore the hip work of Latin dances like Rumba, Cha-Cha, Samba, Salsa, Merengue, and Tango. Leave class ready to hit the dance floor!

36544	18 yr+	Th	8:00pm-9:00pm	Jan 8-Feb 26
	8 classes	SFCC	Hilton	\$97
36545	18 yr+	F	7:30pm-8:30pm	Jan 9-Feb 27
	8 classes	CVCC	Hilton	\$97

Tap Adults

Come tap with us! You will learn the basic and intermediate techniques of tap and use that knowledge to put together combinations. One year of tap lessons is recommended. Tap shoes are required, and a water bottle is recommended.

36570	16 yr+	Th	7:00pm-8:00pm	Jan 8-Mar 26
	12 classes	DLDC	DLDC Staff	\$240

Health & Fitness



A-B-C-C- After Birth Care & Connections (Virtual)

Connect with other moms during your baby's early months! Share experiences, collaborate, and find support in this peer-led group. Last trimester parents and caregivers are welcome. Baby gifts included! This class is taught through Zoom.

37072	18 yr+	Th	1:00pm-2:00pm	Jan 15-Mar 12
	9 classes	Virtual	Saavedra Luna	\$30

Boot Camp

Transform your body with Total Body Conditioning targeting major muscle groups through challenging exercises to boost strength, cut body fat, and enhance overall fitness. Bring a yoga mat and water bottle!

36775	18 yr+	W	6:00pm-6:55pm	Jan 7-Mar 25
	12 classes	CVCC	Feder	\$190

New Kickbox to the Beat

Elevate your workout with choreographed moves! Punch, kick, and power through a high-energy routine that builds strength and endurance. Bring clean sneakers; mats optional for core-focused work at class end.

36961	16 yr+	M	5:30pm-6:30pm	Jan 5-Mar 30
	11 classes	DLDC	DLDC Staff	\$220

Cardio Kickboxing

Unleash your power in this kickboxing class, combining powerful strikes, cardio bursts, and full-body conditioning for an energizing workout that builds strength, speed, and confidence. Boxing gloves and shin guards are required.

37045	13 yr+	M-Th	6:00pm-6:45pm	Jan 5-Jan 29
	15 classes	TDJJ	Galindo	\$140
37046	13 yr+	M-Th	6:00pm-6:45pm	Feb 2-Feb 26
	15 classes	TDJJ	Galindo	\$140
37047	13 yr+	M-Th	6:00pm-6:45pm	Mar 2-Mar 31
	18 classes	TDJJ	Galindo	\$160

See pages 69-70 for the Guide to Class Locations and Facilities.

ADULT CLASSES



Kennedy Park, Hayward

FREE Zumba - Sweat HARD

Ditch the workout and join the party! Experience a fun, joyful, inspired fitness class that grooves to the rhythm of the music.

37058	18 yr+	T/Th	5:30pm-6:30pm	Feb 17-Mar 31
	13 classes	Kennedy Park	HARD Volunteer	FREE

New Groov3: Dance Fitness

Dance fitness for everyone! Groove to non-stop music with simple hip hop moves that build each week. Wear dance shoes or clean sneakers and join the party!

36962	16 yr+	F	5:30pm-6:30pm	Jan 9-Mar 27
	12 classes	DLDC	DLDC Staff	\$240

Sound Bath Healing Meditation

Join a Sound Bath experience! Immerse yourself in soothing soundscapes from singing bowls, gongs, and nature sounds. Relax, reduce stress, and promote harmony and balance for mind, body, and overall well-being.

36818	18 yr+	W	6:00pm-7:30pm	Jan 28
	1 class	SGCC	Raje	\$42
36819	18 yr+	W	6:00pm-7:30pm	Feb 25
	1 class	SGCC	Raje	\$42
36820	18 yr+	W	6:00pm-7:30pm	Mar 25
	1 class	SGCC	Raje	\$42



Cherryland Community Center, Cherryland

Yoga en Español

Práctica de relajación guiada, a través de posturas físicas, ejercicios de respiración y meditación. Puede mejorar el nivel general de condición física, mejorar la postura y la flexibilidad y ayudarlo a relajarse. Clase impartida en español. Traiga una esterilla de yoga, manta, 2 bloques de yoga y correa de yoga.

37151	18 yr +	M	6:30pm-7:30pm	Jan 12-Feb 23
	5 classes	ARC	Vargas Echavarria	\$75
37153	18 yr +	M	6:30pm-7:30pm	Mar 2-Mar 30
	5 classes	ARC	Vargas Echavarria	\$75

New Yoga Vinyasa - Yin

Reinvigorate yourself in this easy yoga class! It starts with a gentle vinyasa flow, linking breath with movement while stretching and flexing your body along the way. The class will build energy to the second half of class, which prepares your body for the Yin - deep stretching followed by relaxation in restorative poses.

36254	18 yr+	Th	6:35pm-7:50pm	Jan 8-Feb 5
	5 classes	CHCC	Karpeles	\$75
36255	18 yr+	Th	6:35pm-7:50pm	Feb 12-Mar 12
	5 classes	CHCC	Karpeles	\$75

Zumba

Dance your way to fitness with this high-energy, Latin-inspired workout! Zumba combines easy-to-follow moves with global rhythms for a full-body cardio session that tones muscles, boosts energy, and lifts your mood. All fitness levels welcome- no dance experience needed. Just bring water and a towel!

37121	18 yr +	W	1:30pm-2:30 pm	Jan 9-Jan 30
	7 classes	ARC	Staff	\$49
37122	18 yr +	W	1:30pm-2:30 pm	Feb 4-Feb 27
	8 classes	ARC	Staff	\$56
37123	18 yr +	W	1:30pm-2:30 pm	Mar 4-Mar 27
	8 classes	ARC	Staff	\$56

Zumba Fitness

Dance to Latin and global rhythms in this energetic Zumba class for active older adults! Enjoy themed sessions, diverse music, and a medium-to-high intensity workout. Bring water and a towel!

37007	18-80 yr	Sa	8:30am-9:30am	Jan 3-Jan 31
	4 classes	CHCC	Novak	\$52
37004	18-80 yr	Th	6:00pm-7:00pm	Jan 8-Jan 29
	4 classes	CHCC	Novak	\$52
37005	18-80 yr	Th	6:00pm-7:00pm	Feb 5-Feb 26
	4 classes	CHCC	Novak	\$52
37008	18-80 yr	Sa	8:30am-9:30am	Feb 7-Feb 28
	4 classes	CHCC	Novak	\$52
37006	18-80 yr	Th	6:00pm-7:00pm	Mar 12-Mar 26
	3 classes	CHCC	Novak	\$39
37009	18-80 yr	Sa	8:30am-9:30am	Mar 14-Mar 28
	3 classes	CHCC	Novak	\$42

See pages 69-70 for the Guide to Class Locations and Facilities.

Martial Arts



Cherryland Community Center, Cherryland

EAAB'S

Fitness & Self Defense

Empower all ages with confidence-building training. Techniques cover stretching, striking, grappling, and defense against weapons, promoting personal growth and safety in a supportive environment. **An additional \$40 Uniform/Safety Equipment Fee is due to the instructor at the first class.**

36994	18 yr+	Sa	11:00am-11:55am	Jan 10-Mar 14
10 classes	EAABs	Untalan		\$285

P.E.M.S.T. Women's Self Defense

Empower yourself with group self-defense lessons for women! Build confidence through self-awareness, escape techniques, striking vulnerable areas, joint manipulation, and takedowns, using the proven B.A.L. (Base-Angle-Leverage) concept for personal safety.

37071	18 yr+	Su	2:00pm-5:00pm	Jan 18
1 class	CHCC	Untalan		\$120

Gung Fu

Students are encouraged to wear black uniforms and shirts are available for purchase.

Beginning

Join this safety-focused Gung-Fu class exploring Si Lum and Tiger styles. Family participation encouraged. Repeatable for growth. Completion grants eligibility to test for advanced class.

36998	7 yr+	M/W	6:00pm-7:30pm	Jan 5-Mar 11
18 classes	WPCC	Martinez		\$120

Advanced

Advance your Gung Fu skills in this class for students who completed the beginning course. Students learn advanced Si Lum, Black Tiger, Tai Chi and weapon set, as well as have the opportunity to earn a Black Belt.

36999	7 yr+	M/W	7:30pm-9:00pm	Jan 5-Mar 18
20 classes	WPCC	Martinez		\$120

Leaping Leopard Shaolin Kenpo

Empower yourself with a powerful self-defense system designed for today's world, expertly equipped to counter multiple attackers and armed assailants. Boost focus, discipline, confidence, and fitness as you train.

An additional \$40 uniform fee is due to the instructor at the first class.

Beginner - White to Purple Belt

36975	7-70 yr	M/Th	6:30pm-7:30pm	Jan 5-Mar 26
22 classes	CHCC	Santiago		\$290

36982	7-70 yr	F	6:30pm-7:30pm	Jan 9-Mar 21
		Sa	9:00am-10:00am	
20 classes	SGCC	Santiago		\$290

Intermediate - Purple to Brown Belt

36977	7-70 yr	M/Th	7:35pm-8:35pm	Jan 5-Mar 26
22 classes	CHCC	Santiago		\$290

36984	7-70 yr	T/F	7:50pm-8:40pm	Jan 6-Mar 24
		Sa	10:05am-11:10am	
34 classes	SGCC	Santiago		\$315

Self Defense

Protect yourself with confidence through self-defense! Learn practical skills that build awareness, resilience, and focus. Our classes reduce stress, improve fitness, and empower you to live a safer, healthier, and more active lifestyle every day. An additional \$30 Uniform Fee is due to the instructor at the first class. The monthly fee includes unlimited class attendance during session dates.

37101	15 yr +	T/Th	7:00pm-8:00pm	Jan 6-Jan 29
8 classes	TMAFA	Thomas		\$97

37102	15 yr +	T/Th	7:00pm-8:00pm	Feb 3-Feb 26
8 classes	TMAFA	Thomas		\$97

37103	15 yr +	T/Th	7:00pm-8:00pm	Mar 31
9 classes	TMAFA	Thomas		\$97



Weekes Park Community Center, Hayward

See pages 69-70 for the Guide to Class Locations and Facilities.



Scholarships Available

Don't let the cost of programs keep you from joining in! H.A.R.D. has scholarships available. scholarships@haywardrec.org

¡No permita que el costo de los programas le impida participar! H.A.R.D. tiene becas disponibles. scholarships@haywardrec.org

Ta Danado Jiu Jitsu

Brazilian Morning Jiu Jitsu

Experience a high-energy Jiu Jitsu class that combines cardio conditioning, technical skill work, and live rolling for a complete workout.

37027	13 yr+ 11 classes	M/T/Th TDJJ	6:00am-7:30am Galindo	Jan 5-Jan 29	\$135
37028	13 yr+ 11 classes	M/T/Th TDJJ	6:00am-7:30am Galindo	Feb 26	\$135
37029	13 yr+ 14 classes	M/T/Th TDJJ	6:00am-7:30am Galindo	Mar 2-Mar 31	\$150

Brazilian Afternoon Jiu Jitsu

Develop your Jiu Jitsu fundamentals in this beginner-friendly class that features light rolling, emphasizes technique, and fosters skill development in a supportive environment.

37030	13 yr+ 8 classes	W/F TDJJ	12:30pm-1:30pm Galindo	Jan 7-Jan 30	\$120
37031	13 yr+ 8 classes	W/F TDJJ	12:30pm-1:30pm Galindo	Feb 4-Feb 27	\$120
37032	13 yr+ 8 classes	W/F TDJJ	12:30pm-1:30pm Galindo	Mar 4-Mar 27	\$120

Brazilian Evening Jiu Jitsu

Train hard in this high-energy class that combines cardio conditioning, technical skill work, and live rolling for complete Jiu Jitsu training.

37033	13 yr+ 19 classes	M-F TDJJ	6:45pm-8:15pm Galindo	Jan 5-Jan 30	\$200
37034	13 yr+ 19 classes	M-F TDJJ	6:45pm-8:15pm Galindo	Feb 2-Feb 27	\$200
37035	13 yr+ 22 classes	M-F TDJJ	6:45pm-8:15pm Galindo	Mar 2-Mar 31	\$215

New Fitness & Defense for Women

Build your fitness and confidence in this beginner-friendly class combining strength training, cardio kickboxing, and basic Jiu Jitsu with essential self-defense skills for personal safety.

37048	13 yr+ 3 classes	Su TDJJ	10:00am-11:00am Galindo	Jan 11-Jan 25	\$75
37049	13 yr+ 4 classes	Su TDJJ	10:00am-11:00am Galindo	Feb 1-Feb 22	\$100
37050	13 yr+ 5 classes	Su TDJJ	10:00am-11:00am Galindo	Mar 1-Mar 29	\$125

New Women's Brazilian Jiu Jitsu

Empower yourself in our Women's Jiu Jitsu class for women of all levels. Train alongside other women, develop practical skills, and have fun in a welcoming, judgment-free environment while improving fitness and building confidence.

37036	11 yr+ 4 classes	Sa TDJJ	11:00am-1:00pm Galindo	Jan 10-Jan 31	\$120
37037	11 yr+ 4 classes	Sa TDJJ	11:00am-1:00pm Galindo	Feb 7-Feb 28	\$120
37038	11 yr+ 4 classes	Sa TDJJ	11:00am-1:00pm Galindo	Mar 7-Mar 28	\$120



Ta Danado Jiu Jitsu, Hayward

THE FIBER Shed



The Fiber Shed

Are you a sewer, weaver, or knit-lover? Then you'll love the district's newest art facility "The Fiber Shed". The studio has introductory to more advanced classes for all ages. Come learn and build-up the community. The Fiber Shed is located at 2841 Romagnolo St, in Fairview.

Find classes and open hours on the H.A.R.D. Arts Page!
<https://www.haywardrec.org/arts>

See pages 69-70 for the Guide to Class Locations and Facilities.

Nature

Crustacean Nation: Exploring the Lives of Crabs

Dip nets into the tidal channel to catch and release small crabs then head inside to learn about their unique adaptations, survival strategies, and roles in coastal ecosystems.

36524	18 yr+ 1 class	Th HSIC	6:00pm-7:00pm Nature Staff	Mar 12	\$15
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Observación de Aves para Principiantes

¿Te gustaría aprender a observar aves pero no sabes por dónde empezar? Únete a nuestro curso introductorio y descubre lo básico para identificar las aves del Área de la Bahía. Aprenderás trucos sencillos para reconocer diferentes especies y luego saldremos juntos a una caminata guiada. Te prestaremos binoculares y te ayudaremos a poner en práctica lo aprendido mientras disfrutas de la naturaleza.

36525	18 yr+ 1 class	Sa HSIC	9:30am-11:30am Nature Staff	Mar 21	\$20
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Photography

Annual Spring Exhibition 2026

Show your art in the Annual ImageCentral Spring Exhibition! Discuss editing, print selection, matting, and more. Learn exhibit logistics and preparation. Open to all visual art. Email imagecentral@haywardrec.org for details.

36663	13 yr+ 3 classes	W ImageCentral	6:00pm-8:00pm Watkins	Mar 4-Mar 18	\$82
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Camera: Beginner to Intermediate

Learn essential manual camera functions like F/stops, shutter speeds, and ISO in this hands-on class. Requires an SLR, rangefinder, or mirrorless camera, either film or digital.

36660	18 yr+ 4 classes	T CHCC	6:00pm-8:00pm Foote	Jan 6-Jan 27	\$180
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Camera: Long Exposure, Night, & Astro Photography

Explore long exposure and astro photography. Learn about neutral density filters, multiple image photo stacking, and processing. Requires manual adjustments: DSLR (digital single lens reflex), mirrorless type, or digital rangefinder.

36661	16 yr+ 4 classes	Th ImageCentral	6:00pm-8:00pm Watkins	Feb 5-Feb 26	\$180
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Fun With Photograms Workshop

Make photograms in our traditional darkroom, no camera needed! Bring objects like leaves, flowers, feathers and similar items with transparency characteristics and fun shapes. 8x10 photographic paper provided.

36664	12 yr+ 1 class	Sa CHCC	11:00am-2:00pm Watkins	Mar 28	\$42
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ImageCentral: Monday Night Membership

Unlock your creativity with a Membership—gain access to all ImageCentral's offerings every Monday evening, including the Traditional Darkroom, Film Development Area, printers/scanners, Matting & Mounting Area, and more!

36659	16 yr+ 11 classes	M ImageCentral	5:00pm-9:00pm Watkins	Jan 5-Mar 30	\$280
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Intro To Darkroom Photography

Discover how to process black-and-white film and make black & white prints in our traditional darkroom!

An additional \$20 Materials Fee is due to the instructor at the first class. (Limited: 35mm film cameras available for loan during class upon request.)

36632	16 yr+ 8 classes	Th ImageCentral	6:00pm-8:00pm Watkins	Jan 8-Jan 29	\$180
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Studio Portraits & Lighting Made Easy

Explore lighting for portraiture, as well as posing, light set up, starting with one light up to a five-light set up. Some lighting scenarios will be demonstrated with a live model!

36662	18 yr+ 4 classes	T CCHC	6:00pm-8:00pm Foote	Mar 3-Mar 24	\$200
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See pages 69-70 for the Guide to Class Locations and Facilities.

Hayward Community Gardens

The Hayward Community Gardens is located at 25051 Whitman Street in Hayward on 5.3 acres of land. H.A.R.D.'s mission for the community garden include:

- ▲ Promoting community interest in gardening
- ▲ Providing H.A.R.D. residents with gardening, recreational and socializing opportunities
- ▲ Enabling local residents within H.A.R.D.'s boundaries to supplement their diets with home-grown produce
- ▲ Provide physical space for community gardeners to learn about resource conservation, urban gardening and related issues in a safe, enjoyable environment

Regularly scheduled garden workshops from seed saving to bee hives and more are scheduled at the Hayward Community Garden. The garden plot rentals rates are per year. Gardeners are required to complete the Agreement and Liability Waiver and pay for plots prior to gardening. To reserve your garden plot please contact us at Gardens@Haywardrec.org

Garen Plot Rental Rates (per calendar year Jan 1- Dec 31)

Prices Range from \$175 to \$400
Visit our website for more information:
haywardrec.org/Gardens

H.A.R.D. Volunteers

Volunteers Needed for New Program - Access for All Friends

H.A.R.D. strives to provide inclusive and accessible programs for ALL. Some of our program participants need some extra support and we are looking for volunteers to be aids to some of our young friends with special needs to help support and guide them in classes and camps. Training will be available. If you are interested in participating in this new and important volunteer program, please reach out to Marinita Santos at SanM@haywardrec.org or at (510) 881-6778.

Special Interest & Hobbies

Community Garden: Starting Your Native Plant Garden

Come learn about plant selection, cultivation and care. January is the time to start planting California natives.

36526	18 yr+ 1 class	Sa HCG	10:30am-11:30am HARD Staff	Jan 10 FREE
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Community Garden: Start Seeding

Come to the LOVely Hayward Community Garden on Valentine's Day to learn how to successfully start veggies and flowers from seed.

36527	18 yr+ 1 class	Sa HCG	10:30am-11:30am HARD Staff	Feb 14 FREE
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Community Garden: Container Gardening

Learn to grow veggies and flowers in small spaces.

36528	18 yr+ 1 class	Sa HCG	10:30am-11:30am HARD Staff	Mar 14 FREE
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Sports

Fencing for Beginners

Learn strategic thinking, light-inning-fast reflexes, and graceful footwork in a safe, supportive environment. All fencing equipment provided. Wear workout clothes, t shirt, long pants, and athletic support shoes. Bring a water bottle. **An additional \$25 Materials Fee is due to the instructor at the first class.**

36630	18 yr+ 3 classes	T KASCC	7:10pm-8:10pm Cimpoaie	Jan 13-Jan 27 \$195
36615	18 yr+ 4 classes	T KASCC	7:10pm-8:10pm Cimpoaie	Feb 3-Feb 24 \$260
36629	18 yr+ 4 classes	T KASCC	7:10pm-8:10pm Cimpoaie	Mar 3-Mar 24 \$260

See pages 69-70 for the Guide to Class Locations and Facilities.

Pickleball Clinics –Please bring water, a hat, and court shoes.

Pickleball Introduction Course

Introduce new players to the exciting sport of pickleball. Students will learn proper stroke mechanics, court positioning and shot selection through drills and game play. You will develop proper technique on ground strokes, forehand, backhand, serving, return of serve, and volleys.

36350	18 yr+ 4 classes	Sa SGCC	8:30am-9:45am Borden	Jan 3-Jan 24	\$75
36353	18 yr+ 3 classes	M SGCC	9:00am-10:15am Borden	Jan 5-Jan 26	\$55
36356	18 yr+ 4 classes	W SGCC	5:30pm-6:45pm Borden	Jan 7-Jan 28	\$75
36354	18 yr+ 3 classes	M SGCC	9:00am-10:15am Borden	Feb 2-Feb 23	\$55
36357	18 yr+ 4 classes	W SGCC	5:30pm-6:45pm Borden	Feb 4-Feb 25	\$75
36351	18 yr+ 4 classes	Sa SGCC	8:30am-9:45am Borden	Feb 7-Feb 28	\$75
36355	18 yr+ 4 classes	M SGCC	9:00am-10:15am Borden	Mar 2-Mar 23	\$75
36358	18 yr+ 4 classes	W SGCC	5:30pm-6:45pm Borden	Mar 4-Mar 25	\$75
36352	18 yr+ 4 classes	Sa SGCC	8:30am-9:45am Borden	Mar 7-Mar 28	\$75

Pickleball Introduction Teaser

Learn all the basics, along with all the rules, to get started on having more fun than you could imagine. Great exercise, wonderful social interaction.

36386	18 yr+ 1 class	Sa SGCC	8:30am-9:45am Borden	Jan 3	\$20
36385	18 yr+ 1 class	M SGCC	9:00am-10:15am Borden	Jan 5	\$20
36387	18 yr+ 1 class	W SGCC	5:30pm-6:45pm Borden	Jan 7	\$20
36392	18 yr+ 1 class	M SGCC	9:00am-10:15am Borden	Feb 2	\$20
36388	18 yr+ 1 class	W SGCC	5:30pm-6:45pm Borden	Feb 4	\$20
36391	18 yr+ 1 class	Sa SGCC	8:30am-9:45am Borden	Feb 7	\$20
36393	18 yr+ 1 class	M SGCC	9:00am-10:15am Borden	Mar 2	\$20
36389	18 yr+ 1 class	W SGCC	5:30pm-6:45pm Borden	Mar 4	\$20
36390	18 yr+ 1 class	Sa SGCC	8:30am-9:45am Borden	Mar 7	\$20

Pickleball Ladder League

Weekly fun and competitive play, one morning a week, for four weeks. Five courts will be designated, from top level, to bottom level. ALL SKILL LEVELS from beginner to advanced. This is open to all individuals who are eager to participate. Players will be initially assigned to courts by the league organizer in groups of 4

36407	18 yr+ 4 classes	Su SGCC	11:00am-1:00pm Borden	Jan 4-Jan 25	\$35
36463	18 yr+ 4 classes	Su SGCC	11:00am-1:00pm Borden	Mar 8-Mar 29	\$35

Pickleball Serving-Ground Strokes Class

This class will help you find the best service style and strategy for you, as well as learning to return with authority. Learn to serve deep, and return even deeper. Try push serves, slice serves, topspin serves, lob serves, as as backhand serves. Find out what serve works best for you!

36369	18 yr+ 1 class	Sa SGCC	8:30am-9:45am Borden	Jan 10	\$20
36367	18 yr+ 1 class	M SGCC	9:00am-10:15am Borden	Jan 12	\$20
36368	18 yr+ 1 class	W SGCC	5:30pm-6:45pm Borden	Jan 14	\$20
36370	18 yr+ 1 class	M SGCC	9:00am-10:15am Borden	Feb 9	\$20
36371	18 yr+ 1 class	W SGCC	5:30pm-6:45pm Borden	Feb 11	\$20
36372	18 yr+ 1 class	Sa SGCC	8:30am-9:45am Borden	Feb 14	\$20
36375	18 yr+ 1 class	M SGCC	9:00am-10:15am Borden	Mar 9	\$20
36374	18 yr+ 1 class	W SGCC	5:30pm-6:45pm Borden	Mar 11	\$20
36373	18 yr+ 1 class	Sa SGCC	8:30am-9:45am Borden	Mar 14	\$20

Pickleball - Skills and Drills - Level 2

Join this is a drill intensive clinic where you will hit hundreds of balls, correctly, getting that all important muscle memory. Whether it's learning a roll volley, overhead, lob, you will get the practice on the shots that decide the game.

36348	18 yr+ 3 classes	Su SGCC	8:30am-9:45am Borden	Jan 11-Jan 25	\$55
36349	18 yr+ 3 classes	Su SGCC	8:30am-9:45am Borden	Feb 15-Mar 1	\$55

Pickleball 3rd Shot Drop & Dinks

Join this intensive class, proper technique and strategy will be emphasized through drills and situational play. Students will practice hitting slice and push dink shots and the shots that decide most games, the 3rd and 5th shot drops.

36361	18 yr+ 1 class	Sa SGCC	8:30am-9:45am Borden	Jan 24	\$20
36359	18 yr+ 1 class	M SGCC	9:00am-10:15am Borden	Jan 26	\$20
36360	18 yr+ 1 class	W SGCC	5:30pm-6:45pm Borden	Jan 28	\$20
36362	18 yr+ 1 class	M SGCC	9:00am-10:15am Borden	Feb 23	\$20
36363	18 yr+ 1 class	W SGCC	5:30pm-6:45pm Borden	Feb 25	\$20
36364	18 yr+ 1 class	Sa SGCC	8:30am-9:45am Borden	Feb 28	\$20
36365	18 yr+ 1 class	M SGCC	9:00am-10:15am Borden	Mar 23	\$20
36366	18 yr+ 1 class	W SGCC	5:30pm-6:45pm Borden	Mar 25	\$20

Pickleball Clinics (continued on page 54)

See pages 69-70 for the Guide to Class Locations and Facilities.

ADULT CLASSES

Pickleball Clinics (continued from page 53)

Pickleball - Tweak Your Game

Join today to learn all the strokes. Learn what serve works best for you and how to execute roll volleys, push volleys, along with defensive and offensive lobs. Learn what shot you need and when.

36396	18 yr+	Sa	9:00am-10:15am	Jan 10-Jan 24
	3 classes	SGCC	Borden	\$55
36394	18 yr+	M	9:00am-10:15am	Jan 12-Jan 26
	2 classes	SGCC	Borden	\$35
36395	18 yr+	W	5:30pm-6:45pm	Jan 14-Jan 28
	3 classes	SGCC	Borden	\$55
36401	18 yr+	M	9:00am-10:15am	Feb 9-Feb 23
	2 classes	SGCC	Borden	\$35
36402	18 yr+	W	5:30pm-6:45pm	Feb 11-Feb 25
	3 classes	SGCC	Borden	\$55
36403	18 yr+	Sa	9:00am-10:15am	Feb 14-Feb 28
	3 classes	SGCC	Borden	\$55
36404	18 yr+	M	9:00am-10:15am	Mar 9-Mar 23
	3 classes	SGCC	Borden	\$55
36406	18 yr+	W	5:30pm-6:45pm	Mar 11-Mar 25
	3 classes	SGCC	Borden	\$55
36405	18 yr+	Sa	9:00am-10:15am	Mar 14-Mar 28
	3 classes	SGCC	Borden	\$55

Pickleball is Life

Pickleball 101

This Pickleball introduction class will teach the basic techniques, positions, and scoring of the game. No experience required.

36829	18 yr+	Sa	10:30am-11:15am	Jan 3-Jan 24
	4 classes	WPCC	Ambrosini	\$100
36830	18 yr+	Sa	10:30am-11:15am	Feb 7-Feb 28
	4 classes	WPCC	Ambrosini	\$100
36831	18 yr+	Sa	10:30am-11:15am	Mar 7-Mar 28
	4 classes	WPCC	Ambrosini	\$100

Pickleball Volley's-Overheads-Lobs

Learn punch volley, drop volley, and block volleys. Students will learn the proper position to strike overheads with authority, consistency, and accuracy. Through proper technique, repetition, and sound strategies, learn to volley and hit overheads with a purpose and like it!

36376	18 yr+	T	9:00am-10:15am	Jan 20
	1 class	SGCC	Borden	\$20
36377	18 yr+	W	5:30pm-6:45pm	Jan 21
	1 class	SGCC	Borden	\$20
36378	18 yr+	Sa	9:00am-10:15am	Jan 24
	1 class	SGCC	Borden	\$20
36379	18 yr+	T	9:00am-10:15am	Feb 17
	1 class	SGCC	Borden	\$20
36380	18 yr+	W	5:30pm-6:45pm	Feb 18
	1 class	SGCC	Borden	\$20
36381	18 yr+	Sa	9:00am-10:15am	Feb 21
	1 class	SGCC	Borden	\$20
36383	18 yr+	M	9:00am-10:15am	Mar 16
	1 class	SGCC	Borden	\$20
36384	18 yr+	W	5:30pm-6:45pm	Mar 18
	1 class	SGCC	Borden	\$20
36382	18 yr+	Sa	9:00am-10:15am	Mar 21
	1 class	SGCC	Borden	\$20

Pickleball 201

Class will move from teaching basic techniques, positions, and scoring of the game of pickleball to "tactics" of the game. Must take Pickleball 101 to register.

36832	18 yr+	Sa	1:30pm-2:45pm	Jan 3-Jan 24
	4 classes	WPCC	Ambrosini	\$100
36833	18 yr+	Sa	1:30pm-2:45pm	Feb 7-Feb 28
	4 classes	WPCC	Ambrosini	\$100
36904	18 yr+	Su	1:30pm-2:45pm	Mar 1-Mar 22
	4 classes	WPCC	Ambrosini	\$100

Tennis

Adult Social Tennis League

These leagues are designed to allow community members to find hitting partners and competitive play without joining a competitive team. All levels of play are welcome.

36892	18 yr+	T	7:30pm-9:30pm	Jan 6-Mar 3
	27 classes	BTP		\$77

Cardio Tennis

Join us for a tennis workout class! Instructor feeds nonstop drills to keep the heart rate going throughout the session. Come get a nice sweat going at the tennis courts! All levels welcome!

36886	17 yr+	T	7:30pm-8:30pm	Jan 6-Jan 27
	4 classes	CVCC	Arora	\$120

Tennis 101 - Beginner

Learn a fun sport that you can enjoy for a lifetime with an easy step-by-step lesson plan. The class is open to players with basic to no knowledge; fundamentals with a focus on developing solid techniques will be covered.

36889	17 yr+	Th/Sa	7:30pm-9:00am	Jan 8-Jan 31
	8 classes	CVCC	Arora	\$120

Tennis Is Life - Adult Intermediate

Sessions will be geared around helping to improve technical and tactical skills on the court. Skills and drills work on all aspects of the game at a level 3.5 player.

36844	18 yr+	Su	12:00pm-12:55pm	Jan 4-Jan 25
	4 classes	CVCC	Ambrosini	\$100
36845	18 yr+	Su	12:00pm-12:55pm	Feb 1-Feb 22
	4 classes	CVCC	Ambrosini	\$100
36846	18 yr+	Su	12:00pm-12:55pm	Mar 1-Mar 22
	4 classes	CVCC	Ambrosini	\$100

See pages 69-70 for the Guide to Class Locations and Facilities.



**H.A.R.D. Holidays—
No Classes:
Jan 19 and
Feb 16**

Active Adult (50+) & Senior Classes (60+)

H.A.R.D.'s Senior Adult Programs are geared towards active adults 50+ years and seniors 60+ years. We offer social, recreational, educational, and nutritional programs and activities to enhance the lives of older adults, and help them remain healthy, be active and stay independent.

Pictured in Banner Above: Hayward Area Senior Center, Hayward

Art

Crochet and Knitting

Learn the basics of crochet and knitting. Learn to read a pattern, make a scarf and more in a fun atmosphere.

36190	50 yr+	W	9:30am-11:30am	Jan 7-Feb 11	
	6 classes	HASC	HARD Volunteer	\$24	
36191	50 yr+	W	9:30am-11:30am	Feb 18-Mar 25	
	6 classes	HASC	HARD Volunteer	\$24	



Hayward Area Senior Center, Hayward

Crochet, Knitting & More

Learn the basics of crochet: what materials are needed and how to read a pattern. Make a scarf or hat in a fun atmosphere. We will explore other crafts to do with yarn, fabrics and other items as requested. Bring your ideas to share too.

36192	50 yr+	W	1:00pm-3:00pm	Jan 7-Feb 11	
	6 classes	HASC	HARD Volunteer	\$24	
36193	50 yr+	W	1:00pm-3:00pm	Feb 18-Mar 25	
	6 classes	HASC	HARD Volunteer	\$24	

Learn Chinese Through Calligraphy: Art, Language, & Culture

Discover the beauty of Chinese calligraphy while exploring cultural stories and simple Mandarin phrases. A mindful, hands-on experience. Materials provided: optional material purchase available in class.

36466	50 yr+	F	9:30am-10:30am	Jan 16	
	1 class	KASCC	HARD Staff	\$28	
36467	50 yr+	F	9:30am-10:30am	Feb 13	
	1 class	KASCC	HARD Staff	\$28	
36468	50 yr+	F	9:30am-10:30am	Mar 13	
	1 class	KASCC	HARD Staff	\$28	

Mosaic Tile Art

Start creating stunning mosaic tile projects! Learn to craft beautiful planter pots, garden steppingstones, and decorative art for your outdoor spaces. Perfect for beginners looking to explore mosaic art!

36220	50 yr+	M	9:30am-12:00pm	Jan 5-Jan 26	
	3 classes	HASC	HARD Volunteer	\$30	
36223	50 yr+	M	12:30pm-3:00pm	Jan 5-Jan 26	
	3 classes	HASC	HARD Volunteer	\$30	
36221	50 yr+	M	9:30am-12:00pm	Feb 2-Mar 2	
	4 classes	HASC	HARD Volunteer	\$40	
36224	50 yr+	M	12:30pm-3:00pm	Feb 2-Mar 2	
	4 classes	HASC	HARD Volunteer	\$40	
36222	50 yr+	M	9:30am-12:00pm	Mar 9-Mar 30	
	4 classes	HASC	HARD Volunteer	\$40	
36225	50 yr+	M	12:30pm-3:00pm	Mar 9-Mar 30	
	4 classes	HASC	HARD Volunteer	\$40	

Needle Arts

Enjoy being around other needle art crafters, sharing pointers and ideas and inspiration. No instruction, but space to be with other creative people and access to sewing machine and knowledge of other skilled needle art crafters.

36226	50 yr+	F	9:00am-12:00pm	Jan 9-Feb 13	
	6 classes	HASC	HARD Volunteer	\$24	
36227	50 yr+	F	9:00am-12:00pm	Feb 20-Mar 27	
	6 classes	HASC	HARD Volunteer	\$24	

See pages 69-70 for the Guide to Class Locations and Facilities.



Hayward Area Senior Center, Hayward

Wood Carving

Begin with a piece of basswood using special tools, learn how to chisel and carve it into something beautiful. Work at your own pace and ability. MUST have taken and completed all prerequisite from Woodshop Training. Please bring: Cut resistant carving glove, thumb guard.

36634	50 yr+	M	9:30am-3:00pm	Jan 5-Jan 26
	3 classes	HASC	HARD Volunteer	\$15
36300	50 yr+	Th	9:30am-3:00pm	Jan 8-Jan 29
	4 classes	HASC	HARD Volunteer	\$20
36635	50 yr+	M	9:30am-3:00pm	Feb 2-Feb 23
	3 classes	HASC	HARD Volunteer	\$15
36301	50 yr+	Th	9:30am-3:00pm	Feb 5-Feb 26
	4 classes	HASC	HARD Volunteer	\$20
36636	50 yr+	M	9:30am-3:00pm	Mar 2-Mar 30
	5 classes	HASC	HARD Volunteer	\$25
36302	50 yr+	Th	9:30am-3:00pm	Mar 5-Mar 26
	4 classes	HASC	HARD Volunteer	\$20

Open Space for Artists

Join this creative space for experienced artists! Share your artwork, ideas, and inspiration with fellow artists. No instructor; just a collaborative environment. Bring your own supplies and let your creativity flow.

36228	50 yr+	T	1:00pm-3:30pm	Jan 6-Feb 10
	6 classes	HASC	HARD Volunteer	\$24
36229	50 yr+	T	1:00pm-3:30pm	Feb 17-Mar 31
	7 classes	HASC	HARD Volunteer	\$28

Quilting

Enjoy being around other quilters, sharing pointers and ideas and inspiration. No instruction, but space to be with other creative people and access to sewing machine and knowledge of other skilled quilters.

36232	50 yr+	T	9:00am-12:00pm	Jan 6-Feb 10
	6 classes	HASC	HARD Volunteer	\$24
36234	50 yr+	Th	9:00am-12:00pm	Jan 8-Feb 12
	6 classes	HASC	HARD Volunteer	\$24
36233	50 yr+	T	9:00am-12:00pm	Feb 17-Mar 31
	7 classes	HASC	HARD Volunteer	\$28
36235	50 yr+	Th	9:00am-12:00pm	Feb 19-Mar 26
	6 classes	HASC	HARD Volunteer	\$24



Woodshop Safety Training Program

Learn woodshop rules and receive in-service safety training to use the HASC woodshop. Sign up for the Woodshop Safety Training Program! Complete required forms, including waiver, liability release, and safety tests.

36306	50 yr+	F	10:00am-12:00pm	Jan 9
	1 class	HASC	HARD Staff	FREE
36307	50 yr+	F	10:00am-12:00pm	Feb 6
	1 class	HASC	HARD Staff	FREE
36308	50 yr+	F	10:00am-12:00pm	Mar 6
	1 class	HASC	HARD Staff	FREE



ImageCentral, Hayward

ImageCentral

Did you know H.A.R.D. has a studio dedicated to photography? It's true. This rare resource has a professional chemical darkroom and film development area as well as a large format printer and digital film scanner.

See pages 69-70 for the Guide to Class Locations and Facilities.

Woodshop Mini-Lathe Turning Class

Join us and learn to turn custom wood and acrylic pens on a mini lathe, creating personalized ballpoint pens from square blanks. Must complete all prerequisites from the Woodshop Training Program.

36303	50 yr+	T	9:30am-2:30pm	Jan 6-Jan 27
	4 classes	HASC	HARD Volunteer	\$20
36304	50 yr+	T	9:30am-2:30pm	Feb 3-Feb 24
	4 classes	HASC	HARD Volunteer	\$20
36305	50 yr+	T	9:30am-2:30pm	Mar 3-Mar 31
	5 classes	HASC	HARD Volunteer	\$25

Dance & Music

Acoustic Musicians Jam

Bring your acoustic music instrument and jam with us. Advanced beginner-intermediate knowledge required. NO amplifiers allowed. No instruction given. (1st & 3rd) Wednesdays of the month.

36168	50 yr+	W	1:00pm-3:30pm	Jan 7-Mar 18
	6 classes	HASC	HARD Volunteer	\$24

New Ballet Folklorico

Celebrate Mexican culture with Mexico Danza! Discover vibrant rhythm, color, and movement in this welcoming class. All levels welcome. Folklorico or dance shoes required.

36412	50 yr+	Sa	9:30am-10:15am	Jan 3-Feb 21
	8 classes	ARC	Mexico Danza Staff	\$180

Band Dance at Hayward Senior Center

Come out to dance to the band music of Len & Rich. This event will be held on the 1st Friday of the months. Let's boogie! Join the FUN!

36172	50 yr+	F	2:00pm-3:30pm	Jan 9
	1 class	HASC	HARD Volunteer	FREE
36173	50 yr+	F	2:00pm-3:30pm	Feb 6
	1 class	HASC	HARD Volunteer	FREE
36174	50 yr+	F	2:00pm-3:30pm	Mar 6
	1 class	HASC	HARD Volunteer	FREE

Guitar Jam for Seniors

Bring your guitar and come jam with us. Advanced beginner-intermediate knowledge required. No instruction given. (1st/3rd/5th Mondays) Class Dates: 1/5, 2/2, 3/2, 3/16, 3/30.

36161	50 yr+	M	1:00pm-3:30pm	Jan 5-Mar 30
	5 classes	KASCC	HARD Volunteer	\$20

Hawaiian Hula Dance- Intermediate

Join our hula class today! Build on your existing hula experience and participate in live performances at adult living centers, churches, and other venues throughout the year. Some hula experience required.

36201	50 yr+	Th	10:30am-11:45am	Jan 8-Feb 12
	6 classes	KASCC	Hanan	\$24
36202	50 yr+	Th	10:30am-11:45am	Feb 19-Mar 26
	6 classes	KASCC	Hanan	\$24

Line Dance

Line Dance - Improver

Join us for some line dancing to new, country, and familiar tunes. Each dance is choreographed to a different piece of music so you will exercise your mind as well as your body! This course requires a minimum of two years line dance experience.

36206	50 yr+	F	10:00am-11:30am	Jan 9-Feb 13
	6 classes	HASC	Nicolaus	\$24
36207	50 yr+	F	10:00am-11:30am	Feb 20-Mar 27
	6 classes	HASC	Nicolaus	\$24

Line Dance Party

Show off your best line dance moves and a meet new friends at our line dance party. Experience is required, choreographed moves! This is not a class—it's a party!

36151	50 yr+	Su	1:00pm-4:00pm	Feb 8
	1 class	HASC	Nicolaus	\$15



Cherryland Community Center, Cherryland

Silver Swans Ballet

Join our ballet classes today! Designed for those over 55, but open to all ages. Improve fitness and flexibility, whether you're new to ballet or returning. Ballet slippers and comfortable clothing required.

36277	50 yr+	T	11:30am-12:30pm	Jan 6-Jan 27
	4 classes	CVPA1	CVPA Staff	\$54
36278	50 yr+	T	11:30am-12:30pm	Feb 3-Feb 24
	4 classes	CVPA1	CVPA Staff	\$54
36279	50 yr+	T	11:30am-12:30pm	Mar 3-Mar 24
	4 classes	CVPA1	CVPA Staff	\$54

See pages 69-70 for the Guide to Class Locations and Facilities.

ACTIVE ADULT & SENIOR CLASSES

SR Adult Tap

Join our tap dance class today! Learn styles from Fred Astaire to Savion Glover, focusing on footwork and rhythm expression. Great exercise for mind and body. Tap shoes required.

SR Adult Tap-1

This beginner-friendly class to get you tapping today!

36271	50 yr+	Th	11:15am-12:10pm	Jan 8-Jan 29
	4 classes	CVPA1	CVPA Staff	\$54
36273	50 yr+	Th	11:15am-12:10pm	Feb 5-Feb 26
	4 classes	CVPA1	CVPA Staff	\$54
36274	50 yr+	Th	11:15am-12:10pm	Mar 5-Mar 26
	4 classes	CVPA1	CVPA Staff	\$54

SR Adult Tap-2

The fun continues with even more rhythms and footwork.!

36272	50 yr+	Th	12:15pm-1:10pm	Jan 8-Jan 29
	4 classes	CVPA1	CVPA Staff	\$54
36275	50 yr+	Th	12:15pm-1:10pm	Feb 5-Feb 26
	4 classes	CVPA1	CVPA Staff	\$54
36276	50 yr+	Th	12:15pm-1:10pm	Mar 5-Mar 26
	4 classes	CVPA1	CVPA Staff	\$54

Swing & Ballroom Dance for Seniors

Get up and dance! Emphasis is on having fun while developing an engaging social hobby. You will learn comfortable steps in East Coast Swing and Ballroom dances.

36238	50 yr+	W	1:30pm-2:30pm	Jan 7-Jan 28
	4 classes	KASCC	Hilton	\$47
36239	50 yr+	W	1:30pm-2:30pm	Feb 4-Feb 25
	4 classes	KASCC	Hilton	\$47

Tango & Latin Dance for Seniors

Get up and dance! Have fun while learning comfortable steps in Tango and Latin dances. This class emphasizes social enjoyment, helping you develop a fun and engaging hobby. All skill levels welcome!

36241	50 yr+	W	2:30pm-3:30pm	Jan 7-Jan 28
	4 classes	KASCC	Hilton	\$47
36242	50 yr+	W	2:30pm-3:30pm	Feb 4-Feb 25
	4 classes	KASCC	Hilton	\$47

Ukulele

Bring your Ukulele and play with others. Group meets to socialize and play their instruments



Beginner

Join us to learn the basic cords for playing the Ukulele..

36296	50 yr+	T	10:00am-12:00pm	Jan 6-Feb 10
	6 classes	HASC	HARD Volunteer	\$24
36297	50 yr+	T	10:00am-12:00pm	Feb 17-Mar 31
	7 classes	HASC	HARD Volunteer	\$28

Intermediate

Lessons to cover strumming and finger picking. (MUST know at least 10 chords).

36298	50 yr+	T	1:00pm-3:00pm	Jan 6-Feb 10
	6 classes	KASCC	HARD Volunteer	\$24
36299	50 yr+	T	1:00pm-3:00pm	Feb 17-Mar 31
	7 classes	KASCC	HARD Volunteer	\$28

Health & Fitness

Active Adult Aerobics

Join us for a fun, low-impact fitness class! Improve flexibility, cardiovascular health, bone density, and muscle strength through stretching, aerobic dancing, strength training, and floor exercises. Bring light weights and a mat!

36169	50 yr+	M/Th	10:00am-11:00am	Jan 5-Jan 29
	7 classes	HASC	HARD Staff	\$49
36170	50 yr+	M/Th	10:00am-11:00am	Feb 2-Feb 26
	7 classes	HASC	HARD Staff	\$49
36171	50 yr+	M/Th	10:00am-11:00am	Mar 2-Mar 30
	9 classes	HASC	HARD Staff	\$63



Hayward Area Senior Center, Hayward

See pages 69-70 for the Guide to Class Locations and Facilities.

Bollywood Dance for Seniors

Offered by Sun Bollywood, this high-energy program blends the vibrant beats of Bollywood music with dynamic dance moves- fusing traditional Indian styles with a modern twist. Immerse yourself in the colorful spirit of Indian culture, boost your confidence, and learn fun, show-stopping choreography that will get you moving!

36163	50 yr+	W	1:30pm-2:15pm	Jan 14-Feb 25
	7 classes	KASCC	HARD Staff	\$75

Chair Fitness

Designed to keep participants mobile, ensuring they remain progressive in daily activities or recovery. This class is a fun musically-driven full body workout. It is geared for those that have trouble standing during fitness workouts, balance deficits, injuries, disabilities or obesity.

36177	50 yr+	M/Th	8:50am-9:50am	Jan 5-Jan 29
	7 classes	HASC	HARD Staff	\$49
36178	50 yr+	M/Th	8:50am-9:50am	Feb 2-Feb 26
	7 classes	HASC	HARD Staff	\$49
36179	50 yr+	M/Th	8:50am-9:50am	Mar 2-Mar 30
	9 classes	HASC	HARD Staff	\$63

EnhanceFitness by Spectrum CS

Join this evidence-based exercise program proven to strengthen muscles, increase stamina and, prevent future falls. Health education and fitness assessments are provided regularly. Exercises can be done standing or seated. PRE-REGISTRATION is required www.spectrumcs.org or call (510) 876-8809. A voluntary contribution, paid quarterly, is welcome. All contributions go directly toward program costs. No one is turned away due to an inability to contribute.

	60 yr+	M/W/F	10:30am-11:30am	Jan 5-Mar 27
	34 classes	KASCC	Spectrum Staff	
36165	60 yr+	M/W/F	9:00am-10:00am	Jan 5-Mar 27
	34 classes	KASCC	Spectrum Staff	

Fitness for Active Adults

Join us for a fun fitness class! Improve flexibility, cardiovascular health, bone density, and muscle strength through stretching, low-impact aerobic dancing, strength training, and floor exercises. Bring light weights and a mat!

36195	50 yr+	T/Th	8:45am-9:45am	Jan 6-Jan 29
	8 classes	KASCC	Nohr	\$56
36198	50 yr+	T/Th	10:00am-11:00am	Jan 6-Jan 29
	8 classes	KASCC	Nohr	\$56
36196	50 yr+	T/Th	8:45am-9:45am	Feb 3-Feb 26
	8 classes	KASCC	Nohr	\$56
36199	50 yr+	T/Th	10:00am-11:00am	Feb 3-Feb 26
	8 classes	KASCC	Nohr	\$56
36197	50 yr+	T/Th	8:45am-9:45am	Mar 3-Mar 31
	9 classes	KASCC	Nohr	\$63
36200	50 yr+	T/Th	10:00am-11:00am	Mar 3-Mar 31
	9 classes	KASCC	Nohr	\$63



Hayward Area SeniorCenter, Hayward

Introduction to Pelvic Health Issues

Come learn about pelvic health issues related to pelvic pain, bowel and bladder problems such as constipation, urinary urgency, frequency and incontinence, and treatment options available.

36166	50 yr+	Th	11:00am-12:00pm	Feb 26
	1 class	KASCC	HARD Volunteer	FREE

Meditation

Join this community lead group meditation. Meditation will take place for 30 minutes and have a group discussion afterwards.

36217	50 yr+	Th	2:00pm-2:45pm	Jan 8-Feb 12
	6 classes	KASCC	Sapena	\$42
36218	50 yr+	Th	2:00pm-2:45pm	Feb 19-Mar 26
	6 classes	KASCC	Sapena	\$42

Nice & Easy Movement

Come have fun while improving your flexibility, cardiovascular health, bone density, and muscle strength. Lots of chair exercises, stretching, low impact dancing and strength training with light weights. No floor exercises. Register at the Castro Valley Adult School, www.cvadult.org.

	18 yr+	T/Th	11:15am-12:15am	Feb 3-Mar 26
	14 classes	KASCC	Nohr	\$69

Pilates, Power and Posture

Strengthen your core today! This class targets core muscles for improved spine support, balancing both standing and mat exercises. Challenge yourself for a well-balanced body! Bring a yoga mat and hand weights. Register at the Castro Valley Adult School, www.cvadult.org.

	18 yr+	M	9:00am-10:00am	Feb 2-Mar 16
	6 classes	KASCC	CVAS Staff	\$59

See pages 69-70 for the Guide to Class Locations and Facilities.



Supporting a Healthy Brain

Advance Healthcare Planning

Join us to learn how an Advance Directive ensures your healthcare wishes are known and respected. This step-by-step class empowers you to make informed decisions- so your voice is heard when it matters most. Caregivers will have an opportunity to schedule a Free Advance Directive completion service.

36471	18 yr+	W	11:00am-12:00pm	Feb 4
1 class	KASCC	HARD Volunteer	FREE	

Caregiver Self-care and Discussion

What does it really mean to care for a loved one? Unpaid caregivers face daily challenges- burnout, financial strain, and emotional stress. Yet caregiving also offers profound rewards: connection, purpose, and the chance to honor family and community traditions. Let's talk about it and share resources to help reduce suffering and to help others.

36472	18 yr+	W	11:00am-12:00pm	Feb 11
1 class	KASCC	HARD Volunteer	FREE	

Understanding Dementia

Learn how to spot the signs of dementia versus normal aging, when to seek extra support, and why caregiver self-care is essential. This session also covers key resources for dementia education, support, and how to have meaningful conversations about care preferences with your loved ones.

36474	18 yr+	W	11:00am-12:00pm	Feb 18
1 class	KASCC	HARD Volunteer	FREE	

Tai Chi Chuan for Health

Join us to explore the gentle, flowing movements of Yang Style Tai Chi Chuan-a practice that promotes balance, mental focus, immune health, and harmony of body, mind, and spirit. Wear loose-fitting clothing and flat sneakers (no heels) for comfort and safety.

36292	50 yr+	M	10:30am-11:30am	Jan 5-Feb 23
6 classes	KASCC	HARD Volunteer	\$24	
36293	50 yr+	M	10:30am-11:30am	Mar 2-Mar 30
5 classes	KASCC	HARD Volunteer	\$20	

Tai Chi- Yang Style

This session is open to anyone actively practicing Yang Style Taijiquan. While no instruction is provided, it's a great chance to move, connect, and enjoy the energy of group practice.

36294	50 yr+	Th	10:30am-11:30am	Jan 8-Feb 12
6 classes	HASC	HARD Volunteer	\$24	
36295	50 yr+	Th	10:30am-11:30am	Feb 19-Mar 26
6 classes	HASC	HARD Volunteer	\$24	

Wild Goose QiGong Practice

Get up and move! Experience 64 simple movements flowing seamlessly from one to the next. Led by students, this session requires prior knowledge-no instruction given. Perfect for practice and self-reflection.

36162	50 yr+	T	10:00am-11:00am	Jan 6-Feb 24
8 classes	KASCC	HARD Volunteer	\$32	

Yoga For Every Body

Awaken your body, mind and soul and get ready for the rest of the day. Emphasis on breath, correct alignment, balance, flexibility, and most of all having fun! Bring a yoga mat and water.

36311	50 yr+	M	2:30pm-3:30pm	Jan 5-Feb 23
6 classes	KASCC	Sapena	\$42	
36309	50 yr+	W	9:30am-10:30am	Jan 7-Feb 11
6 classes	HASC	Sapena	\$42	
36310	50 yr+	W	9:30am-10:30am	Feb 18-Mar 25
6 classes	HASC	Sapena	\$42	
36312	50 yr+	M	2:30pm-3:30pm	Mar 2-Mar 30
5 classes	KASCC	Sapena	\$35	

Zumba Gold

Ideal for active older adults and beginners. A fun way to get in shape, burn calories, strengthen muscles. Improve flexibility & coordination while enjoying Latin inspired and international music.

36313	50 yr+	T	2:30pm-3:30pm	Jan 6-Feb 10
6 classes	HASC	HARD Staff	\$42	
36314	50 yr+	T	2:30pm-3:30pm	Feb 17-Mar 31
7 classes	HASC	HARD Staff	\$49	



See pages 69-70 for the Guide to Class Locations and Facilities.

Languages

English as Second Language (ESL)

We practice conversational English using scripted dialogue, photo slides, and games to make it fun! Low stress and no homework required. Non-senior welcome if accompanying a senior.

36155	50 yr+	W	1:00pm-2:30pm	Jan 14-Mar 18
	10 classes	HASC	HARD Volunteer	FREE

Spanish for Seniors - Beginners Advanced

Have fun fine-tuning your communication skills. Continue from the Fall, adding modes and tenses to vocabulary through video stories via Zoom sessions. Must have Zoom access and basic Spanish knowledge.

36152	50 yr+	F	1:00pm-3:00pm	Jan 9-Mar 13
	10 classes	Virtual	Saavedra Luna	\$30

Spanish: Reading and Learning - Higher Mixed Levels (via Zoom)

Fine tune and maintain Spanish speaking skills through reading, discussion and writing via Zoom. Basic computer skills to read and share created writings, Zoom access and novice Spanish language are required.

36153	50 yr+	F	10:00am-12:00pm	Jan 9-Mar 13	10 classes	Virtual	Saavedra Luna	\$30
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Outdoor Education

Get Outdoors – GO H.A.R.D.

Scenic Treks

Step outside and explore local trails! Journey through hills, marshes, and boardwalks while spotting wildlife, learning Indigenous history, and connecting with others. Location shared at registration. Transportation included.

36793	50 yr+	Th	10:00am-3:30pm	Jan 22
	1 class	KASCC	HARD Staff	\$25
36795	50 yr+	Th	10:00am-3:30pm	Feb 5
	1 class	KASCC	HARD Staff	\$25

Winter Birding: Marshland Migration

Explore the Hayward Shoreline this winter! Join naturalists to spot northern pintails, green-winged teal, American wigeons, flocks of avocets and sandpipers, and watch harriers and white-tailed kites patrol the skies. Transportation Included.

36796	50 yr+	Sa	9:00am-12:30pm	Jan 17
	1 class	KASCC	HARD Staff	\$25



Social Services

I-Phone for Seniors Training

The goal of this course is to help seniors become more comfortable and confident using I-Phones. It will cover the basics of the I-Phone's interface, key features, and common apps, enabling seniors to use their devices for communication, entertainment, health, and safety. This class will be interactive, hands-on, and paced to suit seniors' learning needs.

37161	50 yr +	T	1:00pm-3:00pm	Jan 6-Jan 27
	4 classes	HASC	Volunteer	\$20
37162	50 yr +	T	1:00pm-3:00pm	Feb 3-Feb 24
	4 classes	HASC	Volunteer	\$20
37163	50 yr +	T	1:00pm-3:00pm	Mar 3- Mar 31
	5 classes	HASC	Volunteer	\$25



See pages 69-70 for the Guide to Class Locations and Facilities.

ACTIVE ADULT & SENIOR CLASSES

Live Well, Be Well by CityServe

Finding Wellness II is a FREE 7-week series presented by the Health Education team at CityServe of the Tri-Valley. The topics include heart health, brain health, gut health, liver and kidney health, skin health, ageism and more.

36164	50 yr+	T	10:00am-11:30am	Jan 6-Feb 17
	7 classes	KASCC	HARD Volunteer	FREE

Mercy Brown Bag Program

Pre-register NOW at the Hayward Area Senior Center in-person to complete the registration form. Must be 60+, Live in Alameda, qualify as low-income by federal guidelines. This program is on the first Tuesday of every month.

60 yr+	T	8:00am-11:00am	Jan 6
1 class	HASC	HARD Staff	FREE
60 yr+	T	8:00am-11:00am	Feb 3
1 class	HASC	HARD Staff	FREE
60 yr+	T	8:00am-11:00am	Mar 3
1 class	HASC	HARD Staff	FREE



Positive Motivation Gathering for Seniors

Rediscover your spark and embrace each day with renewed energy and purpose! Positive Motivation for Thriving in Your Golden Years is a supportive, uplifting course designed specifically for seniors who want to cultivate a more joyful, empowered, and meaningful life.

37164	50 yr +	M	1:00pm-3:00pm	Jan 5-Jan 26
	3 classes	HASC	Volunteer	\$12
37165	50 yr +	M	1:00pm-3:00pm	Feb 2-Feb 23
	3 classes	HASC	Volunteer	\$12
37166	50 yr +	M	1:00pm-3:00pm	Mar 2-Mar 30
	5 classes	HASC	Volunteer	\$20

Spectrum Luncheon

Spectrum's Senior Nutrition Program is a healthy and convenient alternative to cooking and offers freshly prepared nutritious meals. The dining sites ease the burden of cooking and provide seniors with the opportunity to enjoy tasty food, meet new people and participate in a variety of activities. Reservations must be made at least 3 business days in advance.

Hayward Senior Center

60 yr+	M-F	12:00pm-12:30pm	Jan 2-Mar 31
61 classes	HASC	Suggested Contribution	\$4

Kenneth Aitken Senior Center

60 yr+	M-Th	12:00pm-12:30pm	Jan 5-Mar 31
48 classes	KASCC	Suggested Contribution	\$4

Special Interest & Hobbies

Board Games & More

Enjoy friends and socialization over board games and other games such as Scrabble, trivia, word games and poker (no gambling) or other card games.

36175	50 yr+	T	1:00pm-4:00pm	Jan 6-Feb 10
	6 classes	KASCC	HARD Volunteer	\$12
36176	50 yr+	T	1:00pm-4:00pm	Feb 17-Mar 31
	7 classes	KASCC	HARD Volunteer	\$14

Book Circle

Join our fun reading discussion group! We select books collectively, covering fiction, nonfiction, biographies, memoirs, and more. Meet on the 1st and 2nd Tuesday each month. To receive a copy of the Reading list for the session please email lynnetted@comcast.net.

36154	50 yr+	T	10:30am-11:30am	Jan 6-Mar 10
	6 classes	KASCC	HARD Volunteer	\$18

Creative Writing

Explore short stories, poems, autobiographical memoirs, and more in an open, encouraging environment. Overcome writer's block with assignments and share ideas without judgment. Email access and basic computer knowledge are extremely helpful.

36188	50 yr+	Th	10:00am-12:00pm	Jan 8-Mar 26
	12 classes	HASC	Schahrer	\$48

Creative Writing (Virtual)

Via Zoom. Email access and basic computer knowledge are extremely helpful.

36189	50 yr+	W	10:00am-12:00pm	Jan 7-Mar 25
	12 classes	Virtual	Schahrer	\$48

Laugh Yoga

Join us for laughter therapy today! Experience the benefits of deep breathing and laughter exercises to lift your mood, relieve stress, and improve well-being. No yoga—just fun, seated laughter exercises!

36203	50 yr+	Th	2:00pm-3:00pm	Jan 8-Feb 12
	6 classes	HASC	HARD Volunteer	\$24
36204	50 yr+	Th	2:00pm-3:00pm	Feb 19-Mar 26
	6 classes	HASC	HARD Volunteer	\$24

See pages 69-70 for the Guide to Class Locations and Facilities.

Mahjong

Join us for American or Chinese Mahjong! American Mahjong is easier to learn, while Chinese Mahjong offers more complexity and challenge. A social, brain-stimulating game that builds friendships. Newcomers will learn on the spot. Freestyle play with table rules—no gambling involved. Come and enjoy!

American Style

36211	50 yr+	W	1:00pm-3:30pm	Jan 7-Feb 11
	6 classes	KASCC	HARD Volunteer	\$24
36212	50 yr+	W	1:00pm-3:30pm	Feb 18-Mar 25
	6 classes	KASCC	HARD Volunteer	\$24

Chinese Mahjong

Hayward Area Senior Center

36213	50 yr+	Th	1:00pm-3:30pm	Jan 8-Feb 12
	6 classes	HASC	HARD Volunteer	\$24
36214	50 yr+	Th	1:00pm-3:30pm	Feb 19-Mar 26
	6 classes	HASC	HARD Volunteer	\$24

Kenneth Aitken Senior Center

36215	50 yr+	W	1:00pm-3:30pm	Jan 7-Feb 11
	6 classes	KASCC	HARD Volunteer	\$24
36216	50 yr+	W	1:00pm-3:30pm	Feb 18-Mar 25
	6 classes	KASCC	HARD Volunteer	\$24

Mahjong Workshop with Lessons

Lessons on how to play traditional Mahjong that is a base for almost all kinds of Mahjong games. Players can learn ways to strategize each hand and become player ready for the Mahjong world. Discuss how to strategize when playing your hand.

36208	50 yr+	M	1:00pm-3:00pm	Jan 5-Jan 26
	3 classes	KASCC	HARD Volunteer	\$12
36209	50 yr+	M	1:00pm-3:00pm	Feb 2-Feb 23
	3 classes	KASCC	HARD Volunteer	\$12
36210	50 yr+	M	1:00pm-3:00pm	Mar 2-Mar 30
	5 classes	KASCC	HARD Volunteer	\$20

Shirin-Yoku, Forest Therapy

Discover forest therapy in Hayward Japanese Gardens. Follow gentle, open invitations that support slowing down, awakening the senses, and deepening connection with the living world. Share reflections and end with a calming tea ceremony. No experience needed.

36159	50 yr+	W	9:30am-11:30am	Jan 7-Feb 4
	5 classes	HASC	Collins	\$50
36160	50 yr+	W	9:30am-11:30am	Feb 18-Mar 18
	5 classes	HASC	Collins	\$50

Volunteer Income Tax Assistance Program (VITA)

Volunteer Income Tax Assistance (VITA) Assistance is available for those who have had their taxes done by VITA in the past. Available for those who are low to moderate income. Call 510-881-6766 for an appointment starting on January 2, 2026.

50 yr+	T/W/F	9:00am-1:00pm	Feb 3-Apr 10
30 classes	HASC	HARD Volunteer	FREE

Sports

Table Tennis

Join our table tennis class for fitness, fun, and socializing! Get an aerobic workout while enjoying the game. Preregistration required—no drop-ins. Please bring your own table tennis paddle.

Cherryland Community Center

36244	50 yr+	T	9:00am-12:00pm	Jan 6-Jan 27
	4 classes	CHCC	HARD Volunteer	\$16
36246	50 yr+	F	9:00am-12:00pm	Jan 9-Jan 30
	4 classes	CHCC	HARD Volunteer	\$16
36245	50 yr+	T	9:00am-12:00pm	Feb 3-Feb 24
	4 classes	CHCC	HARD Volunteer	\$16
36247	50 yr+	F	9:00am-12:00pm	Feb 6-Feb 27
	4 classes	CHCC	HARD Volunteer	\$16
36428	50 yr+	T	9:00am-12:00pm	Mar 3-Mar 31
	5 classes	CHCC	HARD Volunteer	\$20
36430	50 yr+	F	9:00am-12:00pm	Mar 6-Mar 27
	4 classes	CHCC		\$16

Hayward Area Senior Center

36248	50 yr+	M	9:00am-12:00pm	Jan 5-Jan 26
	3 classes	HASC	HARD Volunteer	\$12
36250	50 yr+	M	1:00pm-4:00pm	Jan 5-Jan 26
	3 classes	HASC	HARD Volunteer	\$12
36284	50 yr+	W	9:00am-12:00pm	Jan 7-Jan 28
	4 classes	HASC	HARD Volunteer	\$16
36286	50 yr+	W	1:00pm-4:00pm	Jan 7-Jan 28
	4 classes	HASC	HARD Volunteer	\$16
36249	50 yr+	M	9:00am-12:00pm	Feb 2-Feb 23
	3 classes	HASC	HARD Volunteer	\$12
36251	50 yr+	M	1:00pm-4:00pm	Feb 2-Feb 23
	3 classes	HASC	HARD Volunteer	\$12
36285	50 yr+	W	9:00am-12:00pm	Feb 4-Feb 25
	4 classes	HASC	HARD Volunteer	\$16
36287	50 yr+	W	1:00pm-4:00pm	Feb 4-Feb 25
	4 classes	HASC	HARD Volunteer	\$16
36433	50 yr+	M	9:00am-12:00pm	Mar 2-Mar 30
	5 classes	HASC	HARD Volunteer	\$20
36434	50 yr+	M	1:00pm-4:00pm	Mar 2-Mar 30
	5 classes	HASC	HARD Volunteer	\$20
36435	50 yr+	W	9:00am-12:00pm	Mar 4-Mar 25
	4 classes	HASC	HARD Volunteer	\$16
36436	50 yr+	W	1:00pm-4:00pm	Mar 4-Mar 25
	4 classes	HASC	HARD Volunteer	\$16

Kenneth Aitken Sr. Community Center

36288	50 yr+	T	1:00pm-4:00pm	Jan 6-Jan 27
	4 classes	KASCC	HARD Volunteer	\$16
36290	50 yr+	Th	1:00pm-4:00pm	Jan 8-Jan 29
	4 classes	KASCC	HARD Volunteer	\$16
36289	50 yr+	T	1:00pm-4:00pm	Feb 3-Feb 24
	4 classes	KASCC	HARD Volunteer	\$16
36291	50 yr+	Th	1:00pm-4:00pm	Feb 5-Feb 26
	4 classes	KASCC	HARD Volunteer	\$16
36437	50 yr+	T	1:00pm-4:00pm	Mar 3-Mar 31
	5 classes	KASCC	HARD Volunteer	\$20
36438	50 yr+	Th	1:00pm-4:00pm	Mar 5-Mar 26
	4 classes	KASCC	HARD Volunteer	\$16

See pages 69-70 for the Guide to Class Locations and Facilities.

ACTIVE ADULT & SENIOR CLASSES

Senior Pool/Billiards at the [Hayward Area Senior Center](#) and [Kenneth Aitken Senior Center](#)

ActiveNet's Flexible Registration ("FlexReg") capability provides customers with the ability to select and register in particular classes of any on ongoing active. With Flex Reg, a customer can see and select which dates and time of an activity they wish to participate.

New! Table Tennis players can purchase a 10 play pass. Inquire further for details on getting a membership card and purchasing the pass.

Kenneth Aitken Senior Center

29095 KASCC M-Th 9:00am-3:30pm Jan 16-Mar 31

Hayward Senior Center

20013 HASC M-F 9:00am-3:30pm Jan 2-Mar 31

Tennis

Senior Social Tennis

Connect with other players through leagues that offer casual, competitive play without the commitment of a team. These leagues are perfect for finding hitting partners and are open to women and men of all levels of play. Please bring your own can of new balls. An email will be sent out to registered participants before the start of the class.

36893	55 yr+	F	9:00am-11:00am	Jan 2-Mar 6
	10 classes	BTP	HARD Staff	\$42
36894	55 yr+	W/F	9:00am-11:00am	Jan 7-Mar 13
	20 classes	BTP	HARD Staff	\$82
36895	55 yr+	W	9:00am-11:00am	Jan 7-Mar 11
	10 classes	BTP	HARD Staff	\$42



Extended Tours and Travel Opportunities

Experience local, regional and international trips with the Hayward Area Recreation and Park District. See our website for the most up to date tour destinations.

HaywardRec.org/SeniorTravel



Colorful Costa Rica Adventure, featuring Tortuguero National park

February 4, 2026 (9 days)

Highlights include San Jose, Coffee Plantation visit, Tortuguero National Park, Arenal National Park, Monteverde and more.

Rates begin at \$3,999 (includes air from SFO, accommodations, professional tour director and more).



Alpine Countries, Switzerland, Austria and Germany

Featuring the Golden Pass Panoramic Train Ride from [Montreux to Gstaad](#)

September 17, 2026 (9 days)

Highlights include 3 nights in Bern, Switzerland, 4 nights in Innsbruck Austria, Salzburg, Montreux and Gstaad, Bavaria and Tour and more.

Rates begin at \$5,075 (includes air from SFO, accommodations, professional tour director and more).

See pages 69-70 for the Guide to Class Locations and Facilities.

Special Needs/ Adaptive & Inclusive Recreation

**H.A.R.D.
Holidays—
No Classes:
Jan 19 and
Feb 16**

Pictured Above: Mia's Dream Come True All-Abilities Playground, Hayward

Special Needs Day Program

Sorensdale Recreation Center

275 Goodwin Street, Hayward | (510) 881-6778

Winter Quarter: January 2-March 27, 2026

Program hours: Monday-Friday, 9:30 am-3:30 pm

Sorensdale Recreation Center has empowered individuals with Intellectual disabilities for over 40 years, providing a supportive, enriching environment where adults with intellectual disabilities are encouraged to focus on their abilities, build independence, and foster a strong sense of self-worth. Our program emphasizes personal choice and meaningful engagement through a wide range of classes and activities, including: Arts & Crafts, Community Access & Excursions, Computer Technology, Cooking, Cultural Studies, Functional Literacy, Gardening & Landscaping, Health & Fitness, Independent Living Skills, Performing Arts, Science Studies and more.

Eligibility Requirements: Participants must: Be vendorized through the Regional Center of the East Bay, 22 years or older, or 18–22 with a high school diploma, able to manage personal care independently, have no recent history of physical aggression, and Complete an interview process prior to enrollment.

Sorensdale Treasure Chest Thrift Shop

275 Goodwin St, Hayward
Fridays, 10:00am-3:00pm

Find great bargains while helping reuse, reduce, recycle and support our local Special needs program!

Donations of gently used items are always welcome. *Items can be dropped off Monday-Friday from 10:00 am-3:00pm, please call (510) 881-6778 for more information.*



Sorensdale Treasure Chest Thrift Shop, Hayward

See pages 69-70 for the Guide to Class Locations and Facilities.

Adaptive Recreation

The Hayward Area Recreation and Park District is committed to providing accessible and inclusive programming for all that wish to participate, despite limitations or disabilities. If accommodations are needed, please see our website for general guidelines and the Access for All form. Some classes in this section require that the Access for All Form is completed prior to registration. Please find the form at: HaywardRec.org/AccessForAll

Adaptive Aquatics

Children with special need can play in the water and engage in activities that are tailored to address physical, developmental, and social needs. For younger children, parents may be required to participate, as well as enjoy the benefits of playing and learning together. Maximum of 4 participants per instructor. To participate participants must be approved for the "Access for All" program.

Arroyo Swim Center

36747	3 yr+	Sa	11:05am-11:35am	Jan 3-Feb 7
	5 classes	ASC	HARD Staff	\$65
36755	3 yr+	Sa	11:05am-11:35am	Feb 21-Mar 28
	6 classes	ASC	HARD Staff	\$78

Friday Night Bash

Join us to get together and socialize. Activities are geared towards adults with intellectual disabilities and includes arts, crafts, board games, painting, socializing and more. Snacks and beverages are provided.

36531	18-50 yr	F	5:00pm-7:00pm	Jan 30
	1 class	SRC	Mirande	\$20

Gymnastics- Adaptive

Join us for an introductory gymnastics class that will focus on basic fundamental movements and exercises. This class will be adaptive to each participant's skill level. For more information about special needs and adaptive programming, please visit our website: HaywardRec.org/AccessForAll

36025	5-9 yr	M	4:55pm-5:25pm	Jan 12-Mar 23
	9 classes	CVCC	HARD Staff	\$108
36074	5-9 yr	W	5:25pm-5:55pm	Jan 14-Mar 25
	11 classes	SGCC	HARD Staff	\$132

March Madness Dance

Join us for a dance at SRC. This dance is for adults with Special Needs. Includes music, dancing and light refreshments.

36532	18 yr+	Sa	1:00pm-4:00pm	Mar 28
	1 class	SRC	HARD Staff	\$10

Check out our Drop-In
**Therapeutic
Swim** Hours on page 10!

Circle of Friends

Join us for a weekly playdate in a warm, inclusive setting. Tailored for children ages 0-8, each session features age-appropriate play stations and hands-on activities that inspire exploration, creativity, and social engagement. Circle of Friends fosters community, encourages meaningful friendships, and provides a safe, clean, and welcoming space for children to explore. We offer a thoughtfully adapted environment for children and families with special needs, including lower-volume music and smaller group sizes. All materials are provided by H.A.R.D. One caregiver per child is required to attend and actively participate throughout. Bundle & Save! Register for all class sessions and get 1 class free. Class Bundles are available online.

Castro Valley Community Center

37140	under 8 yr	F	10:00am-12:00pm	Jan 9
	1 class	CVCC	HARD Staff	\$5
37141	under 8 yr	F	10:00am-12:00pm	Jan 23
	1 class	CVCC	HARD Staff	\$5
37142	under 8 yr	F	10:00am-12:00pm	Feb 6
	1 class	CVCC	HARD Staff	\$5
37143	under 8 yr	F	10:00am-12:00pm	Feb 27
	1 class	CVCC	HARD Staff	\$5
37144	under 8 yr	F	10:00am-12:00pm	Mar 13
	1 class	CVCC	HARD Staff	\$5
37145	under 8 yr	F	10:00am-12:00pm	Mar 27
	1 class	CVCC	HARD Staff	\$5

Cherryland Community Center

37146	under 8 yr	F	10:00am-12:00pm	Jan 16
	1 class	CHCC	HARD Staff	\$5
37147	under 8 yr	F	10:00am-12:00pm	Jan 30
	1 class	CHCC	HARD Staff	\$5
37148	under 8 yr	F	10:00am-12:00pm	Feb 13
	1 class	CHCC	HARD Staff	\$5
37149	under 8 yr	F	10:00am-12:00pm	Mar 6
	1 class	CHCC	HARD Staff	\$5
37150	under 8 yr	F	10:00am-12:00pm	Mar 20
	1 class	CHCC	HARD Staff	\$5

Yoga For Every Body- Adaptive

Wake your body, mind and soul and get ready for the rest of the day. Emphasis on breath, correct alignment, balance, flexibility, and most of all having fun! Bring a yoga mat and water. All abilities are welcome.

36901	18 yr+	F	10:00am-11:00am	Jan 9-Feb 13
	6 classes	KASCC	Sapena	\$42
36902	18 yr+	F	10:00am-11:00am	Feb 20-Mar 27
	6 classes	KASCC	Sapena	\$42

See pages 69-70 for the Guide to Class Locations and Facilities.



HAYWARD AREA RECREATION & PARK DISTRICT

Facilities

Facilities for Rent

Community Parks and Facilities are available for private use for wedding receptions, parties, meetings, exhibits, socials, and other rentals. In addition to community centers, rentals are available for barbeque picnic areas, Rowell Ranch Rodeo Grounds, and birthday party areas. Meek Estate West Terrace provides a beautiful venue for a small wedding or event in an historic setting. The District also has a wide range of facilities capable of accommodating a variety of special sporting events, leagues and tournaments.

For detailed rental information, fees, and reservations, please email Reservations@Haywardrec.org or visit HaywardRec.org/Facilities. A minimum of 30 days advance notice is required when requesting a rental.

Picnic Site Reservations

The vast majority of our parks feature picnic sites which are available on a first come–first served basis (see pages 69–70). To better accommodate group picnic use we also will reserve sites at 15 of our parks. The parks are: Alden E. Oliver Sports Park of Hayward, Birchfield Park, Cannery Park, Carlos Bee Park, Castro Valley Community Park, East Avenue Park, Kennedy Park, Meek Park, Memorial Park (picnic site), Mt. Eden Park, Palomares Park, Rowell Ranch, San Felipe Community Park, San Lorenzo Community Park, and Weekes Community Park. **No bouncers allowed except at selected sites (see Bouncer information below).**

Please view the **Picnic Rainout Policy** online at HaywardRec.org/Facilities

Bouncers Permitted at Select Parks

Bouncers are allowed by permit for a per day fee at **Palomares Hills Park in Castro Valley, Mt. Eden Park and Weekes Park in Hayward.** Permittees will need to successfully complete the application and submit all required insurance documents. Please visit HaywardRec.org/Facilities for more information.



Kennedy Park, Hayward

Tennis Court Reservations

All tennis courts are available at no charge on a first come, first served basis unless reserved (see pages 69–70 for locations). Tennis court reservations can be made online at HaywardRec.org/Facilities.

Sports Field & Gym Rentals

Practices, Leagues and Tournaments – Groups interested in reserving an indoor gym for basketball or volleyball use, or an outdoor sports field for practices, leagues or tournament play, please email SportsRentals@Haywardrec.org.

Birthday Parties!

Wild Things Birthday Parties at Sulphur Creek

Sulphur Creek Nature Center is a great place for a birthday party. The package includes a 2.5 hour picnic site reservation and a customized one-hour naturalist presentation designed to suit your needs. Choose from a variety of activities, including a presentation of live animals, puppet shows, crafts, and a nature walk. A picnic site will be reserved for you to serve refreshments and do your own activities. Or, looking for an alternative way to celebrate? Sponsor a school program for your child's class! Submit a request at HaywardRec.org/programrequest for more information. Reservations are recommended at least eight weeks in advance. **Fee:** \$295 Residents/\$350 Non-Residents

Pictured in Banner at Top: Alden E. Oliver Sports Park, Hayward

Mission Hills of Hayward Golf Course



Mission Hills of Hayward Golf Course

275 Industrial Parkway, Hayward
(510) 888-0200
www.missionhillsgc.com

Darin Lee, Head Golf Professional,
(510) 888-0207

Tee Time Reservation – Book Online!

MISSION HILLS OF HAYWARD: www.missionhillsgc.com or
please call the golf course to book your tee time.



Mission Hills of
Hayward Driving Range

Mission Hills of Hayward Driving Range

Come Visit the Finest Driving Range in the Bay Area!

Double Deck 45-Stall Driving Range
Golf Lessons
(510) 881-6730



The Warehouse at Winton

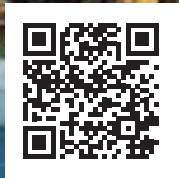
Costume and Prop Rentals

The Warehouse at Winton offers a variety of costumes, props, and set pieces to rent for your next production.

If you are interested in renting items for your production, please visit hard.ezrentalstore.com

If you have questions regarding rentals please contact Devin at dmtrentals@HaywardRec.org.





Scan for more info about each facility



HAYWARD AREA RECREATION & PARK DISTRICT

Facilities Directory

Directory Key

- # Map Location Number
- Bicycle Trails
- Soccer Fields
- Snack Bar
- Basketball Courts
- Basketball Half Court

- Hiking/Riding Trails
- Picnic Tables
- Group Picnic Tables
- Tennis Courts
- Ball Fields
- Swim Center
- Meeting Rooms
- Skate Park/Area

- Parking Lot
- Restrooms
- Play Area
- Community/Recreation Center Bldg.
- Disc Golf
- Barbeques
- Pickleball Courts

- Equestrian Trails
- Dog Park
- Map Coordinates

*See pages 38-39 for Parks and Facilities listed numerically by site number

ADOBE Adobe Art Center
Adobe Park 20395 San Miguel, CV
425 **B5**
 Art Studios/Gallery, Bocce Ball;
 Harry R. Francis Skateboard Park

AEOSP Alden E. Oliver Sports Park
 2580 Eden Park Pl., Hay
217 **H4**
 Sports Complex, Fitness Court

ASC Arroyo Swim Center 15701 Lorenzo, SLz
110 **C1**, Summer Swimming Only

ACC Ashland Community Center 1530 167th, Ash
122 **C3**

ARC Ashland Roots Center 16100 E. 14th St, Ash
105 **B3**

Ashland Zocalo 16640 E. 14th St, Ash
121 **C3**

BTP Bay Trees Park 19855 Cull Canyon, CV
BTC Bay Trees Tennis Courts
421 **B6** Handball

Bechtel Mini Park 22798 Ross Place, Hay
322 **F6**

Bidwell Park 175 Fairway, Hay
310 **H7**

Birchfield Park Santa Clara & Winton, Hay
203 **E4**, Horseshoe Pits

BOH Bohannon School 800 Bockman, SLz
113 **D2** Gymnasium

BHMSF Bret Harte Middle School Field
Bret Harte Middle School 1047 "E" St, Hay
402 **D5**

BURB Burbank Elementary School
 353 "B" St., Hay
127 **D4**

CANP Cannery Park 125 "B" St., Hay
201 **E4**, Splash Pad

Canyon Middle School
Coming Soon!

Canyon View Park Farm Hill & Daisy, Hay
314 **F7**

Carlos Bee Park 1905 Grove, CV
406 **C5**

Castro Valley Creek Park 3600 Norbridge, CV
408 **C5**, Amphitheater/Creek View

Castro Valley High School 19400 Santa Maria, CV
427 **B5**

CVL Castro Valley Library 3600 Norbridge, CV
408 **C5** Amphitheater

CVCC Castro Valley Park & Community Center
CVTC Castro Valley Tennis Courts
 18988 Lake Chabot, CV

101 **B4**, Chanticleer's Theatre, Splash Pad

CVPA1 Castro Valley Performing Arts
 3575 Somersset Ave., CV
 Dance Studio

CVPA2 Castro Valley Performing Arts
 3738 Castro Valley Blvd., CV
 Dance Studio

Castro Valley Swim Center
 Redwood Rd. & Mabel Ave., CV

426 **B5**, Summer Swimming Only

Centennial Park 24000 Amador, Hay
202 **E4**

CFD Center for the Dance 20391 Anita, CV
 Dance Studio

CHCC Cherryland Community Center
 278 Hampton Road, Chy

118 **C3**

Cherryland Park 198 Grove, Chy
117 **D3**, Horseshoe Pits

Children's Park at Giuliani Plaza
 Mission Blvd. & "D" St., Hay
401 **D5**

Christian Penke Park Tahoe & Morningside, Hay
215 **H4**

College Heights Park 27020 Fielding, Hay
318 **E7**

CMS Creekside Middle School
 19722 Center St, CV
424 **B6** Gymnasium

DLJJ Darcia Lira Jiu Jitsu
 2146 3-B Foothill Blvd., Hay
 Martial Arts Studio

DLDC Dance Live Dream Ctr 19615 Center St, CV
 Dance/Fitness Studio

Deerview Park 5780 Thousand Oaks, CV
420 **A6**

Del Rey Park Bockman & Channel, SLz
112 **D2**

District Office 1099 "E" Street, Hay
403 **D5**

DMT Douglas Morrisson Theatre
 22311 North Third St., Hay
405 **D5**

EAABS Martial Arts Studio, 1252 "A" St., Hay
 Martial Arts Studio

Earl Warren Park 4660 Crow Canyon, CV
423 **B6**, Off-Leash Dog Park

EAP East Avenue Park 3221 East Ave., Fww
414 **D7**, Amphitheatre

East Avenue School 2474 East Ave., Fww
413 **D6**

Eden Greenway Cypress & Harder, Hay
204 **F4**

Eden Greenway Dog Park
 26874 Contessa Street, Hay
211 **G4**, Off-Leash Dog Park

Eden Greenway Fitness Court
 Sleepy Hollow & Chiplay Ave., Hay
211 **G4**

Edendale Park 16278 Ashland, Ash
120 **C3**

EMS Edendale Middle School, 16160 Ashland, Ash
104 **B3** Gymnasium

Eldridge Park Hamric & Rieger, Hay
213 **G4**

El Rancho Verde Park 541 Blanche, Hay
311 **H8**

Pictured in Banner at Top: Castro Valley Community Park--Basketball Courts, Castro Valley

See the Facilities Map on pages 38-39!

FACILITIES DIRECTORY

Fairmont Linear Park Fairmont & East 14th, Ash
108 🏃🏠🏡 B2

Fairmont Terrace Park 2091 Manchester, CV
106 🏃🏠🏡🏠🏠🏠 B3,
Off-Leash Dog Park

Fairview Park 2841 Romagnolo St., Fww
410 🏃🏠🏡 D6

Fairway Greens Park 30504 Vanderbilt, Hay
312 🏃🏠🏡 G7

FVH Fairview Hills (The Fiber Shed)
2841 Romagnolo St., Fww
410 D6

FCP Five Canyons Park
25847 Five Canyons Pkwy, CV
415 🏃🏠🏡🏠🏠🏠🏠🏠 D7,
Off-Leash Dog Park

Gansberger Park Kay & Calaroga, Hay
206 🏃🏠🏡 F4

GOESP Gordon E. Oliver Eden Shores Park
2841 Sea Haven Ct., Hay
216 🏃🏠🏡🏠🏠🏠 H4

Greenbelt Trails Ward Creek Canyon, Hay
320 🏃🏠🏡🏠 E6, Dogs on leash

Greenridge Park 6135 Greenridge, CV
419 🏃🏠🏡🏠🏠🏠 A7

Greenwood Park 24016 Eden Ave., Hay
208 🏃🏠🏡🏠🏠 F3

Haymont Mini Park Colette & Luvana, Hay
324 🏃🏠🏡 F5

HASC Hayward Area Senior Center
22325 North 3rd St., Hay
405 🏃🏠🏡🏠 D5, Senior Center

HCG Hayward Community Gardens
325 24919 Whitman St., Hay E5

Hayward High School 1633 East Ave., Hay
404 🏃🏠🏡 D5

HP Hayward Plunge 24176 Mission Blvd., Hay
327 🏃🏠🏡🏠 E5, Indoor Pool, Year-round Swim

HSIC Hayward Shoreline Interpretive Center
4901 Breakwater Ave., Hay
209 🏃🏠🏡🏠 G2,
Nature Center, Trails, Aquarium

Hesperian Park 620 Drew, Slz
109 🏃🏠🏡 C2

Hillcrest Knolls Park 150th & Van, CV
107 🏃🏠🏡🏠 A3

ImageCentral 10999 "E" St., Hay
403 🏃🏠🏡🏠 D5 Darkroom, Gallery, Digital Lab

Independent School
4070 E. Castro Valley Blvd., CV
422 B6

Jack Holland Sr. Park 16301 E. 14th St., SL
103 🏃🏠🏡🏠🏠 B3

J. A. Lewis Park 28630 Hayward Blvd., Hay
317 🏃🏠🏡🏠🏠 E8

Jalquin Vista Park 28846 Bay Heights, Hay
315 🏃🏠🏡 F8

Japanese Gardens North 3rd & Crescent Ave., Hay
405 🏃🏠🏡 D5, Wedding Site Rental

Kennedy Park 19501 Hesperian, Hay
114 🏃🏠🏡🏠🏠🏠 D3
Bocce Ball Court, Concessions, Rides, Train

KASCC Kenneth C. Aitken Senior/Com. Center 17800 Redwood, CV
428 🏃🏠🏡🏠🏠 A5, Senior Center

Lakeridge Park 23333 Lakeridge Ave., Fww
409 🏃🏠🏡🏠 C6, Volleyball Court

La Placita Mini Park El Dorado & Sonoma, Hay
220 🏃🏠🏡 E3, Horseshoe Pit

Laurel Park 2652 Vergil, CV
407 🏃🏠🏡 C5

Longwood Park Leonardo & Reed, Hay
219 🏃🏠🏡🏠 E3

MJCC Matt Jimenez Community Center
28200 Rus, Hay
304 🏃🏠🏡🏠 G5, Gymnasium

McConaghy Park 18701 Hesperian Blvd., Slz
115 🏃🏠🏡 D2, Historical Building

Meek Estate Park 240 Hampton, Chy;
Meek Estate West Terrace Wedding Terrace
119 🏃🏠🏡🏠 C3,
Historical Building, Rose Garden

MTC Memorial Park Tennis Courts
Memorial Park 24176 Mission, Hay
327 🏃🏠🏡🏠🏠 E5
Hayward Plunge/Indoor Pool

MMTC Mervin Morris Park Tennis Courts
Mervin Morris Park Nielson Ave & Grant, Slz
111 🏃🏠🏡🏠 D2

MDCT Mia's Dream Come True All-Abilities Playground 28377 Huntwood Ave, Hay
305 🏃🏠🏡 G6

MHDR Mission Hills of Hayward Driving Range
225 Industrial Parkway West, Hay
307 🏃🏠🏡 G6, Lighted Driving Range, Pro Shop

Mission Hills of Hayward Golf Course
275 Industrial Parkway West, Hay
307 🏃🏠🏡 G6, 9-Hole Golf Course, Pro Shop

METC Mt. Eden Tennis Courts
Mt. Eden Park 2451 W. Tennyson, Hay
210 🏃🏠🏡🏠🏠 G4
Historical Building, Horseshoe Pits, Shuffle Board,
Bouncers allowed

Music Depot 944 B St., Hay
Music Studio

Nuestro Parqucito East 10th & Jefferson, Hay
322 🏃🏠🏡 F6

Old Creek Dog Park Hampton & Standish, Chy
118 🏃🏠🏡 C3, Off-Leash Dog Park

Old Highlands Park 26180 Parkside, Hay
319 🏃🏠🏡🏠 E6, Horseshoe Pits

Palma Ceia Park 27600 Decatur, Hay
214 🏃🏠🏡 G4, Horseshoe Pits, Fitness Area,
Story Walk

PALHP Palomares Hills Park 7050 Villareal, CV
418 🏃🏠🏡🏠🏠 A8,
Bouncers allowed, Par Course

Parsons Park Almond & Walnut, CV
429 🏃🏠🏡 A5

Rancho Arroyo Park 2121 Depot, Hay
207 🏃🏠🏡🏠 F3

Ridge Trail Park Boulder Cnyn./Rancho Palo. Rd.
416 🏃🏠🏡🏠 C7, Sand Volleyball Courts

Rowell Ranch 9725 Dublin Canyon Rd., CV
417 🏃🏠🏡🏠 B8, Rodeo Park

Rus Park Dickens & Folsom, Hay
302 🏃🏠🏡🏠 G5

SFCC San Felipe Park & Community Center
2058 "D" St., Fww
411 🏃🏠🏡🏠🏠 D6

SLCC San Lorenzo Park & Community Center
1970 Via Buena Vista, Slz
218 🏃🏠🏡🏠🏠🏠 E1
🏃🏠🏡🏠🏠🏠

Schafer Park Evergreen & Flamingo, Hay
205 🏃🏠🏡 F4

SSVP Silver Star Veterans Park
695 Industrial Pkwy., Hay
309 🏃🏠🏡🏠 G6, Bocce Ball Court

SoHay Park Valle Vista Ave. @ Mission Blvd., Hay
306 🏃🏠🏡 G6, Fitness Equipment

SRC Sorensdale Center & Park
275 Goodwin, Hay
323 🏃🏠🏡🏠🏠 F5
Adult Special Needs Program

SGCC Southgate Park & Community Center
SGPC Southgate Pickleball Court
26780 Chiplay, Hay
212 🏃🏠🏡🏠🏠 G4, Fitness Court, Horseshoe Pits
🏃🏠🏡🏠🏠🏠

Southgate Swim Club 24900 Magnolia St., Hay
🏃🏠🏡

Spring Grove Park 25610 Spring, Hay
326 🏃🏠🏡 E5

STONE Stonebrae Elementary School
28761 Hayward Blvd., Hay
316 🏃🏠🏡 E8

SBPTC Stonybrook Park Tennis Court
SBP Stonybrook Park 620 Woodland, Hay
313 🏃🏠🏡 G7

Stratford Village Park
Stratford & Canterbury, Hay
301 🏃🏠🏡🏠 H5

SCNC Sulphur Creek Nature Center
1801 "D" St., Fww
412 🏃🏠🏡🏠 D6
Nature Center, Animal Rehab, Live Animal Displays

Sunset Park Sunset Blvd. @ Western Blvd., Hay
124 🏃🏠🏡🏠 D4

Sunset Futsal Courts 300 Laurel Avenue, Hay
126 🏃🏠🏡 D4

SSC Sunset Swim Center 410 Laurel, Hay
126 🏃🏠🏡 D4, Summer Swimming Only

Tennyson Park Panjon & Huntwood, Hay
305 🏃🏠🏡🏠 G6,
Fitness Court

TMAFA Thomas Martial Arts & Fitness Academy 2196 American Ave., Hay

Twin Bridges Park 301 Arrowhead, Hay
308 🏃🏠🏡🏠 G6, Sand Volleyball Court

Unity Park 20478 Mission Blvd, Hay
123 🏃🏠🏡 C4

Valley View Park CV, B4
102 *Coming Soon!*

Via Toledo Park 18651 Via Toledo, Slz
116 🏃🏠🏡 D3

WPCC Weekes Park & Community Center
WPTC Weekes Park Tennis Courts
27182 Patrick, Hay
303 🏃🏠🏡🏠🏠 G5, Art Studio, Multi Use Court, Bouncers allowed

The Warehouse at Winton
1530 W. Winton Avenue

See the Facilities Map on pages 38-39!



HAYWARD AREA RECREATION & PARK DISTRICT

Program Contacts

HaywardRec.org

General Information

Customer Service
(510) 881-6700
info@HaywardRec.org

Parks Department
(510) 881-6715
ParkDept@HaywardRec.org

Park Rangers
(510) 881-6700
ParkRangers@HaywardRec.org

Program Information

Art Programs

(510) 881-6723
Arts@HaywardRec.org

Aquatics & Splash Parks

(510) 881-6703
PruT@haywardrec.org

Dance & Music

(510) 881-6723
GreD@HaywardRec.org

East Avenue Camps

(510) 881-6747
EastAveCamps@HaywardRec.org

Field and Gym Rentals

(510) 888-0102
SportsRentals@Haywardrec.org

Facility Rentals

(510) 881-6700
Reservations@Haywardrec.org

Fitness

(510) 888-0102
SpecialInterest@HaywardRec.org

Golf—Mission Hills Golf Course

(510) 888-0200
LeeD@HaywardRec.org

Gymnastics

(510) 888-0123
HudR@haywardrec.org

Hayward Shoreline Interpretive Center

(510) 670-7270
Shoreline@HaywardRec.org

Martial Arts

(510) 888-0102
SpecialInterest@HaywardRec.org

Photography

(510) 881-6723
Arts@HaywardRec.org

Preschool

(510) 888-0117
Preschool@HaywardRec.org

Park Explorers

(510) 888-0117
ParkExplorers@HaywardRec.org

Seniors

(510) 881-6738
(510) 881-6766
HardSenior@HaywardRec.org

Special Needs/Access for All

(510) 881-6778
SanM@HaywardRec.org

Special Events

(510) 626-8846
CruC@HaywardRec.org

Special Interest

(510) 888-0102
SpecialInterest@HaywardRec.org

Sports—Youth and Adult

(510) 888-0211
MaiM@HaywardRec.org

Sulphur Creek Nature Center

(510) 881-6747
Nature@HaywardRec.org

Tennis

(510) 888-0202
LeeD@HaywardRec.org

Theatre

(510) 881-6723
Arts@HaywardRec.org

Volunteers

(510) 626-8846
Volunteer@HaywardRec.org

The Mission of the Hayward

Area Recreation and Park

*District is to enrich the
quality of life for our*

*community by providing
a variety of recreational*

activities, parks and facilities

that promote health,

wellness, learning and fun.



Eden Greenway Disc Golf at Southgate Park, Hayward

Pictured in Banner at Top: Sulphur Creek Nature Center, Fairview



HAYWARD AREA RECREATION & PARK DISTRICT

Policies

**H.A.R.D.
Holidays—
No Classes—
Jan 19 and
Feb 16**

How to Register Online

Register online for Winter 2026 beginning November 19 at 12:00pm.

To register online, you must use the Active Network registration website. Go online to haywardrec.org/register. This will take you to the Active Network Registration website.

1 Create an Account

If you have not yet created an account, go online to the Active Network registration website at HaywardRec.org/OnlineRegistration for direct access and to create an account.

2 Login

After online registration opens, visit the Active Network registration website at HaywardRec.org/OnlineRegistration. Use your email address and password to login to your account to register, add family members, or make any changes to your account.

3 Register!

Register all your participants in their desired classes and activities.



Registration Policies

Registration Guidelines

Correctly completed registrations will have priority. Registration with unsigned Liability Agreement will not be processed until signed. Class spaces will not be held. Only one form is needed for each household. Registrants from separate households wishing to register for the same class should mail separate registration forms in the same envelope.

Register early... classes fill quickly!

Online Resident Registration Processing Begins November 19 at 12:00pm

Resident emailed, mail-in, or faxed registration forms received before November 19 will be held by the registration staff. Random processing of these forms will continue until all classes have been filled. Forms received after this date will be processed in the order received. Make checks payable to H.A.R.D. Read, sign and date the Liability Agreement. Fill in the name of any applicants under the age of 18 on the line provided in the text of the agreement. Mail your completed Registration Form and Liability Release, fees and a self-addressed stamped envelope to: H.A.R.D. Registration, 1099 "E" Street, Hayward, CA 94541.

The Registration Form on page 74 may be faxed to (510) 881-6763. Please remember to check Visa, MasterCard or American Express and include the number and expiration date and sign the form. Visa, MasterCard and American Express are the only methods of payment accepted by fax. To confirm that we have received your fax call (510) 881-6700 immediately after faxing. Please do not mail after faxing.

Non-Resident Registration Processing Begins November 26 at 12:00pm

Non-resident registration begins on November 26. Non-resident mail-in or fax registration forms received prior to November 26 will be held by the registration staff. On November 26 random processing of these forms will begin on a space available basis. Non-resident fee is \$10 in addition to resident fees and applies to each class for which you register.

Scholarships

Partial scholarships may be available based on need and funds available. Please call (510) 881-6700 or email Scholarships@Haywardrec.org. These scholarships are made possible by generous funding from the H.A.R.D. Foundation.

Winter 2026 District Holidays

No classes: Jan 19 and Feb 16

Class Fee Policy

Class fees will not be pro-rated for participants joining after the first class. There is a Senior Discount for Residents that are 60 years and older. In order to receive the 25% discount for classes (excluding Senior Programs, Golf Programs, Adult Tennis Leagues, and Chorus), registration must be done in person at the District Office.

Email Address Updates

Please be sure to call (510) 881-6700 to confirm that your email address on record with H.A.R.D. is current.

Pictured in Banner at Top: Hayward Shoreline Interpretive Center—Archimedes Screw Pumps, Hayward

Some Common Registration Questions . . .

Did I get my class? Login to your account at www.haywardrec.org/register to receive up-to-date class information and view registration confirmations. If you have not received confirmation by November 26, please call (510) 881-6700. No places will be held by telephone. No confirmation will be returned without your self-addressed stamped envelope.

Can I visit my child's class? Attendance is limited to registered participants only. The Recreation District has no personnel available to supervise children before or after scheduled classes. Sorry, no parents in children's classes either.

What about full or cancelled classes? The District sets minimum and maximum numbers of participants for classes. We will take a waiting list for any class and will attempt to schedule a new class when a sufficient number has signed up. Classes will be cancelled if the minimum registrations are not received. It is helpful to include a second choice if possible.

Are there any age limits? Where "Age Level" is indicated, your child must be that age on the starting day of the program unless otherwise noted.

Cancellation Policies

Program Cancellation and Refund Policy

Full refunds will be issued for any class or program cancelled by H.A.R.D.

Program refunds of \$100 or more will be automatically made as refunds, not credits and returned in the form of the original payment. Customers can opt for a credit for program withdrawal or cancellation for amounts less than \$100. However, this credit will be kept on your ACTIVE account through the end of the calendar year only. If not used, a refund of that credit amount will be issued.

Cash payments are refunded by District check and can take up to 30 days. Refund checks will be made to the primary account contact and will be mailed to the home address on file. Please be sure your account information is up to date.

Processing Fees: All transfers and withdrawals will incur a processing fee of \$5 for each activity/class that you withdraw or transfer from. Pre-K programs will be a \$15 withdrawal fee.

7 Days/1 Week Prior Notice to District: For a full refund, [minus the \$5 processing fee], you must notify the District online, in person or over the phone at least 7 calendar days (one week) before the program begins or the registration deadline. For example, for activities and programs that start on a Monday, you must notify us by 5:00pm the Monday prior. The last day to withdraw from a Saturday or Sunday program is the prior Monday.

Less than 7 Days Notice or After the Program Begins: Refund requests made less than 7 days notice or after the program begins are not guaranteed. Each case will be reviewed on an individual basis. If approved, the refund will incur a 50% processing fee or be prorated based on the number of classes attended or that have passed.

Failure to attend a program (no shows) will not be granted a refund. Refunds will not be issued for requests received after the program is finished.

Facility Rental Cancellation and Refund Policy

Buildings, picnic areas, theater, fields, gyms: Any changes to the rental contract/permit regarding date, location or cancellation are subject to a forfeiture of the \$50 non-refundable deposit and must be made before thirty (30) calendar days prior to the event. The original permit must be returned to obtain a revised permit. *Refunds are not issued for unused hours.*

For field rentals in the case of rainy, wet or muddy conditions, a refund will be issued if the District is notified in writing within 72 hours after the scheduled date of use or if the District closes fields due to weather.

Any cancellation and/or changes must be submitted in writing by the applicant a minimum of thirty (30) calendar days prior to the permit date.

Cancellation fewer than thirty (30) calendar days before scheduled permit date will include forfeiture of the equivalent to 50% of the rental fees owed and/or collected to date. If fees have already been paid, the forfeiture will come out of the fees. If the fees have not been paid as of the cancellation, the forfeiture will come out of the deposit.

Refundable security and/or cleaning deposits will be refunded based on the following conditions: request to cancel falls within the allowed period; facility is left in the condition it was found with no damage done to the facility based on rental usage; garbage and recycling are stored in the proper containers or removed; equipment and materials removed; renters abide by the facility rules and regulations and the ordinances governing H.A.R.D.

(continued in next column)

Occasionally, the District may find it necessary to reschedule, relocate or cancel a previously approved permit. In that event, the District will give as much notice as possible. In the event of a cancellation, the entire permit fee (including all deposits) will be refunded.

Justice, Equity, Diversity, and Inclusion Policy

At Hayward Area Recreation and Park District, we know community members' access to high-quality parks, facilities, and recreational opportunities improves the quality of their lives by promoting health and wellness, learning, and fun. We recognize that justice, equity, diversity, and inclusion are fundamental values that guide our work toward accomplishing this mission. We are committed to ensuring these principles permeate every aspect of our work and inform our decision-making moving forward. For the full policy, please go to Justice, Equity, Diversity, and Inclusion | Hayward Area Recreation and Park District, CA (haywardrec.org)

Access for All

Hayward Area Recreation and Park District welcomes and encourages the participation of ALL in our programs and services. To facilitate opportunities for participants with and without disabilities to engage in recreational offerings together, the District provides Inclusion Services. Successful accommodation requires planning, communication and coordination. Please see below for the general guideline and process. Please note this process is confidential. Please visit HaywardRec.org/AccessForAll for additional information. Please note that a two-week notice (10 business days) prior to registration a completed "Access for All" request form is required. If you have questions or specific access needs in order to participate in a program please call (510)881-6700 or the Program Coordinator II at (510) 881-6778.

Code of Conduct

Hayward Area Recreation and Park District is committed to serving the Greater Hayward Area with the highest quality program experience. We are committed to providing a positive recreational experience. In order to ensure that all participants and staff are provided a positive, safe and open experience the following "Code of Conduct" expectations will apply. Please immediately report any concerns to District staff or call (510) 881-6700.

Participants and Staff are expected to:

1. Follow and adhere to all District, Local, State and Federal Laws, Regulations and/or Local Ordinances with regard to behavior. Parents and guardians of minors are responsible for adherence to District Regulations for those in their care.
2. Participants and Staff are expected to be considerate of others. Treat others with kindness, courtesy, and respect.
3. Refrain from using abusive, obscene, threatening, harassing, insulting or suggestive language or gestures.
4. Refrain from engaging in (or threatening) physical violence, intimidation, assault, or battery, including but not limited to unwanted/unsolicited touching.
5. Protect and respect the facility and grounds of the District including equipment, supplies, furnishings and landscaping. Report any vandalism to staff or call (510) 881-6700.
6. Refrain from loitering or sleeping in facilities or on District grounds or using public areas such as restrooms for personal hygiene (shaving, bathing, etc.).
7. Specific District authorization, permit and approval are required for video or audio recording on District property.
8. Offensive body odors that affect others including the use of scented products or insufficient personal hygiene may result in being asked to leave our facilities or programs until offensive odors are eliminated, remedied or limited.
9. For safety, individuals must be able to care for themselves while partaking in Center activities. Staff may determine for the participant's safety that it is required for the patron to be accompanied by an attendant. The attendant is required to remain with patron during activities and on the premises for the duration of participation.

MAIN ACCOUNT CONTACT INFORMATION (Participant, or if Participant is under 18, Participant's parent or guardian)

FIRST NAME _____ LAST NAME _____ BIRTHDATE _____ M F Gender
 STREET ADDRESS _____ CITY _____ ZIP _____
 PRIMARY PHONE _____ SECONDARY PHONE _____ TEXT ALERT PHONE _____ EMAIL _____
 EMERGENCY CONTACT #1 / RELATIONSHIP _____ PHONE _____ EMERGENCY CONTACT #2 / RELATIONSHIP _____ PHONE _____

**HAYWARD AREA RECREATION AND PARK DISTRICT
 REGISTRATION FORM**



Make check payable to: H.A.R.D.
 Mail to: 1099 "E" Street, Hayward, CA 94541
 Fax to: (510) 881-6763
registration@HaywardRec.org

FIRST CHOICE		SECOND CHOICE		FEES
Participant's First and Last Name	Birthdate	Activity Name	Activity Number	
M F NB O / /	/ /			\$
M F NB O / /	/ /			\$
M F NB O / /	/ /			\$
PAYMENT METHOD: <input type="checkbox"/> Cash <input type="checkbox"/> Client Credit <input type="checkbox"/> Check <input type="checkbox"/> Card Number _____				Additional \$10 per class Non-Resident Fee, if applicable
<input type="checkbox"/> Visa <input type="checkbox"/> MasterCard <input type="checkbox"/> American Express	Card Number _____	3-Digit Security Code _____	Credit Card Expiration Date _____	TOTAL FEES \$

Credit Card Signature _____ Credit Card Expiration Date _____

RESPONSIBILITY AGREEMENT, WAIVER AND RELEASE

IMPORTANT NOTE: Registration will not be processed unless ALL of the information is completely filled out and the liability agreement (below) has been signed.

In consideration for being permitted by the Hayward Area Recreation and Park District to participate in the above-referenced activity, I hereby waive, release and discharge any and all claims for damages for personal injury, death, or property damage which I may have, or which may hereafter accrue to me, as a result of participation in said activity. This release is intended to discharge in advance the District (its officers, employees, volunteers, and agents) from any and all liability arising out of or connected in any way with my participation in said activity, even though that liability may arise out of active or passive negligence or carelessness on the part of the persons or entities mentioned above. It is further agreed that this waiver, release and assumption of risk is to be binding on my heirs, administrators, executors and assigns and that I shall indemnify and hold the District (including its officers, employees, volunteers, and agents) free and harmless from any loss, liability, damage, cost, or expense which may arise out of or connected in any way with my participation in said activity. Additionally, I fully understand that my participation in the above-referenced activity exposes me to the risk of personal injury, death, communicable diseases, illness, viruses, and/or property damage. I hereby acknowledge that I am voluntarily participating in this activity and agree to assume any such risks.

VIRTUAL CLASS RELEASE: I hereby warrant and agree, that the conditions of my environment are safe, free from obstructions, and are suitable for participation in the above-referenced activity. I further understand and agree that any material downloaded, viewed or otherwise obtained through my participation in said activity is done at my own risk and the District is not responsible for any loss, alteration, corruption or other damage to my personal property, including computers, networks and other property used as part of my participation. **PHOTOGRAPHIC RELEASE:** I understand that photographs may be taken during this activity and hereby grant the District permission to use any such photo(s) for advertising or in promotional materials.

PARENTAL/GUARDIAN CONSENT: (To be completed and signed by parent/guardian if participant is under 18 years of age) I hereby consent that my son/daughter, _____, participate in the above-referenced activity, and I hereby execute the above Agreement. Waiver, and Release on his/her behalf. I state that said minor is physically able to participate in said activity. I hereby agree to indemnify and hold the District (including its officers, employees, volunteers, and agents) free and harmless from any loss, liability, damage, cost, or expense which may arise out of or connected in any way with said minor's participation in said activity.

**I HAVE CAREFULLY READ THIS AGREEMENT, WAIVER AND RELEASE AND FULLY UNDERSTAND ITS CONTENTS.
 I AM AWARE THAT THIS IS A RELEASE OF LIABILITY AND A CONTRACT BETWEEN MYSELF AND THE HAYWARD AREA RECREATION AND PARK DISTRICT AND I SIGN IT OF MY FREE WILL.**

Signature _____ Date _____
 Parent Guardian Participant

INFORMATION: Registration will not be processed unless ALL of the information is completely filled out and the liability agreement (left) has been signed. **E-MARKETING SIGN-UP:** I understand that by providing my email address I am giving the District permission to sign me up for e-news alerts including District related Constant Contact, Facebook, and District and program alerts. I understand I may unsubscribe at any time. I understand my email address will not be sold.

COUNTDOWN to

SUMMER

Sunday, March 22 | 1:00-3:00 pm

CHERRYLAND COMMUNITY CENTER

It's never too early to start thinking about summer. Come on down to the **Countdown to Summer preview event!** Meet the instructors offering summers camps and enjoy tabling, prizes and demos! A handy ***plan your summer tool*** will be available for parents.

DROP IN!
NO SIGN-UP
NEEDED

Several lucky winners will **win a free week of camp** and some H.A.R.D branded summer fun kits. This event takes place before **summer camp resident registration on Wednesday, March 25 at 12:00pm (noon).**



FREE
COMMUNITY
EVENT!



510-881-6700
INFO@HAYWARDREC.ORG



HAYWARD AREA RECREATION
AND PARK DISTRICT FOUNDATION
1099 "E" STREET
HAYWARD, CA 94541

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Hayward, CA

ECRWSS

RESIDENTIAL CUSTOMER



HAYWARD AREA RECREATION & PARK DISTRICT
1099 E Street, Hayward, California 94541
(510) 881-6700 | HaywardRec.org

Stay Connected with H.A.R.D.

Do you receive the H.A.R.D. newsletters?

If not, please visit the website and click on Notify Me. You can sign up to receive our newsletters, updates, and important announcements too! www.HaywardRec.org/NotifyMe

Are You Social?

Make sure to follow H.A.R.D. on Facebook and Instagram!

Stay connected with H.A.R.D. on Facebook and Instagram for all the latest updates! Follow us to join HARDee the Squirrel on fun adventures, get the scoop on new classes, park improvements, exciting events, and more. Don't miss out on the action—like and follow us to stay in the loop!

Stay Connected

Pictured above to left: Weekes Park Community Center, Hayward

Don't let the cost of programs keep you from joining in!

H.A.R.D. has scholarships available. scholarships@HaywardRec.org

¡No permita que el costo de los programas le impida participar!

H.A.R.D. tiene becas disponibles. scholarships@HaywardRec.org



**Parks
Make
Life
Better!**